

Sierra Del Sol Senior Living  
8151 E. Speedway Blvd.  
Tucson, AZ 85711

Postage  
Information

October 2025

# Sierra Times

Sierra Del Sol Senior Living- 8151 E Speedway Blvd, Tucson AZ 85710



## Celebrating October

**Balloons Around the  
World Day**  
*October 1*

**James Bond Day**  
*October 5*

**World Day of Architecture**  
*October 6*

**Pet Peeve Week**  
*October 12–18*

**Train Your Brain Day**  
*October 13*

**Count Your Buttons Day**  
*October 21*

**International Artists Day**  
*October 25*

**Halloween**  
*October 31*

**Good Friends Make  
Good Neighbors**

**Do you have a friend who  
is looking to make a move  
into a community?**

**When you or your family  
members refer someone  
to move into the  
community you will  
receive a rent credit for  
\$4000 after they have lived  
with us for 90 days.**

## Meet Our Team

**Laure  
O-Mendenhall**  
Executive Director

**Leah Montgomery**  
Director of Sales & Marketing

**Anne Connell**  
Community Relation Director

**Keelani Duffey**  
Wellness Director

**Madison Faulkner**  
Wellness Director

**Arine Boschian**  
Dining Services Director

**Maryanna Rodriguez**  
Life Enrichment Director

**Kimberly Adams**  
Business Office Manager

**Carisa Myles**  
Resident Service Coordinator

**Aaron Brady**  
Plant Operations Director

**From the Executive Director’s Desk  
October 2025**

Here at Sierra Del Sol, we embrace this season with gratitude and warmth, looking forward to the many opportunities October brings for celebration, reflection, and togetherness.

This month, our team has planned a variety of festive events and seasonal activities designed to keep spirits high and hearts full. From pumpkin decorating to Fall Festivals, there’s something for everyone to enjoy. I encourage you to participate, share laughter, and make new memories with friends and neighbors.

October is also a time to honor our caregivers and staff during National Assisted Living Week, and I want to take a moment to express my deepest appreciation for the dedication, compassion, and heart our team brings every day. They are the heart of our community, and their work does not go unnoticed.

As we move toward the end of the year, I also want to thank our residents and families for their continued trust and support. It’s a privilege to serve this community, and your feedback and engagement are what help us grow stronger together.

Let’s continue to embrace the season with joy and gratitude. My door is always open, and I welcome your thoughts, stories, and suggestions as we journey through fall together.

Wishing you a wonderful October filled with comfort, color, and connection.

Warmly,

Laure Mendenhall







Good Food, Good Friends, Good Vibes Luau Style!




Aloha spirit shining bright with our Hula friends



Taking a step in time- Our residents enjoying the vintage carriages at the History Museum



**EMPLOYEE OF THE MONTH**



**JACKIE**

We are thrilled to recognize Jackie as our Employee of the Month! In just over 4 months, she's made such a positive impact at Sierra Del Sol. Jackie goes above and beyond to care for our residents and support her team. Thank you, Jackie, for your hard work and dedication you are truly one of a kind!

**TRICK-OR-TREAT & CRAFTS WITH TUCSON GIRL SCOUTS**

**SATURDAY, OCTOBER 25TH**

2:00 TRICK OR TREATING  
3:00 CRAFTS WITH THE GIRL SCOUTS

THE GIRLS SCOUTS WILL BE JOINING US FOR SOME HALLOWEEN FUN!  
COME AND ENJOY SOME LAUGHTER AND A CRAFT TOGETHER



**Happy Birthday**

<b>Resident Birthdays</b>	<b>Staff Birthday</b>
10/7 Lydia K	10/3 Yesenia M.
10/12 Teresa E.	10/16 Fred D.
10/12 Kathie W.	10/18 Haifaa M
10/14 Joyce H.	10/25 Amanda S.
10/17 Kit B.	
10/18 Joyce S.	
10/24 Donna H.	
10/24 George H.	
10/30 Carolyn E.	
10/31 Don M.	

**October Outings**

10/7 The Mini Time Machine Museum: Miniature Models of the Silver Screen and More! \$13

10/9 Dollar Store

10/12 & 10/26 Morning Scenic Bus Rides

10/14 Lunch at The Sawmill in Mt. Lemmon \$

10/16 Fry's Grocery Store

10/21 Reid Park Zoo \$10

10/23 Walmart

10/28 Picnic at Agua Caliente

10/30 Trader Joe's

**FALL FESTIVAL**

**Thursday, October 23rd**

4:30-6:30 - in the Courtyard

Vendors - Cake Walk - Food - Petting Zoo - Face Painter

**Resident Spotlight**



This month's resident spotlight goes to Ron H. Ron is one of our special residents who brightens everyone's day with his warm smile and kind greetings. Whether it's new staff, new residents, or familiar faces, Ron always makes sure everyone feels welcome with a cheerful "good morning." He especially enjoys participating in bingo, and his thoughtful nature shines through as he looks out for those around him, ensuring everyone feels included. Though he is not officially one of our ambassadors, Ron has naturally taken on the role of welcoming others and creating a positive, friendly atmosphere in our community. We are also proud to share that Ron is an Army veteran, and we honor his service and the joy he brings to those around him every day.



**DON'T FORGET TO JOIN US FOR OUR LIVE PERFORMANCES!**

- 10/1 Littlest Big Band
- 10/8 Sing Along w/ Linda
- 10/10 Sing Along w/ Maryanne
- 10/14 Rise & Sign Rock-n-Revival
- 10/15 The Dirty Old Men Band
- 10/22 Gus Meza
- 10/29 Adkins & Anderson