



The first Mardi Gras “secret society,” which inspired the krewes that now hold parades, balls, and other yearly festivities, began in 1704. By the mid-1700s, Carnival season had fully taken hold in New Orleans with celebratory parades and society balls. Not until the late 1800s did the tradition of carnival parade “kings” throwing beads to onlookers begin—beads have since become an iconic feature of Mardi Gras celebrations.





## Good Friends Make Good Neighbors Program

From our elegantly appointed interior and beautifully maintained grounds to the exceptional healthcare programs and services provided by our professional staff, residents who introduce Cascade Living Group's Living Well philosophy to their friends or family members could receive credit(s) applied toward their rent.

### How It Works

When a resident or family member refers a new potential resident\* to a Cascade Living Group community and that person moves in for at least 90 days, the referring resident will receive a \$4,000 credit applied to their base rent.

*\*In order to qualify as a new potential resident, the person being referred must not already be on our contact list. To make a referral and to ensure you receive proper credit for making the introduction, please provide your name and the name of your friend or family member to our Executive Director or Director of Sales and Marketing prior to the inquiry or tour.*

  
**Alpine Way**  
Continuing Care Community  
The Difference Between Living and Living Well

For more information, please call  
**360-426-2600**  
900 W. Alpine Way | Shelton, WA 98584  
[www.AlpineWayLiving.com](http://www.AlpineWayLiving.com)

RETIREMENT LIVING | ASSISTED LIVING | MEMORY CARE




## Introducing Our New Life Enrichment Director

We are happy to introduce you to Kimberly Butcher, our new Life Enrichment Director! Kim has been with Alpine for 3 years. Time and again she has proven herself to be a caring, dedicated, and highly creative member of our life enrichment team. Whether she is organizing our Lip Sync contests or working on Mardi Gras, she exemplifies enthusiasm. Join me in welcoming her to our leadership team in this new role!



JOIN US FOR  
**ZUMBA**  
Fitness Class!



**EVERY Tuesday & every other Thursday**

**9:15 AM in the DOGWOOD**  
Zumba is a dance-based fitness program that combines dance styles with easy-to-follow choreography

We will be getting  
**NEW FURNITURE SOON**



We will keep you updated as we learn exact timing. We apologize for any inconvenience this may cause you.

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