## NOVEMBER 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activity Key Unless otherwise noted, activities will be held in the Activity Room. IL – The Inn Building DR– Dining Room BP– Back Patio MC–Memory Care O - Outing RL - Resident Led Activity	Special Events  11/3 Guitar Gil  11/4 November Craft with Jam 11/5 Special Family Dinner 11/6 Melissa & Larry Live Musi 11/11 Veterans Day Lunch 11/15 Resident Thanksgiving I	11/20 Melissa 11/20 Dement ic the Lodge 11/21 Novemb Dinner 11/23 Worship	tia Education Class at ber Birthday Social o with the Schaffers		weather conditions*  Ily Schedules for any	9:15 Table Games - DR 10:00 Daily Wordle 10:30 Exercise Video 11:00 Deep Breathing Exercises 1:30 Scrabble - IL 3:30 Brendan's Bingo
2 Daylight Savings 9:30 Daily Chronicle 10:00 Virtual Worship 10:30 Exercise Video 11:00 Seated Stretches 1:00 Watch Butterfly in the Sky 3:30 Independent Coloring 8:20 Watch Seahawks Vs Commanders	11:15 Current Events 1:00 Watch <i>My Beautiful Broken Brain</i> 1:30 Guitar Gil - DR 3:00 Brendan's Bingo	11/26 Pizza M  10:00 Daily Wordle 10:30 Zumba with Claudia 11:00 Meditation 1:00 Bible Study - IL 1:15 Walk Around the Neighborhood 2:00 November Craft with Jamie 6:00 Puzzle - RL	10:00 Daily Wordle 10:15 Table Games - RL 10:30 Exercise Video 11:00 Seated Stretching 1:00 Watch Something Wicked this Way Comes 3:00 Brendan's Bingo 4:30 Special Family Dinner	9:30 Bible Study - IL 10:00 Daily Wordle 10:30 Seated Exercise 11:00 Meditation 1:00 Balloon Bop 2:00 Cooks Corner with Kaera 3:00 Melissa & Larry Live Music - DR 6:00 Evening News	7 10:00 Daily Wordle 10:00 Fred Meyer - O 10:30 Exercise with Marshal 11:00 Exercise Video 1:00 Watch A Man Called Otto 3:30 Town Hall with Amber & Maddy 6:00 Table Games - RL	8 9:15 Table Games - DR 10:00 Daily Wordle 10:30 Exercise Video 11:00 Meditation 1:00 Balloon Bop 1:30 Scrabble - IL 3:30 Brendan's Bingo 6:00 Card Games - RL
2 <sup>nd</sup> - Pat E.	2 <sup>nd</sup> - Mike	N. Hay	ppy Birtho	day! 13th - J	loanne L.	29 <sup>th</sup> - Lucy B.

24121 116th Ave SE, Kent, WA 98030

All activities and events are subject to change based on resident interests, requests and weather.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Exercise Video 1:05 Watch Seahawks Vs Cardinals 2:00 Watch Sunday Best 3:30 Card Games - RL	10 10:00 Walmart - 0 10:00 Daily Wordle 10:30 Exercise with Marshal 11:00 Slow Tempo Seated Exercise 1:00 Current Events 1:30 Watch Titanic: The Digital Resurrection 3:00 Brendan's Bingo 6:00 Evening News	11 Veterans Day 10:00 Daily Wordle 10:30 Zumba with Claudia 11:00 Deep Breathing Exercises 11:45 Veterans Special Lunch - 0 1:10 Bible Study - IL 2:30 Watch Mercury 13 6:00 Puzzle - RL	12 10:00 Daily Wordle 10:45 Exercise with Christy 11:15 Meditation 1:00 Watch Mickey: The Story of a Mouse 3:00 Brendan's Bingo 6:00 Evening News	9:30 Bible Study - IL 10:00 Daily Wordle 10:30 Exercise Video 11:00 Seated Stretches 1:00 Watch <i>Fantasia</i> 3:00 Walk Around the Neighborhood 6:00 Evening News	14 10:00 Fred Meyer - O 10:00 Daily Wordle 10:30 Exercise with Marshal 11:00 Slow Stretching Exercise 1:00 Watch <i>Virunga</i> 2:00 Cabaret - DR 3:30 Creativity Hour	9:15 Table Games - DR 10:15 Daily Wordle 10:30 Seated Thai Chi 11:00 Meditation 1:00 Brendan's Bingo 4:00 Thanksgiving Dinner - 1 <sup>st</sup> Seating 6:00 Thanksgiving Dinner - 2 <sup>nd</sup> Seating 7:00 Puzzle - RL
	17 10:00 Costco - O 10:00 Daily Wordle 10:30 Exercise with Marshal 11:00 Slow Tempo Exercise 1:00 Current Events 1:30 Watch Secrets of the Whales Ep.1 3:00 Brendan's Bingo 6:00 Card Games - RL	18 10:00 Daily Wordle 10:30 Zumba with Claudia 11:00 Meditation 1:10 Bible Study - IL 1:30 Watch Return to Space 3:30 Resident Independent Time - RL 4:30 Diner Night - DR	19 10:00 Daily Wordle 10:00 Table Games - DR 10:00 Hymn & Devotion 10:30 Seated Exercise Video 11:00 Seated Stretching 1:30 Baking Fall Pastries with Kaera 3:00 Brendan's Bingo 6:00 Evening News	20 9:30 Bible Study - IL 10:00 Daily Wordle 10:00 Table Games - RL 10:30 Exercise Video 2:00 Jokes with Brendan 3:00 Melissa & Larry Live	9:45 Table Games - RL 10:00 Fred Meyer - O 10:30 Exercise with Marshal 1:30 Walk Around the Neighborhood 3:00 November Birthday Social - RL 3:30 Karaoke 6:00 Card Games - RL	9:15 Table Games - DR 10:15 Daily Wordle 10:30 Exercise Video 11:00 Deep Breathing Exercise 1:00 Watch Secrets of the Whales Ep. 2 1:30 Scrabble - IL 3:30 Brendan's Bingo 6:00 Puzzle - RL
	24 10:00 Value Village - O 10:00 Daily Wordle 10:30 Exercise with Marshal 11:15 Current Events 1:00 Watch Secrets of the Whales Ep.3 3:00 Brendan's Bingo 6:00 Wordsearch - RL	25 10:00 Daily Wordle 10:30 Zumba with Claudia 1:10 Bible Study - IL 1:30 Watch <i>Plastic Island</i> 3:00 Walk Around the Neighborhood 6:00 Card Games - RL	26 10:00 Daily Wordle 10:15 Yahtzee - RL 10:45 Exercise with Christy 11:15 Meditation 1:00 Travel & Learn about Turkey 3:00 Brendan's Bingo 5:00 Pizza Movie Night	27 Thanksgiving 10:00 Daily Wordle 10:30 Watch Macy's Thanksgiving Day Parade 1:00 Seated Exercise Video 2:00 Seated Stretches 2:30 Creativity Hour 6:00 Evening News	11:00 Meditation 1:30 Watch Secrets of the Whales Ep.4 3:00 Artistic Hour 6:00 Puzzle - RL	9:15 Table Games - DR 10:00 Daily Wordle 10:30 Exercise Video 1:00 Watch <i>One Magic Christmas</i> 1:30 Scrabble - IL 3:30 Brendan's Bingo 6:00 Puzzle - RL