Sierra Del Sol Senior Living 8151 E. Speedway Blvd. Tucson, AZ 85711

Postage Information

Celebrating October

Balloons Around the World Day October 1

James Bond Day
October 5

World Day of Architecture
October 6

Pet Peeve Week
October 12–18

Train Your Brain Day *October 13*

Count Your Buttons Day
October 21

International Artists Day
October 25

Halloween
October 31

Good Friends Make Good Neighbors

Do you have a friend who is looking to make a move into a community?

When you or your family members refer someone to move into the community you will receive a rent credit for \$4000 after they have lived with us for 90 days.

October 2025

Sierra Times

Sierra Del Sol Senior Living- 8151 E Speedway Blvd, Tucson AZ 85710



Meet Our Team

Control Laure

O-Mendenhall

Executive Director

Leah MontgomeryDirector of Sales & Marketing

Anne Connell
Community Relation Director

Keelani DuffeyWellness Director

Madison Faulkner Wellness Director

Arine BoschianDining Services Director

Maryanna Rodriguez
Life Enrichment Director

Kimberly Adams
Business Office Manager

Carisa Myles
Resident Service Coordinator

Aaron Brady
Plant Operations Director

From the Executive Director's Desk October 2025

Here at Sierra Del Sol, we embrace this season with gratitude and warmth, looking forward to the many opportunities October brings for celebration, reflection, and togetherness.

This month, our team has planned a variety of festive events and seasonal activities designed to keep spirits high and hearts full. From pumpkin decorating to Fall Festivals, there's something for everyone to enjoy. I encourage you to participate, share laughter, and make new memories with friends and neighbors.

October is also a time to honor our caregivers and staff during National Assisted Living Week, and I want to take a moment to express my deepest appreciation for the dedication, compassion, and heart our team brings every day. They are the heart of our community, and their work does not go unnoticed.

As we move toward the end of the year, I also want to thank our residents and families for their continued trust and support. It's a privilege to serve this community, and your feedback and engagement are what help us grow stronger together.

Let's continue to embrace the season with joy and gratitude. My door is always open, and I welcome your thoughts, stories, and suggestions as we journey through fall together.

Wishing you a wonderful October filled with comfort, color, and connection.

Warmly,

Laure Mendenhall

October 2025 October 2025





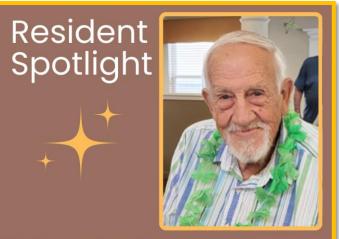












This month's resident spotlight goes to Ron H.
Ron is one of our special residents who brightens
everyone's day with his warm smile and kind greetings.
Whether it's new staff, new residents, or familiar faces,
Ron always makes sure everyone feels welcome with a
cheerful "good morning."

He especially enjoys participating in bingo, and his thoughtful nature shines through as he looks out for those around him, ensuring everyone feels included. Though he is not officially one of our ambassadors, Ron has naturally taken on the role of welcoming others and creating a positive, friendly atmosphere in our community.

We are also proud to share that Ron is an Army veteran, and we honor his service and the joy he brings to those around him every day.



