



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Activity Key</div> <div>Unless otherwise noted, activities will be held in the Activity Room.</div> <div>IL – The Inn Building</div> <div>DR– Dining Room</div> <div>AR - Activity Room</div> <div>MC - Memory Care</div> <div>O - Outing</div> <div>RL - Resident Led Activity</div>	<div>1</div> <div>10:00 Walmart - O</div> <div>10:00 Daily Wordle</div> <div>10:30 Exercise with Marshal</div> <div>11:15 Current Events</div> <div>1:30 Guitar Gil - DR</div> <div>3:00 Brendan’s Bingo</div> <div>6:00 Puzzle - RL</div>	<div>2</div> <div>10:30 Zumba with Claudia</div> <div>11:15 Meditation</div> <div>1:00 Bible Study - IL</div> <div>1:15 Daily Wordle</div> <div>2:00 Deck the Lobby and Front Desk</div> <div>6:00 Table Games - RL</div>	<div>3</div> <div>10:30 Exercise Video</div> <div>11:00 Seated Stretches</div> <div>1:00 Decorate Activity Room</div> <div>3:00 Brendan’s Bingo</div> <div>4:30 Special Family Dinner</div>	<div>4</div> <div>10:00 Daily Wordle</div> <div>10:30 Zumba with Claudia</div> <div>11:00 Seated Exercise Video</div> <div>1:00 Bible Study - IL</div> <div>1:00 Cooks Corner with Kaera</div> <div>3:00 Melissa & Larry Live Music - DR</div>	<div>5</div> <div>10:00 Fred Meyer - O</div> <div>10:00 Daily Wordle</div> <div>10:30 Exercise with Marshal</div> <div>11:00 Exercise Video</div> <div>1:30 Watch Dear Santa</div> <div>3:00 Creative Time</div> <div>6:00 Evening News</div>	<div>6</div> <div>9:15 Table Games - DR</div> <div>10:30 Exercise Video</div> <div>1:00 Watch <i>Miracle on 34th Street</i></div> <div>1:30 Scrabble - IL</div> <div>3:30 Brendan’s Bingo</div> <div>6:00 Evening News</div>
<div>7</div> <div>10:00 Watch <i>Seahawks Vs Falcons</i></div> <div>10:30 Exercise Video</div> <div>11:00 Seated Stretches</div> <div>1:00 Virtual Worship</div> <div>3:00 Listen to Music</div> <div>6:00 Card Games - RL</div>	<div>8</div> <div>10:00 Dollar Store - O</div> <div>10:00 Daily Wordle</div> <div>10:30 Exercise with Marshal</div> <div>11:15 Current Events</div> <div>1:30 Town Hall</div> <div>3:00 Brendan’s Bingo</div> <div>6:00 Evening News</div>	<div>9</div> <div>10:00 Daily Wordle</div> <div>10:30 Zumba with Claudia</div> <div>1:00 Bible Study - IL</div> <div>1:30 Christmas Craft with Jamie</div> <div>3:30 Creativity Time</div> <div>6:00 Evening News</div>	<div>10</div> <div>10:00 Daily Wordle</div> <div>10:45 Exercise with Christy</div> <div>11:15 Deep Breathing Exercise</div> <div>12:45 Watch <i>The Santa Clause</i></div> <div>3:00 Brendan’s Bingo</div> <div>6:00 Puzzle - RL</div>	<div>11</div> <div>10:00 Daily Wordle</div> <div>10:30 Zumba with Claudia</div> <div>11:00 Meditation</div> <div>1:00 Bible Study - IL</div> <div>1:30 Watch <i>Mamma Mia!</i></div> <div>3:30 Creative Time</div> <div>6:00 Evening News</div>	<div>12</div> <div>10:00 Daily Wordle</div> <div>10:00 Fred Meyer - O</div> <div>10:30 Exercise with Marshal</div> <div>1:00 Watch <i>Disney’s A Christmas Carol</i></div> <div>2:00 Cabaret - DR</div> <div>3:30 Creative Time</div> <div>6:00 Table Games - RL</div>	<div>13</div> <div>9:00 Daily Wordle</div> <div>11:00 Holiday Family Brunch</div> <div>2:30 Exercise Video</div> <div>3:30 Brendan’s Bingo</div> <div>6:00 Evening News</div>
<div>11th - Mike C.</div> <div>10th - Jadd H.</div> <div>14th - Loretta C.</div> <div>16th - Jeanette C.</div> <div>18th - Edna J.</div> <div>20th - Fred G.</div>						

Happy Birthday!

24121 116th Ave SE, Kent, WA 98030
All activities and events are subject to change based on resident interests, requests and weather.

DECEMBER 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14 9:30 Virtual Worship 10:00 Daily Chronicle 10:30 Exercise Video 12:15 Live Christmas Music - DR 1:25 Watch <i>Seahawks Vs Colts</i> 3:30 Card Games - RL 6:00 Evening News	15 10:00 Fred Meyer - O 10:00 Daily Wordle 10:30 Exercise with Marshal 11:15 Current Events 1:00 Watch <i>Sleepless in Seattle</i> 3:00 Brendan's Bingo 6:00 Puzzle - RL	16 10:00 Coffee & Chat 10:30 Seated Stretches 1:00 Bible Study - IL 1:00 Decorate Christmas Cookies & Sing-A-Long 3:30 Christmas Light Scenic Drive 5:00 Pizza Movie Night	17 10:00 Hymn & Devotion 10:30 Table Games in Dining Room - RL 11:15 Meditation 1:00 Visit From Santa & Mrs. Clause 3:00 Brendan's Bingo 6:00 Evening News	18 10:00 Daily Wordle 10:30 Exercise Video 1:00 Zen Creative Hour 1:00 Bible Study - IL 3:00 Melissa & Larry Live Music - DR 3:00 Dementia Education Class - MC 5:15 Watch <i>Seahawks Vs Rams</i>	19 10:00 Daily Wordle 10:30 Exercise with Marshal 11:00 Deep Breathing Exercise 1:30 Jokes with Brendan 3:00 Resident Birthday Social & Build Gingerbread Houses 6:00 Puzzle - RL	20 9:15 Table Games - DR 10:15 Daily Wordle 10:30 Exercise Video 11:00 Slow Tempo Stretching 1:30 Scrabble - IL 3:30 Brendan's Bingo 6:00 Card Games - RL
21 9:15 Daily Chronicle 9:30 Virtual Worship 10:00 Table Games - RL 10:30 Exercise Video 1:30 Watch <i>Nightmare Before Christmas</i> 3:30 Independent Time 6:00 Evening News	22 10:00 Value Village - O 10:00 Daily Wordle 10:30 Exercise with Marshal 12:45 Watch <i>A Christmas Story</i> 3:00 Brendan's Bingo 6:00 Card Games - RL	23 10:00 Daily Wordle 10:30 Coffee & Chat 11:00 Deep Breathing Exercise 1:00 Bible Study - IL 2:30 Creative Hour 3:30 Christmas Light Scenic Drive 4:30 Diner Night - DR	24 10:00 Daily Wordle 10:00 Table Games - DR 10:45 Exercise with Christy 11:15 Meditation 12:45 Watch <i>The Polar Express</i> 3:00 Brendan's Bingo 6:00 Evening News	25 10:30 Exercise Video 11:00 Creative Hour - RL 1:30 Watch <i>National Lampoon's Christmas Vacation</i> 3:30 Table Games 6:00 Evening News	26 10:00 Table Games - RL 10:00 Fred Meyer - O 10:30 Exercise with Marshal 11:00 Seated Stretches 1:00 Watch <i>Jack Frost</i> 3:30 Creative Hour - RL 6:00 Card Games - RL	27 9:15 Table Games - DR 10:15 Daily Wordle 10:30 Exercise Video 1:00 Balloon Bop 1:30 Watercolor 1:30 Scrabble - IL 3:30 Brendan's Bingo 6:00 Puzzle - RL
28 9:15 Daily Chronicle 9:30 Virtual Worship 10:30 Exercise Video 1:00 Watch <i>Ernest Saves Christmas</i> 2:30 Worship with Schaffers 3:30 Puzzle - RL 6:00 Evening News	29 10:00 HomeGoods - O 10:00 Daily Wordle 10:30 Exercise with Marshal 11:00 Exercise Video 12:45 Watch <i>Home Alone</i> 3:00 Brendan's Bingo 6:00 Card Games - RL	30 10:00 Daily Wordle 10:30 Zumba with Claudia 11:00 Meditation 1:30 New Years Resolutions & 2025 Recap 3:00 2026 Activity Discussion 6:00 Evening News	31 10:00 Coffee & Chat 10:30 Exercise Video 11:00 Deep Breathing Exercise 12:45 Watch 3:00 Brendan's Bingo 11:50 New Years Ball Drop	<u>Exercise</u> <i>We hold Exercise class every day @ 10:30am Sun-Sat.</i> <i>Monday's, Tuesday's & Friday's are led by exercise instructors Marshal & Claudia from Everfit Fitness.</i> <i>Every 2nd & 4th Wednesday Christy, a physical therapist, runs exercise @ 10:45am.</i>	*Please refer to Daily Schedules for any schedule/activity changes!*	Activity Key Unless otherwise noted, activities will be held in the Activity Room. IL – The Inn Building DR– Dining Room BP– Back Patio MC–Memory Care O - Outing RL - Resident Led Activity

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