

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Basketball Day 1 8:30 Walking Club with HS Staff (FE) 9:30 Coffee and News at the Bistro 10:00 Upper Extremity Exercises w/ Gee (LR) 1:00 BINGO at the Activity Room 2:00 Christmas Karaoke with Staff (B) 3:00 The Gin Game with the Bobs (B) 3:00 Large Word Find Puzzles (B) 5:00 Netflix Christmas Romances (B) (TR)	Happy Birthday Giselle! 2 9:30 Coffee and News at the Bistro 10:00 Seated Range of Motion Exercises (B) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting with Chef (DR) 2:00 Left Center Right Dice Game (B) 2:00 LIFEDER Travels on YouTube (B) (TR) 3:00 Shopping at Smith's 5:00 Netflix Christmas Adventure Series: LOCKE and KEY Season One (B) (TR)	Be a Blessing Day 3 9:30 Coffee and News at the Bistro 10:00 Lower Extremity Exercise w/ Gee (LR) 10:30 Jeopardy Trivia for Beginners (B) 1:00 BINGO at the Activity Room 2:30 The Gin Game with The Bobs (B) 3:00 Smores and Bonfire Fun at the Patio *Serving Smokies and Smores* 5:00 Outdoor Movie Night (BP) Back to the Future Part 1	Happy Birthday Marjorie L! 4 9:30 Coffee and News at the Bistro 10:00 Seated Stretch Exercises at the Bistro 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 2:00 Left Center Right Dice Game (B) 3:00 Holiday Baking with Uncle Bob (CK) 5:00 Prime's Thursday Night Football (B) 5:00 Netflix Holiday Romances (TR) The Princess Switch	Happy Birthday Barbara B! 5 9:30 Coffee and News at the Bistro 10:00 Dance Exercises with Gee Scott (LR) 10:30 Spot the Difference Puzzles (B) 11:00 Foodie Run to Red Bobin Burgers 1:30 Basket Weaving with Carol (B) 2:00 Christmas Villages on YouTube (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Shopping at Dollar Tree 5:00 Resident's Choice Movie (B) (TR)	St. Nicholas Day 6 9:30 Coffee and News at the Bistro 10:00 Guided Meditation with Carol (B) 10:30 Bible Story Exploration w/ Carol (B) 1:00 Chocolate Bingo at the Activity Room 1:30 World Exploration on YouTube (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Happy Hour with Michael Sara (LR) 5:00 Jim Gaffigan Stand Up Comedy (B) (TR) *Clean and Wholesome Funny Jokes*
Happy Birthday Barbara J! 7 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Service at the Theater 10:00 Color by Numbers Group Art (B) 1:00 Bible Study w/ Word of Life Ministry 1:00 Football Madness at the Bistro 2:30 A Game of Gin with the Bobs (B) 3:00 500 Piece Jigsaw Puzzles (B) 5:00 Netflix Christmas Classics (B) (TR)	Toilet Paper Appreciation Day 8 8:30 Walking Club with HS Staff (FE) 9:30 Coffee and News at the Bistro 10:00 Upper Extremity Exercises w/ Gee (LR) 1:00 BINGO at the Activity Room 2:00 Christmas Karaoke with Staff (B) 2:30 Baking Holiday Goodies with Dez (CK) 2:30 The Gin Game with the Bobs (B) 3:00 Large Word Find Puzzles (B) 5:00 Netflix Christmas Romances (B) (TR)	Gingerbread House Day 9 9:30 Coffee and News at the Bistro 10:00 Seated Range of Motion Exercises (B) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting with Chef (DR) 2:00 Left Center Right Dice Game (B) 2:00 LIFEDER Travels on YouTube (B) (TR) 3:00 Shopping at Walmart 5:00 Netflix Christmas Adventure Series: LOCKE and KEY Season One (B) (TR)	Wear Your Overalls Day 10 9:30 Coffee and News at the Bistro 10:00 Resident Council Meeting and Food for Thought with Chef Celeste 10:00 Lower Extremity Exercise w/ Gee (LR) 1:00 BINGO at the Activity Room 2:30 The Gin Game with The Bobs (B) 3:00 Smores and Bonfire Fun at the Patio *Serving Smokies and Smores* 5:00 Outdoor Movie Night (BP)	Wear Your Favorite Jersey Day 11 9:30 Coffee and News at the Bistro 10:00 Seated Stretch Exercises at the Bistro 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 2:00 Left Center Right Dice Game (B) 3:00 Winter Knitting Ideas & Projects (LR) 5:00 Prime's Thursday Night Football (B) 5:00 Netflix Holiday Romances (TR) Marry Christmas	Wear Polka Dots Day 12 9:30 Coffee and News at the Bistro 10:00 Dance Exercises with Gee Scott (LR) 10:00 Casino Outing to SUNCOAST Casino 10:30 Spot the Difference Puzzles (B) 1:30 Basket Weaving with Carol (B) 2:00 Christmas Villages on YouTube (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Shopping at Albertson's 5:00 Resident's Choice Movie (B) (TR)	National Guard Birthday 13 9:30 Coffee and News at the Bistro 10:00 Chair Yoga Exercises (B) 10:30 Exploring the Story of Joseph (B) 1:00 Holiday Bingo Blitz at the Bistro 1:30 World Exploration on YouTube (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Simple Christmas Nails w/ Carol (B) 5:00 Jim Gaffigan Stand Up Comedy (B) (TR) *Clean and Wholesome Funny Jokes*
Monkey Day 14 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Service at the Theater 10:00 Color by Numbers Group Art (B) 1:00 Bible Study w/ Word of Life Ministry 1:00 Football Madness at the Bistro 2:30 A Game of Gin with the Bobs (B) 3:00 500 Piece Jigsaw Puzzles (B) 5:00 Netflix Christmas Classics (B) (TR)	Disney Character Day 15 8:30 Walking Club with HS Staff (FE) 9:30 Coffee and News at the Bistro 10:00 Upper Extremity Exercises w/ Gee (LR) 1:00 BINGO at the Activity Room 2:00 Carnival Games with Alma (TR) 2:30 The Gin Game with the Bobs (B) 3:00 Large Word Find Puzzles (B) 5:00 Netflix Christmas Romances (B) (TR)	Wear Opposite Stuff Day 16 9:30 Coffee and News at the Bistro 10:00 Seated Range of Motion Exercises (B) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting with Chef (DR) 2:00 Left Center Right Dice Game (B) 2:00 LIFEDER Travels on YouTube (B) (TR) 3:00 Shopping at Smith's 5:00 Netflix Christmas Adventure Series: LOCKE and KEY Season One (B) (TR)	Wear Your Favorite Hat Day 17 7:00 Monthly Signature Breakfast (DR) 10:00 Lower Extremity Exercise w/ Gee (LR) 10:30 Jeopardy Trivia for Beginners (B) 1:00 BINGO at the Activity Room 2:00 Christmas Festival at HS Grounds 3:00 Hot Chocolate Social at the Back Patio with Danielle from Covenant Health 5:00 Outdoor Movie and Smores Night (BP) Back to the Future Part 2	Wear Your Ugly Sweater Day 18 9:30 Coffee and News at the Bistro 10:00 Seated Stretch Exercises at the Bistro 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 2:00 Left Center Right Dice Game (B) 3:00 Holiday Baking with Uncle Bob (CK) 5:00 Prime's Thursday Night Football (B) 5:00 Netflix Holiday Romances (TR) Love Hard	Wear Stripes Day 19 9:30 Coffee and News at the Bistro 10:00 Dance Exercises with Gee Scott (LR) 10:30 Spot the Difference Puzzles (B) 1:30 Basket Weaving with Carol (B) 2:00 Christmas Villages on YouTube (B) 2:00 Christmas Festival at Heritage Springs 2:30 A Game of Gin with the Bobs (B) 3:00 Shopping at Dollar Tree 5:00 Resident's Choice Movie (B) (TR)	Happy Birthday Marjorie K! 20 9:30 Coffee and News at the Bistro 10:00 Guided Meditation with Carol (B) 10:30 Exploring the Story of Jacob (B) 11:00 Residents' Christmas Party (DR) 1:30 Chocolate Bingo at the Activity Room 2:30 A Game of Gin with the Bobs (B) 3:00 Simple Christmas Nails w/ Carol (B) 5:00 Jim Gaffigan Stand Up Comedy (B) (TR) *Clean and Wholesome Funny Jokes*
First Day of Winter 21 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Service at the Theater 10:00 Color by Numbers Group Art (B) 1:00 Bible Study w/ Word of Life Ministry 1:00 Football Madness at the Bistro 2:30 A Game of Gin with the Bobs (B) 3:00 500 Piece Jigsaw Puzzles (B) 5:00 Netflix Christmas Classics (B) (TR)	Wear Christmas Shirt Day 22 8:30 Walking Club with HS Staff (FE) 9:30 Coffee and News at the Bistro 10:00 Upper Extremity Exercises w/ Gee (LR) 1:00 BINGO at the Activity Room 2:00 Christmas Karaoke with Staff (B) 2:30 The Gin Game with the Bobs (B) 3:00 Large Word Find Puzzles (B) 5:00 Netflix Christmas Romances (B) (TR)	Funny Christmas Hair Day 23 9:30 Coffee and News at the Bistro 10:00 Seated Range of Motion Exercises (B) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting with Chef (DR) 2:00 Left Center Right Dice Game (B) 2:00 LIFEDER Travels on YouTube (B) (TR) 3:00 Shopping at Walmart 5:00 Netflix Christmas Adventure Series: LOCKE and KEY Season One (B) (TR)	Wear Elves on the Shelves Day 24 9:30 Coffee and News at the Bistro 10:00 Lower Extremity Exercise w/ Gee (LR) 10:30 Jeopardy Trivia for Beginners (B) 1:00 BINGO at the Activity Room 2:30 The Gin Game with The Bobs (B) 3:00 Smores and Bonfire Fun at the Patio *Serving Smokies and Smores* 5:00 Outdoor Movie Night (BP) The Christmas Chronicles Part 2	Christmas Candy Cane Day 25 9:30 Coffee and News at the Bistro 10:00 Seated Stretch Exercises at the Bistro 10:30 Health Talk with Carol (B) 1:00 Christmas Gameday on Netflix: VIKINGS versus LIONS (B) (TR) 2:00 Left Center Right Dice Game (B) 3:00 Winter Knitting Ideas & Projects (LR) 5:00 Netflix Holiday Romances (TR) Joy for Christmas	National Thank You Note Day 26 9:30 Coffee and News at the Bistro 10:00 Dance Exercises with Gee Scott (LR) 10:30 Spot the Difference Puzzles (B) 11:00 Foodie Run to Lucky House Restaurant 1:30 Basket Weaving with Carol (B) 2:00 Christmas Villages on YouTube (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Shopping at Albertson's 5:00 Resident's Choice Movie (B) (TR)	Radio City Music Hall Day 27 9:30 Coffee and News at the Bistro 10:00 Guided Meditation with Carol (B) 10:30 Exploring the Story of Joseph (B) 1:00 Holiday Bingo Blitz at the Bistro 2:00 World Exploration on YouTube (TR) 2:30 A Game of Gin with the Bobs (B) 3:00 Simple Christmas Nails w/ Carol (B) 5:00 Jim Gaffigan Stand Up Comedy (B) (TR) *Clean and Wholesome Funny Jokes*
National Chocolate Day 28 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Color by Numbers Group Art (B) 10:00 Group Coloring Art (B) 1:00 Bible Study w/ Word of Life Ministry 1:00 Football Madness at the Bistro 2:30 A Game of Gin with the Bobs (B) 3:00 500 Piece Jigsaw Puzzles (B) 5:00 Netflix Christmas Classics (B) (TR)	YMCA Day 29 8:30 Walking Club with HS Staff (FE) 9:30 Coffee and News at the Bistro 10:00 Upper Extremity Exercises w/ Gee (LR) 1:00 BINGO at the Activity Room 2:00 Christmas Karaoke with Staff (B) 2:30 The Gin Game with the Bobs (B) 3:00 Large Word Find Puzzles (B) 5:00 Netflix Christmas Romances (B) (TR)	Egg Nog Day 30 9:30 Coffee and News at the Bistro 10:00 Seated Range of Motion Exercises (B) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting with Chef (DR) 2:00 Left Center Right Dice Game (B) 2:00 LIFEDER Travels on YouTube (B) (TR) 3:00 Shopping at Smith's 5:00 Netflix Christmas Adventure Series: LOCKE and KEY Season One (B) (TR)	New Year's Eve 31 9:30 Coffee and News at the Bistro 10:00 Lower Extremity Exercise w/ Gee (LR) 10:30 Jeopardy Trivia for Beginners (B) 1:00 BINGO at the Activity Room 2:30 The Gin Game with The Bobs (B) 4:00 New Year's Eve Celebration (DR) *with Music by Tom Mazzaro* 5:00 Jim Gaffigan Stand Up Comedy (B) (TR) *Clean and Wholesome Funny Jokes*			

December 2025 Heritage Springs Assisted Living Events

Activities are subject to change based on the interests and requests of our residents.