

Calendar & Newsletter

Independent Living* *Assisted Living* *Memory Care

December 2025



Management Team

Alexander Ben-Israel
(Senior Executive Director – IL)

Tim Robitz
(Business Office Manager – IL)

Amy Smith
(Executive Director – AL)

Sharon Evans
(Business Office Manager – AL& MC)

Joy Coonrod-Anderson
(Executive Director – MC)

Director of Sales & Marketing

Ember Nordhaus

Plant Operations Director

Eric Zahler

Life Enrichment Coordinators

Dolly Mahurien– MC
Holly James– IL

Dining Services Directors

Chris Ford – IL
Jay Harrison – AL
Alexandria Cruz – MC

Meet Spring Meadow...

Linda Stephenson



Hello, I'm Linda! I live at Cascade Independent Senior Living, where I'm part of a wonderfully diverse community. I consider most of the people here my friends, and that means a lot to me.

My background includes being a mother, daughter, wife, and nurse. My children were my greatest love, but nursing has been my lifelong passion—ever since I was 18 years old. From the start, I strived to become not just a nurse, but a knowledgeable and skilled one. I quickly realized that caring for a patient is the easy part; nursing is so much more. As the saying goes, "Life is short, but the craft is long to learn."

Throughout my career, I learned to recognize the strengths and weaknesses in patients to find the best ways to optimize health, ease suffering, and strengthen what was fragile. I became skilled at identifying illnesses and treating them with the safest methods possible. Nursing was never just a job—it was a calling.

As for life at Cascade, I've been here for about four years—some of that time in Assisted Living and now in Independent Living. I'm content to spend this chapter of my life in such a comfortable setting, surrounded by friends. The past is behind me, and I choose to live fully in the present.

Brooklyn Johns

My name is Brooklyn, and I was born on February 5, 2007. I graduated high school in 2025 and am now attending beauty school to become a cosmetologist. After finishing my program, my goal is to open my own salon and eventually launch a beauty supply store that provides inclusive beauty and hair supplies for all races, making sure everyone feels represented and welcomed. My passion is helping every woman feel beautiful, confident, and comfortable in her own body. I'm also a proud pet mom to two French bulldogs and a cat, and in the future, I hope to travel the world and experience everything it has to offer.





WELCOME NEW RESIDENTS

SPRING

THE VILLAGE

THE POINT (MC)

MEADOWS (IL)

(AL)

Robert K
Marsha C
Lester H
Wanda R

Tomi G

Michael M



HOLIDAY CHEER FROM THE LITTLE STORE!

It's the most wonderful time of the year—and The Little Store, right here in our community, is ready to help you share the joy!

No need to bundle up or go out in the cold—stop by and browse our selection of Christmas cards, postage stamps, and a variety of fun novelty items that make perfect little gifts, stocking stuffers, or cheerful decorations. Whether you're sending a holiday greeting to loved ones, writing a note of encouragement, or just looking for something festive to brighten your day—you'll find it here!

No need to bundle up or go out in the cold—stop by and browse our selection of Christmas cards, postage stamps, and a variety of fun novelty items that make perfect little gifts,

 Holiday Highlights at The Little Store:

- ✦ Christmas & Holiday Cards
- ✦ Postage Stamps—skip the post office trip!
- ✦ Small gifts, seasonal treasures, and novelty items
- ✦ Some prices are negotiable—just ask with a smile!



With love (and a wagging tail), - Julie, Kathy, Cathy, Krystal, Ray,
Jerrie, Dianne, and Brewster 🐾





December Birthdays!

The Springs (IL)

Robert A 13 Cathy S 25 Margie W 31

Mary S 8 Leo R 8 Pam H 1

Thomas L Mary R 1 Charlotte M

Bert F 27 Chuck F 7

Joyce G 22 Jim T 13

Mary N 18 Bill M 13

The Point (MC)

Joe M 1 Janice 30

Roberta 6 Brad E 25

Sharon 12 Delma M 9

Joan P 15 Patricia C 9

Kurt M 29

The Village (AL)

Roberta S 6 Joe M 1

Joan P 15 Kurt M 29

Janice C 30 Sharon M 12

Monty Fell Garden

Happy holidays to all!

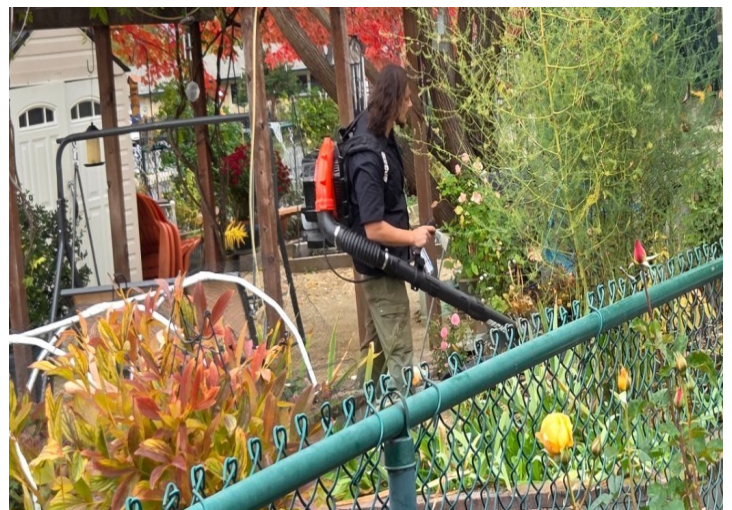
With the cooler weather clean-up continues as plants finish top growth and work under ground getting ready for spring.

The wooden boards on the vegetable beds will be replaced with block, over the winter to be ready for spring planting.

Are you interested in birds? The garden is a great place for an up close view of our feathered friends. We have an opening for a volunteer to fill the feeders to keep them coming back. Interested... need more details? See Katherine

Thank you for your donations, Irene, Lisa and Diana! Your continued support helps to make improvements possible and for the upcoming projects.

See you in the garden,
Katherine



Michael helping with leaf clean up





Santa Word Search

X U R S C T X B O J I W W I Y
 S O W X H O Q T O C N F F I Q
 L W K T I Y M T Q O A S F D Q
 R F F B M S E Q A I U C Y Z B
 V E K Y N S R S R H S O H L K
 K Y I V E X L I U L G Q Q C C
 T H C N Y U E E L U G I S K I
 M D C E D S K E D X H E E Z N
 J O L L Y E B U G C V E O L T
 F U O J D H E H P L O D U R S
 Z E U C G T D R E N K O W X Q
 W F I I G Q J Z G E H W C M D
 D X E L O Y P J H I W K X Z Y
 N L N O R T H P O L E O S L Z
 S T Y R V U D M Q A W K U Z A

Chimney
 Elves
 Fairies
 Jolly
 North Pole
 Reindeer

Rudolph
 Sled
 Sleigh
 Sleigh Bells
 St. Nick
 Toys



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