

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	8:30 NU Step 9:00 Chair Chi – Picture Trivia 10:00 Sew in Time 11:00 Easy Walking 1:00 Bible Reading 2:00 Needle Craft for BAH Cancer Center 6:00 Classic Movies Res. Choice	Doctor Day 8:30 NU Step 9:00 Steel Feathers Strech and Tone with Lisa 10:00 Being Creative 1:00 Suzie on Piano 3:00 Steel Feathers Chair Dancing with Lisa IL 6:00 Netflix Res. Choice	Shopping Day 8:30 NU Step 9:00 Safeway 9:00 Chair Yoga with Irene 10:00 Jigsaw Puzzles 2:00 AL Christmas Party 3:00 Afternoon Walk 6:00 Movie Night Res. Choice	8:30 NU Step 9:00 Chair Chi / Trivia 10:00 Candy Making Day 11:00 Easy Walking 1:00 Bingo Social 3:00 Steel Feathers Chair Dancing with Lisa IL 6:00 Netflix Res. Choice	Joy of Baking 8:30 NU Step 9:00 Chair Chi / Trivia 11:00 Sound of Joy 11:00 Mt. Man 1:00 Diamond Art 3:00 C. Res Wine & Cheese 6:00 Classic Movies Res. Choice	8:30 NU Step 9:00 Everfit / Trivia 10:00 Hand Day Spa 11:00 Easy Walking 11:00 Furry Friends 1:00 Bingo with Debbie 2:00 Dan on Guitar 3:00 Color Quilt Blocks 6:00 Music w/ Erin – Jesus of Latter Day Saint
	Self – Led Activities Worship Day Bible Reading 8:30 NU Step 11:00 Easy Walking 1:00 Afternoon Movie 2:00 Jigsaw Puzzles 6:00 Movie Night Res. Choice	8:30 NU Step 9:00 Chair Chi / Trivia 10:00 Sew in Time 11:00 Easy Walking 1:00 Bible Reading 2:00 Needle Craft for BAH Cancer Center 6:00 Classic Movies Res. Choice	Shopping Day 8:30 NU Step 9:00 Bi mart Coos Bay 9:00 Chair Yoga with Irene 11:00 Easy Walking 1:00 Shut the Box Game 2:00 Music w/ Elvis & Tina 3:00 Afternoon Walk 6:00 Movie Night Res. Choice	8:30 NU Step 9:00 Chair Chi / Trivia 10:00 Making Christmas Ornaments w/ Star of Hope 11:00 Easy Walking 1:00 Bingo Social 3:00 Steel Feathers Chair Dancing with Lisa IL 6:00 Netflix Res. Choice	8:30 NU Step 9:00 Chair Chi / Trivia 10:00 Shut the Box Game 1:00 Staff Christmas Party 2:00 Easy Walking 6:00 Classic Movies Res. Choice	8:30 NU Step 9:00 Everfit / Trivia 10:00 Hand Day Spa 11:00 Beach Ball Toss 11:00 Easy Walking 1:00 Just for Fun Bingo 2:00 Second Wind Quartet 6:00 Netflix Res. Choice
	Self – Led Activities Worship Day Bible Reading 8:30 NU Step 11:00 Easy Walking 1:00 Afternoon Movie 2:00 Jigsaw Puzzles 6:00 Movie Night Res. Choice Hanukkah Begins	Self-led Activities 8:30 NU Step 9:00 Morning Stretch 11:00 Easy Walking 1:00 Bible Reading 2:00 Color Quilt Blocks for Quilts for Giving 6:00 Classic Movies Res. Choice	Doctor Day 8:30 NU Step 9:00 Steel Feathers Strech and Tone with Lisa 10:00 South Coast Hospice 2:00 Old Time Fiddlers 3:00 Steel Feathers Chair Dancing with Lisa IL 6:00 Netflix Res. Choice	8:30 NU Step 9:00 Everfit / Trivia 9:00 Chair Yoga with Irene 10:00 Color Quilt Blocks 11:00 Easy Walking 2:00 Monthly Birthday Party and Story Telling 6:00 Movie Night Res. Choice	8:30 NU Step 10:00 Hymns with Malcolm 11:00 Easy Walking 12:30 IL Christmas Party 3:00 Steel Feathers Chair Dancing with Lisa IL 6:00 Netflix Res. Choice	Self-led Activities 8:30 NU Step 9:00 Morning Stretch 10:00 Crocheting 11:00 Easy Walking 12:30 C. Res. Birthday Party 1:00 Hoapili Group 3:00 Afternoon Walk 6:00 Classic Movies Res. Choice
	Self – Led Activities Worship Day Bible Reading 8:30 NU Step 11:00 Easy Walking 1:00 Afternoon Movie 2:00 Jigsaw Puzzles 6:00 Movie Night Res. Choice Winter Begins	Self-led Activities 8:30 NU Step 9:00 Morning Stretch 11:00 Easy Walking 1:00 Bible Reading 2:00 Color Quilt Blocks for Quilts for Giving 6:00 Classic Movies Res. Choice	Doctor Day Self-led Activities 8:30 NU Step 9:00 Steel Feathers Strech and Tone with Lisa 10:00 Crocheting Hats 3:00 Steel Feathers Chair Dancing with Lisa IL 6:00 Netflix Res. Choice	8:30 NU Step 9:00 Everfit / Trivia 9:00 Chair Yoga with Irene 10:00 Diamond Art 11:00 Easy Walking 2:00 Renay on Piano and Sing a Long 6:00 Movie Night Res. Choice New Year's Eve	Self-led Activities 8:30 NU Step 10:00 Easy Walking 1:00 Jigsaw Puzzles 2:00 Christmas Movies 3:00 Steel Feathers Chair Dancing with Lisa IL 6:00 Netflix Res. Choice Christmas	8:30 NU Step 9:00 Everfit / Trivia 10:00 Acrylic Painting 1:00 Penny Toss 2:00 Diamond Art 2:00 Afternoon Movie 6:00 Classic Movies Res. Choice Boxing Day (Canada) Kwanzaa Begins
	Self – Led Activities Worship Day Bible Reading 8:30 NU Step 11:00 Easy Walking 1:00 Afternoon Movie 2:00 Jigsaw Puzzles 6:00 Movie Night Res. Choice	Self-led Activities 8:30 NU Step 9:00 Morning Stretch 11:00 Easy Walking 1:00 Bible Reading 2:00 Color Quilt Blocks for Quilts for Giving 6:00 Classic Movies Res. Choice	Doctor Day Self-led Activities 8:30 NU Step 9:00 Steel Feathers Strech and Tone with Lisa 10:00 Crocheting 11:00 Easy Walking 3:00 Steel Feathers Chair Dancing with Lisa IL 6:00 Netflix Res. Choice			