

February 2026

Garden's Gazette

Ashley Gardens of Mt. Vernon/3807 E. College Way, Mt Vernon WA 98273/360-419-9422



Leadership Team

Catherine Bowman, LPN Senior
Executive Director
CatherineB@cascadeliving.com

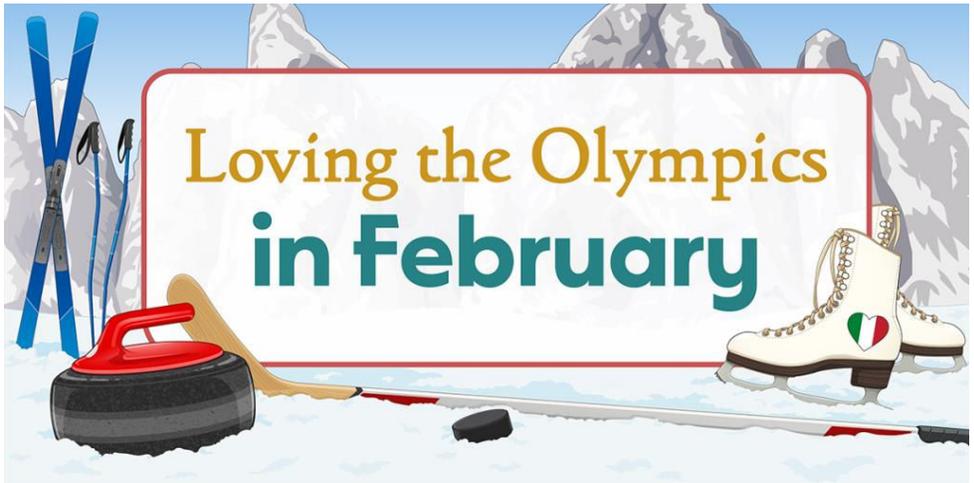
Melissa Wold, LPN Associate
Executive Director
MelissaSn@cascadeliving.com

Angel Cortazar
Plant ops Director
AngelC@casecadeliving.com

Angelique Lowe
Business Office Manager
AngeliqueL@cascadeliving.com

Sheri Edwards
Dining Services Director
SheriL@cascadeliving.com

Kimberly Kendall
Life Enrichment Director
KimberlyKe@casecadeliving.com



We're carrying a torch for the Winter Games and international spirit this February! In honor of the upcoming 2026 Winter Olympics (Feb. 6) in Italy and Valentine's Day, we're skating into a month filled with snow, hearts, and a little alpine flair. We ❤️ the Olympics

Super Bowl Sunday!

Super Bowl Football Party – Sunday, the 8th

It's almost time for the big game! Join us on Sunday, the 8th, for our Super Bowl Football Party. While we don't yet know which teams will be taking the field, we're keeping our fingers crossed for the Seahawks.

No matter who's playing, we'll still be celebrating with plenty of food, drinks, and Super Bowl fun!

 **C/D House** kicks things off at **1:30 PM**

 **A/B House** joins the fun at **2:30 PM**

Please feel free to join us—we'd love to celebrate together!

Welcome Leslie!

We're excited to introduce Leslie, who is temporarily filling in as our Community Relations Director! Leslie brings over 15 years of experience, including time previously spent right here at Ashley Gardens, so she already feels like a familiar face to many. She is kind, funny, and truly enjoys jumping in and having fun with our residents. Leslie also has a few impressive talents—she can write her name forward and backward at the same time, and she was once the youngest rider to complete a horseback ride across Washington State! We're grateful to have her energy, experience, and joyful spirit with us during this time.

Valentine's Day lunch & Party!

Love is in the air! 
We're spreading the
Valentine's cheer on
Thursday, February 13th
with a day full of delicious
food, sweet treats, and
joyful moments.

The celebration kicks off
with a special Valentine's
lunch prepared by Sherry at
12:00 PM. Families and
loved ones are invited to
join—please be sure to
RSVP if you plan to attend.

After lunch, the fun
continues with our
Valentine's parties,
featuring games, laughter,
and plenty of sweet treats!

✦ C/D House: 1:30 PM

✦ A/B House: 2:30 PM

Calling All Veterans!

We would love to honor and support those who have served our country within our community. If you have a loved one who is a veteran and would like them to be recognized, please send us a military photo so we can include them on our **Veterans Wall of Honor**.

Thank you for helping us celebrate and remember those who served!

Happy 
Valentine's 
Day 
 

A Friendly Safety Reminder

As our community continues to grow and we welcome new family members and friends, we'd like to share a gentle reminder to please **close doors securely behind you when entering or exiting the building.**

This small step plays a big role in helping us keep all of our residents safe and supported. We truly appreciate everyone's cooperation and care—it means so much to us and to those who call this community home.

Thank you for helping us look out for one another!

February birthdays!

Catherine(staff).....2/8

Ada(staff).....2/18

Sky(staff).....2/26

