

 Royalton Place Assisted Living 						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Birthdays Dora 11/11 Lois O 11/15	Meal Times Breakfast 8:00 Lunch 12:00 Dinner 5:00	1 8:30 Rummikub AR 10:00 Exercise AR 11:00 Mindful Coloring AR 1:00 History with Harry AR 2:00 College Football AR 3:00 Paint w/ Kay & Julie AR 4:00 Trash the Cards AR 6:00 'Our Planet' AR Series on Netflix
2 Daylight Savings Ends 8:30 Rummikub AR 9:15 Spiritual Eldercare Video Sermon AR 9:30 Shopping Trip O\$ 10:00 Exercise AR 10:15 Daily Chronicles AR 11:00 Couch Karaoke LR 1:00 Sunday Matinee AR 2:00 Visit from Girl Scouts P 3:30 Bingo AR 6:00 History Doc. AR	3 10:00 Exercise AR 10:00 Church with Chuck L 10:15 Daily Chronicles AR 10:30 Scenic Drive O 10:45 Pet Visit with Denis AL 1:00 Open Board Games AR 3:00 Trash the Cards AR 4:00 Finish the Lines AR 6:00 Open Puzzle Time AR	4 9:40 Steel Feathers AR Exercise with Katherine 10:15 Daily Chronicles AR 10:30 Tasty Treats AR 1:30 Meditative Coloring AR 2:30 Brain Games AR 3:00 Happy Hr. & Poker AR 6:00 Comedy Hr. AR 6:15 Open Board Games AR	5 9:00 Coffee and Chit-chat L 9:40 Steel Feathers AR Exercise with Katherine 10:15 Daily Chronicles AR 10:30 Shopping Trip O\$ 1:30 Hand Massages AR 2:45 Cocoa Social AR 3:00 Bingo AR 4:15 Bingo Store HW 6:00 Meditation Music AR 6:15 Puzzles After Dark AR 6:30 Expoza Travel AR	6 8:30 Rummikub AR 10:00 Exercise w/ Candy AR 10:15 Daily Chronicles AR 11:00 Karaoke AR 1:15 Walk n' Roll O 2:00 Music DR Robert Rictor 3:00 Paint & Color AR 6:00 KATU News AR 6:15 Open Billiards AR	7 9:00 Coffee and Chat DR 9:40 Steel Feathers AR Exercise with Katherine 1:00 Afternoon Matinee AR 3:00 'Wipe Out' AR Series on Netflix 3:30 Today in History AR 6:00 Puzzles AR 6:30 Expoza Travel AR	8 8:30 Rummikub AR 10:00 Exercise AR 11:00 Mindful Coloring AR 1:00 Discover Nova AR 3:00 Paint w/ Kay & Julie AR 2:00 College Football AR 4:00 Trash the Cards AR 6:00 'Our Planet' AR Series on Netflix
9 8:30 Rummikub AR 9:15 Spiritual Eldercare Video Sermon AR 9:30 Shopping Trip O\$ 10:00 Exercise AR 10:15 Daily Chronicles AR 11:00 Couch Karaoke LR 1:00 Sunday Matinee AR 1:15 Pampered Hands AL 2:00 Drawing Technique AR 3:00 Bingo AR 4:15 Bingo Store HW 6:00 History Doc. AR	10 10:00 Exercise AR 10:00 Church with Chuck L 10:15 Daily Chronicles AR 10:30 Veteran Pinning Ceremony DR 10:45 Pet Visit with Denis AL 1:00 Outing: O Scenic Drive Ft. Vancouver 3:00 Trash the Cards AR 4:00 Finish the Lines AR 6:00 Open Puzzle Time AR	11 Veterans Day 9:40 Steel Feathers AR Exercise with Katherine 10:15 Daily Chronicles AR 10:30 Music DR Mike Oxburrow 1:30 Meditative Coloring AR 2:30 Brain Games AR 3:00 Happy Hr. & Poker AR 6:00 Comedy Hr. AR 6:15 Open Board Games AR	12 9:00 Coffee and Chit-chat L 9:40 Steel Feathers AR Exercise with Katherine 10:15 Daily Chronicles AR 10:30 Shopping Trip O\$ 1:00 Karaoke AR 2:00 Hand Massages AR 2:45 Cocoa Social AR 3:00 Bingo AR 4:15 Bingo Store HW 6:00 Meditation Music AR 6:15 Puzzles After Dark AR 6:30 Expoza Travel AR	13 8:30 Rummikub AR 10:00 Exercise w/ Candy AR 10:15 Daily Chronicles AR 11:00 Karaoke AR 1:15 Walk n' Roll O 2:30 Thursday Matinee AR 3:00 Paint & Color AR 6:00 KATU News AR 6:15 Open Billiards AR	14 9:00 Coffee and Chat DR 9:40 Steel Feathers AR Exercise with Katherine 1:00 Afternoon Matinee AR 3:00 'Wipe Out' AR Series on Netflix 3:30 Today in History AR 6:00 Puzzles AR 6:30 Expoza Travel AR	15 8:30 Rummikub AR 10:00 Exercise AR 11:00 Mindful Coloring AR 1:00 History with Harry AR 2:00 College Football AR 3:00 Paint w/ Kay & Julie AR 4:00 Trash the Cards AR 6:00 'Our Planet' AR Series on Netflix

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 8:30 Rummikub AR 9:15 Spiritual Eldercare Video Sermon AR 9:30 Shopping Trip O\$ 10:15 Daily Chronicles AR 10:30 Poetry Reading L <i>James Hipshire</i> 1:00 Sunday Matinee AR 1:15 Pampered Hands AL 2:00 Drawing Technique AR 3:00 Bingo AR 4:15 Bingo Store HW 6:00 History Doc. AR	17 10:00 Holiday Photo Shoot AR 10:00 Church with Chuck L 10:15 Daily Chronicles AR 10:45 Ted Talk AR 10:45 Pet Visit with Denis AL 1:00 Open board Games AR 3:00 Trash the Cards AR 4:00 Finish the Lines AR 6:00 Open Puzzle Time AR	18 9:40 Steel Feathers AR <i>Exercise with Katherine</i> 10:15 Daily Chronicles AR 10:30 Tasty Treats AR 11:00 Dementia Care Support Group with Julianne L 1:30 Music DR <i>Monte & Hank</i> 3:00 Happy Hr. & Poker AR 4:00 Planning Committee AR 6:00 Comedy Hr. AR 6:15 Open Board Games AR	19 9:00 Coffee and Chit-chat L 9:40 Steel Feathers AR <i>Exercise with Katherine</i> 10:15 Daily Chronicles AR 10:30 Shopping Trip 1 O\$ 11:00 Scented Sachets AR 1:00 Karaoke AR 2:00 Hand Massages AR 2:45 Cocoa Social AR 3:00 Bingo AR 4:15 Bingo Store HW 6:00 Meditation Music AR 6:15 Puzzles After Dark AR 6:30 Expoza Travel AR	20 8:30 Rummikub AR 9:00 Open Puzzle Time AR 9:15 Daily Chronicles AR 10:00 Exercise w/ Candy AR 10:30 Music DR <i>Ted Horwitz</i> 1:15 Walk n’ Roll O 3:00 Paint & Color AR 6:00 KATU News AR 6:15 Open Billiards AR	21 9:00 Coffee and Chat DR 9:40 Steel Feathers AR <i>Exercise with Katherine</i> 1:00 Afternoon Matinee AR 3:00 ‘Wipe Out’ AR Series on Netflix 3:30 Today in History AR 6:00 Puzzles AR 6:30 Expoza Travel AR	22 8:30 Rummikub AR 10:00 Exercise AR 11:00 Mindful Coloring AR 1:00 Discover NOVA AR 2:00 College Football AR 3:00 Paint w/ Kay & Julie AR 4:00 Trash the Cards AR 6:00 ‘Our Planet’ AR Series on Netflix
23 8:30 Rummikub AR 9:15 Spiritual Eldercare Video Sermon AR 9:30 Shopping Trip O\$ 10:00 Exercise AR 10:15 Daily Chronicles AR 11:00 Couch Karaoke LR 1:00 Sunday Matinee AR 1:15 Pampered Hands AL 2:00 Drawing Technique AR 3:00 Bingo AR 4:15 Bingo Store HW 6:00 History Doc. AR	24 10:00 Exercise w/ Candy AR 10:00 Church with Chuck L 10:15 Daily Chronicles AR 10:30 Outing OL\$ <i>Sammy’s Burgers & Shakes</i> 10:45 Pet Visit with Denis AL 1:00 Open board Games AR 3:00 Trash the Cards AR 4:00 Finish the Lines AR 6:00 Open Puzzle Time AR	25 9:40 Steel Feathers AR <i>Exercise with Katherine</i> 10:15 Daily Chronicles AR 10:30 Sing With Roger AR 11:00 Tasty Treats AR 1:30 Holiday Door Craft AR 2:30 Brain Games AR 3:00 Happy Hr. & Poker AR 4:00 Resident Council AR 6:00 Comedy Hr. AR 6:15 Open Board Games AR	26 9:00 Coffee and Chit-chat DR 9:40 Steel Feathers AR <i>Exercise with Katherine</i> 10:15 Daily Chronicles AR 10:30 Shopping Trip 1 O\$ 11:00 Arts & Crafts AR 1:00 Karaoke AR 2:00 Hand Massages AR 2:45 Cocoa Social AR 3:00 Bingo AR 4:15 Bingo Store HW 6:00 Meditation Music AR 6:15 Puzzles After Dark AR 6:30 Expoza Travel AR	27 <i>Thanksgiving</i> 8:30 Macy’s Thanksgiving Day Parade on NBC 8:30 Rummikub AR 9:00 Open Puzzle Time AR 10:00 Exercise AR 10:15 Daily Chronicles AR 11:00 Karaoke AR 12:00 B-day Celebrations DR 1:15 Walk with a Friend AL 3:00 Open Board Games AR 6:00 KATU News AR 6:15 Open Billiards AR	28 9:00 Coffee and Chat DR 9:40 Steel Feathers AR <i>Exercise with Katherine</i> 1:00 Afternoon Matinee AR 1:30 Chef Talk with Lance DR 3:00 ‘Wipe Out’ AR Series on Netflix 3:30 Today in History AR 6:00 Puzzles AR 6:30 Expoza Travel AR	29 8:30 Rummikub AR 10:00 Exercise AR 11:00 Mindful Coloring AR 1:00 Discover NOVA AR 2:00 College Football AR 3:00 Paint w/ Kay & Julie AR 4:00 Trash the Cards AR 6:00 ‘Our Planet’ AR Series on Netflix
30 8:30 Rummikub AR 9:15 Spiritual Eldercare Video Sermon AR 10:00 Exercise AR 10:15 Daily Chronicles AR 11:00 Sing Along LR 1:00 Sunday Matinee AR 3:00 Bingo AR 4:15 Bingo Store HW 6:00 History Doc. AR	Abbreviation Key AR Activity Room AL Assisted Living DR Dining Room L Library P Patio LR Living Room HW Hallway I Independent O Off Site \$# ticket price L\$ Lunch Money \$ Purchase Optional Once Monthly/Special Events and Guests Time Change *All Activities are subject to change. Outdoor activities weather permitting.	<i>Music</i> <i>Robert Ricter 11/6</i> <i>Mike Oxburrow 11/11</i> <i>Monte and Hank 11/18</i> <i>Ted Horwitz 11/20</i> <i>Sing with Roger 11/25</i>	<i>Be sure to sign up!</i> <i>Shopping</i> <i>Sundays at 9:30AM</i> <i>Wednesdays at 10:30AM</i> <i>Unless otherwise posted</i> <i>Outings</i> <i>11/3 Scenic Drive</i> <i>11/10 Ft. Vancouver Drive</i> <i>11/24 Sammy’s Burgers</i>			