

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <div>October 2025</div> <div>Sierra Del Sol Senior Living</div> </div>			<div> <div> 9:30 Low Impact Cardio w/ Rosanda 10:00 What's Cooking with Maryanna: Cheesecake Brownies 1:30 Flower Arranging 3:00 Littlest Big Band 5:00 Puzzles in the Living Room 6:00 Classic Movie: The Stratton Story </div> <div>Yom Kippur Begins</div> </div>	<div> <div> 9:00 Rummikub 9:30 Morning Stretch 10:30 Bean Bag Knock Out! 1:00 Wii Bowling 1:30 Games & Mingling 2:00 Men's Chess w/ Emi 3:00 Social: Nachos & Margaritas 6:00 Tough Guy Movie: Robin Hood 6:30 Resident Ran Game Night </div> </div>	<div> <div> 9:00 Low Impact Cardio w/ Rosanda 9:30 Farkle 10:30 Prize Bingo 1:30 Pictionary 3:00 Three Piece Suit (Card Game) 3:00 Resistance Training w/ Myrlene From Steel Feathers 5:00 Mindful Meditations on YouTube 6:00 Spooky Movie: Hubie Halloween </div> </div>	<div> <div> 9:30 Bunco 11:00 Balloon Noodle Ball 1:00 Scrabble 1:30 Afternoon Stretch w/ Katie 2:00 Who Am I? 3:00 Group Book Club: Chocolate Chip Cookie Murder 6:00 Saturday Night Movie: Patch Adams </div> </div>
<div> <div> 9:00 Chair Chi w/ Maryanna 10:00 Blackjack 10:00 Sunday Football in Loft 1:00 Matinee Movie: Hot Shots 1:30 Bingo Store 3:00 Bratwurst Showdown, Which Brat is the Best? 3:00 Resident Activity Planning Meeting 6:00 Perry Mason S1 E1 </div> </div>	<div> <div> 9:00 Walkers Club w/ Maryanna 9:30 Rummikub 10:00 Rosary Group 10:30 Tea, Cocoa & Iced Coffee in the Bistro 1:30 October Jeopardy 3:00 Yoga w/ Myrlene from Steel Feathers 6:00 Documentary: Hollywood Idols Shirley Maclaine </div> <div>Sukkot Begins</div> </div>	<div> <div> 9:00 Low Impact Cardio 9:30 The Mini Time Machine Museum: Miniature Models of the Silver Screen and More! \$13 10:00 Wii Bowling 10:30 Concert in the Theater: 11:00 Group Crossword 1:30 Prize Ticket Bingo 3:00 Craft w/ Rosanda 5:00 Dominos 6:00 Inventions that Shook the World E1 </div> </div>	<div> <div> 9:30 What's Cooking with Maryanna: Pear Pecan Cheese Ball 11:00 Yoga w/ Myrlene from Steel Feathers 1:30 Pima County Library Book Mobile 1:30 Flower Arranging 2:30 Sing Along w/ Linda Updike 5:00 Puzzles in the Living Room 6:00 Classic Movie: She Wore a Yellow Ribbon </div> </div>	<div> <div> 8:30 Shopping at Dollar Store 9:00 Rummikub 9:30 Morning Stretch 10:30 Yahtzee! 1:00 Wii Bowling 2:00 Chef Cooking Demo w/ Marcus Mini Chocolate Mousse Pie's 3:00 Social: Fall Inspired Beer 6:00 Tough Guy Movie: After the Sunset 6:30 Resident Ran Game Night </div> </div>	<div> <div> 9:00 Low Impact Cardio w/ Rosanda 9:30 Farkle 10:30 Prize Bingo 1:30 Sing Along w/ MaryAnne 3:00 Crazy 8's 3:00 Resistance Training w/ Myrlene From Steel Feathers 5:00 Mindful Meditations on YouTube 6:00 Spooky Movie: When a Stranger Calls </div> </div>	<div> <div> 9:30 Bunco 11:00 Balloon Noodle Ball 1:00 Scrabble 1:30 Afternoon Stretch w/ Katie 2:00 Zing! History's Sharpest Comebacks and Insults 3:00 Wine & Trivia Happy Hour 6:00 Saturday Night Movie: Places in the Heart </div> </div>
<div> <div> 9:00 Chair Chi w/ Maryanna 10:00 Sunday Morning Scenic Bus Ride 10:00 Sunday Football in Loft 10:30 Virtual Church Service 1:00 Matinee Movie: Dragnet 2:00 Church Service w/ Faith Community Church 3:00 Blackjack 6:00 Perry Mason S1 E2 </div> </div>	<div> <div> 9:00 Walkers Club w/ Maryanna 9:30 Communion with Deacon Dennis 9:30 Rummikub 10:00 Rosary Group 10:30 Brain Health Talk w/ Marianne from Bayada 1:30 Blank Slate * New Brain Game 3:00 Yoga w/ Myrlene from Steel Feathers 6:00 Documentary: Hollywood Idols Ingrid Bergman </div> <div>Thanksgiving Day (Canada) Columbus Day (U.S.)</div> </div>	<div> <div> 9:00 Low Impact Cardio 9:30 Lunch at The Sawmill in Mt. Lemmon \$ 10:00 Wii Bowling 10:30 Concert in the Theater 11:00 Color Your Mind 2:00 Rise & Sign Rock 'n' Revival 3:00 Prize Ticket Bingo 5:00 Dominos 6:00 Inventions that Shook the World E2 </div> <div>Simchat Torah Begins</div> </div>	<div> <div> 10:00 Come Get your Flu Shot at Flu Clinic! 11:00 Yoga w/ Myrlene from Steel Feathers 11:00 Veterans Group w/ Chaplain Scotty from VFW Post 549 1:30 Flower Arranging 2:00 Town Hall Meeting 3:00 Live Music w/ The Dirty Old Men Band 5:00 Puzzles in the Living Room 6:00 Classic Movie: O.K. Corral </div> </div>	<div> <div> 8:30 Shopping at Fry's Grocery Store 9:00 Rummikub 9:30 Morning Stretch 10:30 Bean Bag Knock Out! 1:00 Wii Bowling 1:30 Games & Mingling 2:00 Guy Talk w/ Emi 3:00 Social: Smore's Bar 6:00 Tough Guy Movie: Sherlock Holmes 6:30 Resident Ran Game Night </div> </div>	<div> <div> 9:00 Low Impact Cardio w/ Rosanda 9:30 Farkle 10:30 Prize Bingo 1:30 Family Feud 3:00 Three Piece Suit (New Card Game) 3:00 Resistance Training w/ Myrlene From Steel Feathers 5:00 Mindful Meditations on YouTube 6:00 Spooky Movie: Creature from the Black Lagoon </div> </div>	<div> <div> 9:30 Bunco 11:00 Balloon Noodle Ball 1:00 Scrabble 1:30 Afternoon Stretch w/ Katie 2:00 Jack O Lantern Decorating w/ Katie 3:00 Group Book Club: Chocolate Chip Cookie Murder 6:00 Saturday Night Movie: Mr. Deeds </div> </div>
<div> <div> 9:00 Chair Chi w/ Maryanna 10:00 Blackjack 10:00 Sunday Football in Loft 10:30 Virtual Church Service 1:00 Matinee Movie: The Running Man 1:30 Bingo Store 3:00 Sip and Sample: Red Wines Which Red Rules? 6:00 Perry Mason S1 E3 </div> </div>	<div> <div> 9:00 Walkers Club w/ Maryanna 9:30 Communion with Deacon Dennis 9:30 Rummikub 10:00 Rosary Group 10:30 Tea, Cocoa and Iced Coffee in the Bistro 1:30 Photo Scrapbooking 3:00 Yoga w/ Myrlene from Steel Feathers 6:00 Documentary: Hollywood Idols Jack Lemmon </div> </div>	<div> <div> 9:00 Low Impact Cardio 9:00 Wii Bowling 9:00 Reid Park Zoo \$10 10:00 Will Bowling 10:30 Concert in the Theater: 11:00 Group Word Search 1:30 Prize Ticket Bingo 3:00 Tucson History w/ Retired Police Officer John Taylor 5:00 Dominos 6:00 Inventions that Shook the World E3 </div> </div>	<div> <div> 9:30 What's Cooking with Maryanna: Apple Cider Donuts 11:00 Yoga w/ Myrlene from Steel Feathers 1:00-2:30 Beading & Jewelry Workshop w/ Sue 1:30 Flower Arranging 3:00 Singer Gus Meza 5:00 Puzzles in the Living Room 6:00 Classic Movie: Harvey </div> </div>	<div> <div> 8:30 Shopping at Walmart 9:00 Rummikub 9:30 Morning Stretch 10:30 Yahtzee! 1:00 Wii Bowling 1:30 Dominos & Scrabble 3:00 Social: Wine, Cheese & Fruit 4:30 Sierra Del Sol 3rd Annual Fall Festival! 6:00 Tough Guy Movie: The Rookie 6:30 Resident Ran Game Night </div> </div>	<div> <div> 9:00 Low Impact Cardio w/ Rosanda 9:30 Farkle 10:30 Prize Bingo 1:30 Pictionary 3:00 Crazy 8's 3:00 Resistance Training w/ Myrlene From Steel Feathers 5:00 Mindful Meditations on YouTube 6:00 Spooky Movie: Bram Stokers Dracula </div> </div>	<div> <div> 9:30 Bunco 11:00 Balloon Noodle Ball 1:00 Scrabble 1:30 Afternoon Stretch w/ Katie 2:00 Trick or Treat Girl Scouts Spooktacular 3:00 Boo-tiful Crafts with Girl Scouts 6:00 Saturday Night Movie: The Phantom of the Opera </div> </div>
<div> <div> 9:00 Chair Chi w/ Maryanna 10:00 Sunday Morning Scenic Bus Ride 10:00 Sunday Football in Loft 10:30 Virtual Church Service 1:00 Movie Matinee: Bewitched 2:00 Church Service w/ Faith Community Church 3:00 Blackjack 6:00 Perry Mason S1 E4 </div> </div>	<div> <div> 9:00 Walkers Club w/ Maryanna 9:30 Communion with Deacon Dennis 9:30 Rummikub 10:00 Food Meeting w/ Chef Arine 10:00 Rosary Group 10:30 Tea, Cocoa & Iced Coffee in the Bistro 1:30 Blank Slate * New Brain Game 3:00 Yoga w/ Myrlene from Steel Feathers 6:00 Documentary: Hollywood Idols </div> </div>	<div> <div> 9:00 Low Impact Cardio 9:30 Picnic at Agua Caliente Park 10:00 Wii Bowling 10:30 Concert in the Theater: 11:00 Group Word Mining 1:30 3:00 Traveling to Kenya w/ Robin 5:00 Dominos 6:00 Inventions that Shook the World E4 </div> </div>	<div> <div> 9:30 What's Cooking with Maryanna: Baked Brie w/ Jam in Puff Pastry 11:00 Yoga w/ Myrlene from Steel Feather 1:30 Flower Arranging 3:00 Adkins and Anderson 5:00 Puzzles in the Living Room 6:00 Classic Movie: E.T </div> </div>	<div> <div> 8:30 Shopping at Trader Joe's 9:00 Rummikub 9:30 Morning Stretch 10:30 Bean Bag Knock Out! 1:00 Wii Bowling 1:30 Games & Mingling 2:00 Men's Chess w/ Emi 3:00 Social: Halloween Sangria 6:00 Tough Guy Movie: R.I.P.D 6:30 Resident Ran Game Night </div> </div>	<div> <div> 9:00 Low Impact Cardio w/ Rosanda 9:30 Farkle 10:30 Prize Bingo 12:00 Spooky Halloween Buffet 1:30 Family Feud 3:00 Halloween Social Bash w/ Katie & Rosanda * Don't Forget to Dress Up in Your Spookiest! 5:00 Mindful Meditations on YouTube 6:00 Spooky Movie: Ghostbusters Halloween </div> </div>	<div> </div>

Schedule is Subject to change. For the most updated information please see Activity Daily. Sierra Del Sol Senior Living 8151 E Speedway Tucson AZ 85710