

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 November 2025 Add a title or monthly theme here.						
8:00 ZEN MUSIC 9:00 ~CHURCH & HYMNS 10:00 ^P AUTOMOBILE PHOTO TRIVIA 1:00 ^{CD} /1:30 ^{AB} WEIGHTS & LEGS READING CLUB: MONTHLY GAZETTE 1:00 TABLECLOTH ART 2:00-3:00 SOCIAL HOUR 3:00 SUNDAY MATINEE 5:20 SEAHAWKS!!!! 6:00 TABLEGAMES (RL)	8:00 ZEN MUSIC 9:00 DAILY CHRONICLES 11:00 ^{CD} YOGA & MEDITATION 12:00 ^A RESIDENT COUNSEL & ACTIVITY COMMITTEE LUNCHEON 1:15 ^C LIVE MUSIC! w/ MICHAEL CRAIN 2:00-3:00 SNACK AND HYDRATE 3:00 FALL ART PAGES (RL) 3:30 ^{AB} YOGA & MEDITATION 6:00 CONNECT 4 (RL)	8:00 ZEN MUSIC 9:00 DAILY CHRONICLES 11:00 COLOR BY NUMBERS 1:00/1:30 NOVEMBER HOLIDAY REMINISCING DISCUSSION 2:00-3:00 SNACK AND HYDRATE 3:00 CRANIUM CRUNCHES 3:00 ^A ZUMBA w/ JUNKO 3:30 1:1s & LIFE STORIES 6:00 TABLEGAMES 6:00 DOCUMENTARY: NAT GEO	8:00 ZEN MUSIC 9:00 DAILY CHRONICLES 10:00 SORTING/FOLDING 10:30 THERAPY DOGS 1:00 SING ALONG w/ SUZIE Q 1:30/1:40 SCENIC DRIVE 2:00-3:00 SNACK AND HYDRATE 3:00 ^C ZUMBA w/ LENA 3:30 ^{AB} YAHTZEE 4:00 ^{CD} YAHTZEE 6:00 NAMASTE: AROMATHERAPY	8:00 ZEN MUSIC 9:00 DAILY CHRONICLES & CURRENT EVENTS 9:30/10:00 BIBLE STUDY 11:00 COMMUNION 11:00 ^B BINGO 2:00-3:00 SNACK AND HYDRATE 3:00 ^C ZUMBA w/ JUNKO 3:30 CONCENTRATION PUZZLES (RL) 4:00 ^B WOODWORKING	8:00 ZEN MUSIC 9:00 DAILY CHRONICLES 10:00 FALL ART PAGES (RL) 11:00 SING ALONG 1:00 WORD MINING 2:00-3:00 SOCIAL HOUR~ REFUEL & HYDRATE 3:00 CARD GAMES 4:00 TABLE SETTING 6:00 FRIDAY NIGHT MOVIE: HELLO DOLLY!	8:00 ZEN MUSIC 9:00 DAILY CHRONICLES 11:00 WALKING CLUB (RL) 1:00 ADULT COLORING 2:00-3:00 SOCIAL HOUR~ REFUEL & HYDRATE 3:00 BRAIN GAMES 4:00 LINDIMOO 6:00 BIG BANG THEORY
8:00 ZEN MUSIC 9:00 ~CHURCH & HYMNS 10:00 ^{CD} /11:00 ^{AB} VETERANS APPRECIATION CARDMAKING 1:05 SEAHAWKS!!!! READING CLUB: VETERANS DAY 1:00 ^{CD} /1:30 ^{AB} ART HISTORY: MOMA SLIDESHOW & DISCUSSION 2:00-3:00 SOCIAL HOUR 3:00 SUNDAY MATINEE 6:00 TABLEGAMES (RL)	8:00 ZEN MUSIC 9:00 DAILY CHRONICLES 10:00 ART PAGES 11:00 ^{CD} YOGA & MEDITATION 12:00 ^B RESIDENT COUNSEL & ACTIVITY COMMITTEE LUNCHEON 1:30 LIVE MUSIC! w/ HARMONICA RAY 2:00-3:00 SNACK AND HYDRATE 3:00 ART PAGES (RL) 3:30 ^{AB} YOGA & MEDITATION 6:00 CONNECT 4 (RL)	8:00 ZEN MUSIC 9:00 DAILY CHRONICLES 10:30 CRANIUM CRUNCHES 2:00 – 3:45 VETERAN'S DAY CELEBRATION: NAVY BAND AT THE WILLOWS 2:00-3:00 SNACK AND HYDRATE 3:00 CARD GAMES 3:00 ^A WEIGHTS w/ CAROL 4:00 PATRIOTIC SING ALONG 6:00 DOCUMENTARY HONORING OUR VETERANS TODAY	8:00 ZEN MUSIC 9:00 DAILY CHRONICLES 10:00 SORTING/FOLDING 10:30 THERAPY DOGS 1:00 SING ALONG w/ SUZIE Q 1:30/1:40 SCENIC DRIVE 2:00-3:00 SNACK AND HYDRATE 3:00 ^C ZUMBA w/ LENA 3:30 ^{AB} YAHTZEE 4:00 ^{CD} YAHTZEE	8:00 ZEN MUSIC 9:00 DAILY CHRONICLES & CURRENT EVENTS 9:30/10:00 BIBLE STUDY 11:00 COMMUNION 1:15 ^{CD} NOVEMBER BIRTHDAYS PARTY FEATURING LIVE MUSIC! w/ TOM 2:00-3:00 SNACK AND HYDRATE 3:00 ^C ZUMBA w/ JUNKO 3:30 CONCENTRATION PUZZLES (RL) 3:30 ^{AB} /4:00 ^{CD} JOURNALING	8:00 ZEN MUSIC 9:00 DAILY CHRONICLES 10:00 FALL ART PAGES (RL) 11:00 SING ALONG 1:00 WORD MINING 2:00-3:00 SOCIAL HOUR~ REFUEL & HYDRATE 3:00 CARD GAMES 4:00 TABLE SETTING 6:00 FRIDAY NIGHT MOVIE	8:00 ZEN MUSIC 9:00 DAILY CHRONICLES 11:00 WALKING CLUB (RL) 1:00 ADULT COLORING 2:00-3:00 SOCIAL HOUR~ REFUEL & HYDRATE 3:00 BRAIN GAMES 4:00 LINDIMOO 6:00 DANCING WITH THE STARS
8:00 ZEN MUSIC 9:00 ~CHURCH & HYMNS 10:00 ^{CD} /11:00 ^{AB} HOLIDAY CARDMAKING 1:05 SEAHAWKS!!!! 1:00 ^{CD} /1:30 ^{AB} WEIGHTS & LEGS POETRY CLUB 1:00 TABLECLOTH ART 2:00-3:00 SOCIAL HOUR 3:00 SUNDAY MATINEE 6:00 TABLEGAMES (RL)	8:00 ZEN MUSIC 9:00 DAILY CHRONICLES 11:00 ^{AB} YOGA & MEDITATION 12:00 ^C RESIDENT COUNSEL & ACTIVITY COMMITTEE LUNCHEON 1:00 ^{CD} YOGA & MEDITATION 2:00-3:00 SNACK AND HYDRATE 3:30 ^{AB} YOGA & MEDITATION 3:30 ^{AB} GROUP KARAOKE 4:15 ^{CD} GROUP KARAOKE 6:00 CONNECT 4 (RL)	8:00 ZEN MUSIC 9:00 DAILY CHRONICLES 11:15AB/1:15AB READING CLUB & DISCUSSION: FALL REMINISCING 2:00-3:00 SNACK AND HYDRATE 3:00 ^A ZUMBA w/ CAROL 3:00 PONDERING PUZZLES 4:00 GROUP ART 6:00 TABLEGAMES 6:00 DOCUMENTARY	8:00 ZEN MUSIC 9:00 DAILY CHRONICLES 10:00 SORTING/FOLDING 10:30 THERAPY DOGS 11:15 LUNCH OUTING 1:00 SING ALONG w/ SUZIE Q 2:00-3:00 SNACK AND HYDRATE 3:00 ^C ZUMBA w/ LENA 3:30 ^{AB} YAHTZEE 4:00 ^{CD} YAHTZEE	8:00 ZEN MUSIC 9:00 DAILY CHRONICLES & CURRENT EVENTS 9:30/10:00 BIBLE STUDY 11:00 COMMUNION 11:15 ^{AB} /1:00 ^{CD} NAMASTE: NAILS & HAND CARE 2:00-3:00 SNACK AND HYDRATE 3:00 ^C ZUMBA w/ JUNKO 3:30 CONCENTRATION PUZZLES (RL) 3:30 ^{AB} /4:00 ^{CD} JOURNALING	8:00 ZEN MUSIC 9:00 DAILY CHRONICLES 10:00 FALL ART PAGES (RL) 11:00 SING ALONG 1:00 WORD MINING 2:00-3:00 SOCIAL HOUR~ REFUEL & HYDRATE 3:00 CARD GAMES 4:00 TABLE SETTING 6:00 FRIDAY NIGHT MOVIE	8:00 ZEN MUSIC 9:00 DAILY CHRONICLES 11:00 WALKING CLUB (RL) 1:00 ADULT COLORING 2:00-3:00 SOCIAL HOUR~ REFUEL & HYDRATE 3:00 BRAIN GAMES 4:00 LINDIMOO 6:00 CAROL BURNETT
8:00 ZEN MUSIC 9:00 ~CHURCH & HYMNS 10:00 ^{CD} /11:00 ^{AB} WEIGHTS & LEGS 10:00 SEAHAWKS!!!! 1:00 ^{CD} /2:30 ^{AB} PAINTING ON CANVAS And ART APPRECIATION DISCUSSION: NORMAN ROCKWELL 2:00-3:00 SOCIAL HOUR 3:00 SUNDAY MATINEE 6:00 TABLEGAMES (RL)	8:00 ZEN MUSIC 9:00 DAILY CHRONICLES 11:00 ^{AB} YOGA & MEDITATION 12:00 ^P RESIDENT COUNSEL & ACTIVITY COMMITTEE LUNCHEON 2:00 OUTING: LIVE MUSIC! FUN SINGERS @ COTTAGE 2:00-3:00 SNACK AND HYDRATE 3:00 ^A ZUMBA w/ JUNKO 3:00 FALL ART PAGES (RL) 3:30 ^{AB} /4:00 ^{CD} GAME: HOLIDAY FAVORITES 6:00 CONNECT 4 (RL)	8:00 ZEN MUSIC 9:00 DAILY CHRONICLES & 11:00 ^{CD} /11:15 YOGA & POETRY CLUB: DICKINSON 1:30 ^C LIVE MUSIC! w/ JOEY DEAN 2:00-3:00 SNACK AND HYDRATE 3:00 ^C WEIGHTS w/ CAROL 3:30 COLOR BY NUMBERS 6:00 TABLEGAMES 6:00 DOCUMENTARY	8:00 ZEN MUSIC 9:00 DAILY CHRONICLES 10:00 SORTING/FOLDING 10:30 THERAPY DOGS 1:00 SING ALONG w/ SUZIE Q 1:30/1:40 SCENIC DRIVE 2:00-3:00 SNACK AND HYDRATE 3:00 ^C ZUMBA w/ LENA 3:30 ^{AB} YAHTZEE 4:00 ^{CD} YAHTZEE 6:00 NAMASTE: AROMATHERAPY	8:00 ZEN MUSIC 9:00 DAILY CHRONICLES & CURRENT EVENTS 9:30/10:00 BIBLE STUDY 11:00 COMMUNION 11:00 ^B BINGO 12:00 FAMILY DAY: THANKSGIVING BRUNCH 1:00 ^C BINGO 2:00-3:00 SNACK AND HYDRATE 3:30 CONCENTRATION PUZZLES (RL) 3:30 ^{AB} /4:00 ^{CD} JOURNALING Thanksgiving Day (U.S.)	8:00 ZEN MUSIC 9:00 DAILY CHRONICLES 10:00 FALL ART PAGES (RL) 11:00 SING ALONG 1:00 WORD MINING 2:00-3:00 SOCIAL HOUR~ REFUEL & HYDRATE 3:00 CARD GAMES 4:00 TABLE SETTING 6:00 FRIDAY NIGHT MOVIE	8:00 ZEN MUSIC 9:00 DAILY CHRONICLES & 11:00 WALKING CLUB (RL) 1:00 ADULT COLORING 2:00-3:00 SOCIAL HOUR~ REFUEL & HYDRATE 3:00 BRAIN GAMES 4:00 LINDIMOO 6:00 I LOVE LUCY
8:00 ZEN MUSIC 9:00 ~CHURCH & HYMNS 10:00 ^{CD} /11:00 ^{AB} WEIGHTS & LEGS 1:05 FAMILY DAY SEAHAWKS!!!! FOOTBALL PARTY 1:00 TABLECLOTH ART 3:00 SUNDAY MATINEE 6:00 TABLEGAMES (RL)	 					

