

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



November 2025

Memory Care Calendar



<p>10:00 Keep up to date *Quick Stretch* 10:45 Sunday service (Parlor Room AL side) 1:30 M.C. Patio walks 2:30 Social Hour *Quick Stretch* 3:00 Snooze room Relax 6:00 Blockbuster movie <small>Daylight Saving Time Ends</small></p>	<p>10:00 Daily chronicle *Quick Stretch* 1:30 Social Media for Older Adults 2:30 Happy Hour *Quick Stretch* 3:30 Falling Leaves 6:00 Movie & pop</p>	<p>9:30 Beauty Hr. *Quick Stretch* 10:30 Fresh Baked Cookies 1:30 World Candy day *Quick Stretch* 3:00 Name the Wrapper 6:00 Cinema experience</p>	<p>10:00 Coffee & yap 10:30 Morning exercise *Quick Stretch* 11:00 Give thanks Craft 1:30 Take Me Out to the Ball Game Sensory Kit *Quick Stretch* 2:30 Wine Down & Karaoke 6:00 Watch a comedy show</p>	<p>9:30 Beauty Hr. *Quick Stretch* 10:30 Chair exercise 1:30 Men Who cook *Quick Stretch* 2:30 Cooking with Morgan 6:00 Cinema experience</p>	<p>10:30 Exercises with Margaret *Quick Stretch* 1:30 Dart game 2:30 Social Hour *Quick Stretch* 3:00 Guess the animal 6:00 Hulu Special</p>	<p>10:00 Daily chronicle 10:30 Fall Bracelets *Quick Stretch* 1:00 Bullseye *Quick Stretch* 3:00 Bingo! 6:00 Movie Time</p>
<p>10:00 Daily Chronicle *Quick Stretch* 10:45 Sunday service (Parlor Room AL side) 1:30 M.C. Patio walks 2:30 Social Hour *Quick Stretch* 3:00 Cooking Hr with staff 6:00 Blockbuster movie</p>	<p>10:00 Daily chronicle *Quick Stretch* 1:30 Hit it up 2:30 Happy hour *Quick Stretch* 3:30 Chair volleyball 6:00 Movie & pop</p>	<p>9:30 Beauty Hr. *Quick Stretch* 10:30 Fresh Baked cookies 1:30 honoring our Vets *Quick Stretch* 2:30 WWII Rations 3:00 Bet you didn't Know 6:00 Cinema experience <small>Veterans Day Remembrance Day (Canada)</small></p>	<p>10:00 Coffee & yap 10:30 Morning exercise *Quick Stretch* 11:00 Mocktail Hour 1:30 "You've Got Mail" Day *Quick Stretch* 2:30 Wine Down & Karaoke 6:00 You've got mail Movie *Mocktail Day*</p>	<p>9:30 Beauty Hr. *Quick Stretch* 10:30 Noodle Stretch 1:30 World Kindness *Quick Stretch* 2:30 Cooking with Morgan 6:00 Cinema experience</p>	<p>10:30 Exercises with Margaret *Quick Stretch* 1:30 Strike! Bowling Time 2:30 Social Hour *Quick Stretch* 3:00 Ballon Volleyball 6:00 Hulu Special</p>	<p>10:00 Daily chronicle 10:30 Pass the Pumpkin *Quick Stretch* 1:00 Flower Arranging *Quick Stretch* 3:00 Nail Designs 6:00 Netflix Showing</p>
<p>10:00 Fox News *Quick Stretch* 11:00 Thanksgiving family Lunch 1:30 M.C. Patio walks 2:30 Social Hour *Quick Stretch* 3:00 Snooze room Relax 6:00 Blockbuster movie</p>	<p>10:00 Daily chronicle *Quick Stretch* 1:30 Hand Massages 2:30 Happy Hour *Quick Stretch* 3:30 Make it in the hole 6:00 Movie & pop</p>	<p>9:30 Beauty Hr. *Quick Stretch* 10:30 Fresh Baked Cookie 1:30 Happy B-day Mickey Mouse! *Quick Stretch* 3:00 Disneyland Classics 6:00 Cinema experience</p>	<p>10:00 Coffee Flavors 10:30 Morning exercise *Quick Stretch* 1:30 Homemade Soap *Quick Stretch* 2:30 Wine Down & Karaoke 6:00 Netflix The Crown</p>	<p>9:30 Beauty Hr. *Quick Stretch* 10:30 Noodle Stretch 1:30 Let's get crafty! *Quick Stretch* 2:30 Cooking with Morgan 6:00 Cinema experience</p>	<p>10:30 Exercises with Margaret *Quick Stretch* 1:30 Memory Lane 2:30 Social Hour *Quick Stretch* 3:00 Name that tune 6:00 Hulu Special</p>	<p>10:00 Daily chronicle 10:30 Fox News *Quick Stretch* 1:00 Zodiac Signs *Quick Stretch* 3:00 Noodle Ballon 6:00 Movie & Popcorn</p>
<p>10:00 What's Happening *Quick Stretch* 10:45 Sunday service (Parlor Room AL side) 1:30 M.C. Patio walks 2:30 Social Hour *Quick Stretch* 3:00 Thank you cards 6:00 Blockbuster movie</p>	<p>10:00 Daily chronicle *Quick Stretch* 1:30 Nail Designs 2:30 Happy Hour *Quick Stretch* 3:00 Aromatherapy 6:00 Movie & pop</p>	<p>9:30 Beauty Hr. *Quick Stretch* 10:30 Fresh Baked Cookies 1:30 Let's get crafty! *Quick Stretch* 3:00 6:00 Cinema experience</p>	<p>10:00 Patio Coffee & Tea 10:30 Morning exercise *Quick Stretch* 11:00 Tissue Paper Sugar Pumpkin 1:30 Pumpkin Pie Day! *Quick Stretch* 2:30 Wine Down & Karaoke 6:00 Netflix The Crown</p>	<p>9:30 Beauty Hr. *Quick Stretch* 10:30 Pump Your Legs 1:30 Family memories *Quick Stretch* 2:30 What are you thankful for? 6:00 Cinema experience <small>Thanksgiving Day (U.S.)</small></p>	<p>10:30 Exercises with Margaret *Quick Stretch* 1:30 Finish the Lyrics 2:30 Social Hour *Quick Stretch* 3:00 Puzzle time 6:00 Hulu Special</p>	<p>10:00 Daily chronicle 10:30 Seated Square Dance *Quick Stretch* 1:00 Aroma therapy *Quick Stretch* 3:00 Bingo! 6:00 Footloose</p>

Quick Stretch
10:45 Sunday service (Parlor Room AL side)
1:30 M.C. Patio walks
2:30 Social Hour
Quick Stretch
3:00 Cooking Hr with staff
6:00 Netflix Showing



Regency Grand of West Covina ,150 Grand Avenue, west Covina CA 91791 License # 198603428 Activities are subject to change without notice.

Quick Stretch every 2 hours