

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 November 2025						1 9:30 Be Balanced 10:30 Swatterball 1:00 Watercolor Painting 2:30 Pattern Cards 3:30 Dot to Dot Activity
2 9:30 Be Balanced 10:00 Spiritual Eldercare 1:00 Puzzle Corner 2:30 Creative Coloring 5:30 Movie of Choice Daylight Saving Time Ends	3 9:30 Be Balanced 10:00 Scenic Drive 10:45 Sit and Stretch 1:00 Dot Fall Trees 1:30 Noodleball 2:00 Coffee Clatter 3:30 Sit and Be Fit	4 9:30 Be Balanced 10:00 Name the Object 10:30 Armchair Travels 1:00 Spiritual Hour 2:00 Door Hangers 3:30 Chair Yoga	5 9:30 Be Balanced 10:00 Pumpkin Bread 10:45 Sit and Stretch 1:00 Bean Bag Toss 2:00 Thankful Tree 3:30 Before Dinner Stretch	6 9:30 Be Balanced 10:30 Trivia 1:00 Watercolor Painting 2:00 Pinecone Bird Feeders 3:00 Chair Exercise 3:30 Singalong	7 9:30 Be Balanced 10:30 Swatterball 1:00 Apple Bobbing 2:00 Paul Eddy Music 3:30 Before Dinner Stretch	8 9:30 Be Balanced 10:30 Bean Bag Toss 1:00 Watercolor Painting 2:30 Armchair Travels 3:30 Movie Of Choice
9 9:30 Be Balanced 10:00 Spiritual Eldercare 1:00 Puzzle Corner 2:30 Creative Coloring 5:30 Movie of Choice	10 9:30 Be Balanced 10:00 Mountain Drive 10:45 Sit and Stretch 1:00 Thanksgiving Bingo 1:30 Noodleball 2:00 Coffee Clatter 3:30 Sit and Be Fit	11 9:30 Be Balanced 10:00 Name the Object 10:30 Armchair Travels 1:00 Spiritual Hour 2:00 Canvas Painting 3:30 Chair Yoga Veterans Day Remembrance Day (Canada)	12 9:30 Be Balanced 10:00 Watercolor Pumpkins 10:45 Sit and Stretch 1:00 Fall Scattergories 2:00 Bingo 3:30 Before Dinner Stretch	13 9:30 Be Balanced 10:30 Trivia 1:00 Watercolor Painting 2:00 Pie Making 3:00 Chair Exercise 3:30 Singalong	14 9:30 Be Balanced 10:30 Pattern Cards 1:00 Pressed Leaf Suncatchers 2:00 Apple Cider Social 3:30 Before Dinner Stretch	15 9:30 Be Balanced 10:30 Swatterball 1:00 Watercolor Painting 2:30 Pattern Cards 3:30 Dot to Dot Activity
16 9:30 Be Balanced 10:00 Spiritual Eldercare 1:00 Puzzle Corner 2:30 Creative Coloring 5:30 Movie of Choice	17 9:30 Be Balanced 10:00 Drake Park Drive 10:45 Sit and Stretch 1:00 Thanksgiving Trivia 1:30 Wood Round Animals 2:00 Coffee Clatter 3:30 Sit and Be Fit	18 9:30 Be Balanced 10:00 Name the Object 10:30 Armchair Travels 1:00 Spiritual Hour 2:00 Flower Arranging 3:30 Chair Yoga	19 9:30 Be Balanced 10:45 Sit and Stretch 1:00 Bean Bag Toss 2:00 Canvas Painting 3:30 Before Dinner Stretch 4:00 Friends and Family Dinner	20 9:30 Be Balanced 10:30 Trivia 1:00 Watercolor Painting 2:00 Pattern Cards 3:00 Chair Exercise 3:30 Singalong	21 9:30 Be Balanced 10:30 Swatterball 1:00 Creative Coloring 2:00 Streusel Social 3:30 Before Dinner Stretch	22 9:30 Be Balanced 10:30 Bean Bag Toss 1:00 Watercolor Painting 2:30 Armchair Travels 3:30 Movie of Choice
23 9:30 Be Balanced 10:00 Spiritual Eldercare 1:00 Puzzle Corner 2:30 Creative Coloring 5:30 Movie of Choice	24 9:30 Be Balanced 10:00 Hot Cocoa Outing 10:45 Sit and Stretch 1:00 Football Game 1:30 Noodleball 2:00 Coffee Clatter 3:30 Sit and Be Fit	25 9:30 Be Balanced 10:00 Name the Object 10:30 Armchair Travels 1:00 Spiritual Hour 2:00 Thanksgiving Bingo 3:30 Chair Yoga	26 9:30 Be Balanced 10:30 Noodleball 1:00 Fall Scattergories 2:00 Pumpkin Pie Social 3:30 Before Dinner Stretch	27 9:30 Be Balanced 1:00 Puzzle Corner 2:30 Creative Coloring 5:30 Movie of Choice Thanksgiving Day (U.S.)	28 9:30 Be Balanced 10:30 Noodleball 1:00 Football Game 2:00 Singalong 3:30 Before Dinner Stretch	29 9:30 Be Balanced 10:30 Swatterball 1:00 Watercolor Painting 2:30 Pattern Cards 3:30 Dot to Dot Activity
30 9:30 Be Balanced 10:00 Spiritual Eldercare 1:00 Puzzle Corner 2:30 Creative Coloring 5:30 Movie of Choice	Friends and Family Harvest Dinner Wednesday November 19th 4:00 p.m. or 5:30p.m. Please R.S.V.P by 11/17/2025 					