

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2026

## Sierra Del Sol Senior Living

<p><b>9:00 Chair Chi w/ Maryanna</b> 4  <b>10:00 Sunday Morning Scenic Bus Ride</b>  10:30 Sunday Football in Loft  1:00 Matinee Movie: Downton Abbey: New Era  1:30 January Trivia  3:00 Resident Activity Planning Meeting  6:00 Seinfeld S1 E5</p>	<p><b>9:00 Walkers Club w/ Maryanna</b> 5  <b>9:30 Communion with Deacon Dennis</b>  9:30 Rummikub  10:00 Rosary Group  <b>10:30 Daily Chronicles Tea, Cocoa &amp; Coffee in the Bistro</b>  1:30 Cozy Cup Wraps  3:00 Yoga w/ Myrlene from Steel Feathers  6:00 Travel Series w/ Rick Steves: Yesterday and Today</p>	<p><b>9:00 Low Impact Cardio</b> 6  <b>10:00 Wii Bowling</b>  10:30 Concert in the Theater: John Denver at the Apollo  11:00 Yahtzee!  1:30 Prize Ticket Bingo  3:00 Group Crosswords  <b>3:30 Dinner at Holy Smokin Butts BBQ</b>  5:00 Dominos  6:00 The Crown S1 E6</p>	<p><b>9:30 What's Cooking with Maryanna: Cheese Stuffed Croquettes</b> 7  <b>11:00 Yoga w/ Myrlene from Steel Feathers</b>  1:30 Flower Arranging  <b>1:30 Pet Therapy Visit w/ Lilith the Cat</b>  <b>3:00 Country/Western Tommy P!</b>  5:00 Puzzles in the Living Room  6:00 Classic Movie: Hoosiers</p>	<p><b>Happy New Year!</b> 1  9:00 137<sup>th</sup> Annual Rose Bowl Parade  <b>9:30 Morning Stretch</b>  10:30 Bean Bag Knock Out!  1:00 Rose Bowl Football Alabama vs Indiana  1:30 Blackjack  <b>3:00 Social: Mini Desserts w/ Sparkling Cider</b>  6:00 Comedy Movie: When Harry Met Sally  6:30 Resident Ran Game Night</p>	<p><b>9:00 Low Impact Cardio w/ Rosanda</b> 2  9:30 Farkle  10:30 Prize Bingo  <b>1:30 Sing Along w/ MaryAnne</b>  3:00 New Year Edition Family Feud  5:00 Mindful Meditations on YouTube  6:00 Tough Guy Movie: Willow</p>	<p><b>9:00 Walkers Club w/ Rosanda</b> 3  9:30 Bunco  <b>11:00 Balloon Noodle Ball</b>  1:30 Afternoon Stretch w/ Katie  <b>2:00 Chocolate Covered Cherry Day Come Learn the History and Taste the Flavor</b>  3:00 Group Book Club: Chocolate Chip Cookie Murder  6:00 Saturday Night Movie: Moulin Rouge</p>
<p><b>9:00 Chair Chi w/ Maryanna</b> 11  <b>10:00 Travelogue: Anchorage, Alaska</b>  10:00 Sunday Football in Loft  10:30 Virtual Church Service  1:00 Matinee Movie: A League of Their Own  <b>2:00 Church Service w/ Faith Community Church</b>  3:00 Resident Movie Picks! Help Choose Your Movies  6:00 Seinfeld S1 E6</p>	<p><b>9:00 Walkers Club w/ Maryanna</b> 12  <b>9:30 Communion with Deacon Dennis</b>  9:30 Rummikub  10:00 Rosary Group  <b>10:00 Food Meeting w/ Chef Arine</b>  <b>10:30 Health Talk w/ Marianne from Bayada</b>  1:30 Winter Wonderland Snowflakes  3:00 Yoga w/ Myrlene from Steel Feathers  6:00 Travel Series w/ Rick Steves: Cruising the Mediterranean</p>	<p><b>9:00 Low Impact Cardio</b> 13  <b>10:00 Brandi Fenton Memorial Park</b>  <b>10:00 Wii Bowling</b>  10:30 Concert in the Theater: Dolly Parton from the Greek Theater  11:00 Color Your Mind  1:30 Prize Ticket Bingo  3:00 Yahtzee!  5:00 Dominos  6:00 The Crown S1 E7</p>	<p><b>9:30 What's Cooking with Maryanna: Strawberry Napoleons</b> 14  <b>11:00 Yoga w/ Myrlene from Steel Feathers</b>  11:00 Veterans Group w/ Scotty  1:30 Pima County Library Book Mobile  <b>1:30 Pet Therapy Visit w/ Lilith the Cat</b>  1:30 Flower Arranging  <b>2:30 Sing Along w/ Linda Updike</b>  5:00 Puzzles in the Living Room  6:00 Classic Movie: Mary Poppins</p>	<p><b>8:30 Shopping at Fry's</b> 15  9:00 Rummikub  <b>9:30 Morning Stretch</b>  10:30 Bean Bag Knock Out!  1:30 Blackjack  <b>3:00 Social: Wine &amp; Fruit Don't Forget to Bring Your Favorite Wine Glass!</b>  6:00 Comedy Movie: The Thursday Murder Club  6:30 Resident Ran Game Night</p>	<p><b>9:00 Low Impact Cardio w/ Rosanda</b> 16  9:30 Farkle  10:30 Prize Bingo  1:30 Rubber Duckie Scavenger Hunt  <b>3:00 Resistance Training w/ Myrlene From Steel Feathers</b>  5:00 Mindful Meditations on YouTube  6:00 Tough Guy Movie: Robin Hood</p>	<p><b>9:00 Walkers Club w/ Rosanda</b> 17  9:30 Bunco  <b>11:00 Holiday Drumming</b>  1:30 Afternoon Stretch w/ Katie  2:00 Spice of Life: Spice Smelling Contest  3:00 Group Book Club: Chocolate Chip Cookie Murder  6:00 Saturday Night Movie: Last Stand</p>
<p><b>9:00 Chair Chi w/ Maryanna</b> 18  <b>10:00 Sunday Morning Scenic Bus Ride</b>  10:00 Sunday Football in Loft  10:30 Virtual Church Service  1:00 Matinee Movie: 20,000 Leagues Under the Sea  1:30 Bingo Store  <b>2:00 Lance Wells * New Vocalist &amp; Pianist</b>  3:00 Who Am I?  6:00 Seinfeld S1 E7</p>	<p><b>9:00 Walkers Club w/ Maryanna</b> 19  <b>9:30 Communion with Deacon Dennis</b>  9:30 Rummikub  10:00 Rosary Group  <b>10:30 Tea, Cocoa and Coffee in the Bistro</b>  1:30 Decoupage Paper Mache Boxes  3:00 Yoga w/ Myrlene from Steel Feathers  6:00 Travel Series w/ Rick Steves: Rome  Martin Luther King Jr. Day</p>	<p><b>9:00 Low Impact Cardio</b> 20  <b>10:00 Wii Bowling</b>  10:30 Concert in the Theater: Neil Diamond Greatest Hits Live  <b>10:30 Lunch at El Molinitos</b>  11:00 Group Word Search  1:30 Prize Ticket Bingo  3:00 Yahtzee!  5:00 Dominos  6:00 The Crown S1 E8</p>	<p><b>9:30 What's Cooking with Maryanna: Homemade Pizza</b> 21  <b>11:00 Yoga w/ Myrlene from Steel Feathers</b>  1:30 Flower Arranging  <b>1:30 Pet Therapy Visit w/ Lilith the Cat</b>  2:00 Town Hall Meeting  <b>2:30 AtoZ w/ Keri: The Valentine State</b>  5:00 Puzzles in the Living Room  6:00 Classic Movie: The Wizard of OZ</p>	<p><b>8:30 Shopping at Walmart</b> 22  9:00 Rummikub  <b>9:30 Morning Stretch</b>  10:30 Yahtzee!  1:00 Wii Bowling  1:30 Blackjack  <b>3:00 Social: Strawberry and Blueberry Smoothies</b>  6:00 Comedy Movie: Cheaper by the Dozen  6:30 Resident Ran Game Night</p>	<p><b>9:00 Low Impact Cardio w/ Rosanda</b> 23  9:30 Farkle  10:30 Prize Bingo  1:30 Celebration of Life: Making Cards for Our Grandchildren  <b>3:00 Resistance Training w/ Myrlene From Steel Feathers</b>  5:00 Mindful Meditations on YouTube  6:00 Tough Guy Movie: The Terminator</p>	<p><b>9:00 Walkers Club w/ Rosanda</b> 24  9:30 Bunco  <b>11:00 Balloon Noodle Ball</b>  1:30 Afternoon Stretch w/ Katie  <b>2:00 Pie Day Social</b>  3:00 Wine &amp; Trivia Happy Hour  6:00 Saturday Night Movie: Blue Miracle</p>
<p><b>9:00 Chair Chi w/ Maryanna</b> 25  10:00 Sunday Football in Loft  10:30 Virtual Church Service  1:00 Movie Matinee: Overcomer  <b>2:00 Church Service w/ Faith Community Church</b>  <b>3:00 Men's Social Club (Beer &amp; Snacks)</b>  6:00 Seinfeld S1 E8</p>	<p><b>9:00 Walkers Club w/ Maryanna</b> 26  <b>9:30 Communion with Deacon Dennis</b>  9:30 Rummikub  10:00 Rosary Group  <b>10:30 Daily Chronicles Tea, Cocoa &amp; Coffee in the Bistro</b>  1:30 Crafting Katie  3:00 Yoga w/ Myrlene from Steel Feathers  6:00 Travel Series w/ Rick Steves: Iceland  Australia Day (Observed)</p>	<p><b>9:00 Low Impact Cardio</b> 27  <b>9:30 Scenic Drive to Catalina</b>  <b>10:00 Wii Bowling</b>  10:30 Concert in the Theater: Diana Ross in Rotterdam  11:00 Group Word Mining  1:30 Prize Ticket Bingo  3:00 Yahtzee!  5:00 Dominos  6:00 The Crown S1 E9</p>	<p><b>9:30 What's Cooking with Maryanna: Mini Pineapple Upside Down Cupcakes</b> 28  <b>11:00 Yoga w/ Myrlene from Steel Feathers</b>  1:30 Flower Arranging  <b>1:30 Pet Therapy Visit w/ Lilith the Cat</b>  <b>3:00 Jaime's Band</b>  5:00 Puzzles in the Living Room  6:00 Classic Movie: The Happiest Millionaire</p>	<p><b>9:00 Rummikub</b> 29  <b>9:30 Morning Stretch</b>  10:30 Bean Bag Knock Out!  1:00 Wii Bowling  1:30 Blackjack  <b>3:00 Social: Cheese Lovers- Come and Taste a Few Different Varieties of Cheeses!</b>  6:00 Comedy Movie: The Goonies  6:30 Resident Ran Game Night</p>	<p><b>9:00 Low Impact Cardio w/ Rosanda</b> 30  9:30 Farkle  10:30 Prize Bingo  1:30 Quilt Show and Tell w/ Katie  <b>3:00 Resistance Training w/ Myrlene From Steel Feathers</b>  5:00 Mindful Meditations on YouTube  6:00 Tough Guy Movie: Tower Heist</p>	<p><b>9:00 Walkers Club w/ Rosanda</b> 31  9:30 Bunco  <b>11:00 Holiday Drumming</b>  1:30 Afternoon Stretch w/ Katie  <b>2:00 Coca-Cola Trademark Day: Two Sips. One Favorite. Coke vs Pepsi!</b>  3:00 Group Book Club: Chocolate Chip Cookie Murder  6:00 Saturday Night Movie: Like Father</p>

Schedule is Subject to change. For the most updated information please see Activity Daily. Sierra Del Sol Senior Living 8151 E Speedway Tucson AZ 85710