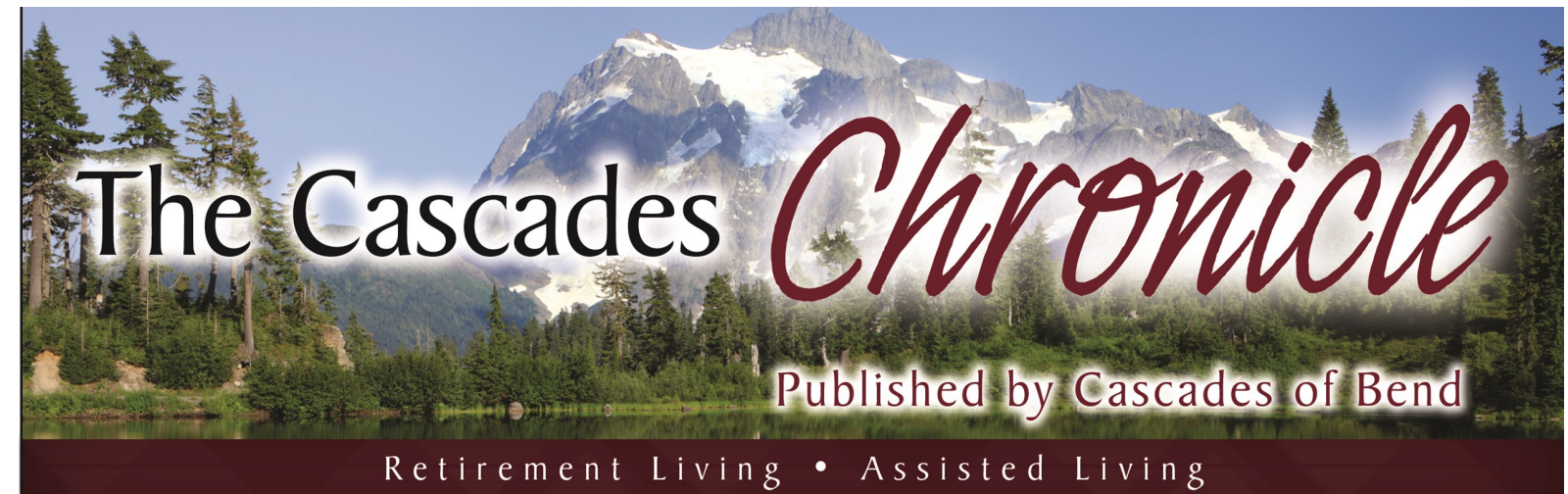


Management Team

- Crystal Brokaw** - Executive Director
Misty Nicholas-Liceaga– Associate Executive Director
Julie Gibbons RN– Community Wellness Director
Lisa Paslechnik- Associate Wellness Director
Jessica Metzger– Resident Care Coordinator
Jennie Johnson– Memory Care Resident Care Coordinator
Kari Hutchison- Director Of Sales And Marketing
Lisa Davis- Community Relations Director
Kelly Graves– Senior Life Enrichment Director
Beverley Lakey– Business Office Manager
KC Munford- Dining Services Director
Johnathon Skinner- Plant Operations Director



Talkin’ Turkey (and Chickens)

When it comes to barnyard birds, turkeys and chickens rule the roost, but not in the same way. November might be the turkey’s time to shine (or roast), but chickens hold their own all year long.

Let’s start with turkeys. Wild ones can fly—surprisingly fast and far, actually—and they sleep in trees. They’re also pretty clever at dodging predators and, yes, humans. Domesticated turkeys, on the other hand, aren’t quite so nimble. Their flashy fans and “gobble gobble” calls are iconic this time of year, but only the males gobble; females stick to more modest clucks and chirps.

Chickens, meanwhile, are the overachievers of the coop. They come in all sorts of breeds, from poofy-headed Polish chickens to speckled Sussex. They each lay about 250–300 eggs a year, which is pretty impressive considering they’re also known to chase bugs, peck your shoelaces, and form complicated social hierarchies.

In fact, chickens have become so popular that many people now keep them in their backyards. Urban and suburban chicken-keeping has taken off in recent years, with folks raising hens not just for fresh eggs but also for their quirky personalities and surprisingly therapeutic company. You don’t need a full farm—just a small coop, a little space, and a willingness to embrace a bit of daily chicken drama.

As for turkeys and Thanksgiving, the tradition dates to the 1800s, when turkey became the centerpiece partly because it was large enough to feed a crowd and not typically used for eggs or milk like other livestock.

These days, though, more people are switching things up—serving roast chicken, Tofurky, lentil loaf, or lasagna layered with roasted squash for Thanksgiving’s main course. Some people even decide on breakfast-for-dinner, with stacks of pancakes and cozy casseroles taking center stage. Whether you prefer a traditional meal or trying something new, the spirit of the holiday isn’t in the bird—it’s in the gathering. No matter what’s on the plate, it’s the company that counts.

Celebrating November

American Indian Heritage Month

Men Make Dinner Day
November 3

Veterans Day (U.S.)
November 11

World Kindness Week
November 13–19

Apple Cider Day
November 18

International Men’s Day
November 19

Game & Puzzle Week
November 20–26

World Television Day
November 21

Thanksgiving Day (U.S.)
November 28

Thanksgiving Word Scramble

Unscramble the Thanksgiving words and then use the highlighted letters to form the secret message. You will have to unscramble the message as well.

ICUONROPCA	
ETRSHVA	
MEVRNOEB	
ILIGPMR	
KUTEYR	
BCNERRRAY	
YRAOMEFWL	
TMOLPYUH	
AYHLIOD	
GWNMPAAAO	
INKPMUP	

		!



First in Space

On November 3, 1957, a stray dog from the streets of Moscow named Laika made history by becoming the first organism to orbit Earth in outer space, a journey that paved the way for human space flight. In 1957, humanity knew little about the effects of space conditions on organisms. Many scientists believed that living things would not survive the launch off the planet's surface, much less the conditions of outer space. While Laika's trip was always considered to be one way, this did not stop the scientists from growing to love her. Before the launch, one scientist brought her home to play with his children. When Laika was placed inside the rocket capsule, the technician kissed her on the nose. Over the decades since Laika's trip into space, she has become a prominent figure in both Russia's history and popular culture around the world.

Quote Of The Month

"Sometimes, the most profound awakenings come wrapped in the quietest of moments."
~ Stephen Crane

Resident Birthdays

Nedra G. 11/04	Nancy M. 11/17
Paul C. 11/04	Doris W. 11/18
Ann B. 11/14	Al M. 11/23
Herman G. 11/16	Laura B. 11/23
Catherine C. 11/24	

November Horoscopes & Famous Birthdays

In astrology, those born from November 1-21 are Scorpions of Scorpio. Scorpions are passionate, dedicated, and resourceful. Scorpions may seem intimidating, but they are just no-nonsense people who value honesty and loyalty above all else. Those born from November 22-30 are Archers of Sagittarius. The Archers are the travelers of the zodiac, curious and energetic, with open minds craving new experiences and challenges.

Will Rogers (cowboy) - Nov. 4, 1879
 Vivien Leigh (actress) - Nov. 5, 1913
 Carl Sagan (astronomer) - Nov. 9, 1934
 Tracy Morgan (comedian) - Nov. 10, 1968
 Charles, Prince of Wales (royal) - Nov. 14, 1948
 RuPaul (model) - Nov. 17, 1960
 David Ortiz (ballplayer) - Nov. 18, 1975
 Goldie Hawn (actress) - Nov. 21, 1945
 Robin Roberts (journalist) - Nov. 23, 1960
 Charles Schulz (cartoonist) - Nov. 26, 1922



All Spruced Up

Howard Hughes rose to fame in the 1920s as a film director but later gained infamy as a recluse and eccentric. In 1932, Hughes used the fortune he had built in film to found his own aircraft company. When the United States entered World War II in 1941, the U.S. government commissioned Hughes to design a massive flying boat that could carry men and supplies over long distances. Steel was hard to come by thanks to wartime rationing, so Hughes' team used wood, laminated birch, and spruce, to construct what was then the world's largest aircraft. The so-called *Spruce Goose* had a wingspan longer than a football field, boasted eight propeller engines, and could carry 700 soldiers. By the time the massive plane was completed in 1946, the war was over. But Hughes swore it would fly and it did, once, on November 2, 1947.