

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2025

November 2025							10:45AM Daily Chronicle (AR) 11:00AM Shut the Box (AR) 2:30PM Garbage Card Game 3:00PM Color Me Calm (AR) 4:00PM Self-Paced Walk & Roll 6:00PM Monday Movie (FR) *Independent activities are available in the Activity Room						
9AM-10AM Online Church 10:45AM Daily Chronicle (AR) 1:30PM Movie Matinee: "Dirty Dancing" 4:00PM Self-Paced Walk & Roll 6:00PM Movie Night (FR) *Independent activities are available in the Activity Room Daylight Saving Time Ends	2	10:45AM Daily Chronicle (AR) 11:00AM Shut the Box (AR) 2:30PM Garbage (DR) 4:00PM Self-Paced Walk & Roll 6:00PM Monday Movie (FR) *Independent activities are available in the Activity Room	3	10:30AM Rise and Reflect (AR) 10:45AM Daily Chronicles (AR) 11:00AM November Trivia (AR) 1:30PM One on One Visit 2:30PM Read Along Book Club: "Little Women" (AR) 3:30PM Words in Words (AR) 4:00PM Seated Cardio (AR) 6:00PM Movie Night (FR)	4	Medical Transportation Day 10:30AM Morning News Chat 10:45AM Daily Chronicles (AR) 11:10 AM Steelfeather Fitness 1:30PM One on One Visit 2:30PM History Channel: Marie Antoinette (DR) 6:00PM Movie Night (FR)	5	Medical Transportation Day 10:45AM Daily Chronicles (AR) 11:00AM Wheel of Fortune (AR) 1:30PM Food Committee Meeting 2:30PM Crafting Corner: Mushroom Candles (DR) 4:00PM Beginner Weights 6:00PM Movie Night (AR)	6	10:00AM Inclusive Worship (DR) 10:45AM Daily Chronicles (AR) 11:10AM Steelfeather Fitness w/ Kathy (AR) 1:30PM Technology Support 2:30PM Resident Meeting (DR) 4:00PM Nail Glam (AR) 4:30PM Seated Yoga (AR)	7	10:30AM Rise and Reflect (AR) 10:45AM Daily Chronicles 11:00AM Shut the Box (AR) 1:30PM One on One Visit 2:30PM BINGO (DR) 4:00PM Chair Cardio (AR) 6:00PM Saturday Night Movie 7:00PM Oregon Symphonic Band	8
9AM-10AM Online Church 10:45AM Daily Chronicle (AR) 1:30PM Movie Matinee: "E.T." 4:00PM Self-Paced Walk & Roll 6:00PM Sunday Night Movie *Independent activities are available in the Activity Room	9	10:45AM Daily Chronicle (AR) 11:00AM Shut the Box (AR) 2:30PM Dominoes (AR) 4:00PM Self-Paced Walk & Roll 6:00PM Monday Movie (FR) *Independent activities are available in the Activity Room	10	10:30AM Coffee & Conversation 10:45AM Daily Chronicles (AR) 11:00AM Shut the Box(AR) 2:00PM Veteran's Day Event 3:30PM Crossword Collaboration 4:00PM Weighted Workout (AR) 6:00PM Staff Pick Movie (FR) Veterans Day Remembrance Day (Canada)	11	Medical Transportation Day 10:00AM Bible Study (DR) 10:45AM Daily Chronicles (AR) 11:10AM Steelfeather Fitness w/ Kathy (AR) 2:30PM History Channel: Jack the Ripper 3:30PM Garbage Card Game (DR) 6:00PM After Dinner Movie FR	12	Medical Transportation Day 10:30AM Morning Meditation 10:45AM Daily Chronicles (AR) 11:00AM Say the Last Word (AR) 1:30PM Activity Planning Meeting (AR) 2:30PM Wii Bowling (FR) 4:00PM Seated Cardio (AR) 6:00PM Netflix Movie Night	13	10:00AM Inclusive Worship (DR) 10:00AM Fred Meyers (FL) 10:45AM Daily Chronicles (AR) 11:10AM Steelfeather Fitness w/ Kathy (AR) 2:30PM Baking Club: Mini Pumpkin Pies (DR) 4:00PM Nail Glam (AR) 6:00PM Movie Night (FR)	14	10:30AM Rise and Reflect (AR) 10:45AM Daily Chronicle (AR) 11:00AM The Name Game (AR) 1:30PM Technology Support 2:30PM BINGO (DR) 4:00PM Zumba (AR) 6:00PM Saturday Night Movie	15
9AM-10AM Online Church 10:45AM Daily Chronicle (AR) 1:30PM Movie Matinee: "Documentary: Einstein and the Bomb" 4:00PM Self-Paced Walk & Roll 6:00PM Movie Night (FR) *Independent activities are available in the Activity Room	16	10:45AM Daily Chronicle (AR) 11:00AM Shut the Box (AR) 2:30PM Garbage (DR) 4:00PM Self-Paced Walk & Roll 6:00PM Monday Movie (FR) *Independent activities are available in the Activity Room	17	10:30AM Good Morning Chat 10:45AM Daily Chronicles (AR) 11:00AM Dominoes (AR) 1:30PM Technology Support 2:30PM Read Along Book Club: "Little Women" (AR) 3:30PM Wheel of Fortune (AR) 4:00PM Advanced Cardio (AR) 6:00PM Netflix Movie Night (FR)	18	Medical Transportation Day 10:00AM Bible Study (DR) 10:45AM Daily Chronicles (AR) 11:10AM Steelfeather Fitness w/ Kathy (AR) 1:30PM One on One Visit 2:30PM Garbage Card Game (DR) 6:00PM Monday Movie (FR)	19	Medical Transportation Day 10:30AM Morning Meditation 10:45AM Daily Chronicles (AR) 11:00AM Words in Words (AR) 1:30PM One on One Visit 2:30PM Crafting Corner: Turkey Centerpiece (DR) 4:00PM Zumba (AR) 6:00PM Movie Night (FR)	20	10:00AM Inclusive Worship (DR) 10:45AM Daily Chronicles (AR) 11:10AM Steelfeather Fitness w/ Kathy (AR) 1:30PM: Christmas Vintage Market 4:00PM Nail Glam (AR) 6:00PM Movie Night (FR)	21	10:30AM Rise and Reflect (AR) 10:45AM Daily Chronicle (AR) 11:00AM Say the Last Word (AR) 1:30PM One on One Visit 2:30PM BINGO (DR) 4:00PM Workout w/ Weights 6:00PM Saturday Night Movie	22
9AM-10AM Online Church 10:45AM Daily Chronicle (AR) 1:30PM Movie Matinee: "The Maze Runner" (FR) 4:00PM Self-Paced Walk & Roll 6:00PM Color Me Calm (AR) *Independent activities are available in the Activity Room	23	10:45AM Daily Chronicle (AR) 11:00AM Shut the Box (AR) 2:30PM Uno Card Game (AR) 4:00PM Self-Paced Walk & Roll 6:00PM Monday Movie (FR) *Independent activities are available in the Activity Room	24	10:30AM Morning Meditation 10:45AM Daily Chronicles (AR) 11:00AM Jeopardy Trivia (AR) 2:30PM Read Along Book Club: "Little Women" (AR) 3:30PM Crossword Collab (AR) 4:00PM Seated Stretching (AR) 6:00PM After Dinner Movie (FR)	25	Medical Transportation Day 10:00AM Bible Study (DR) 10:45AM Daily Chronicles (AR) 11:10AM Steelfeather Fitness w/ Kathy (AR) 1:30PM Technology Support 2:30PM Documentary: Mysterious Death or Meriwether Lewis (DR) 6:00PM Movie Night	26	Medical Transportation Day 10:45AM Daily Chronicle (AR) 12:00PM Thanksgiving Lunch 2:30PM Garbage Card Game 4:00PM Charlie Brown Thanksgiving 	27	10:00AM Inclusive Worship (DR) 10:00AM Black Friday Shopping @ Walmart (FL) 10:45AM Daily Chronicles (AR) 11:10AM Steelfeather Fitness w/ Kathy (AR) 2:30PM Pumpkin Cheesecake Bites 4:00PM Nail Glam (AR) 6:00PM Movie Night (FR)	28	10:30AM Rise and Reflect (AR) 10:45AM Daily Chronicle (AR) 11:00AM Shut the Box (AR) 1:30PM Technology Support 2:30PM BINGO (DR) 4:00PM Advanced Cardio (AR) 6:00PM Saturday Night Movie	29
9AM-10AM Online Church 10:45AM Daily Chronicle (AR) 1:30PM Movie Matinee: "Sister Act" 4:00PM Self-Paced Walk & Roll 6:00PM Color Me Calm (AR) *Independent activities are available in the Activity Room	30												

All Activities are Subject to change. See Daily Activity Board for Updates.

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