

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:00 Light & Lively (AR) 1 10:00 Dining room services Meeting w/Josh (ILDR) 10:00 Bible Study w/Judy(LV) 10:00 Manicure (AR) 12:30 Sherry's Designs (L) 1:00 Pinochle (B) 2:00 Meet & Greet New Residents (LV) 3:00 Documentary (TR) 5:30 Movie (TR) Yom Kippur Begins	9:00 Light & Lively (AR) 2 10:00 VA Coffee Hour (AR) 1:00 Bingo (AR) 2:30 Card Games (UNO) (AR) 2:30 Bring your crafts (AR) 2:30 Zumba (LV) 5:30 Movies (TR)	9:00 Light & Lively (AR) 3 10:00 Flyswatter Volleyball (AR) 10:40 Bus Lunch @ Olive Garden 2:00 Happy Hour (AR) 2:30 Marcia Kester (LV) 5:30 Movie (TR)	9:00 Light & Lively (AR) 4 9:30 Coffee & News (LV) 10:00 Resident Only Meeting (AR) 1:00 Bingo (AR) 2:00 Movie (TR) 3:00 Triva (AR)
9:00 Light & Lively (AR) 5 10:00 TV Church Services (TR) 1:00 Sunday Matinee (TR) 1:00 Card Games (B) 1:30 Book Flowers project led by Gayle Lovely (AR) 3:00 Flyswatter Volleyball (AR)	9:30 Bus Haggen 6 10:00 Senior Life Champions meet and greet (AR) 1:00 Flower Letters, Orchid Mae (TR) 1:00 Bunco (B) 2:00 Flyswatter Volleyball (AR) 2:00 Carolyn Pianist (LV) 3:30 Zumba (LV) 5:30 Movie (TR) Sukkot Begins	9:00 Light & Lively (AR) 7 10:00 Bible Study w/Andy (TR) 1:00 Bingo (AR) 1:00 Card Games (B) 2:30 Cards & Board games (AR) 2:30 Bring your crafts (AR) 2:30 Tech Help (AR) 5:30 Movies (TR)	9:00 Light & Lively (AR) 8 10:00 Bible Study w/Judy (LV) 10:00 Manicure (AR) 11:00 Roman Rocks (L) 12:30 Sherry's Designs (L) 1:00 Hand Massage w/Jana (B) 1:00 Pinochle (B) 2:00 Sweet Sensation w/music by Gary Trombone player (LV) 3:00 Documentary (TR) 5:30 Movie (TR)	9:00 Light & Lively (AR) 9 10:00 AL & IL Town Hall (LV) 10:00 Ambassador Coffee (B) 10:00 Gym Visits 1:00 Bingo (AR) 1:00 Chair-Chi & Balance (TR) 2:30 VA Coffee Hour (AR) 2:30 Zumba (LV) 3:30 Free Hearing Aid Cleaning (AR) 5:30 Movie (TR)	9:00 Take Away Table 10 10:00 Flyswatter Volleyball (AR) 10:00 Dory Pet Therapy Dog (L) 10:30 Bus Lunch @ Hong Kong 2:00 Happy Hour (AR) 2:30 David Lee Howard (LV) 5:30 Movie (TR)	9:00 Light & Lively (AR) 11 9:30 Coffee & News (LV) 10:00 Boardgames (AR) 1:00 Bingo (AR) 2:00 Movie (TR) 3:00 Triva (AR)
9:00 Light & Lively (AR)) 12 10:00 TV Church Services (TR) 1:00 Sunday Matine (TR) 1:00 Card Games (B) 1:30 Taste & Tell w/Polla (AR) 1:30 Bring your Crafts (AR) 3:00 Flyswatter Volleyball (AR)	9:30 Bus Fred Meyer 13 10:00 Senior Life Champions meet and greet (AR) 10:00 Book Club (B) 1:00 Flower Letters, Orchid Mae (TR) 1:00 Bunco (B) 2:00 Flyswatter Volleyball (AR) 3:30 Zumba (LV) 5:30 Movie (TR)	9:00 Light & Lively (AR) 14 9:30 Mount Vernon Library (L) 10:00 Fitness Class (LV) 10:00 Bible Study w/Andy (TR) 1:00 Bingo (AR) 1:00 Card Games (B) 2:00 Juice Bar w/Jana (B) 2:30 Cards & Board games (AR) 2:30 Tech Help (AR) 2:30 Bring your crafts (AR) 3:00 Sing Along (LV) 5:30 Movies (TR) Sukkot Begins	9:00 Light & Lively (AR) 15 10:00 Bible Study w/Judy (LV) 10:00 Manicure (AR) 12:30 Sherry's Designs (L) 1:00 Pinochle (B) 1:00 Cardio Drumming (TR) 1:00 Bring your crafts (AR) 2:00 Sweet Sensation w/music by Stan Wing (LV) 3:00 Documentary (TR) 5:30 Movie (TR)	9:00 Light & Lively (AR) 16 10:00 VA Coffee Hour (AR) 10:00 Outside Walk w/Jana 11:00 Gym Visits 1:00 Bingo (AR) 1:00 Chair Chi (TR) 2:00 Super Supplements presentation (LV) 2:30 Card Games (UNO) (AR) 2:30 Zumba (AR) 5:30 Movie (TR)	8:45 Bus Breakfast @ Curious Chef 17 2:00 Happy Hour (AR) 2:30 Mary Whiton (LV) 5:30 Movie (TR)	1:00 Bingo led by residents (AR) 2:00 Movie (TR) 3:00 Trivia (AR)
1:00 Card Games (B) 19 1:30 Diamond Painting Greeting Card making led by Rhonda Jorgenson (AR)	9:30 Bus Walmart 20 10:00 Senior Life Champions meet and greet (AR) 1:00 Flower Letters, Orchid Mae (TR) 1:00 Bunco (B) 2:00 Flyswatter Volleyball (AR) 3:30 Zumba (LV) 5:30 Movie (TR)	9:00 Light & Lively (AR) 21 10:00 Fitness Class (LV) 10:00 Bible Study w/Andy (TR) 1:00 Bingo (AR) 1:00 Card Games (B) 2:00 Juice Bar w/Jana (B) 2:30 Cards & Board games (AR) 2:30 Tech Help (AR) 2:30 Paper Crafts w/Phyllis (AR) 5:30 Movies (TR)	9:00 Light & Lively (AR) 22 10:00 Bible Study w/Judy (LV) 10:00 Manicure (AR) 12:30 Sherry's Designs (L) 1:00 Pinochle (B) 1:00 Hand Massage w/Jana (B) 1:15 Cardio Drumming (TR) 2:00 Sweet Sensation w/music WA Old Time Fiddlers (LV) 3:00 Documentary (TR) 5:30 Movie (TR)	9:00 Footcare Nurse 23 9:00 Light & Lively (AR) 10:00 VA Coffee Hour (AR) 10:00 Outside Walk w/Jana 11:00 Gym Visits 1:00 Bingo (AR) 1:00 Chair Chi (TR) 1:15 Balance & Qigong (TR) 2:30 Card Games (UNO) (AR) 2:30 Bring your crafts (AR) 5:30 Movie (TR)	9:00 Light & Lively (AR) 24 9:00 Take Away Table 9:15 Schuh Farms w/Lunch @ Gentlemen Genes Pub 10:00 Flyswatter Volleyball (AR) 10:00 Dory Pet Therapy Dog (L) 2:00 Happy Hour (AR) 5:30 Movie (TR)	9:00 Light & Lively (AR) 25 9:30 Coffee & News (LV) 10:00 Boardgames (AR) 1:00 Bingo (AR) 2:00 Movie (TR) 3:00 Triva (AR)
9:00 Light & Lively (AR)) 26 10:00 TV Church Services (TR) 1:00 Sunday Matine (TR) 1:00 Card Games (B) 1:30 Taste & Tell w/Polla (AR) 1:30 Bring your Crafts (AR) 3:00 Flyswatter Volleyball (AR)	9:30 Bus Safeway 27 10:00 Senior Life Champions meet and greet (AR) 1:00 Flower Letters, Orchid Mae (TR) 1:00 Bunco (B) 2:00 Flyswatter Volleyball (AR) 5:30 Movie (TR)	9:00 Light & Lively (AR) 28 10:00 Bible Study w/Andy (TR) 10:00 Fitness Class (LV) 1:00 Bingo (AR) 1:00 Card Games (B) 2:00 Juice Bar w/Jana (B) 2:30 Zumba (LV) 2:30 Tech Help (AR) 2:30 Bring your crafts (AR) 5:30 Movies (TR)	8:00 Ladies Breakfast (AR) 29 10:00 Bible Study w/Judy (LV) 10:00 Manicure (AR) 12:30 Sherry's Designs (L) 1:00 Pinochle (B) 1:00 Cardio Drumming (TR) 2:00 Birthday Bash w/The Esquires (LV) 3:00 Documentary (TR) 5:30 Movie (TR)	9:00 VA Breakfast (AR) 30 10:00 Outside Walk w/Jana 11:00 Gym Visits 1:00 Bingo (AR) 1:00 Chair Chi 1:15 Balance & Qigong (TR) 2:30 Card Games (UNO) (AR) 2:30 Bring your crafts (AR) 2:30 Zumba (LV) 5:30 Movie (TR)	HALLOWEEN PARTY 1:00 – 3:00 Halloween	

(AR) - Activity Room (L) - Lobby (LV) - Living Room (B) - Bistro (TR) - Theater Room (ILDR) - Independent Living Dining Room (ALDR) - Assisted Living Dining Room