

<p>18. Spectacular Sunday</p> <p>Life Keys to happiness</p> <p>Happy Challenge</p> <p>Film Screening</p> <p>The Happiness Project</p> <p>Women's Tea</p>	<p>19. Meaningful Monday</p> <p>The voice heard around the world</p> <p>A Dream of Unity</p> <p>Social</p> <p>From Selma to Montgomery</p> <p>Gelato Gathering</p>	<p>20. Therapeutic Tuesday</p> <p>Zumba with Claudia</p> <p>The Majestic</p> <p>Alaskan Moose</p> <p>Food For Thought</p> <p>World Travels to Alaska</p> <p>The last Frontier</p>	<p>21. Warmhearted Wednesday</p> <p>Who are they?</p> <p>Disco Fever</p> <p>Fashion of the 1970's</p> <p>Disco Letter Art</p> <p>"Saturday Night Fever"</p>	<p>22. Twinkling Thursday</p> <p>Chair Dancing with Steel Feathers</p> <p>Making Bread</p> <p>Best Bread Tips</p> <p>Price is Right</p> <p>Diy Charcuterie</p> <p>Breathing Exercise</p>	<p>23. Friendly Friday</p> <p>Exercise</p> <p>Rock 'n' Roll Hall of Fame</p> <p>Rock out Tattoos</p> <p>History of Rock</p> <p>Rock Bingo</p> <p>Twist and Shout</p> <p>Namaste</p>	<p>24. Swingin Saturday</p> <p>Giving and Receiving</p> <p>Compliments</p> <p>10 Golden</p> <p>Compliments</p> <p>Bingo</p> <p>Evening Stretches</p>
<p>25. Simple Sunday</p> <p>EZ Can You Picture this?</p> <p>Dirty Soda's</p> <p>The Real Scoop</p> <p>Rhyming Challenge</p> <p>Worship with the Schaffers at 3:30</p> <p>Meditation</p>	<p>26. Mesmerizing Monday</p> <p>Who is she?</p> <p>The 5 lessons of Bessie Colman's</p> <p>Aviation</p> <p>Learning Lab</p> <p>Warm up</p> <p>Step to Fitness</p>	<p>27. Teeming Tuesday</p> <p>Holocaust Memorial</p> <p>10 Powerful</p> <p>Question Quiz</p> <p>Teaching Tolerance</p> <p>Immersive Exercise</p> <p>Rhyming Challenge</p> <p>Namaste</p>	<p>28. Wishful Wednesday</p> <p>How to play Kazoo</p> <p>Must see Kazoo phony</p> <p>Alabama Vest</p> <p>The History of the Kazoo</p> <p>Breathing Exercise</p>	<p>29. Timeless Thursday</p> <p>Dancing with Claudia</p> <p>Edgar Allen Poe's</p> <p>The Raven</p> <p>Who is Edgar Allen Poe?</p> <p>Evening Stretching</p>	<p>30. Final Friday</p> <p>Laugh - In</p> <p>Personal Life of Dick Martin</p> <p>The Joke Wall</p> <p>Big Fun</p> <p>Being an Adult</p> <p>Nightly Exercise</p> <p>Breathing therapy</p>	<p>31. Salubrious Saturday</p> <p>Inspire your heart with Art</p> <p>Virtual Art Museum</p> <p>Landscape Water</p> <p>Painting</p> <p>Ballon Tennis</p> <p>Ring toss</p>



**The Lodge At
Arbor Village**

24004 114th Place SE, Kent, WA
98030

All activities and events are subject
to change based on resident
interests, requests and weather.



**Happy
Birthday!**

ROSELYN W- 1/ 2

PATRICIA B- 1/23