# October 2025

**Regency Grand Memory Care Activity Calendar**

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| | | | 1<br>9:30 Morning Chat<br>10:30 Aroma Therapy<br>***QUICK STRETCH***<br>1:30 Autumn Leaf Art<br>2:30 Wine down<br>***QUICK STRETCH***<br>3:00 Spooky BINGO<br>6:00 Movie Night | 2<br>9:30 Daily Chronicle<br>10:30 Guess the Halloween character<br>***QUICK STRETCH***<br>1:30 Pumpkin Bowling<br>2:30 Cheese Tasting<br>***QUICK STRETCH***<br>3:00 Bullseye<br>6:00 Screen Production | 3<br>9:30 Wake-Up Flow<br>10:30 Exercise with Margaret<br>***QUICK STRETCH***<br>1:30 Halloween Garland<br>2:30 Finger Foods<br>***QUICK STRETCH***<br>3:00 Halloween Puzzle<br>6:00 Feature Films | 4<br>9:30 News at 9<br>10:30 Zen with me<br>***QUICK STRETCH***<br>1:30 Spider Web Craft<br>2:30 Apps Social<br>***QUICK STRETCH***<br>3:00 Solve The Mystery<br>6:00 Motion Picture |
| 5<br>9:30 Morning body reset<br>10:30 Sunday Church (AL)<br>***QUICK STRETCH***<br>1:30 Ball Toss<br>2:30 Small Bites<br>***QUICK STRETCH***<br>3:00 Color with me<br>6:00 Netflix Show | 6<br>9:30 AM catch-up<br>10:30 Shadow Dance Party<br>***QUICK STRETCH***<br>1:30 Name your Bat<br>2:30 Witches Brew<br>***QUICK STRETCH***<br>3:00 Spooky Cat Craft<br>6:00 Afternoon Flick | 7<br>9:30 Daily Chronicle<br>10:30 Fresh Baked Cookies<br>***QUICK STRETCH***<br>1:30 Pumpkin Stack<br>2:30 Quick Bite<br>***QUICK STRETCH***<br>3:00 Eyeball Pong Toss<br>6:00 Screen Time! | 8<br>9:30 Fox News<br>10:30 Guess The Word<br>***QUICK STRETCH***<br>1:30 Music With Matthew<br>2:30 Paint and Sip<br>***QUICK STRETCH***<br>3:00 Find The Ghost<br>6:00 Action Show! | 9<br>9:30 Snoezelen Room<br>10:30 Parachute Play<br>***QUICK STRETCH***<br>1:30 Halloween Coloring<br>2:30 Spooky Agua fresca<br>***QUICK STRETCH***<br>3:00 Spider pretzels<br>6:00 Animated Movie | 10<br>9:30 Morning Movement<br>10:30 Exercise With Margaret<br>***QUICK STRETCH***<br>1:30 Memory Match<br>2:30 BOO's Cooking Class<br>***QUICK STRETCH***<br>3:00 Halloween Trivia<br>6:00 Your Pick! | 11<br>9:30 Early Talks<br>10:30 Aroma Therapy<br>***QUICK STRETCH***<br>1:30 Pumpkin Painting<br>2:30 Culinary Creations<br>***QUICK STRETCH***<br>3:00 Spooky BINGO!<br>6:00 I love Lucy |
| 12<br>9:30 ZEN with me<br>10:30 Sunday Church (AL)<br>***QUICK STRETCH***<br>1:30 Reminiscing<br>2:30 Artisian Bites<br>***QUICK STRETCH***<br>3:00 Guess The word<br>6:00 Jeopardy | 13<br>9:30 Daily Chronicle<br>10:30 Scary Stories<br>***QUICK STRETCH***<br>1:30 October coloring<br>2:30 Snack Social<br>***QUICK STRETCH***<br>3:00 Social Hr.<br>6:00 Comedy Show<br>Indigenous Peoples' Day | 14<br>9:30 Early Flow<br>10:30 Fresh Baked Cookies<br>***QUICK STRETCH***<br>1:30 Pumpkin Parade<br>2:30 Spooky Agua Fresca<br>***QUICK STRETCH***<br>3:00 Halloween Frames<br>6:00 Netflix Night | 15<br>9:30 Morning Discussions<br>10:30 Halloween Interesting facts<br>***QUICK STRETCH***<br>1:30 Wooden Pumpkins<br>2:30 Wine Down<br>***QUICK STRETCH***<br>3:00 Goblin Scramble<br>6:00 Afternoon Movie | 16<br>9:30 Tai Chi<br>10:30 Sensory Play<br>***QUICK STRETCH***<br>1:30 Monster Hands<br>2:30 Chips and Guac<br>***QUICK STRETCH***<br>3:00 Car Racing<br>6:00 Cinematic Works | 17<br>9:30 ABC News<br>10:30 Exercise With Margaret<br>***QUICK STRETCH***<br>1:30 Pumpkin Smell<br>2:30 Light Refreshment<br>***QUICK STRETCH***<br>3:00 Witch Ring Toss<br>6:00 Movie Binge | 18<br>9:30 Daily Chronicle<br>10:30 Stretch your legs<br>***QUICK STRETCH***<br>1:30 Music With Matthew<br>2:30 Small Bites<br>***QUICK STRETCH***<br>3:00 Pass the Ghost<br>6:00 Picture Night |
| 19<br>9:30 Breathe with me<br>10:30 Sunday Church (AL)<br>***QUICK STRETCH***<br>1:30 Ghost Trivia<br>2:30 Refreshments<br>***QUICK STRETCH***<br>3:00 Lets Enjoy Nature<br>6:00 Cinema Experience | 20<br>9:30 Big Stretch<br>10:30 Name That Move<br>***QUICK STRETCH***<br>1:30 Beauty Hr.<br>2:30 BOO'S Cooking Class<br>***QUICK STRETCH***<br>3:00 Bullseye<br>6:00 Short Film | 21<br>9:30 Aromatherapy<br>10:30 Fresh Baked Cookies<br>***QUICK STRETCH***<br>1:30 Halloween Potpurri<br>2:30 Zombie Bites<br>***QUICK STRETCH***<br>3:00 Spooky Story telling<br>6:00 Your Pick! | 22<br>9:30 Daily chronicle<br>10:30 Beauty HR.<br>***QUICK STRETCH***<br>1:30 Air soft Clay<br>2:30 Paint and Sip<br>***QUICK STRETCH***<br>3:00 Toss the Pumpkin<br>6:00 Feature Films | 23<br>9:30 Let's Talk<br>10:30 Cornhole<br>***QUICK STRETCH***<br>1:30 Scary Stamps<br>2:30 Snack Social<br>***QUICK STRETCH***<br>3:00 Make a bat<br>6:00 Comedy Show | 24<br>9:30 Hand Massage<br>10:30 Exercise With Margaret<br>***QUICK STRETCH***<br>1:30 Sound of Halloween<br>2:30 Fresh Fruit<br>***QUICK STRETCH***<br>3:00 Make it in the Zombie<br>6:00 Motion Picture | 25<br>9:30 Morning Paper<br>10:30 Harvest Festival<br>***QUICK STRETCH***<br>1:30 Halloween Mask<br>2:30 Artisian Bites<br>***QUICK STRETCH***<br>3:00 Creepy Crawly Bracelets<br>6:00 Documentary |
| 26<br>9:30 Snoezelen Room<br>10:30 Sunday Church (AL)<br>***QUICK STRETCH***<br>1:30 Scary Puzzles<br>2:30 Sweet Treat<br>***QUICK STRETCH***<br>3:00 Test Your Knowledge<br>6:00 Blockbuster Movie | 27<br>9:30 TOPIC: Mystical Creatures<br>10:30 Vampire Stretches<br>***QUICK STRETCH***<br>1:30 Halloween Manicure<br>2:30 Celery and Carrots<br>***QUICK STRETCH***<br>3:00 Hair Pins<br>6:00 Hulu Original | 28<br>9:30 Daily Chronicle<br>10:30 Fresh Baked Cookies<br>***QUICK STRETCH***<br>1:30 Spooky cookies<br>2:30 Fresh Snack<br>***QUICK STRETCH***<br>3:00 Monster Says<br>6:00 Movie Night | 29<br>9:30 Enjoy Nature<br>10:30 Topic of the Day<br>***QUICK STRETCH***<br>1:30 Candy Bags<br>2:30 Wine Social<br>***QUICK STRETCH***<br>3:00 Stamp Activity<br>6:00 The Nanny | 30<br>9:30 Chair exercise<br>10:30 Bean Bag Toss<br>***QUICK STRETCH***<br>1:30 Decorate Trick or Treat bags<br>2:30 Food Social<br>***QUICK STRETCH***<br>3:00 Halloween Bracelets<br>6:00 Avenger Movie | 31<br>9:30 Aromatherapy<br>10:30 Exercise With Margaret<br>***QUICK STRETCH***<br>1:30 Paper Ghost<br>2:30 Take a Bite<br>***QUICK STRETCH***<br>3:00 Halloween Party<br>6:00 I love Lucy<br>Halloween | **Happy Birthday!!**<br>***Gary Chamberlain**<br>**October 7th** |