

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	National Pie Day 1 9:30 Morning Exercise with Tammi 10:00 Mid Morning Treat & Trivia 10:30 Groovin with Susan SF 11:30 Aromatherapy - Namaste 1:30 Manicures with Kristen 3:00 Holiday Movie with Popcorn 6:30 Group Puzzle	National Fritters Day 2 9:30 Chair Chi with Stephanie 10:00 Daily Chronicle 10:30 Beauty Hour 11:30 Aromatherapy - Namaste 2:00 Band Fitness 3:30 Christmas Wreaths 6:00 Aromatherapy - Calming Affirmations	9:30 Chair Yoga with Ryan 3 10:00 Mid Morning Treat & Trivia 10:30 Groovin with Susan SF 11:30 Aromatherapy - Namaste 2:00 Christmas on Mill St. 3:30 Mini Golf 6:30 Folded Memories	National Wildlife Day 4 9:30 Chair Chi with Stephanie 10:00 Daily Chronicle 10:30 Baking Club 11:30 Aromatherapy - Namaste 2:00 Fabric Cardboard Christmas Trees 3:00 Tai Chi with Homer 6:30 Group Game	9:30 Parachute Ball Toss 5 10:00 Mid Morning Treat & Trivia 10:30 Groovin with Susan SF 11:30 Aromatherapy - Namaste 2:00 Indoor Strutters 3:00 Happy Hour with Cowboy Curt 6:30 Movie Night	9:30 Chair Yoga with Ryan 6 10:00 Daily Chronicle 10:30 Men's Club 11:30 Aromatherapy - Namaste 2:00 Wonders of the World 4:00 Folded Memories HAPPY BIRTHDAY, JOANNE!
National Pearl Harbor Remembrance Day 7 9:30 Chair Chi with Stephanie 10:00 Daily Chronicle & Devotional 10:30 Simple Truth Church Service 11:30 Aromatherapy - Namaste 1:30 Go Fish! 3:00 Cocoa & Conversations 4:00 Folded Memories 6:00 Aromatherapy - Soundscapes and Scents	National Brownie Day 8 9:30 Morning Exercise with Tammi 10:00 Mid Morning Treat & Trivia 10:30 Groovin with Susan SF 11:30 Aromatherapy - Namaste 2:00 Scrapbooking 3:30 Dominos 6:30 Folded Memories	National Christmas Card Day 9 9:30 Chair Chi with Stephanie 10:00 Chocolate Chip Cookies with Annekin 10:30 Beauty Hour 11:30 Aromatherapy - Namaste 2:00 Indoor Strutters 3:30 Reindeer Ornaments 6:00 Aromatherapy - Calming Affirmations	9:30 Chair Yoga with Ryan 10 10:00 Mid Morning Treat & Trivia 10:30 Groovin with Susan SF 10:30 Forever Young Choir 11:30 Aromatherapy - Namaste 2:00 Holiday Scenic Drive 3:30 Inspirational Art Hour 6:30 Group Game	National Stretching Day 11 9:30 Chair Chi with Stephanie 10:00 Daily Chronicle 10:30 Holiday Hymns 11:30 Aromatherapy - Namaste 2:00 Popcorn Garland 3:00 Corn Hole 6:30 Group Puzzle	National Ambrosia Day 12 9:30 Parachute Volleyball 10:00 Mid Morning Treat & Trivia 10:30 Groovin with Susan SF 11:30 Aromatherapy - Namaste 2:00 Band Fitness 3:00 Happy Hour with DENTY 6:30 Movie Night	9:30 Chair Yoga with Ryan 13 10:00 Daily Chronicle 10:30 Men's Club 11:30 Aromatherapy - Namaste 2:00 Wonders of the World 4:00 The Art of Napkin Folding
9:30 Chair Chi with Stephanie 14 10:00 Daily Chronicle & Devotional 10:30 Simple Truth Church Service 11:30 Aromatherapy - Namaste 1:30 UNO! 3:00 Cocoa & Conversations 4:00 Folded Memories 6:00 Aromatherapy - Hand Massage 	National Cupcakes Day 15 9:30 Morning Exercise with Tammi 10:00 Mid Morning Treat & Trivia 10:30 Groovin with Susan SF 11:30 Aromatherapy - Namaste 1:30 Manicures with Kristen 3:30 Holiday Movie with Popcorn 6:30 Group Puzzle	9:30 Chair Chi with Stephanie 16 10:00 Daily Chronicle 10:30 Beauty Hour 11:30 Aromatherapy - Namaste 2:00 Band Fitness 3:30 Pine Cone Christmas Tree 6:00 Aromatherapy - Calming Affirmations	9:30 Chair Yoga with Ryan 17 10:00 Mid Morning Treat & Trivia 10:30 Groovin with Susan SF 11:30 Aromatherapy - Namaste 12:00 McDonalds Lunch Outing 3:30 Mini Golf 6:30 Folded Memories HAPPY BIRTHDAY, SHARON!	National Twin Day 18 9:30 Chair Chi with Stephanie 10:00 Daily Chronicle 10:30 Baking Club 11:30 Aromatherapy - Namaste 2:00 Scrap Fabric Garland 3:00 Tai Chi with Homer 6:30 Group Game	Ugly Christmas Sweater Day 19 9:30 Parachute Popcorn 10:00 Mid Morning Treat & Trivia 10:30 Groovin with Susan SF 11:30 Aromatherapy - Namaste 2:00 Indoor Strutters 3:00 Happy Hour with Heather MacAdam 6:30 Movie Night	9:30 Chair Yoga with Ryan 20 10:00 Daily Chronicle 10:30 Men's Club 11:30 Aromatherapy - Namaste 2:00 Simple Truth Church Choir 4:00 Folded Memories HAPPY BIRTHDAY, ANDREA!
National Fried Shrimp Day 21 9:30 Morning Coffee & Donuts with Friends & Family 10:30 Simple Truth Church Service 11:30 Aromatherapy - Namaste 1:30 Christmas BINGO! 3:00 Cocoa & Conversations 4:00 Folded Memories 6:00 Christmas Lights Scenic Drive HAPPY BIRTHDAY, CAROL!	9:30 Morning Exercise with Tammi 22 10:00 Mid Morning Treat & Trivia 10:30 Groovin with Susan SF 11:30 Aromatherapy - Namaste 2:00 Scrapbooking 3:30 Tic Tac Toe 6:30 Group Game	9:30 Chair Chi with Stephanie 23 10:00 Daily Chronicle 10:30 Beauty Hour 11:30 Aromatherapy - Namaste 2:00 Indoor Strutters 3:30 Santa Ornaments 6:00 Aromatherapy - Calming Affirmations	National Eggnog Day 24 9:30 Chair Yoga with Ryan 10:00 Mid Morning Treat & Trivia 10:30 Groovin with Susan SF 11:30 Aromatherapy - Namaste 2:00 Scenic Drive 3:30 Inspirational Art Hour 6:30 Group Puzzle	MERRY CHRISTMAS 25 9:30 Christmas Morning Gift Giving 10:00 Holiday Hymns 1:30 Christmas Bingo! 3:00 Christmas Cookie Decorating 6:30 Holiday Reminiscing 	9:30 Parachute Ball Toss 26 10:00 Daily Chronicle 10:30 Flash Back Friday Reminisce 11:30 Aromatherapy - Namaste 2:00 Band Fitness 3:00 Mini Golf 6:30 Movie Night 	9:30 Chair Yoga with Ryan 27 10:00 Daily Chronicle 10:30 Men's Club 11:30 Aromatherapy - Namaste 2:00 Wonders of the World 4:00 The Art of Table Setting
National Chocolate Candy Day 28 9:30 Chair Chi with Stephanie 10:00 Daily Chronicle & Devotional 10:30 Simple Truth Church Service 11:30 Aromatherapy - Namaste 1:30 Go Fish! 3:00 Cocoa & Conversations 4:00 Folded Memories 6:00 Aromatherapy - Hand Massage	9:30 Morning Exercise with Tammi 29 10:00 Mid Morning Treat & Trivia 10:30 Groovin with Susan SF 11:30 Aromatherapy - Namaste 1:30 Manicures with Kristen 3:30 Holiday Movie with Popcorn 6:30 Group Puzzle	National Bacon Day 30 9:30 Chair Chi with Stephanie 10:00 Daily Chronicle 10:30 Baking Club 11:30 Aromatherapy - Namaste 2:00 Band Fitness 3:30 Snowman Craft 6:00 Aromatherapy - Calming Affirmations	NEW YEARS EVE 31 9:30 Chair Yoga with Ryan 10:00 Daily Chronicle & Devotional 10:30 Reminisce New Years Eve 11:30 Aromatherapy - Namaste 2:00 Scenic Drive Around Nevada City 3:30 Mini Golf 6:30 Group Game  HAPPY BIRTHDAY, HOLLY!			