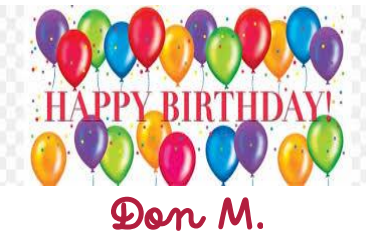


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div>1</div> <div>9:30 Labor Day Trivia</div> <div>10:30 Ever Fit with Chris</div> <div>1:30 Art &amp; Crafts with Serria</div> <div>2:30 Labor Day Ice Cream Sundae Social</div> <div>3:30 Sit &amp; Stretch with Chris</div> <div>4:00 Puzzles &amp; Word Search</div> <div>6:00 Relaxation/ Hydration</div> <div>Labor Day</div>	<div>2</div> <div>9:30 Welcome August Read</div> <div>9:45 Morning Movement</div> <div>1:30 Tuesday Matinee with Popcorn and Drinks</div> <div>2:30 Table Activities</div> <div>3:30 Sit &amp; Stretch Chris</div> <div>4:00 Color Pencil Blending</div> <div>6:00 Puzzles and Drinks</div>	<div>3</div> <div>9:30 Bible Study with Tim</div> <div>10:30 Ever Fit with Chris</div> <div>1:30 Country Drive</div> <div>2:30 Monthly Gazette with Refreshments</div> <div>3:30 Sit &amp; Stretch with Chris</div> <div>4:00 Quality Face to Face</div> <div>6:00 Planet Earth/ Hydration</div>	<div>4</div> <div>9:30 This Day in History</div> <div>9:45 Morning Movement</div> <div>1:30 EZ Dose It Trivia</div> <div>2:00 Entertainment with Timothy Patrick</div> <div>3:30 Sit &amp; Stretch Chris</div> <div>4:00 Puzzles &amp; Word Search</div> <div>6:00 Soundscapes/ Hydration</div>	<div>5</div> <div>9:30 Daily Chronicle</div> <div>10:30 Ever Fit with Chris</div> <div>1:45 Louis Faro Performs</div> <div>3:00 September Trivia IQ</div> <div>3:00 Social Visits with Barnabas</div> <div>3:30 Sit &amp; Stretch Chris</div> <div>4:00 Quality Face to Face</div> <div>6:00 Movie Night &amp; Popcorn</div>	<div>GO DUCKS!</div> <div>6</div> <div>9:30 Coffee &amp; Conversation</div> <div>10:30 Senior Fitness Program</div> <div>1:00 Oregon VS Montana State / Popcorn &amp; Drinks</div> <div>1:30 Country Drive</div> <div>2:30 September Cranium Crunches</div> <div>3:30 Afternoon Exercise</div> <div>6:00 Relaxation/ Hydration</div>
<div>7</div> <div>9:30 Coffee &amp; Conversation</div> <div>10:30 Morning Stretches</div> <div>1:30 Table Games</div> <div>2:30 September EZ Does It Trivia</div> <div>3:30 Puzzle Club</div> <div>6:00 Nature Documentary/ Snacks</div> <div>Grandparents Day</div>	<div>8</div> <div>9:30 Daily Chronicle</div> <div>10:30 Ever Fit with Chris</div> <div>1:30 Botton Tree Craft</div> <div>2:30 Resident Council</div> <div>3:30 Sit &amp; Stretch with Chris</div> <div>4:00 Quality Face to Face</div> <div>6:00 Puzzles and Drinks</div>	<div>9</div> <div>9:30 Daily Chronicle</div> <div>9:45 Morning Movement</div> <div>1:30 The Waterford Walk</div> <div>2:00 Guss Russell Performs</div> <div>3:30 Sit &amp; Stretch with Chris</div> <div>4:00 Quality Face to Face</div> <div>6:00 September Word Search</div>	<div>10</div> <div>9:30 Bible Study with Tim</div> <div>10:00 Coast Trip to Florance</div> <div>1:30 Puzzle Club</div> <div>2:00 Aquapaint: Painting with Water</div> <div>3:30 Sit &amp; Stretch with Chris</div> <div>4:00 Quality Face to Face</div> <div>6:00 Table Games/ Snacks</div>	<div>11</div> <div>9:30 This Day in History</div> <div>9:45 Morning Movement</div> <div>1:30 Reading with Kim</div> <div>2:30 Thirsty Thursday</div> <div>3:30 Sit &amp; Stretch Chris</div> <div>4:00 Puzzles Group</div> <div>6:00 September Crossword</div>	<div>12</div> <div>9:30 Daily Chronicle</div> <div>10:00 Entertainment with Jeff</div> <div>1:30 Cornhole</div> <div>2:30 Outdoor Walk</div> <div>3:00 Social Visits with Barnabas</div> <div>3:30 Sit &amp; Stretch with Chris</div> <div>6:00 Movie Night &amp; Popcorn</div>	<div>13</div> <div>9:00 Morning Football Oregon VS Northwestern</div> <div>10:30 Noodle Ball</div> <div>1:30 Ice Cream Bars and Random Trivia</div> <div>2:00 Tim Biggs Plays Guitar</div> <div>3:30 Afternoon Exercise</div> <div>6:00 Puzzles and Drinks</div>
<div>14</div> <div>9:30 Coffee &amp; Conversation</div> <div>10:30 Morning Stretches</div> <div>1:30 Puzzle Club</div> <div>2:30 Table Games/ Snacks</div> <div>3:30 September Trivia</div> <div>6:00 Nature Documentary/ Snacks</div>	<div>15</div> <div>9:30 Daily Chronicle</div> <div>10:30 Ever Fit with Chris</div> <div>1:30 Puzzle Club</div> <div>2:00 Sara Scofield Sings</div> <div>3:00 Root Beer Float Social</div> <div>3:30 Sit &amp; Stretch with Chris</div> <div>4:00 Quality Face to Face</div> <div>6:00 Table Activities</div>	<div>16</div> <div>9:30 Daily Chronicle</div> <div>9:45 Morning Movement</div> <div>1:30 Tuesday Matinee with Popcorn and Drinks</div> <div>2:30 Travelogue Color Pages “Sojourn in Sweden”</div> <div>3:30 Sit &amp; Stretch with Chris</div> <div>6:00 Soundscapes/ Hydration</div>	<div>17</div> <div>9:30 Bible Study with Tim</div> <div>10:30 Ever with Chris</div> <div>1:30 Scenic Drive</div> <div>2:00 What Am I? Trivia</div> <div>3:30 Sit &amp; Stretch with Chris</div> <div>4:00 Quality Face to Face</div> <div>6:00 Nature Documentary/ Snacks</div>	<div>18</div> <div>9:30 This Day in History</div> <div>9:45 Morning Movement</div> <div>1:30 Julie Sings</div> <div>2:30 Thirsty Thursday</div> <div>3:30 Sit &amp; Stretch Chris</div> <div>4:00 August Word Search</div> <div>6:00 Soundscapes/ Hydration</div>	<div>19</div> <div>9:30 Daily Chronicle</div> <div>10:30 Ever Fit with Chris</div> <div>1:30 Crafts</div> <div>2:30 Root Beer Float Social</div> <div>3:00 Social Visits with Barnabas</div> <div>3:30 Sit &amp; Stretch with Chris</div> <div>4:00 Quality Face to Face</div> <div>6:00 Movie Night &amp; Popcorn</div>	<div>20</div> <div>9:30 Coffee &amp; Conversation</div> <div>10:30 Senior Fitness Program</div> <div>1:30 Scenic Drive</div> <div>2:30 Complex Coloring</div> <div>3:30 Afternoon Exercise</div> <div>6:00 Table Games/ Snacks Oregon VS Oregon State (TBD)</div> <div>Oktoberfest Begins</div>
<div>21</div> <div>9:30 Coffee &amp; Conversation</div> <div>10:30 Morning Stretches</div> <div>1:30 Puzzle Club</div> <div>2:30 Table Games/ Snacks</div> <div>3:30 September Trivia</div> <div>6:00 Nature Documentary/ Snacks</div>	<div>22</div> <div>9:30 Daily Chronicle</div> <div>10:30 Ever Fit with Chris</div> <div>1:30 Noodle Balloon Ball</div> <div>2:30Table Games</div> <div>3:45 Waterford Walk</div> <div>4:00 Quality Face to Face</div> <div>6:00 Soundscapes/ Hydration</div> <div>Rosh Hashanah Begins Autumn Begins</div>	<div>23</div> <div>9:30 Daily Chronicle</div> <div>9:45 Morning Movement</div> <div>1:30 Tuesday Matinee with Popcorn and Drinks</div> <div>2:30 September Color Pages</div> <div>3:30 Sit &amp; Stretch with Chris</div> <div>4:00 Quality Face to Face</div> <div>6:00 Foot Ball Crossword</div>	<div>24</div> <div>9:30 Bible Study with Tim</div> <div>10:30 Ever with Chris</div> <div>1:30 Scenic Drive</div> <div>2:00 Aquapaint: Painting with Water</div> <div>3:30 Sit &amp; Stretch with Chris</div> <div>4:00 Puzzles &amp; Word Search</div> <div>6:00 Nature Documentary/ Snacks</div>	<div>25</div> <div>9:30 This Day in History</div> <div>9:45 Morning Movement</div> <div>1:30 Reading with Kim</div> <div>2:30 Thirsty Thursday</div> <div>3:30 Sit &amp; Stretch Chris</div> <div>6:00 Table Games / Snacks</div>	<div>26</div> <div>9:30 Daily Chronicle</div> <div>10:30 Ever Fit with Chris</div> <div>1:30 Where Am I? Trivia</div> <div>2:00 Reader’s Theater</div> <div>3:30 Sit &amp; Stretch with Chris</div> <div>4:00 Quality Face to Face</div> <div>6:00 Movie Night &amp; Popcorn</div>	<div>27</div> <div>9:30 Coffee &amp; Conversation</div> <div>10:30 Noodle Baloon Ball</div> <div>1:30 Puzzles &amp; Crossword</div> <div>2:00 Tim Biggs Plays Guitar</div> <div>3:30 Afternoon Exercise</div> <div>4:30 Oregon VS Penn State</div> <div>6:00 Relaxation/ Hydration</div>
<div>28</div> <div>9:30 Coffee &amp; Conversation</div> <div>10:30 Morning Stretches</div> <div>1:30 Puzzle Club</div> <div>2:30 Table Games/ Snacks</div> <div>3:30 September Trivia</div> <div>6:00 Nature Documentary/ Snacks</div>	<div>29</div> <div>9:30 Daily Chronicle</div> <div>10:30 Ever Fit with Chris</div> <div>1:30 September Craft</div> <div>2:00 Tim Sings</div> <div>3:30 Sit &amp; Stretch with Chris</div> <div>4:00 Quality Face to Face</div> <div>6:00 Puzzles and Drinks</div>	<div>30</div> <div>9:30 Daily Chronicle</div> <div>10:00 Chair Yoga with Johanna</div> <div>1:30 Tuesday Matinee with Popcorn and Drinks</div> <div>2:30 Who Am I? Trivia</div> <div>3:30 Sit &amp; Stretch with Chris</div> <div>4:00 Quality Face to Face</div> <div>6:00 Table Games / Snacks</div>	<div><div><div>September 2025</div><div><div>Waterford Grand</div><div>Assisted Living and Memory Care</div></div><div>North Memory Care</div></div></div>			