

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:30 Writing a Short Story 2 11:45 Lunch Outing: Mezcaluna 1:00 Sunday Matinee: <i>The Sting</i> (Pea) 3:30 Bingo 6:00 Documentary: <i>The Loneliest Whale</i> (NF)	9:30 Morning Stretch 3 10:00 Shopping: Bi-Mart 2:00 Activity Planning for December 3:15 Dan on Piano 4:00 Pumpkin Palooza 6:00 Game: Residents' Choice	10:00 Strength Training 4 11:00 Music with Paz from Steel Feathers 2:00 Balloon Swat 4:00 Social Coloring 6:00 Movie: <i>Dirty Dancing</i> (NF)	9:30 Exercise w/Rita 5 10:30 Coffee Social 11:00 Discussion: What Makes Us Special? 2:00 Kara & Nathalie on Violin & Piano 3:30 Dealer's Choice Poker 6:00 Resident Card Game	9:00 Walk the Building, Self-Led 6 10:30 Resident Led Game of Choice 1:30 DIY Nail Spa 4:30 Happy ½ Hour 6:00 Series Night: <i>The Diplomat</i> (S1E1)(NF)	10:00 Exercise w/Kristy 7 11:00 Music with Paz from Steel Feathers 1:30 Craft: Gratitude Tree 3:00 Texas Hold 'Em 4:30 Socializing in the Lobby 6:00 TV Time, Caregivers Choice Anita's Birthday	9:30 Chair Fitness on YouTube 1 10:30 Browse the Library 11:00 Spiritual Services on YouTube 2:00 Self Led Activities 6:00 Game: Residents' Choice
10:30 Resident Led Dominoes 9 1:30 Sunday Matinee: <i>Sister Act</i> (NF) 4:00 Work on the Puzzle 6:00 Documentary: <i>Apollo 13: Survival</i> (NF)	9:30 Morning Stretch 10 10:00 Shopping: Trader Joe's 2:00 Dance w/Pani 3:15 Dan on Piano 4:00 Bingo 6:00 Game: Residents' Choice	10:00 Strength Training 11 11:00 Music with Paz from Steel Feathers 2:00 Quiddler with Kristy 4:00 Veterans Recognition 6:00 Movie: <i>A House of Dynamite</i> (NF) Veterans Day	9:30 Exercise w/Rita 12 10:30 Coffee Social 11:00 Discussion: The Impact of Others 1:30 Bowling at Emerald Lanes 4:00 Christmas Show Planning 6:00 Resident Card Game	9:00 Walk the Building, Self-Led 13 10:30 Resident Led Game of Choice 2:00 Timothy Patrick on Guitar 4:30 Happy ½ Hour 6:00 Series Night: <i>The Diplomat</i> (S1E2)(NF)	10:00 Exercise w/Kristy 14 11:00 Music with Paz from Steel Feathers 1:30 Craft: Scented Jars 3:00 Texas Hold 'Em 4:30 Socializing in the Lobby 6:00 TV Time, Caregivers Choice Charley's Birthday	9:30 Chair Fitness on YouTube 15 10:30 Browse the Library 11:00 Spiritual Services on YouTube 2:00 Self Led Activities 6:00 Game: Residents' Choice
10:30 Donuts & Coffee 16 1:00 Sunday Matinee: <i>Audrey's Children</i> (Pea) 1:30 Outing: St. Vinnie's 4:00 Christmas Show Planning 6:00 Documentary: <i>Lorena, Light-Footed Woman</i> (NF)	9:30 Morning Stretch 17 10:00 Shopping: Hiron's/Safeway 2:00 Bean Bag Baseball 3:15 Dan on Piano 4:00 Bingo 6:00 Game: Residents' Choice	10:00 Strength Training 18 11:00 Music with Paz from Steel Feathers 2:00 Game: Apples to Apples 4:00 Social Coloring 6:00 Movie: <i>The Martian</i> (NF)	9:30 Exercise w/Rita 19 10:30 Coffee Social 11:00 Discussion: Keys to Well-Being 2:00 Vocalist Sara Scofield 3:30 Resin Art 6:00 Resident Card Game	9:00 Walk the Building, Self-Led 20 10:30 Work on the Puzzle 1:30 Resident Led Game of Choice 4:30 Happy ½ Hour 5:00 Friends & Family Buffet	10:00 Exercise w/Kristy 21 11:00 Music with Paz from Steel Feathers 1:30 Thanksgiving Scattergories 3:00 Texas Hold 'Em 4:30 Socializing in the Lobby 6:00 TV Time, Caregivers Choice	9:30 Chair Fitness on YouTube 22 10:30 Browse the Library 11:00 Spiritual Services on YouTube 2:00 Self Led Activities 6:00 Game: Residents' Choice
9:00 Walk the Building, Self-Led 23 10:30 Bauble & Button Trees 1:30 Spades 4:00 Bingo 6:00 Documentary: <i>Sunday Best</i> (NF)	9:30 Morning Stretch 24 10:00 Shopping: Safeway 2:00 Resident Council 4:00 November Birthdays Cake 6:00 Game: Residents' Choice	10:00 Strength Training 25 11:00 Music with Paz from Steel Feathers 1:30 Resident Food Council 4:00 Social Coloring 6:00 Movie: <i>Pieces of April</i> (AP)	9:30 Exercise w/Rita 26 10:30 Coffee Social 11:00 Discussion: Gratitude 1:00 Outing: Festival of Trees 4:30 Happy ½ Hour 6:00 Resident Card Game	9:00 Walk the Building, Self-Led 27 10:30 Resident Led Game of Choice 1:30 Afternoon Matinee: <i>The King & I</i> (AP) 6:00 Series Night: <i>The Diplomat</i> (S1E3)(NF) Happy Thanksgiving	10:00 Exercise w/Kristy 28 11:00 Music with Paz from Steel Feathers 1:30 Travel Talk 3:00 Texas Hold 'Em 4:30 Socializing in the Lobby 6:00 TV Time, Caregivers Choice	9:30 Chair Fitness on YouTube 29 10:30 Browse the Library 11:00 Spiritual Services on YouTube 2:00 Self Led Activities 6:00 Game: Residents' Choice
10:30 Outing: Christmas Shopping at World Market 30 1:30 Paint & Sip 4:00 Fetch Therapy Dogs 6:00 Documentary: <i>Bad River</i> (Pea)	Please remember, all bus outings require sign-up in advance! Activities are hosted in the lounge unless otherwise indicated. Every effort is made to fulfill all calendar events; however, activities could be subject to change.					Movie descriptions will be listed on the daily schedule posted at front desk.