



4550 W. Amazon Dr.
Eugene, OR 97405
(541) 345-9668

January 2026

Doctor transport:
Tuesday: noon to 4pm &
Thursday: 8am to noon

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Please remember, all bus outings require sign-up in advance. Activities are hosted in the lounge unless otherwise indicated.

Every effort is made to fulfill all calendar events; however, activities could be subject to change.

Movie descriptions will be listed on the daily schedule posted at front desk.

<p>9:00 Walkabout 10:30 Craft: Paper Snowflakes 2:00 Acting Club 4:00 Sort the Library 6:00 Documentary: <i>Buy Now: The Shopping Conspiracy</i> (NF)</p>	<p>4 9:30 Morning Stretch 10:00 Shopping: Bi-Mart 2:00 Activity Planning for February 3:15 Dan on Piano 4:00 Bingo 6:00 Indoor Croquet, Resident Led</p>	<p>5 10:00 Strength Training 11:00 Music with Paz from Steel Feathers 1:30 Quiddler 4:00 Social Coloring 6:00 Movie: <i>Knives Out</i> (AP)</p>	<p>6 9:30 Outing: Oregon Coast to Whale Watch 10:30 Morning Walk, Self Led 2:30 Afternoon Matinee: <i>Cast Away</i> (NF) 6:00 Resident Card Game</p>	<p>7 9:00 Walkabout 10:30 Spades, Resident Led 2:00 How To Draw a Face 4:30 Happy ½ Hour 6:00 Series Night: <i>The Diplomat</i> (S1E7)(NF)</p>	<p>8 9:00 Walkabout 10:30 Spades, Resident Led 2:00 How To Draw a Face 4:30 Happy ½ Hour 6:00 Series Night: <i>The Diplomat</i> (S1E7)(NF)</p>	<p>1 10:00 Exercise w/Kristy 11:00 Music with Paz from Steel Feathers 1:30 Chat: Resolutions 3:00 Texas Hold 'Em 4:30 Socializing in the Lobby 6:00 TV Time, Caregivers Choice</p>	<p>2 9:30 Chair Fitness on YouTube 10:30 Browse the Library 11:00 Spiritual Services on YouTube 2:00 Self Led Activities 6:00 Game: Residents' Choice</p>	<p>3</p>
<p>9:00 Walkabout 10:00 Donuts & Coffee 1:30 Armchair Travel to São Paulo, Brazil 3:30 Writing Your Story 6:00 Documentary: <i>Bad River</i> (NF)</p>	<p>11 9:30 Morning Stretch 10:00 Shopping: Trader Joe's 2:00 No Brush Painting 4:00 Bingo 6:00 Game: Residents' Choice</p>	<p>12 10:00 Strength Training 11:00 Music with Paz from Steel Feathers 1:00 Apples to Apples 2:15 Dan on Piano 4:00 Social Coloring 6:00 Movie: <i>Memoirs of a Geisha</i> (NF)</p>	<p>13 9:30 Exercise w/Rita 10:30 Coffee Social 11:00 Discussion: Purpose & Hope 2:00 Vocalist Sara Scofield 3:30 Hangman 6:00 Resident Card Game</p>	<p>14 9:30 Exercise w/Rita 10:30 Coffee Social 11:00 Discussion: Purpose & Hope 2:00 Vocalist Sara Scofield 3:30 Hangman 6:00 Resident Card Game</p>	<p>15 9:00 Walk the Building, Self-Led 10:30 Cribbage, Resident Led 2:00 Hats Off to Helping Others (part of our hat drive for those in need) 4:30 Happy ½ Hour 6:00 Series Night: <i>The Diplomat</i> (S1E8)(NF)</p>	<p>16 10:00 Exercise w/Kristy 11:00 Music with Paz from Steel Feathers 1:30 Talk About: Humor 3:00 Texas Hold 'Em 4:30 Socializing in the Lobby 6:00 TV Time, Caregivers Choice</p>	<p>17 9:30 Chair Fitness on YouTube 10:30 Browse the Library 11:00 Spiritual Services on YouTube 2:00 Self Led Activities 6:00 Game: Residents' Choice</p>	
<p>9:00 Walkabout 10:30 Haiku Writing 11:45 Lunch Outing: Bier Stein 3:30 Beanbag Baseball 6:00 Documentary: <i>Dr. Martin Luther King, Jr.: A Historical Perspective</i> (AP)</p>	<p>18 9:30 Morning Stretch 10:30 About Martin Luther King 1:00 Shopping: Market of Choice 4:00 Bingo 6:00 Game: Residents' Choice</p>	<p>19 10:00 Strength Training 11:00 Music with Paz from Steel Feathers 1:00 Charades 2:15 Dan on Piano 4:00 Social Coloring 6:00 Movie: <i>Green Book</i> (P+)</p>	<p>20 9:30 Exercise w/Rita 10:30 Coffee Social 11:00 Discussion: Mental Health 2:00 Live Peanut Auction 4:00 Card Making 6:00 Resident Card Game</p>	<p>21 9:00 Walk the Building, Self-Led 10:30 Resident Led Game of Choice 1:30 Outing: Bowling 4:30 Happy ½ Hour 6:00 Series Night: <i>The Diplomat</i> (S2E1)(NF)</p>	<p>22 10:00 Exercise w/Kristy 11:00 Music with Paz from Steel Feathers 1:30 Brain Games 3:00 Texas Hold 'Em 4:30 Socializing in the Lobby 6:00 TV Time, Caregivers Choice</p>	<p>23 9:30 Chair Fitness on YouTube 10:30 Browse the Library 11:00 Spiritual Services on YouTube 2:00 Self Led Activities 6:00 Game: Residents' Choice</p>		<p>24</p>
<p>9:00 Walkabout 10:30 Resin Art 2:00 Bingo 4:00 Fetch Therapy Dogs 6:00 Documentary: <i>We Dare to Dream</i> (Pea)</p>	<p>25 9:30 Morning Stretch 10:00 Shopping: Safeway 2:00 Resident Council 4:00 January Birthdays Cake 6:00 Game: Residents' Choice</p>	<p>26 10:00 Strength Training 11:00 Music with Paz from Steel Feathers 1:30 Resident Food Council 2:15 Dan on Piano 4:00 Social Coloring 6:00 Movie: <i>The Illusionist</i> (NF)</p>	<p>27 9:30 Exercise w/Rita 10:30 Coffee Social 11:00 Discussion: What's Too Hard? 2:00 Spades 6:00 Resident Card Game</p>	<p>28 9:00 Walk the Building, Self-Led 10:30 Resident Led Game of Choice 1:00 Afternoon Matinee: <i>High Noon</i> (P+) 2:00 Spades 6:00 Resident Card Game</p>	<p>29 10:00 Exercise w/Kristy 11:00 Music with Paz from Steel Feathers 1:30 What is Aging With Grace? 3:00 Texas Hold 'Em 4:30 Socializing in the Lobby 6:00 TV Time, Caregivers Choice</p>	<p>30 9:30 Chair Fitness on YouTube 10:30 Browse the Library 11:00 Spiritual Services on YouTube 2:00 Self Led Activities 6:00 Game: Residents' Choice</p>		<p>31</p>