



900 W. Alpine Way
Shelton, WA 98584

Phone: (360) 426-2600
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www.AlpineWayLiving.com



www.facebook.com/alpinewayliving

December Resident Birthdays

12/1 Janet L.
12/2 Janice M.
12/9 Bill A.
12/9 Maria K.
12/12 Jean R.
12/16 Jim M.
12/19 Gretchen S.
12/21 Bruce B.
12/22 Joan H.
12/22 F.W. J.
12/30 Edwin H.
12/31 Ellen B.
12/31 Saralee J.

December Staff Birthdays

12/6 Michele O.
12/9 Everette H.
12/11 Misty M.
12/17 Hiromi Y.
12/25 Kimberly B.
12/25 Dakota J.
12/28 Katha M.

Alpine Way

December 2025

Alpine Way | 900 W Alpine Way, Shelton WA, 98584 | 360-426-2600 |

Meet Our Team!

Executive Director

Trudy Hunter

TrudyH@Cascadeliving.com

Wellness Director

Laura Stevens

LauraS@cascadeliving.com

Assistant Wellness Director

Savannah Thomas

SavannahT@Cascadeliving.com

Marketing Director

Cyndy Armitage

CyndyA@cascadeliving.com

Business Office Manager

Maria Poulos

MariaP@cascadeliving.com

Environmental Director

Travis Wagner

TravisW@cascadeliving.com

Plant Operations Director

Rod Davis

RodD@cascadeliving.com

Dining Services Director

Donna Jorgenson

DonnaJ@cascadeliving.com

Feliz Navidad

In Mexico, Christmas is more than just a day—it's a lively season filled with music, food, and family gatherings that stretches from mid-December into the new year. Instead of focusing on only December 25, the holiday season is marked by a series of festive events, each with its own customs and flavors.

One of the most beloved traditions is *Las Posadas*, a religious festival celebrated from December 16–24. Each evening, families reenact Mary and Joseph's search for shelter in Bethlehem. They gather for nightly processions that include singing, candlelight, and, of course, breaking open a brightly colored piñata. The piñatas are often star-shaped with seven points, said to represent the seven deadly sins. Swinging at them is both fun and symbolic!

Decorations also play an important role in the season. Alongside Christmas trees, you'll find homes adorned with poinsettias, or *flores de nochebuenas*, twinkling lights, and Nativity scenes called *nacimientos*. In many towns, community squares sparkle with paper lanterns and light displays, creating a warm, festive atmosphere.

Food is at the heart of the holiday. Families gather on Christmas Eve for *Nochebuena*, the grand feast of the season. Dishes might include tamales, stuffed turkey, or pozole, a hearty hominy stew. A mug of *ponche Navideño*, a warm spiced fruit punch, is almost always on the table, and dessert often features crisp, sugary *buñuelos* or a slice of *Rosca de Reyes* (king's ring cake).

Music and fireworks add even more energy. Caroling, mariachi bands, and neighborhood parties keep spirits high while bursts of fireworks light up the skies throughout December. The season wraps up on January 6, *Día de los Reyes* (Three Kings' Day), when children wake to find gifts left by the Magi. It's a joyful reminder that in Mexico, Christmas is more than just one day—it's a whole season of togetherness, laughter, and celebration.

Safety Reminder

With colder weather and the holidays coming we would like to remind you:

Due to fire hazard we do NOT allow real/live wreaths or real/live christmas trees in the building

Please be sure heaters in your room are never blocked or covered while in use. There should be at least 3 feet of clearance in front of any heat source for safety.

ALPINE WAY PRESENTS

Christmas LIGHT TOUR

IL/AL Tour - Thursday
December 18th @ 6pm

Lodge - Friday
December 19th @ 6pm

IL/AL Residents please
sign up at the front
desk.
Spots are limited

Laundry Services:

When using the laundry service that Alpine Way offers, please make sure all your clothes are clearly labeled so that they can be returned to you. The best labeling method is using the first initial of the first name followed by the last name. If you have items that were sent to the laundry room and haven't made their way back, please check the lost & found cart. This cart is located right outside of the laundry room. Also, Alpine Way does NOT take any clothing donations. Any further questions can be answered by the Environmental Services manager Travis Wagner. Thank you.





Good Friends Make

Good Neighbors Program

From our elegantly appointed interior and beautifully maintained grounds to the exceptional healthcare programs and services provided by our professional staff, residents who introduce Cascade Living Group's Living Well philosophy to their friends or family members could receive credit(s) applied toward their rent.

How It Works

When a resident or family member refers a new potential resident* to a Cascade Living Group community and that person moves in for at least 90 days, the referring resident will **receive a \$4,000 credit** applied to their base rent.

*In order to qualify as a new potential resident, the person being referred must not already be on our contact list. To make a referral and to ensure you receive proper credit for making the introduction, please provide your name and the name of your friend or family member to our Executive Director or Director of Sales and Marketing prior to the inquiry or tour.

For more information, please call

360-426-2600

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Retirement Living | Assisted Living | Memory Care

