

| Sunday                                                                            | Monday                                                                                                                                                                                                                                                                             | Tuesday                                                                                                                                                                                                                                                                         | Wednesday                                                                                                                                                                                                                                                                                  | Thursday                                                                                                                                                                                                                                                                           | Friday                                                                                                                                                                                                                                                                                    | Saturday                                                                                                                                                                                                                                                             |
|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | 10:00 Light & Lively Exercise <b>1</b><br><b>10:30 Music &amp; Movement With Haile</b><br>11:00 Chronicle & Trivia<br>11:30 Balloon Volleyball<br>1:00 Bean Bag Tic Tac Toe<br>1:30 Reminiscing/Games<br>2:00 Sing Along w/ Suzie Q<br>2:30 Crafts and Coloring<br>3:00 Horseshoes | <b>Happy Birthday Bob M.! 2</b><br>10:00 Light & Lively Exercise<br><b>10:30 Music &amp; Movement</b><br>11:00 Chronicle & Trivia<br>11:30 Balloon Volleyball<br>1:00 Indoor Walks<br>1:30 Snack<br>2:00 Adult Coloring<br>3:30 Bunco Dice Game<br>6:30 Sensory Scenes          | <b>Footcare Appointments 3</b><br>10:00 Light & Lively Exercise<br>11:00 Chronicle & Trivia<br>11:30 Balloon Volleyball<br>1:00 Reminiscing/Music<br>1:30 Indoor Walks<br>2:00 Snack<br><b>2:30 Guitar Music w/ Steve</b><br>3:30 Resident Council<br>6:30 Elvis Concert DVD               | <b>9:30 Scenic Drive 4</b><br>10:00 Light & Lively Exercise<br><b>10:30 Music &amp; Movement With Haile</b><br>11:00 Chronicle & Trivia<br>1:00 Indoor Walks/Snack<br>1:30 Namaste & Devotionals<br>2:00 Adult Coloring<br>3:00 Happy Hour w/ Snacks<br>6:30 Country Music Videos  | 10:00 Light & Lively Exercise <b>5</b><br>11:00 Chronicle & Trivia<br>11:30 Balloon Volleyball<br>1:00 Indoor Walks<br>1:30 Making Pizza Sticks<br>2:00 Snack<br>2:30 Indoor Walks<br>3:30 Blackjack/Dominoes<br>6:00 Jenga/Coloring<br>6:30 Sinatra Concert DVD                          | 10:00 Light & Lively Exercise <b>6</b><br>11:00 Chronicle & Trivia<br>1:00 Hot Cider Social<br>1:30 Jigsaw Puzzles<br>2:00 Snack<br>2:30 Indoor Walks<br>3:00 Family Bingo<br>4:00 Adult Coloring<br>6:30 Sensory /Reading                                           |
|                                                                                   | 10:00 Livestream Church <b>7</b><br>Gaither's & Hymns<br>10:00 Seahawks Game- FOX<br>10:30 Snack/ Chronicle<br>11:00 Balloon Volleyball<br>1:00 Indoor Walks/Coloring<br>2:00 Hot Cocoa Social<br>2:30 Crafts with Lori<br>6:30 Classic Movie<br>Holiday Inn                       | 10:00 Light & Lively Exercise <b>8</b><br><b>10:30 Music &amp; Movement With Haile</b><br>11:00 Chronicle & Trivia<br>11:30 Balloon Volleyball<br><b>12:00 Catholic Communion</b><br>1:00 Cornhole<br>2:30 Holiday Card Making and Coloring<br>3:00 Dominoes                    | 10:00 Light & Lively Exercise <b>9</b><br><b>10:30 Music &amp; Movement</b><br>11:00 Chronicle & Trivia<br>11:30 Balloon Volleyball<br>1:00 Indoor Walks<br>1:30 Snack<br>2:00 Word Search<br><b>3:00 Piano Music w/ Gerry</b><br>3:30 Bunco Dice Game<br>6:30 Sensory Scenes              | 10:00 Light & Lively Exercise <b>10</b><br>11:00 Snack/Chronicle/Trivia<br>11:30 Balloon Volleyball<br>1:00 Indoor Walks<br>1:30 Reminiscing/Decades<br>2:00 Snack<br>2:30 Flower Arranging<br>2:30 Bingo<br>3:00 Making Cards<br>6:30 Classic Comedy                              | <b>9:30 Scenic Drive 11</b><br>10:00 Light & Lively Exercise<br><b>10:30 Music &amp; Movement With Haile</b><br>11:00 Chronicle & Trivia<br>1:00 Indoor Walks/Snack<br>1:30 Namaste & Poems<br>2:00 Adult Coloring<br>3:00 Happy Hour w/ Snacks<br><b>3:30 Santa Visits</b>               | 10:00 Light & Lively Exercise <b>12</b><br>11:00 Chronicle & Trivia<br>11:30 Balloon Volleyball<br>1:00 Indoor Walks<br>1:30 Making Cookies<br>2:00 Chicken Soup for the Soul Stories<br>2:30 Word Games<br>3:30 Blackjack/Dominoes<br>6:30 Coloring/Puzzles         |
|                                                                                   | 10:00 Livestream Church <b>14</b><br>Gaither's & Hymns<br>10:30 Snack/ Chronicle<br>11:00 Balloon Volleyball<br>1:00 Indoor Walks/Coloring<br>1:25 Seahawks Game-CBS<br>2:00 Hot Cocoa Social<br>2:30 Wood Works/Coloring<br>6:30 A Christmas Carol<br>Hanukkah Begins             | 10:00 Light & Lively Exercise <b>15</b><br><b>10:30 Music &amp; Movement With Haile</b><br>11:00 Chronicle & Trivia<br>11:30 Balloon Volleyball<br>1:00 Mini Golf Game<br>2:00 Christmas Sing Along<br>2:30 Holiday Crafts and Coloring<br>3:00 Bean Bag Toss                   | 10:00 Light & Lively Exercise <b>16</b><br><b>10:30 Music &amp; Movement</b><br>11:00 Chronicle & Trivia<br>11:30 Balloon Volleyball<br>1:00 Indoor Walks<br>1:30 Snack<br>2:00 Word Search<br>3:00 Adult Coloring<br>3:30 Bunco Dice Game<br>6:30 Sensory Scenes                          | 10:00 Light & Lively Exercise <b>17</b><br>11:00 Snack/Chronicle/Trivia<br>11:30 Balloon Volleyball<br>1:00 Indoor Walks<br>1:30 Reminiscing/Travel<br>2:00 Snack<br>2:30 Aqua Painting<br><b>3:00 Music with Dave &amp; PJ</b><br>4:00 Making Cards<br>6:30 Classic Comedy        | <b>9:30 Scenic Drive 18</b><br>10:00 Light & Lively Exercise<br><b>10:30 Music &amp; Movement</b><br>11:00 Chronicle & Trivia<br>1:00 Indoor Walks<br>1:30 Namaste & Devotionals<br>2:00 Snack/ Adult Coloring<br>3:00 Happy Hour w/ Snacks<br><b>4:00pm-6:30pm Family Holiday Buffet</b> | 10:00 Light & Lively Exercise <b>19</b><br>11:00 Chronicle & Trivia<br>1:00 Indoor Walks<br><b>2:00 Family Support Meeting 2<sup>nd</sup> Floor Theatre Room</b><br>2:30 Blackjack/Bunco<br>3:00 Sing Along w/Suzie Q<br>6:30 That's Entertainment DVD Movie         |
|                                                                                   | 10:00 Livestream Church <b>21</b><br>Gaither's & Hymns<br>10:30 Snack/ Chronicle<br>11:00 Balloon Volleyball<br>1:00 Indoor Walks/Coloring<br>1:05 Seahawks Game-FOX<br>2:00 Hot Cocoa Social<br>2:30 Winter Crafts & Coloring with Lori<br>Winter Begins                          | 10:00 Light & Lively Exercise <b>22</b><br><b>10:30 Music &amp; Movement</b><br>11:00 Chronicle & Trivia<br>11:30 Balloon Volleyball<br><b>12:00 Catholic Communion</b><br>1:00 Horse Racing Game<br>2:00 Snack<br>2:30 Winter Crafts and Card Making<br>3:00 Horseshoes        | 10:00 Light & Lively Exercise <b>23</b><br><b>10:30 Music &amp; Movement</b><br>11:00 Chronicle & Trivia<br>11:30 Balloon Volleyball<br>1:00 Indoor Walks/Snack<br>2:00 Word Search<br><b>3:00 Piano Music w/ Gerry</b><br>3:30 Bunco Dice Game<br><b>6:00 Holiday Lights Drive Outing</b> | 10:00 Light & Lively Exercise <b>24</b><br>11:00 Snack/Chronicle/Trivia<br>11:30 Balloon Volleyball<br>1:00 Indoor Walks<br>1:30 Reminiscing/Holidays<br>2:00 Egg Nogg Social<br>2:30 Christmas Carol Sing Along<br>3:00 Christmas Show<br>6:30 Miracle on 34 <sup>th</sup> Street | 10:00 Light & Lively Exercise <b>25</b><br>11:00 Snack/Chronicle/Trivia<br>11:30 Balloon Volleyball<br>1:30 Holiday Poems & Stories<br>2:30 Christmas Carol Sing Along<br>3:00 Christmas Music DVD<br>6:30 White Christmas Movie<br>Christmas                                             | 10:00 Light & Lively Exercise <b>26</b><br>11:00 Chronicle & Trivia<br>11:30 Sensory Scenes<br>1:00 Indoor Walks<br>1:30 Coloring/Word Games<br>2:00 Reading Books and Magazines<br>2:30 Movie Request<br>6:30 Sensory Mats<br>Boxing Day (Canada)<br>Kwanzaa Begins |
|                                                                                   | 10:00 Livestream Church <b>28</b><br>Gaither's & Hymns<br>10:30 Snack/ Chronicle<br>11:00 Balloon Volleyball<br>1:00 Indoor Walks/Coloring<br>1:05 Seahawks Game-FOX<br>2:00 Hot Cocoa Social<br>2:30 Winter Crafts & Coloring with Lori<br>6:30 It's A Wonderful Life             | 10:00 Light & Lively Exercise <b>29</b><br><b>10:30 Music &amp; Movement With Haile</b><br>11:00 Chronicle & Trivia<br>11:30 Balloon Volleyball<br>1:00 Bean Bag Tic Tac Toe<br>1:30 Reminiscing/Games<br>2:30 Winter Crafts& Coloring<br>3:00 Horseshoes<br>6:30 Classic Movie | 10:00 Light & Lively Exercise <b>30</b><br><b>10:30 Music &amp; Movement</b><br>11:00 Chronicle & Trivia<br>11:30 Balloon Volleyball<br>1:00 Indoor Walks<br>1:30 Snack<br>2:00 Word Search<br>3:00 Adult Coloring<br>3:30 Bunco Dice Game<br>6:30 Sensory Scenes                          | 10:00 Light & Lively Exercise <b>31</b><br>11:00 Snack/Chronicle/Trivia<br>11:30 Balloon Volleyball<br>1:00 Indoor Walks<br>1:30 Reminiscing/NYE<br>2:00 Snack<br><b>3:00 New Year's Eve Celebration Toast &amp; Music w/ Ward</b><br>New Year's Eve                               |                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                      |

Activities Subject to Change