

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 January 2026 Cascades of Bremerton 360-479-8522 The Willows /Independent Living				1 Movie Marathon in Town Hall <i>Happy New Year!</i> New Year's Day	2 9:30 Body Joint Exercise FC <u>10:00 American Sign language TH</u> 10:30 Hymn Sing along L 1:00 Bingo GL 1:00 Wii Golf TH 2:00 Wii Bowling TH 3:00 Social Hour GL 6:15 Movie TH 6:00Phase 10	3 9:30 Body Joint Exercise FC 10:00 Cribbage GL 11:00 Adult Coloring GL 12:30 Baking PR 1:00 Wii Bowling TH 2:00 Phase 10 GL 6:15 Movie TH 6:15 Pinochle L
4 Tech Support/Please Sign up at the Bistro. 10:00 Cribbage GL 1:00 Painting PR 2:00 Mexican Train L 6:00 Movie TH	5 9:30 Body Joint Exercise FC 10:00 Coffee Social GL 10:00 Cribbage B 10:45 Tai Chi FC 11:00 Yoga Stretch FC 1:00 Beanbag Baseball TH 2:00 Balance Class FC 2:00 Phase 10 GL 6:15 Movie TH	6 9:30 Body Joint Exercise FC 10:00 Cribbage B 11:00 Everfit FC 1:00 Wheaton Way Shopping 1:00 Rummikub GL 1:00 Wii Golf TH 3:00 Blackjack 6:00 Mexican Train L	7 9:30 Body Joint Exercise FC 10:00 Cribbage B 10:45 Tai Chi FC 11:00 Yoga Stretch FC <u>11:15 Therapy Dogs /Lobby</u> 1:00 Nimble Needles FL 1:00 Spinner Dominoes GL <u>2:00 Chef Talk DR</u> <u>2:45 Happy Hour/ Karaoke DR</u> 6:15 Movie TH	8 9:30 Body Joint Exercise FC 10:00 Catholic Visits L 10:00 Cribbage/Board games 10:00 Good Will Run 1:00 Casino 1:00 Crafts PR 3:00 Game Time GL 6:15 Movie TH	9 9:30 Body Joint Exercise FC <u>10:00 American Sign language TH</u> 10:30 Hymn Sing along L 1:00 Bingo GL 1:00 Wii Golf TH 2:00 Wii Bowling TH 3:00 Social Hour GL 6:15 Movie TH 6:00Phase 10	10 9:30 Body Joint Exercise FC 10:00 Cribbage Tournament B 11:00 Adult Coloring GL 1:00 Crafts PR 1:00 Wii Bowling TH 2:00 Phase 10 GL 6:15 Movie TH 6:00 Pinochle L .
11 Tech Support/Please Sign up at the Bistro. 10:00 Cribbage GL 1:00 Painting PR 2:00 Spinner Dominoes L 6:00 Movie TH	12 9:30 Body Joint Exercise FC 10:00 Coffee Social GL 10:00 Cribbage B 10:45 Tai Chi FC 11:00 Yoga Stretch FC 1:00 Beanbag Baseball TH 2:00 Balance Class FC 2:00 Phase 10 GL 6:15 Movie TH	13 9:30 Body Joint Exercise FC 10:00 Cribbage B <u>10:00 Donuts with Jeff GL</u> 11:00 Everfit FC 1:00 Wheaton Way Shopping 1:00 Wii Golf TH 1:00 Rummikub GL 3:00 Poker GL 6:00 Mexican Train L	14 9:30 Body Joint Exercise FC 10:45 Tai Chi FC 11:00 Yoga Stretch FC <u>11:15 Therapy Dogs /Lobby</u> 1:00 Nimble Needles FL 1:00 Spinner Dominoes GL 1:00 Book Club L <u>2:45 Happy Hour/ Joey DR</u> 6:15 Movie TH	15 9:30 Body Joint Exercise FC 10:00 Silverdale Shopping 10:00 Catholic Visits L 10:00 Cribbage/Board games 11:00 Everfit FC 11:45 Lunch at Cloverleaf <u>2:30 Activity meeting TH</u> 3:00 Game Time GL 6:15 Movie TH	16 9:30 Body Joint Exercise FC <u>10:00 American Sign language TH</u> 10:30 Hymn Sing along L 1:00 Bingo GL 1:00 Wii Golf TH 2:00 Wii Bowling TH 3:00 Social Hour GL 6:15 Movie TH 6:00Phase 10	17 9:30 Body Joint Exercise FC 10:00 Cribbage GL 11:00 Adult Coloring GL 12:30 Baking PR 1:00 Wii Bowling TH 2:00 Phase 10 GL 6:15 Movie TH 6:15 Pinochle L
18 Tech Support/Please Sign up at the Bistro. 10:00 Cribbage GL 1:00 Painting PR 2:00 Mexican Train L 6:00 Movie TH	19 Foot Care 360 876-1612 9:30 Body Joint Exercise FC 10:00 Cribbage B 1:00 Beanbag Baseball TH 2:00 Balance Class FC 2:00 Phase 10 6:15 Movie TH Martin Luther King Jr. Day	20 9:30 Body Joint Exercise FC 10:00 Cribbage B 11:00 Everfit FC 1:00 Wheaton Way Shopping 1:00 Wii Golf TH 1:00 Rummikub GL 3:00 Farkle GL 6:00 Mexican Train L	21 9:30 Body Joint Exercise FC 10:00 Cribbage B 10:45 Tai Chi FC 11:00 Yoga Stretch FC <u>11:15 Therapy Dogs /Lobby</u> 1:00 Nimble Needles FL 1:00 Spinner Dominoes GL <u>2:00 Town Hall DR</u> <u>2:45 Happy Hour/ Tom DR</u> 6:15 Movie TH	22 9:30 Body Joint Exercise FC 9:30 Breakfast at bowling Ally 10:00 Catholic Visits L 10:00 Cribbage/Board games 11:00 Everfit FC 1:00 Casino 1:00 Crafts PR 3:00 Game Time GL 6:15 Movie TH	23 9:30 Body Joint Exercise FC <u>10:00 American Sign language TH</u> 10:30 Hymn Sing along L 1:00 Bingo GL 1:00 Wii Golf TH 2:00 Wii Bowling TH 3:00 Social Hour GL 6:15 Movie TH 6:00Phase 10	24 9:30 Body Joint Exercise FC 10:00 Cribbage Tournament B 11:00 Adult Coloring GL 1:00 Crafts PR 1:00 Wii Bowling TH 2:00 Phase 10 GL 6:15 Movie TH 6:00 Pinochle L .
25 Tech Support/Please Sign up at the Bistro. 10:00 Cribbage GL 1:00 Painting PR 2:00 Spinner Dominoes L 6:00 Movie TH	26 9:30 Body Joint Exercise FC 10:00 Coffee Social GL 10:00 Cribbage B 10:45 Tai Chi FC 11:00 Yoga Stretch FC <u>11:30 Ambassador Lunch DR</u> 1:00 Beanbag Baseball TH 2:00 Balance Class FC <u>3:00 Birthday/Welcome DR</u> 6:15 Movie TH (Observed)	27 9:30 Body Joint Exercise FC 10:00 Cribbage B 11:00 Everfit FC 1:00 Wheaton Way Shopping 1:00 Wii Golf TH 1:00 Rummikub GL 3:00 Wheel Of fortune TH 6:00 Mexican Train L	28 9:30 Body Joint Exercise FC <u>10:00 Eyeglass Clinic B</u> 10:45 Tai Chi FC 11:00 Yoga Stretch FC <u>11:15 Therapy Dogs /Lobby</u> 1:00 Nimble Needles FL 1:00 Spinner Dominoes GL <u>2:45 Happy Hour/Marty DR</u> 6:15 Movie TH	29 9:30 Body Joint Exercise FC 10:00 Catholic Visits L 10:00 Cribbage/Board games 11:00 Everfit FC 11:45 Lunch at Farrellis Pizza 1:00 Crafts PR 3:00 Game Time GL 6:15 Movie TH	30 9:30 Body Joint Exercise FC <u>10:00 American Sign language TH</u> 10:30 Hymn Sing along L 1:00 Bingo GL 1:00 Wii Golf TH 2:00 Wii Bowling TH 3:00 Social Hour GL 6:15 Movie TH 6:00Phase 10	31 9:30 Body Joint Exercise FC 10:00 Cribbage GL 11:00 Adult Coloring GL 12:30 Baking PR 1:00 Wii Bowling TH 2:00 Phase 10 GL 6:15 Movie TH 6:15 Pinochle L

FC=Fitness Center • B=Bistro • TH=Town Hall •PR=Project Room •GL=Game Lounge •SL=Sports Lounge • FL=Fireside Lounge L=Library DR=Dining Room