

NOVEMBER CALENDAR



Sunday

30

9:00am - Church Services Live Stream (L)

11:00am - Puzzles (L)

12:30pm - Catholic Communion (PD)

1:30pm - Resident Led Walking Club (L)

3:00pm - Game: Dominoes (L)

4:00pm - Sit outside

6:00pm - Movie Night: Ghostbusters - YouTube

National Stay Home Because your Well Day



R	I	E	S	B	H	W	R	Z	Y	S	H	F	U	G
S	F	T	S	E	V	R	A	H	C	H	C	Z	N	G
I	E	D	U	T	I	T	A	R	G	A	R	N	N	M
T	G	E	C	B	A	R	K	D	N	R	I	O	B	K
H	M	T	E	S	F	M	R	R	I	I	B	V	D	R
A	T	G	R	E	E	N	B	E	A	N	S	E	Z	G
N	C	H	G	Y	H	Q	M	S	B	G	I	M	I	Y
K	P	B	U	A	V	L	Z	S	B	N	S	B	M	P
S	N	L	P	R	T	A	I	I	H	C	A	E	I	C
G	U	I	F	U	S	H	R	N	Y	E	K	R	U	T
I	X	H	A	M	M	D	E	G	R	N	P	W	C	B
V	H	J	M	A	N	P	A	R	A	D	E	R	N	Q
I	O	X	I	X	V	W	K	Y	S	L	Z	H	M	B
N	G	U	L	J	Y	G	N	I	F	F	U	T	S	R
G	V	P	Y	T	N	U	O	B	N	R	N	U	E	W

- Bounty

Cranberries

Dressing

Family Gather

Gratitude

Gravy
- Green Beans

Ham

Harvest

November Parade

Pie

Pumpkin
- Sharing

Stuffing

Thanksgiving

Thursday

Turkey

Thanksgiving Fun Facts
Thanksgiving is a time for family gatherings, sharing meals, and expressing gratitude. Here are some fun facts about the holiday that might surprise you:

The first Thanksgiving was recorded in a letter by Edward Winslow, not in a formal proclamation.

Americans eat more than 46 million turkeys on Thanksgiving Day each year.

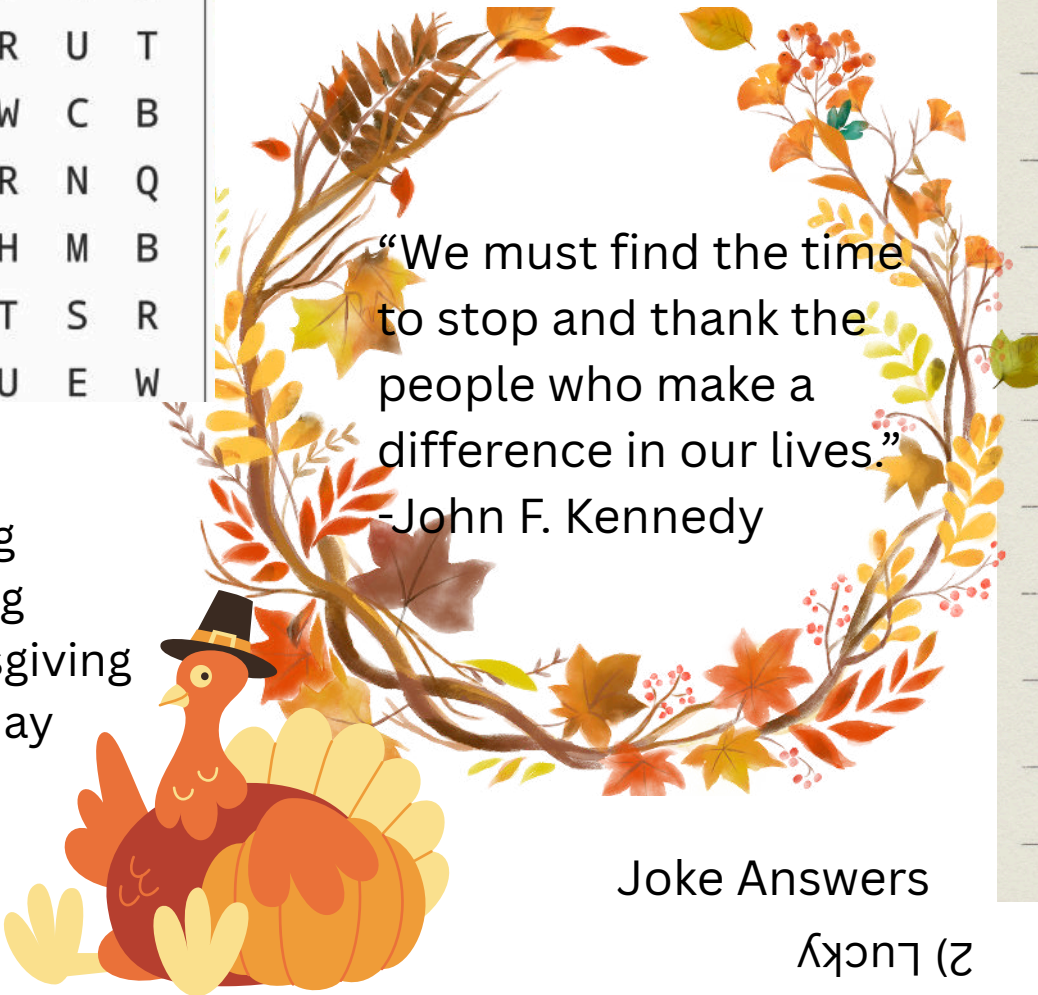
The first Thanksgiving lasted three days and included no forks, just hands, knives, and spoons.

Thanksgiving was almost a fast, not a feast, before it became a day of prayer and celebration.

Abraham Lincoln made Thanksgiving a national holiday during the Civil War.

The first TV dinner was Thanksgiving leftovers.

These facts highlight the rich history and cultural significance of Thanksgiving, making it a holiday that is both fun and educational



- (L) - LOUNGE
- (DA) - DINING AREA
- (AR) - ACTIVITIES ROOM
- (BP) - BACK PATIO
- (PD) - PRIVATE DINING

- MEETING BIRTHDAYS
- LIVE PERFORMANCES
- ANNIVERSARIES
- POPULAR ACTIVITIES
- SPECIAL EVENTS
- NEW ACTIVITIES
- FUN DATES

Jokes

1) Why did the cranberries turn red?

2)What do you call a turkey on the day after Thanksgiving?

Notes

Joke Answers

- 1) Because they saw the turkey dressing
- 2) Lucky

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MEETING BIRTHDAYS
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FUN DATES

Sunday

23

9:00am - Church
Services Live Stream
(L)

11:00am - Puzzles
(L)

12:30pm - Catholic
Communion (PD)

1:30pm - Resident
Led Walking Club (L)

3:00pm - Game:
Dominoes (L)

4:00pm - Sit outside

6:00pm - Movie
Night: Ghostbusters
- YouTube

HAPPY 3YEAR
MOVE-IN
ANNIVESARY
ELLEN!

Monday

24

10:00am -
Crosswords (L)

11:00am -
Exercise:
Resident Led (L)

3:00pm-Game:
UNO (L)

4:00pm -Spend
Time on the Back
Patio (BP)

6:00pm - TV -
Funny Videos (L)

National Sardines
Day

Tuesday

25

9:00am - Exercise:
YouTube/Football
Toss (L)

10:00am -Ted talk:
How to stay calm
when your stressed
(L)

12:30pm - Outing To:
Scenic Drive

3:00pm - Garden
Club Chat (AR)

4:00pm - Cooking
Club Meeting (AR)

6:00pm - Play
Mahjong (L)

National Shopping
Reminder Day

Wednesday

26

9:30am - Outing To:
Walmart

1:00pm - Ancestry
Club (AR)

2:00pm - Steel-
Feather Zumba
Seated Exercise (L)

3:00pm - Bingo (DA)

4:00pm - Virtual
Museum - Vatican (L)

6:00pm - Movie
Night: The Addams
Family - YouTube

National Jukebox
Day

Thursday

27

****See The daily
Activity Schedule
For changes****

9:00am - Watch:
Thanksgiving Day
Parade (L)

11:00am – Holiday
Craft (L)

1:00pm -
Thanksgiving
Treasure Hunt

2:00pm -Movie
Day: An Old-
Fashioned
Thanksgiving -
YouTube (L)

3:30pm - Virtual
Chapel (L)

6:00pm – Lounge
Chat with Friends



Friday

28

9:00am – 1 on 1 visit
with in-room
residents

9:45am - Outing To:
Bank/Library

11:00am -
Exercise/Game (L)

12:45pm - Book Club
(AR)

3:00pm – Happy
Hour (DA)

6:00pm –Family &
Friends Movie Night
(L)

National Welcoming
Day

Saturday

29

9:00am - Garden
Club (AR)

10:00am –Steel-
Feather Zumba
Seated Exercise (DA)

10:45am – Cooking
Club (AR)

1:00pm – Bingo! (DA)

2:00pm – Journaling
(L)

3:00pm –Card
Players Club (DA)

6:00pm – Play a
Game with a Friend
(L)

National Small
Business Day

NOVEMBER CALENDAR

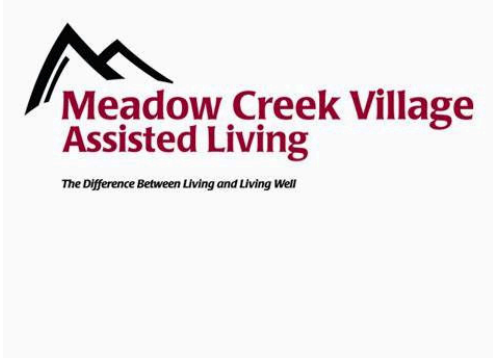


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MEETING BIRTHDAYS
LIVE PERFORMANCES
ANNIVERSARIES
POPULAR ACTIVITIES
SPECIAL EVENTS
NEW ACTIVITIES
FUN DATES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16	17	18	19	20	21	22
9:00am - Church Services Live Stream (L)	10:00am - Crosswords (L)	9:00am - Exercise: YouTube/Football Toss (L)	9:30am - Outing To: Fred Meyer	**See The daily Activity Schedule For changes**	9:00am – 1 on 1 visit with in-room residents	9:00am - Garden Club (AR)
11:00am - Puzzles (L)	11:00am - Exercise: Resident Led (L)	10:00am -Ted talk: H	1:00pm - Ancestry Club (AR)	9:00am - 10:30am – 1 on 1 visit with in-room residents	10:00am- 1 on 1 visit with in-room residents	10:00am –Steel-Feather Zumba Seated Exercise (DA)
12:30pm - Catholic Communion (PD)	3:00pm-Game: UNO (L)	12:30pm - Outing To: Grocery Outlet	2:00pm - Steel-Feather Zumba Seated Exercise (L)	11:00am – Birdwatcher’s Club (AR)	11:00am - Exercise/Game (L)	10:45am – Cooking Club (AR)
1:30pm - Resident Led Walking Club (L)	4:00pm -Spend Time on the Back Patio (BP)	3:00pm - Garden Club Chat (AR)	3:00pm - Bingo (DA)	1:00pm - Ancestry Club (AR)	12:45pm - Book Club (AR)	1:00pm – Holiday Craft (DA)
3:00pm - Game: Dominoes (L)	6:00pm - TV - Funny Videos (L)	4:00pm - Cooking Club Meeting (AR)	4:00pm - Virtual Museum - Vatican (L)	2:00pm - Spa Day: Pedicures (AR)	3:00pm – Happy Hour (DA)	2:00pm – Journaling (L)
4:00pm - Sit outside	National Homemade Bread Day	6:00pm - Play Mahjong (L)	6:00pm - Movie Night: The Addams Family - YouTube	3:30pm - Virtual Chapel (L)	6:00pm –Family & Friends Movie Night (L)	3:00pm –Card Players Club (DA)
6:00pm - Movie Night: Ghostbusters - YouTube		National Princess Day	National Play Monopoly Day	4:00pm - Corn Hole (L)	National Stuffing Day	6:00pm – Play a Game with a Friend (L)
National Button Day				6:00pm – Lounge Chat with Friends		National Cranberry Relish Day
				National Absurdity Day		

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MEETING BIRTHDAYS
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FUN DATES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9 9:00am - Church Services Live Stream (L) 11:00am - Puzzles (L) 12:30pm - Catholic Communion (PD) 1:30pm - Resident Led Walking Club (L) 3:00pm - Game: Dominoes (L) 4:00pm - Sit outside 6:00pm - Movie Night: Ghostbusters - YouTube National Chaos Never Dies	10 10:00am - Crosswords (L) 11:00am - Exercise: Resident Led (L) 3:00pm-Game: UNO (L) 4:00pm -Spend Time on the Back Patio (BP) 6:00pm - TV - Funny Videos (L) National Civic Pride Day	11 9:00am - Exercise: YouTube/Football Toss (L) 10:00am -Ted talk: How to stay calm when your stressed (L) 12:30- Chefs Corner (DA) 12:30pm - Outing To: Goodwill 3:00pm - Garden Chat Club (AR) 4:00pm - Cooking Club Meeting (AR) 6:00pm - Play Mahjong (L) HAPPY BIRTHDAY ARMAND Veterans Day	12 9:30am - Outing To: Walmart 1:00pm - Ancestry Club (AR) 2:00pm - Steel-Feather Zumba Seated Exercise (L) 3:00pm - Bingo (DA) 4:00pm - Virtual Museum - Vatican (L) 6:00pm - Movie Night: The Addams Family - YouTube National French Dip Day	13 **See The daily Activity Schedule For changes** 9:00am - 10:30am – 1 on 1 visit with in-room residents 11:00am – Birdwatcher’s Club (AR) 1:00pm - Ancestry Club (AR) 2:00pm - Spa Day: Manicures (AR) 3:30pm - Virtual Chapel (L) 4:00pm - Dart Toss (L) 6:00pm – Lounge Chat with Friends National World Kindness Day	14 9:00am – 1 on 1 visit with in-room residents 10:00am- 1 on 1 visit with in-room residents 11:00am - Exercise/Game (L) 12:45pm - Book Club (AR) 1:00pm - Spilling the Tea about Optum 3:00pm – Happy Hour (DA) 6:00pm –Family & Friends Movie Night (L) National Pickle Day	15 9:00am - Garden Club (AR) 10:00am –Steel-Feather Zumba Seated Exercise (DA) 10:45am – Cooking Club (AR) 1:00pm – Bingo! (DA) 2:00pm – Journaling (L) 3:00pm –Card Players Club (DA) 6:00pm – Play a Game with a Friend (L) National Bundt Day

NOVEMBER CALENDAR 2025



- (L) - LOUNGE

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(PD) - PRIVATE DINING
- MEETING BIRTHDAYS

LIVE PERFORMANCES

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POPULAR ACTIVITIES

SPECIAL EVENTS

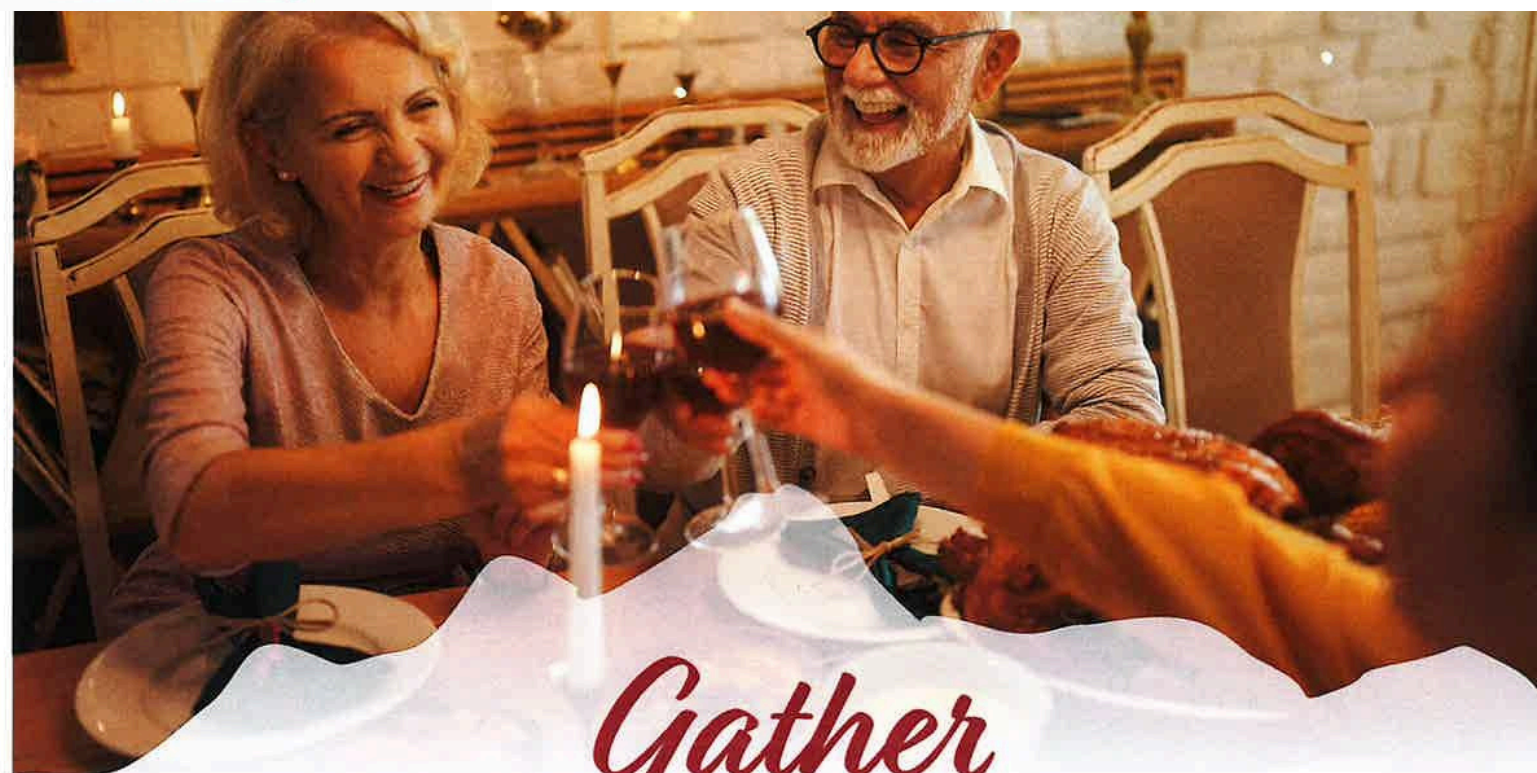
NEW ACTIVITIES

FUN DATES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
9:00am - Church Services Live Stream (L) 11:00am - Puzzles (L) 12:30pm - Catholic Communion (PD) 1:30pm - Resident Led Walking Club (L) 3:00pm - Game: Dominoes (L) 4:00pm - Sit outside 6:00pm - Movie Night: Ghostbusters - YouTube National Daylight Savings Day	10:00am - Crosswords (L) 11:00am - Exercise: Resident Led (L) 3:00pm-Game: UNO (L) 4:00pm -Spend Time on the Back Patio (BP) 6:00pm - TV - Funny Videos (L) National Sandwich Day	9:00am - Exercise: YouTube/Football Toss (L) 10:00am -Ted talk: How to stay calm when your stressed (L) 11:30am - Outing To: Out to Lunch 3:00pm - Garden Chat Club (AR) 4:00pm - Cooking Club Meeting (AR) 6:00pm - Play Mahjong (L) National Candy Day	9:30am - Outing To: Fred Meyer 1:00pm - Ancestry Club (AR) 2:00pm - Steel-Feather Zumba Seated Exercise (L) 3:00pm - Bingo (DA) 4:00pm - Virtual Museum - Vatican (L) 6:00pm - Movie Night: The Addams Family - YouTube National Donut Day	**See The daily Activity Schedule For changes** 9:00am - 10:30am – 1 on 1 visit with in-room residents 11:00am – Birdwatcher’s Club (AR) 1:00pm - Ancestry Club (AR) 2:00pm - Spa Day: Pedicures (AR) 3:30pm - Virtual Chapel (L) 4:00pm - Ladder Toss (L) 6:00pm – Lounge Chat with Friends National Nachos Day	9:00am – 1 on 1 visit with in-room residents 9:45am- Outing To: Bank/Library 11:00am - Exercise/Game (L) 12:45pm - Book Club (AR) 3:00pm – Happy Hour (DA) 6:00pm –Family & Friends Movie Night (L) National Cancer Awareness Day	9:00am - Garden Club/Chat (AR) 10:00am –Steel-Feather Zumba Seated Exercise (DA) 10:45am – Cooking Club (AR) 1:00pm – Holiday Craft (DA) 2:00pm – Journaling (L) 3:00pm –Card Players Club (DA) 6:00pm – Play a Game with a Friend (L) HAPPY BIRTHDAY KEVIN!

NOVEMBER CALENDAR 2025

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Gather AROUND OUR TABLE

Thanksgiving Dinner
Thursday, November 20 | 12 p.m.

3988 12th Street Cutoff SE | Salem

Celebrate the season of gratitude with us at Meadow Creek Village during a festive Thanksgiving Dinner brimming with warmth, tradition, and togetherness.

Savor holiday classics – like turkey, mashed potatoes, green bean casserole, rolls, pie, and more – all served in a welcoming, family-style atmosphere. As you enjoy the meal, you'll delight in connecting with residents, families, and our caring team, sharing stories, and creating memories that feel just like home.



Contact JoEda to RSVP by November 10.
JoEdaH@Cascadeliving.com

MEETING BIRTHDAYS
LIVE PERFORMANCES
ANNIVERSARIES
POPULAR ACTIVITIES
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Saturday

1.

9:00am - Garden Chat Club
(AR)

10:00am –Steel-Feather
Zumba Seated Exercise
(DA)

10:45am – Cooking Club
(AR)

1:00pm – Bingo! (DA)

2:00pm – Journaling (L)

3:00pm –Card Players Club
(DA)

6:00pm – Play a Game
with a Friend (L)

National Cinnamon Day



Spilling the Tea ABOUT OPTUM

Tea Party

Friday, November 14 | 1 – 2 p.m.
3988 12th Street Cutoff SE | Salem
Refreshments will be served.

Join us for an informative afternoon tea as we explore the many benefits of Optum coverage. Guest speaker Kyla Sele from Optum will share insights on how Optum's services – including healthcare support, pharmacy care, and innovative technology – can enhance wellness and provide peace of mind. Enjoy tea, treats, and the chance to win a raffle prize while getting your questions answered during our Q&A session.

Optum



Contact Missy to RSVP by October 30.
503-375-9732

www.MeadowCreekSeniorLiving.com
3988 12th Street Cutoff SE | Salem, OR 97302

