

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<div>1</div> 9:30 Bible Study with Tim 10:30 Ever Fit with Chris 1:30 Scenic Drive 2:30 Welcome October IQ 3:30 Sit & Stretch 4:00 Quality Face to Face 6:00 Halloween Movie Yom Kippur Begins	<div>2</div> 9:30 Coffee & Conversation 10:00 Cardio Drumming with Paz 1:30 Waterford Walk 2:00 Timothy Patrick Sings 3:30 Sit & Stretch with Chris 4:00 October Coloring 6:00 Music & Relaxation	<div>3</div> 9:30 Daily Chronicle 10:30 Ever Fit with Chris 1:45 Piano with Louis Faro 2:30 October Trivia 3:30 Mindful Meditation with Chris 4:00 Quality Face to Face 6:00 Documentary W/ Drinks	<div>4</div> 9:30 Dailey Chronical 10:30 Noodle Ball 1:30 Read with Tim Biggs 2:30 Trick or Treasure 3:30 Afternoon Fitness 4:00 Quality Face to Face 6:00 Movie W/ Snacks
<div>5</div> 9:30 Coffee & Conversation 10:30 Senior Fitness Video 1:30 Candy Bingo 2:30 EZ Does It October Trivia and Snacks 3:30 Noodle Ball 4:00 Quality Face to Face 6:00 Sunday Night Movie	<div>6</div> 9:30 Daily Chronicle 10:30 Ever Fit with Chris 1:30 Fall Craft w/ Sierra 2:30 Cookie Cider Social 3:30 Sit & Stretch with Chris 4:00 Quality Face to Face 6:00 Soundscapes Sukkot Begins	<div>7</div> 9:30 Coffee & Conversation 10:00 Morning Movement with Paz 1:30 Tuesday Matinee with Popcorn and Drinks 2:30 Travelogue Color Pages 3:30 Sit & Stretch w/ Chris 6:00 Soundscapes/ Hydration	<div>8</div> 9:30 Bible Study with Tim 10:30 Ever Fit with Chris 1:30 Scenic Drive 2:30 Halloween Trivia / Snacks 3:30 Sit & Stretch with Chris 4:00 Quality Face to Face 6:00 Puzzle Posse	<div>9</div> 9:30 Coffee & Conversation 10:00 Cardio Drumming With Paz 1:30 Kim's Story Corner 2:30 Thirsty Thursday 3:30 Sit & Stretch with Chris 4:00 Quality Face to Face 6:00 Nature Documentary With Snacks	<div>10</div> 9:30 Daily Chronicle 10:00 Entertainment w/ Timeless Treasures 1:30 Halloween Bingo 2:30 Go Fish 3:30 Mindful Meditation with Chris 4:00 Table Games 6:00 Movie Night!	<div>11</div> 9:30 Dailey Chronical 10:30 Morning Workout 12:30 Ducks vs Indianna 1:30 Scenic Drive 2:30 Fall Coloring 3:00 Scavenger Hunt! (Spooky Edition) 4:00 Quality Face to Face 6:00 Harmony & Hydration
<div>12</div> 9:30 Coffee & Conversation 10:30 Senior Fitness Video 1:30 Fall Craft 2:30 EZ Does It October Trivia and Snacks 3:30 Noodle Ball 4:00 Quality Face to Face 6:00 Sunday Night Movie	<div>13</div> 9:30 Daily Chronicle 10:30 Ever Fit with Chris 1:30 Candy Penny Pitching 2:30 Cranium Crunches 3:30 Sit & Stretch with Chris 4:00 Quality Face to Face 6:00 October Color Blend Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (U.S.)	<div>14</div> 9:30 Coffee & Conversation 10:00 Morning Movement with Paz 1:30 Entertainment with Gus 2:30 Puzzle Together 3:30 Sit & Stretch w/ Chris 6:00 Soundscapes/ Hydration Simchat Torah Begins	<div>15</div> 9:30 Daily Chronicle 10:30 Ever Fit with Chris 1:30 Scenic Drive 2:30 Harvest Coloring 3:30 Sit & Stretch with Chris 4:00 Quality Face to Face 6:00 Music & Drinks	<div>16</div> 9:30 Coffee & Conversation 10:00 Cardio Drumming With Paz 1:30 Kim's Story Corner 2:30 Thirsty Thursday 3:30 Sit & Stretch with Chris 4:00 Quality Face to Face 6:00 Documentary of Choice	<div>17</div> 9:30 Daily Chronicle 10:30 Ever Fit with Chris 1:30 Julie Sings 2:30 Cozy Cider Social 3:30 Mindful Meditation with Chris 4:00 Puzzle Club 6:00 Relaxation & Hydration	<div>18</div> Ducks vs Rutgers-TBD 9:30 Dailey Chronical 10:30 Noodle Ball 1:30 Pink Painting for Breast Cancer Awareness 2:30 Table Games & Snacks 3:30 Exercise Follow Along 4:00 Quality Face to Face 6:00 Movie Night!
<div>19</div> 9:30 Coffee & Conversation 10:30 Senior Fitness Video 1:30 Candy Bingo 2:30 EZ Does It October Trivia and Snacks 3:30 Noodle Ball 4:00 Quality Face to Face 6:00 Sunday Night Movie	<div>20</div> 9:30 Daily Chronicle 10:30 Ever Fit with Chris 1:30 What Am I? Trivia 2:00 Sara Scofield Sings 3:30 Sit & Stretch with Chris 4:00 Quality Face to Face 6:00 October Word Search with Refreshments	<div>21</div> 9:30 Coffee & Conversation 10:00 Morning Movement with Paz 1:30 Tuesday Matinee with Popcorn and Drinks 2:30 Table Activities 3:30 Sit & Stretch w/ Chris 6:00 Soundscapes/ Hydration	<div>22</div> 9:30 Daily Chronicle 10:30 Ever Fit with Chris 1:30 Scenic Drive 2:30 Art Party! 3:30 Sit & Stretch with Chris 4:00 Quality Face to Face 6:00 Nature Documentary	<div>23</div> 9:30 Coffee & Conversation 10:00 Cardio Drumming With Paz 1:30 Kim's Story Corner 2:30 Cider Press 3:30 Sit & Stretch with Chris 4:00 Quality Face to Face 6:00 Movie / Refreshments	<div>24</div> 9:30 Daily Chronicle 10:30 Ever Fit with Chris 1:30 Caramel Apple Bar 2:30 Noodle Ball 3:30 Mindful Meditation with Chris 4:00 Table Games 6:00 Music & Relaxation	<div>25</div> Ducks vs Wisconsin-TBD 9:30 Dailey Chronical 10:30 Morning Workout 1:30 Fall Watercolor Painting 2:30 Themed Coloring 3:30 Noodle Ball 4:00 Reset & Hydration 6:00 Documentary of Choice
<div>26</div> 9:30 Coffee & Conversation 10:30 Senior Fitness Video 1:30 Fall Craft 2:30 EZ Does It October Trivia and Snacks 3:30 Noodle Ball 4:00 Quality Face to Face 6:00 Sunday Night Movie	<div>27</div> 9:30 Daily Chronicle 10:30 Ever Fit with Chris 2:00 Tim Sings 3:00 Complex Coloring 3:30 Sit & Stretch with Chris 4:00 Quality Face to Face 6:00 Soundscapes/ Hydration	<div>28</div> 9:30 Coffee & Conversation 10:00 Morning Movement with Paz 1:30 Tuesday Matinee with Popcorn and Drinks 2:30 Complex coloring 3:30 Sit & Stretch w/ Chris 6:00 Soundscapes/ Hydration	<div>29</div> 9:30 Bible Study with Tim 10:30 Ever Fit with Chris 1 :30 Scenic Drive 2:30 Painting 3:30 Sit & Stretch with Chris 4:00 Quality Face to Face 6:00 Movie Night!	<div>30</div> 9:30 Coffee & Conversation 10:30 Cardio Drumming W/ Paz 1:30 Kim's Story Corner 2:30 Thirsty Thursday 3:30 Sit & Stretch with Chris 4:00 Quality Face to Face 6:00 Music & Hydration	<div>31</div> 9:30 Daily Chronicle 10:30 Ever Fit with Chris 1:30 Trick or Treating! 2:30 Halloween Party 3:30 Mindful Meditation with Chris 4:00 Quality Face to Face 6:00 Halloween Movie Halloween	 Barbara F. 10/15 Charlie C 10/13 Bev C. 10/30