

February

2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise
11:00 Chair Exercise With Madysen	11:00 Chair Exercise With Linda	11:00 Chair Exercise With Linda	11:00 Balance Class With Crystal	11:00 Chair Exercise With Linda	11:00 Chair Exercise With Crystal	11:00 Meet for Indoor Walks
8	9	10	11	12	13	14
9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise
11:00 Chair Exercise With Madysen	11:00 Chair Exercise With Linda	11:00 Chair Exercise With Linda	11:00 Balance Class With Crystal	11:00 Chair Exercise With Linda	11:00 Chair Exercise With Crystal	11:00 Meet for Indoor Walks
15	16	17	18	19	20	21
9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise
11:00 Chair Exercise With Madysen	11:00 Chair Exercise With Linda	11:00 Chair Exercise With Linda	11:00 Balance Class With Crystal	11:00 Chair Exercise With Linda	11:00 Chair Exercise With Crystal	11:00 Meet for Indoor Walks
22	23	24	25	26	27	28
9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise
11:00 Chair Exercise With Madysen	11:00 Chair Exercise With Linda	11:00 Chair Exercise With Linda	11:00 Balance Class With Crystal	11:00 Chair Exercise With Linda	11:00 Chair Exercise With Crystal	11:00 Meet for Indoor Walks
29	30	31	28			
9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	
11:00 Chair Exercise						
1:00 Everfit Gym Time	11:00 Chair Exercise With Linda	11:00 Chair Exercise With Linda	11:00 Balance Class With Crystal	11:00 Chair Exercise With Linda	11:00 Chair Exercise With Crystal	



February

2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise
11:00 Chair Exercise With Madysen	11:00 Chair Exercise With Linda	11:00 Chair Exercise With Linda	11:00 Balance Class With Crystal	11:00 Chair Exercise With Linda	11:00 Chair Exercise With Crystal	11:00 Meet for Indoor Walks
8	9	10	11	12	13	14
9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise
11:00 Chair Exercise With Madysen	11:00 Chair Exercise With Linda	11:00 Chair Exercise With Linda	11:00 Balance Class With Crystal	11:00 Chair Exercise With Linda	11:00 Chair Exercise With Crystal	11:00 Meet for Indoor Walks
15	16	17	18	19	20	21
9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise
11:00 Chair Exercise With Madysen	11:00 Chair Exercise With Linda	11:00 Chair Exercise With Linda	11:00 Balance Class With Crystal	11:00 Chair Exercise With Linda	11:00 Chair Exercise With Crystal	11:00 Meet for Indoor Walks
22	23	24	25	26	27	28
9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise
11:00 Chair Exercise With Madysen	11:00 Chair Exercise With Linda	11:00 Chair Exercise With Linda	11:00 Balance Class With Crystal	11:00 Chair Exercise With Linda	11:00 Chair Exercise With Crystal	11:00 Meet for Indoor Walks
29	30	31	28			
9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	9:30 Light & Lively Exercise	
11:00 Chair Exercise						
1:00 Everfit Gym Time	11:00 Chair Exercise With Linda	11:00 Chair Exercise With Linda	11:00 Balance Class With Crystal	11:00 Chair Exercise With Linda	11:00 Chair Exercise With Crystal	

