

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

					<p>9:30 Exercise 10:00 Creative Coloring 1:00 Ring Toss 2:30 Chair Zumba 3:00 Singalong</p> <p>New Year's Day</p>	<p>9:30 Exercise 10:30 Radio Show 1:00 Watercolor Painting 2:00 Hot Cocoa Social 3:30 Sit and Be Fit</p>	<p>9:30 Exercise 10:00 Creative Coloring 1:00 Trivia Time 2:00 Ring Toss 3:00 Name That Tune</p>
<p>9:30 Exercise 10:00 Spiritual Eldercare 1:00 Noodleball 2:00 Puzzle Corner 3:00 Before Dinner Stretch</p>	<p>9:30 Exercise 10:00 Scenic Drive 1:00 Armchair Travels 2:00 Coffee Cart 3:30 Before Dinner Stretch</p>	<p>9:30 Exercise 10:30 Noodle Ball 1:00 Spiritual Hour 2:00 Dipped Marshmallows 3:30 Sit and Be Fit</p>	<p>9:30 Exercise 10:00 Door Hangers 12:30 Trivia" 2:00 Bingo 3:30 Chair Yoga</p>	<p>9:30 Exercise 10:00 Creative Coloring 1:00 Ring Toss 2:30 Chair Zumba 3:00 Singalong</p>	<p>9:30 Exercise 10:30 Swatterball 1:00 Door Hangers 2:00 Music With Paul Eddy 3:30 Before Dinner Stretch</p>	<p>9:30 Exercise 10:00 Creative Coloring 1:00 Trivia Time 2:00 Ring Toss 3:00 Name That Tune</p>	
<p>9:30 Exercise 10:00 Spiritual Eldercare 1:00 Noodleball 2:00 Puzzle Corner 3:00 Before Dinner Stretch</p>	<p>9:30 Exercise 10:00 Scenic Drive 1:00 Armchair Travels 2:00 Coffee Cart 3:30 Before Dinner Stretch</p>	<p>9:30 Exercise 10:30 Noodle Ball 1:00 Spiritual Hour 2:00 Making Trail Mix 3:30 Sit and Be Fit</p>	<p>9:30 Exercise 10:00 Snowflake Craft 12:30 Trivia 2:00 Bingo 3:30 Chair Yoga</p>	<p>9:30 Exercise 10:00 Creative Coloring 1:00 Pattern Cards 2:30 Chair Zumba 3:00 Singalong</p>	<p>9:30 Exercise 10:30 Radio Show 1:00 Watercolor Painting 2:00 Pie Social 3:30 Sit and Be Fit</p>	<p>9:30 Exercise 10:00 Creative Coloring 1:00 Trivia Time 2:00 Ring Toss 3:00 Name That Tune</p>	
<p>9:30 Exercise 10:00 Spiritual Eldercare 1:00 Noodleball 2:00 Puzzle Corner 3:00 Before Dinner Stretch</p>	<p>9:30 Exercise 10:00 Scenic Drive 1:00 Armchair Travels 2:00 Coffee Cart 3:30 Before Dinner Stretch</p>	<p>9:30 Exercise 10:30 Noodle Ball 1:00 Spiritual Hour 2:00 Monster Cookies 3:30 Sit and Be Fit</p>	<p>9:30 Exercise 10:00 Snowman Craft 12:30 Trivia 2:00 Bingo 3:30 Chair Yoga</p>	<p>9:30 Exercise 10:00 Creative Coloring 1:00 Ring Toss 2:30 Chair Zumba 3:00 Singalong</p>	<p>9:30 Exercise 10:30 Radio Show 1:00 Watercolor Painting 2:00 Cookie Social 3:30 Sit and Be Fit</p>	<p>9:30 Exercise 10:00 Creative Coloring 1:00 Trivia Time 2:00 Ring Toss 3:00 Name That Tune</p>	
<p>9:30 Exercise 10:00 Spiritual Eldercare 1:00 Noodleball 2:00 Puzzle Corner 3:00 Before Dinner Stretch</p>	<p>9:30 Exercise 10:00 Scenic Drive 1:00 Armchair Travels 2:00 Coffee Cart 3:30 Before Dinner Stretch</p> <p>Martin Luther King Jr. Day</p>	<p>9:30 Exercise 10:30 Noodle Ball 1:00 Spiritual Hour 2:00 Apple Cider Bread 3:30 Sit and Be Fit</p>	<p>9:30 Exercise 10:00 Wood Round Animals 12:30 Trivia 2:00 Bingo 3:30 Chair Yoga</p>	<p>9:30 Exercise 10:00 Creative Coloring 1:00 Pattern Cards 2:30 Chair Zumba 3:00 Singalong</p>	<p>9:30 Exercise 10:30 Radio Show 1:00 Watercolor Painting 2:00 Chocolate Social 3:30 Sit and Be Fit</p>	<p>9:30 Exercise 10:00 Creative Coloring 1:00 Trivia Time 2:00 Ring Toss 3:00 Name That Tune</p>	
<p>9:30 Exercise 10:00 Spiritual Eldercare 1:00 Noodleball 2:00 Puzzle Corner 3:00 Before Dinner Stretch</p>	<p>9:30 Exercise 10:00 Scenic Drive 1:00 Armchair Travels 2:00 Coffee Cart 3:30 Before Dinner Stretch</p> <p>Australia Day (Observed)</p>						