



Notable Quotable

“There is life left. Something that we don’t even know ahead of us.”



October Horoscopes and Birthdays

In astrology, those born between October 1–22 balance the scales of Libra. Libras seek harmony and value fairness and justice. Although they’d rather avoid conflict, they are excellent team players—tactful and polite. If you were

born between October 23–31, you are a Scorpio. Scorpions are powerful investigators who stay abreast of all the comings and goings of their peers, take control, and lead the way to success.

Happy Birthday
Shiela K./ 10-14

Our Crafty Side



Arts and craft is the ultimate form of self-expression. It’s an avenue for people to focus their creative efforts and express themselves through the creation of art.

Crafting is a way to make something out of nothing.

We are crafty!

Sierra Place Newsletter

October 2025

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Business Office Manager
Jennifer Ireland

Dining Services
Cody Stain

Community Relations Director
Chemane Fine

Wellness Director
Mary Anne Means

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The Bright Side of October

Orange is one of the most iconic colors of fall. From the changing leaves to ripe pumpkins and Halloween decorations, it’s everywhere in October. But beyond its seasonal spotlight, orange has an interesting history and set of associations that make it stand out year-round.

The word *orange* didn’t appear in English until around the 1300s, borrowed from the Old French *orange*, which came from Arabic *nāranj*—originally referring to the fruit. Before that, people in English-speaking areas would describe the color as “yellow-red.” It wasn’t until the fruit became common in Europe that the word was used to describe the hue.

In nature, orange often signals warmth and energy. It’s the color of fire, sunsets, and autumn leaves. In October, orange becomes especially visible. Pumpkins, perhaps the most famous fall symbol, take center stage during Halloween. Originally, jack-o’-lanterns were carved from turnips in Ireland, but when the tradition came to America, pumpkins were more plentiful and easier to carve. Their natural orange color made them perfect for the holiday’s spooky glow.

Orange also pairs well with black, Halloween’s other signature color. While black represents darkness and mystery, orange balances it with brightness and warmth, making the two a striking seasonal combo.

Aside from Halloween, orange pops up throughout fall in decorations, wreaths, seasonal foods, and clothing. It evokes the cozy, crisp feel of the season and reminds us of harvest time. Even sports teams and schools often use orange in their autumn promotions and uniforms to reflect that seasonal energy.

While orange is not everyone’s favorite color year-round—only five percent of people choose it as their favorite—it has certainly carved out a place in October’s spotlight. Whether you’re admiring the leaves, carving a pumpkin, or just sipping something cinnamon-spiced, you’re likely soaking in a little bit of orange this season.



“A sweet friendship refreshes the soul,” brings us joy and laughter. Our friends encourage us and motivate us when we feel low. Our friendships evolve with time from acquaintance to true friendship and best friends become part of our family. A special friend plays a significant role in our lives and we accept them just the way they are, yet, everyone has a personality and demeanor unique to them. No matter how old your friendship is, “Friends gather no dust”.



