

November 2025

Garden's Gazette

Ashley Gardens of Mt. Vernon, 3807 E. College Way, Mt Vernon WA 98273



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We're talking turkey—and chicken, this November! From classic Thanksgiving gobblers to backyard hens and farmyard fun, we're honoring the feathered friends that have found their way into art, folktales, decorations, games, and even music. With Chicken Lady Day ([Nov. 4](#)) and Thanksgiving ([Nov. 27](#)) on the calendar, we're fluffing our feathers and having a little poultry-themed fun all month long.

New Fitness Instructor Hailey!

Move & Groove with Hailey!

Get ready to *move and groove!* We're excited to welcome **Hailey**, our new **Board-Certified Music Therapist**, who's bringing her upbeat energy (and some seriously good tunes!) to our fitness classes. With classic hits from the 50s and 60s, she gets everyone moving, laughing, and feeling good. And now, with instruments for residents to join in on the fun, it's not just a workout—it's a full-on *music experience!* Who knew exercise could be this much fun?

Crystal Club!

Introducing "Crystal Club with Aubrie"

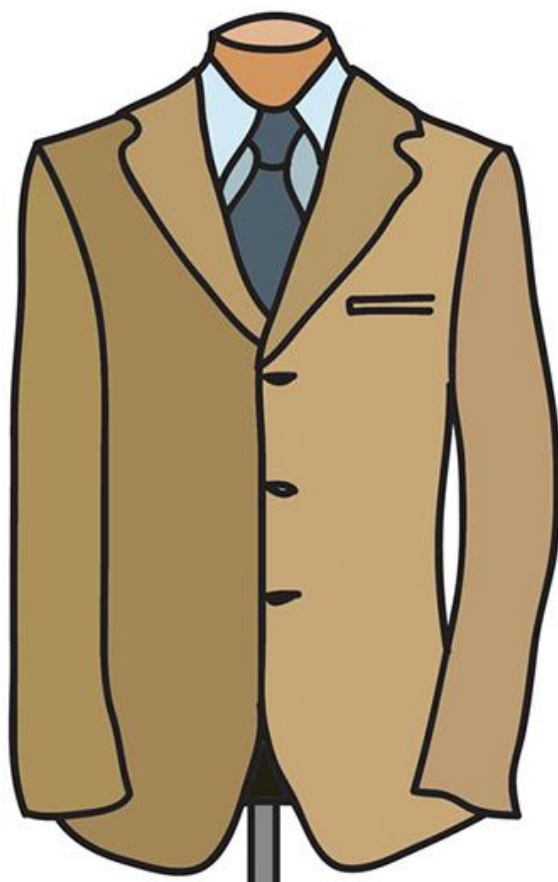
Join us each week as Aubrie guides us through the wonderful world of crystals! Together, we'll explore the meaning and healing properties of different stones, enjoy the calming sounds of her healing bowls, and experience gentle meditation to bring peace and balance to our days. Come relax, learn, and let your energy shine!



Coat & Pie Drive!

Coats for Pies!

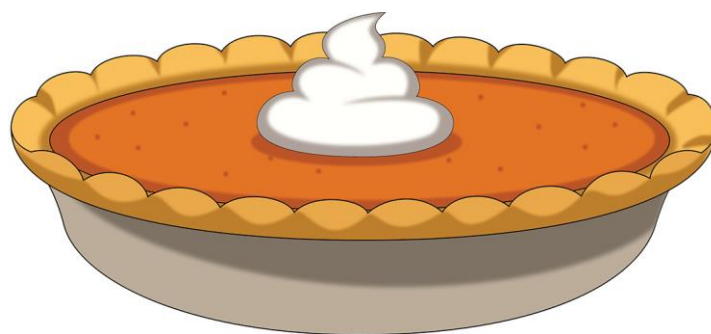
From **November 17th–26th**, we're spreading warmth inside and out! Bring in a gently used or new coat and we'll send you home with a **pumpkin pie** as a sweet thank-you. To wrap up the drive, join us on **November 26th at 2:30pm** for a **live performance by Steve**—music, kindness, and pie... what could be better?



Leaves of Gratitude celebration!

Leaves of Gratitude Celebration

Join us on **November 21st at 2:30pm** as we come together to celebrate thankfulness! We'll share what we're most grateful for by writing our blessings on colorful leaves and hanging them on our gratitude trees for all to see. Enjoy **sweet treats, warm drinks**, and a beautiful afternoon filled with love and appreciation.



Thanksgiving Feast!

Thanksgiving Feast with Sherri
Join us on **Thursday, November 27th at 12:00pm** for a special **Thanksgiving Feast** prepared by our wonderful Kitchen Director, **Sherri!** Enjoy all the classic favorites—**turkey, stuffing, mixed veggies, and pecan pie**—as we gather together to celebrate gratitude, good food, and great company.

Veterans day celebration!

Veterans Day Celebration

Join us as we honor the brave men and women who have fought for our freedom. On **Veterans Day at 10:30am**, we'll gather for **Veterans Table Talk** with **coffee, snacks**, and open prompts for our veterans to share their stories and memories. Each veteran in our community will receive a special **"Thank You for Your Service" certificate** in appreciation for all they've done

November Birthday's

Jaila(Staff)..... 11/12

Ray(resident)..... 11/19

Sharon(resident) 11/24

Maureen(staff).... 11/24

Angel(staff)..... 11/29

