

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>October 2025</div>						
Self-led Activities 5 Worship Day Bible Reading 8:30 NU Step - Self led 9:00 Light Stretching 11:00 Easy Walking 1:00 Bits & Pieces Puzzles 6:00 Old Time Movie - Resident Choice	8:30 NU Step - Self led 6 9:00 Everfit – Picture Trivia Chair Chi with Bernie 9:30 Bible Reading 10:00 Stitch in Time - Quilts 11:00 Easy Walking 1:00 Crochet Blankets and Hats for BAH Cancer Center 2:00 Shut the Box Game 6:00 Documentary	8:30 NU Step - Self led 7 9:00 Steel Feathers - Strech and Tone with Lisa 10:00 Creating Cookbook Recipes Through the Generation 11:00 Easy Walking 1:00 Suzie on Piano and Sing a Long 6:00 Netflix Res. Choice	Shopping Day 1 8:30 NU Step - Self led 9:00 Safeway North Bend 9:00 Chair Yoga with Irene 10:00 Color Quilt Blocks - Quilts for Giving 11:00 Easy Walking 2:00 Monthly Birthday Party with our Ambassadors 6:00 Classic Movies	8:30 NU Step - Self led 2 10:00 Acrylic Painting 11:00 Easy Walking 12:00 Special Lunch Celebrating our 100 % 3:00 Steel Feathers - Dance Fitness with Lisa IL 6:00 Old Time Movies	8:30 NU Step - Self led 3 9:00 Everfit - Picture Trivia Chair Chi with Bernie 10:00 Joy of Baking – Pumpkin Mini Loaf 11:00 Mt. Man 2:00 Diamond Art & Music 3:00 C. Resident Wine & Cheese 6:00 Netflix Res. Choice	ACTIVITIES WITH RENAY 4 8:30 NU Step - Self led 9:00 Everfit / Picture Trivia 10:00 Hand Day Spa and Aroma Therapy 11:00 Furry Friends 1:00 Bingo with Debbie 2:00 Steel Feathers Dan on Guitar 6:00 Classic Movies
Self-led Activities 12 Worship Day Bible Reading 8:30 NU Step - Self led 9:00 Light Stretching 11:00 Easy Walking 1:00 Book Reading 6:00 Old Time Movies - Resident Choice	8:30 NU Step - Self led 13 9:00 Everfit – Picture Trivia Chair Chi with Bernie 9:30 Bible Reading 10:00 Sitch in Time - Quilts 11:00 Easy Walking 1:00 Crochet Blankets and Hats for BAH Cancer Center 2:00 Veronica with Groot Therapy Dog 6:00 Documentary <small>Thanksgiving Day (Canada) Indigenous Peoples' Day (U.S.)</small>	8:30 NU Step - Self led 14 9:00 Steel Feathers - Strech and Tone with Lisa 10:00 Homemade Granola Snack with Tammy 10:30 Mobile Library/Molly 11:00 Easy Walking 1:00 Food & Council Meeting and Activity Planning 2:00 Hymns with Dave 6:00 Netflix Res. Choice	Shopping Day 15 8:30 NU Step - Self led 9:00 Bimart Coos Bay 9:00 Chair Yoga with Irene 10:00 Color Quilt Blocks - Quilts for Giving 11:00 Easy Walking 2:00 Cookies and Hot Cider Daily Chronicle 6:00 Classic Movies	8:30 NU Step - Self led 16 9:00 Everfit - Picture Trivia Chair Chi with Bernie 10:00 Trash Card Games 1:00 Deliver Blankets / Hats for BAH Cancer Center and Scenic Drive 3:00 Steel Feathers - Dance Fitness with Lisa IL 6:00 Old Time Movies	8:30 NU Step - Self led 17 9:00 Everfit - Picture Trivia Chair Chi with Bernie 10:00 Open Crafting Fall Wreath 11:00 Easy Walking 12:30 C. Res. Birthday Party 1:00 Hoapili Group 6:00 Netflix Res. Choice	ACTIVITIES WITH RENAY 18 8:30 NU Step - Self led 9:00 Everfit / Picture Trivia 10:00 Hand Day Spa 11:00 Furry Friends 11:00 Easy Walking 1:00 JUST FOR FUN BINGO 2:00 Steel Feathers Dan on Guitar 6:00 Netflix Res. Choice
Self-led Activities 19 Worship Day Bible Reading 8:30 NU Step - Self led 9:00 Light Stretching 11:00 Easy Walking 1:00 Bits & Pieces Puzzles 6:00 Old Time Movie - Resident Choice	8:30 NU Step - Self led 20 9:00 Everfit – Picture Trivia Chair Chi with Bernie 9:30 Bible Reading 10:00 Stitch in Time - Quilts 11:00 Easy Walking 1:00 Crochet Blankets and Hats for BAH Cancer Center 2:00 Just for Fun Bingo 6:00 Documentary	8:30 NU Step - Self led 21 9:00 Steel Feathers - Strech and Tone with Lisa 10:00 South Coast Hospice Guest Speaker - Doreen 11:00 Easy Walking 1:00 Open Crafting - Felt Apples 2:00 Old Time Fiddlers 6:00 Netflix Res. Choice	Shopping Day 22 8:30 NU Step - Self led 9:00 Grocery Outlet 9:00 Chair Yoga with Irene 10:00 Color Quilt Blocks - Quilts for Giving 11:00 Easy Walking 2:00 Donuts / Coffee and Table Tid bits 6:00 Classic Movies	8:30 NU Step - Self led 23 9:00 Everfit - Picture Trivia Chair Chi with Bernie 11:00 Easy Walking 11:30 Mahaffey Ranch - Sack Lunch 2:00 Afternoon Movie 3:00 Steel Feathers - Dance Fitness with Lisa IL 6:00 Old Time Movies	ARTIST DAY 24 8:30 NU Step - Self led 9:00 Everfit - Picture Trivia Chair Chi with Bernie- AR 10:00 Artistic Showcase by Resident and Staff 11:00 Easy Walking 1:00 Diamond Art 6:00 Netflix Res. Choice	ACTIVITIES WITH RENAY 25 8:30 NU Step - Self led 9:00 Everfit / Trivia 10:00 Hand Day Spa 11:00 Easy Walking 1:00 JUST FOR FUN BINGO 2:30 Renay on Piano 6:00 Netflix Res. Choice
Self-led Activities 26 Worship Day Bible Reading 8:30 NU Step - Self led 9:00 Light Stretching 11:00 Easy Walking 1:00 Book Reading 6:00 Old Time Movie - Resident Choice	8:30 NU Step - Self led 27 9:00 Everfit – Picture Trivia Chair Chi with Bernie 9:30 Bible Reading 10:00 Stitch in Time - Quilts 11:00 Easy Walking 1:00 Crochet Blankets and Hats for BAH Cancer Center 2:00 Just for Fun Bingo 6:00 Documentary	8:30 NU Step - Self led 28 9:00 Steel Feathers - Strech and Tone with Lisa 10:00 Baking with Tammy Fresh Apple Cake Social 11:00 Easy Walking 1:00 Sharing Family Recipes 2:00 Shut the Box Game 6:00 Netflix Res. Choice	Shopping Day 29 8:30 NU Step - Self led 9:00 Dollar Tree North Bend 9:00 Chair Yoga with Irene 10:00 Color Quilt Blocks - Quilts for Giving 11:00 Easy Walking 2:00 Pumpkin Pie Social - Story Telling 6:00 Classic Movies	8:30 NU Step - Self led 30 9:00 Everfit - Picture Trivia Chair Chi with Bernie 11:00 Easy Walking 11:30 Time for Popcorn 2:00 Afternoon Movie Resident Choice 3:00 Steel Feathers - Dance Fitness with Lisa IL 6:00 Old Time Movies	8:30 NU Step - Self led 31 9:00 Everfit/Trivia 10:00 Joy of Baking - All Sorts of Cookies 11:00 Easy Walking 1:00 Magical Treats Bingo 3:00 Afternoon Movie Resident Choice 6:00 Magical Trick or Treats <small>Halloween</small>	Fire Prevention Week October 5th – 11th Customer Service Week – 6th – 10th Boss Day – 16th Magic Month – 25th – 31st