


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>Cascades</b> <i>of Bremerton</i></p> <p>Continuing Care Retirement Campus Independent Living • Personalized Supportive Services • Memory Care The Difference Between Living and Living Well</p>	<p>8:00 HOLIDAY MUSIC 9:00 READING CLUB: DAILY CHRONICLE 11:00<sup>AB</sup> 1:1 EXERCISE 12:00<sup>A</sup> RESIDENT COUNCIL &amp; ACTIVITY COMMITTEE LUNCHEON 1:00<sup>CD</sup> HOLIDAY SING ALONG &amp; DECKING THE HALLS 2:00-3:00 SNACK AND HYDRATE 3:00<sup>C</sup> EXERCISE WITH LENA 3:00<sup>AB</sup> HOLIDAY SING ALONG &amp; DECKING THE HALLS</p>	<p>8:00 HOLIDAY MUSIC 9:00 READING CLUB: DAILY CHRONICLE 10:30<sup>AB</sup> 1:1 EXERCISE: ARM BANDS &amp; WEIGHTS 11:00 COLOR BY NUMBERS (RL) 1:00<sup>C</sup> TREE TRIMMING PARTY 2:00-3:00 SNACK AND COCOA 3:00<sup>C</sup> STEEL FEATHERS EXERCISE WITH CAROL 3:30<sup>P</sup> TREE TRIMMING PARTY 6:00 DOCUMENTARY</p>	<p>8:00 HOLIDAY MUSIC 9:00 READING CLUB: DAILY CHRONICLE 10:00 SORTING/FOLDING 10:30<sup>AB</sup> THERAPY DOGS 1:00 SING ALONG w/ SUZIE Q 1:30<sup>C</sup> SUNSHINE SINGERS 2:00-3:00 SNACK AND HYDRATE 3:00<sup>AB</sup>/4:00<sup>CD</sup> COUNTING IN JAPANESE 5:30 YAHTZEE 6:00 NAMASTE: AROMATHERAPY &amp; CLASSICAL</p>	<p>8:00 HOLIDAY MUSIC 9:00 DAILY CHRONICLE &amp; CURRENT EVENTS 9:30/10:00 BIBLE STUDY 11:00 COMMUNION 11:00<sup>B</sup> BINGO 1:00<sup>C</sup> BINGO 2:00-3:00 TEA &amp; SNACKS 3:00<sup>C</sup> ZUMBA w/ JUNKO 2:30<sup>A</sup> TREE TRIMMING PARTY 3:30 CONCENTRATION PUZZLES (RL) 4:00<sup>B</sup> TREE TRIMMING PARTY</p>	<p>8:00 HOLIDAY MUSIC 9:00 READING CLUB: DAILY CHRONICLE 9:30 DEXTERITY VIDEO 10:00 HOLIDAY ART PAGES 10:00<sup>P</sup> LIVE MUSIC! w/ STACIE 11:00 SING ALONG 1:00 WORD MINING 2:00-3:00 REFUEL &amp; HYDRATE 3:00 CARD GAMES (RL) 4:00 TABLE SETTING 6:00 HOLIDAY MOVIE CHOICE</p>	<p>8:00 HOLIDAY MUSIC 9:00 READING CLUB: DAILY CHRONICLE 10:00 THE PRICE IS RIGHT! 11:00 WALKING CLUB (RL) 1:00 ADULT COLORING 2:00-3:00 SOCIAL HOUR~ REFUEL &amp; HYDRATE 3:00 BRAIN GAMES 4:00 ~LINDIMOO</p>
<p>8:00 HOLIDAY MUSIC 9:00 ~CHURCH &amp; HYMNS 10:00 SEAHAWKS!!!! 10:00<sup>CD</sup>/11:00<sup>AB</sup> HOLIDAY CARDMAKING 2:00-3:00 70'S DISCO SOCIAL HOUR SNACK &amp; HYDRATE 2:30<sup>AB</sup>/3:30<sup>CD</sup> FAMILY BOARDGAMES 3:00 SUNDAY MATINEE 6:00 NAMASTE: AROMATHERAPY</p>	<p>8:00 HOLIDAY MUSIC 9:00 READING CLUB: DAILY CHRONICLE 11:00<sup>CD</sup> YOGA &amp; MEDITATION 12:00<sup>B</sup> RESIDENT COUNCIL &amp; ACTIVITY COMMITTEE LUNCHEON 1:00<sup>AB</sup> SNOWBALL TOSS 2:00-3:00 SNACK AND HYDRATE 2:30<sup>CD</sup> SNOWBALL TOSS 3:00<sup>AB</sup> YOGA &amp; MEDITATION 5:30 ~TOUROPIA: 25 GREATEST NATURAL WONDERS</p>	<p>8:00 HOLIDAY MUSIC 9:00 READING CLUB: DAILY CHRONICLE 10:00 COLOR BY NUMBERS (RL) 10:30<sup>AB</sup> 1:1 EXERCISE: ARM BANDS &amp; WEIGHTS 1:00<sup>CD</sup> NAMASTE: HANDCARE 2:00-3:00 SNACK AND COCOA 2:30 JIGSAW PUZZLES 3:00<sup>C</sup> EXERCISE w/ CAROL 3:00<sup>AB</sup> NAMASTE: HANDCARE 6:00 CARD GAMES</p>	<p>8:00 HOLIDAY MUSIC 9:00 READING CLUB: DAILY CHRONICLE 10:00 SORTING/FOLDING 10:30<sup>AB</sup> THERAPY DOGS 1:00 SING ALONG w/ SUZIE Q 1:30<sup>CD</sup> /1:40<sup>AB</sup> – 3:00 SCENIC DRIVE 2:00-3:00 SNACK AND HYDRATE 3:30<sup>AB</sup>/4:00<sup>CD</sup> JAPANESE GREETINGS 5:30 YAHTZEE 6:00 NAMASTE: AROMATHERAPY</p>	<p>8:00 HOLIDAY MUSIC 9:00 DAILY CHRONICLE &amp; CURRENT EVENTS 9:30/10:00 BIBLE STUDY 11:00 COMMUNION 1:15<sup>CD</sup> DECEMBER BIRTHDAYS PARTY FEATURING LIVE MUSIC! w/ TOM 2:00-3:00 TEA &amp; SNACKS 3:00<sup>C</sup> ZUMBA w/ JUNKO 3:30 CONCENTRATION PUZZLES (RL) 3:00<sup>AB</sup>/4:00<sup>CD</sup> JOURNALING 6:00 MOVIE: PRANCER</p>	<p>8:00 HOLIDAY MUSIC 9:00 READING CLUB: DAILY CHRONICLE 9:30 DEXTERITY VIDEO 10:00 HOLIDAY ART PAGES 11:00 HOLIDAY SING ALONG 1:00 SANTA &amp; GINGERBREAD HOUSE MAKING PARTY FEATURING LIVE MUSIC w/ BRETT 3:00 FAMILY GAMES 4:00 TABLE SETTING 6:00 FRIDAY NIGHT MOVIE: ELF!</p>	<p>8:00 HOLIDAY MUSIC 9:00 READING CLUB: DAILY CHRONICLE 10:00<sup>C</sup> CROSSROADS NEIGHBORHOOD CHURCH CAROLERS 11:00 WALKING CLUB (RL) 1:00 ADULT COLORING 2:00-3:00 SOCIAL HOUR~ REFUEL &amp; HYDRATE 3:00 BRAIN GAMES 4:00 ~LINDIMOO</p>
<p>8:00 HOLIDAY MUSIC 9:00 ~CHURCH &amp; HYMNS 10:00<sup>CD</sup>/11:00<sup>AB</sup> WREATHMAKING 1:25 SEAHAWKS!!!! 2:00 FAMILY DAY FOOTBALL PARTY 2:30<sup>AB</sup>/3:30<sup>CD</sup> FAMILY BOARDGAMES 5:30 MOVIE: 8 CRAZY NIGHTS 6:00 NAMASTE: AROMATHERAPY HANUKKAH</p>	<p>8:00 HOLIDAY MUSIC 9:00 READING CLUB: DAILY CHRONICLE 11:00<sup>CD</sup> MAKING ORNAMENTS 12:00<sup>C</sup> RESIDENT COUNCIL &amp; ACTIVITY COMMITTEE LUNCHEON 1:15 LIVE MUSIC! w/ MICHAEL CRAIN 2:00-3:00 SNACK AND HYDRATE 3:00<sup>AB</sup> 1:1 MAKING ORNAMENTS 3:30<sup>CD</sup>/4:00<sup>AB</sup> HOLIDAY KARAOKE 6:00 TABLE GAMES (RL) HANUKKAH</p>	<p>8:00 HOLIDAY MUSIC 9:00 READING CLUB: DAILY CHRONICLE 10:30<sup>AB</sup> 1:1 EXERCISE: DEXTERITY 11:00<sup>CD</sup> NAMASTE: HANDSPA 2:00-3:00 SNACK AND COCOA 2:30 BRAIN GAMES &amp; PUZZLES 3:00<sup>C</sup> EXERCISE w/ CAROL 3:00<sup>AB</sup> NAMASTE: HANDSPA 6:00 DOCUMENTARY: NAT GEO HANUKKAH</p>	<p>8:00 HOLIDAY MUSIC 9:00 READING CLUB: DAILY CHRONICLE 10:30<sup>AB</sup> THERAPY DOGS 1:00 SING ALONG w/ SUZIE Q 1:00<sup>AB</sup> 1:1 ARMBANDS &amp; LEGS 2:00-3:00 SNACK AND HYDRATE 3:00<sup>C</sup> ZUMBA w/ LENA 4:20 HOLIDAY LIGHTS SCENIC DRIVE 6:00 SCRABBLE HANUKKAH</p>	<p>8:00 HOLIDAY MUSIC 9:00 DAILY CHRONICLE 9:30/10:00 BIBLE STUDY 11:00 COMMUNION 11:00<sup>B</sup>/1:00<sup>C</sup> BINGO 2:00-3:00 TEA &amp; SNACKS 3:00<sup>C</sup> ZUMBA w/ JUNKO 3:30 CONCENTRATION PUZZLES (RL) 3:00<sup>AB</sup>/4:00<sup>CD</sup> JOURNALING: HOLIDAYS 5:15 SEAHAWKS!!!! HANUKKAH</p>	<p>8:00 HOLIDAY MUSIC 9:00 DAILY CHRONICLE 9:30 DEXTERITY VIDEO 10:00 HOLIDAY ART PAGES 11:00 SING ALONG 1:00 WORD MINING 2:00-3:00 REFUEL &amp; HYDRATE 3:00 CARD GAMES (RL) 4:00 TABLE SETTING 6:00 FRIDAY NIGHT MOVIE CHOICE HANUKKAH</p>	<p>8:00 HOLIDAY MUSIC 9:00 READING CLUB: DAILY CHRONICLE 10:00 THE PRICE IS RIGHT! 11:00 WALKING CLUB (RL) 1:00 ADULT COLORING 2:00-3:00 SOCIAL HOUR~ REFUEL &amp; HYDRATE 3:00 BRAIN GAMES 4:00 ~LINDIMOO HANUKKAH</p>
<p>8:00 HOLIDAY MUSIC 9:00 ~CHURCH &amp; HYMNS 10:00<sup>CD</sup>/11:00<sup>AB</sup> BAKING HOLIDAY COOKIES 1:00<sup>CD</sup>/1:30<sup>AB</sup> WEIGHTS &amp; LEGS+ 2:00-3:00 SOCIAL HOUR 3:00 SUNDAY MATINEE 3:00 1:1s &amp; FAMILY BOARDGAMES 6:00 NAMASTE: AROMATHERAPY HANUKKAH</p>	<p>8:00 HOLIDAY MUSIC 9:00 READING CLUB: DAILY CHRONICLE 11:00<sup>AB</sup> 1:1 EXERCISE &amp; MEDITATION 12:00<sup>D</sup> RESIDENT COUNCIL &amp; ACTIVITY COMMITTEE LUNCHEON 1:30<sup>C</sup> LIVE HOLLY DAYS MUSIC! w/ HARMONICA RAY AND CATHERINE 2:00-3:00 SNACK AND HYDRATE 3:00 HOLIDAY ART PAGES (RL) 3:00<sup>C</sup> ZUMBA w/ JUNKO 2:30<sup>AB</sup>/3:30<sup>CD</sup> GAME: HOLIDAY FAVORITES 6:00 MIRACLE ON 34TH STREET</p>	<p>8:00 HOLIDAY MUSIC 9:00 READING CLUB: DAILY CHRONICLE 10:30<sup>AB</sup> 1:1 EXERCISE: DEXTERITY 11:00<sup>AB</sup>/1:00<sup>CD</sup> HOLIDAY REMINISCING 2:00-3:00 COFFEE &amp; PASTRIES 2:30 PONDERING PUZZLE GAMES 3:00<sup>C</sup> ZUMBA w/ CAROL 3:00<sup>AB</sup> NAMASTE ~ HAND CARE 3:30 GROUP ART 6:00 DOCUMENTARY: DOLPHINS UP CLOSE</p>	<p>8:00 HOLIDAY MUSIC 9:00 READING CLUB: DAILY CHRONICLE 10:00 SORTING/FOLDING 10:30<sup>AB</sup> THERAPY DOGS 1:00 SING ALONG w/ SUZIE Q 1:30<sup>CD</sup> /1:40<sup>AB</sup> – 3:00 SCENIC DRIVE 2:00-3:00 SNACK AND HYDRATE 3:00<sup>C</sup> ZUMBA w/ LENA 4:00 TABLEGAMES (RL) 5:30<sup>CD</sup>/6:00<sup>AB</sup> GROUP READING: TWAS THE NIGHT BEFORE CHRISTMAS</p>	<p>8:00 HOLIDAY MUSIC FAMILY DAY: 1:00 ROCKING AROUND THE CHRISTMAS TREE SOCIAL 3:00 MOVIE &amp; POPCORN: POLAR EXPRESS Merry Christmas</p>	<p>8:00 HOLIDAY MUSIC 9:00 DAILY CHRONICLE 9:30 DEXTERITY VIDEO 10:00 HOLIDAY ART PAGES 11:00 SING ALONG 1:00 WORD MINING 2:00-3:00 REFUEL &amp; HYDRATE 3:00 CARD GAMES (RL) 4:00 TABLE SETTING 6:00 FRIDAY NIGHT MOVIE CHOICE Boxing Day (Canada) Kwanzaa Begins</p>	<p>8:00 HOLIDAY MUSIC 9:00 READING CLUB: DAILY CHRONICLE 10:00 THE PRICE IS RIGHT! 11:00 WALKING CLUB (RL) 1:00 ADULT COLORING 2:00-3:00 SOCIAL HOUR~ REFUEL &amp; HYDRATE 3:00 BRAIN GAMES 4:00 ~LINDIMOO</p>
<p>8:00 HOLIDAY MUSIC 9:00 ~CHURCH &amp; HYMNS 10:00<sup>CD</sup>/11:00<sup>AB</sup> EXERCISE VIDEO TBD SEAHAWKS!!!! 2:00-3:00 SOCIAL HOUR 3:00 SUNDAY MATINEE 3:00 TABLECLOTH ART 3:00 FAMILY BOARDGAMES 6:00 NAMASTE: AROMATHERAPY</p>	<p>8:00 HOLIDAY MUSIC 9:00 READING CLUB: DAILY CHRONICLE 11:00<sup>AB</sup>/1:00<sup>CD</sup> YOGA &amp; MEDITATION POETRY READING 2:00-3:00 SNACK AND HYDRATE 3:00 NEW YEARS ART PAGES (RL) 2:30<sup>AB</sup>/3:30<sup>CD</sup> GAME: FAVORITES 6:00 MOANA 2</p>	<p>8:00 HOLIDAY MUSIC 9:00 READING CLUB: DAILY CHRONICLE 10:30<sup>AB</sup> YOGA &amp; POETRY 11:00<sup>CD</sup> NAMASTE: HANDSPA 12:30<sup>CD</sup> YOGA &amp; POETRY 1:30<sup>C</sup> LIVE MUSIC! w/ JOEY DEAN 2:00-3:00 SNACK AND A CUPPA 3:00<sup>AB</sup> NAMASTE: HANDSPA 3:00 GROUP ART 6:00 TABLEGAMES (RL) 6:00 DOCUMENTARY CHOICE</p>	<p>8:00 HOLIDAY MUSIC 9:00 READING CLUB: DAILY CHRONICLE 10:00 SORTING/FOLDING 10:30<sup>AB</sup> THERAPY DOGS 1:00 SING ALONG w/ SUZIE Q 1:30<sup>CD</sup>/1:40<sup>AB</sup> – 3:00 SCENIC DRIVE 2:00 FIREWORKS AROUND THE WORLD SOCIAL HOUR 3:00<sup>C</sup> ZUMBA w/ LENA 5:45 BIG APPLE BALL DROP &amp; CIDER TOAST New Year's Eve</p>	<div> <div>December 2025</div> <div>Ashley Gardens Bremerton</div> </div>		