

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Freedom Day 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Service at the Theater 10:00 Color by Numbers Group Art (B) 1:00 Bible Study w/ Word of Life Ministry 2:30 A Game of Gin with the Bobs (B) 3:00 500 Piece Jigsaw Puzzles (B) 5:00 Netflix's Mystery Series: RIZZOLI & ISLES (B) (TR)	1 Groundhog Day 9:00 Walking Club with HS Staff (FE) 9:30 Coffee and News at the Bistro 10:00 Gentle Range of Motion Exercises (LR) 1:00 BINGO at the Activity Room 2:00 Large Word Find Puzzles (B) 2:30 Groundhog Day Movie (TR) 3:00 Flower Arrangements with Eva (B) 5:00 Netflix's Game Show Monday: THE BEAST GAMES (B) (TR)	2 Wear Orange Day 9:30 Coffee and News at the Bistro 10:00 Stretch & Cardio with Rebecca (LR) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting with Chef (DR) 2:00 Left Center Right Dice Game (B) 2:30 LIFEDER Travels on YouTube (B) (TR) 3:00 Shopping at Smith's 5:00 YouTube Travel Series: (B) (TR) Cruising the Mediteranean	3 Quacker Day 9:30 Coffee and News at the Bistro 10:00 Seated Stretch Exercises at the Bistro 10:30 Jeopardy Trivia for Beginners (B) 1:00 BINGO at the Activity Room 2:00 Left Center Right Dice Game (B) 2:30 A Game of Gin with The Bobs (B) 3:00 Wine Down Wednesday at the Bistro *Serving Wine, Cheese and Crackers* 5:00 Romantic Movie of the Week: (B) (TR) A Cinderella Story	4 World Nutella Day 9:30 Coffee and News at the Bistro 10:00 Strength Training with Rebecca (LR) 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 2:00 Left Center Right Dice Game (B) 2:30 Basket Weaving with Carol (AR) 3:00 Fruit Smoothies with Eva (B) 3:30 Nutella Recipes with Uncle Bob (B) 4:00 NBA: BULLS vs RAPTORS (B) 5:00 The Doris Day Collection (TR)	5 Wear Red Day 9:30 Coffee and News at the Bistro 10:00 Dance Exercises with Carol (LR) 10:30 Spot the Difference Puzzles (B) 1:00 BINGO at the Activity Room 2:00 Left Center Right Dice Game (B) 2:30 Basket Weaving with Carol (AR) 3:00 Fruit Smoothies with Eva (B) 3:30 Nutella Recipes with Uncle Bob (B) 4:00 NBA: BULLS vs RAPTORS (B) 5:00 Shopping at Dollar Tree 5:00 Resident's Choice Movie (B) (TR)	6 Barber Day 9:30 Coffee and News at the Bistro 10:00 Balance Exercises with Rebecca (LR) 10:30 Bible Story Exploration w/ Carol (B) 1:00 Chocolate Bingo at the Activity Room 2:00 World Exploration on YouTube (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Happy Hour with Michael Sara (LR) 5:00 Weekend Concert Series: (B) (TR) PHIL COLLINS LIVE TOUR
SUPERBOWL 60 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Service at the Theater 10:00 Color by Numbers Group Art (B) 1:00 Bible Study w/ Word of Life Ministry 1:00 500 Piece Jigsaw Puzzles (B) 3:30 Watch SUPERBOWL 60 at the Bistro 5:00 Netflix's Mystery Series: RIZZOLI & ISLES (B) (TR)	8 National Inventors Day 9:00 Walking Club with HS Staff (FE) 9:30 Coffee and News at the Bistro 10:00 Gentle Range of Motion Exercises (LR) 1:00 BINGO at the Activity Room 2:00 Large Word Find Puzzles (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Flower Arrangements with Eva (B) 5:00 Netflix's Game Show Monday: THE BEAST GAMES (B) (TR)	9 Umbrella Day 9:30 Coffee and News at the Bistro 10:00 Stretch & Cardio with Rebecca (LR) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting with Chef (DR) 2:00 Left Center Right Dice Game (B) 2:30 LIFEDER Travels on YouTube (B) (TR) 3:00 Shopping at Walmart 5:00 YouTube Travel Series: (B) (TR) Cruising the Mediteranean	10 National Pizza Day 9:30 Coffee and News Discussions (TR) 10:00 Resident Council Meeting and Food for Thought with Chef (AR) 1:00 BINGO at the Activity Room 2:00 Left Center Right Dice Game (B) 2:30 Pizza Making Social at the Bistro 3:00 Shopping at Walmart 5:00 Romantic Movie of the Week: (B) (TR) Tyler Perry's Finding Joy	11 Happy Birthday Randy! 9:30 Coffee and News at the Bistro 10:00 Resident Council Meeting and Food for Thought with Chef (AR) 1:00 BINGO at the Activity Room 2:00 Left Center Right Dice Game (B) 3:00 Pizza Making Social at the Bistro 3:30 Paint & Sip with Eva (AR) 4:00 NBA Regular Season (B) 5:00 The Doris Day Collection (TR)	12 Self-Love Day 9:30 Coffee and News at the Bistro 10:00 Casino Run to Red Rock Casino 10:30 Spot the Difference Puzzles (B) 2:00 500 Piece Puzzles with Bob (B) 2:30 Easy Knitting Ideas & Patterns (LR) 3:00 A Game of Gin with the Bobs (B) 3:00 Shopping at Albertson's 5:00 Resident's Choice Movie (B) (TR)	13 Valentine's Day 9:30 Coffee and News at the Bistro 10:00 Balance Exercises with Rebecca (LR) 10:30 Bible Story Exploration w/ Carol (B) 1:00 Valentine Bingo at the Bistro 2:00 World Exploration on YouTube (TR) 2:30 A Game of Gin with the Bobs (B) 4:00 Valentines Candlelight Dinner (DR) 5:00 Weekend Concert Series: (B) (TR) JOURNEY: Live in Houston
Daytona 500 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Service at the Theater 10:00 Color by Numbers Group Art (B) 1:00 Bible Study w/ Word of Life Ministry 2:30 A Game of Gin with the Bobs (B) 3:00 500 Piece Jigsaw Puzzles (B) 5:00 Netflix's Mystery Series: RIZZOLI & ISLES (B) (TR)	15 Presidents Day 9:00 Walking Club with HS Staff (FE) 9:30 Coffee and News at the Bistro 10:00 Gentle Range of Motion Exercises (LR) 1:00 BINGO at the Activity Room 2:00 Large Word Find Puzzles (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Flower Arrangements with Eva (B) 5:00 Netflix's Game Show Monday: THE BEAST GAMES (B) (TR)	16 Mardi Gras 9:30 Coffee and News at the Bistro 10:00 Stretch & Cardio with Rebecca (LR) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting with Chef (DR) 2:00 Left Center Right Dice Game (B) 2:30 LIFEDER Travels on YouTube (B) (TR) 3:00 Shopping at Smith's 5:00 Mardi Gras Masquerade Wind Down (B) *Serving Wine & Charcuterie*	17 Ash Wednesday 7:00 Monthly Signature Breakfast (DR) 9:30 Coffee and News at the Bistro 10:00 Seated Stretch Exercises at the Bistro 1:00 BINGO at the Activity Room 2:00 Left Center Right Dice Game (B) 2:30 Bingo Social with Christina from Enhabit Health (B) 3:00 Shopping at Walmart 5:00 Romantic Movie of the Week: (B) (TR) The Map that Leads to You	18 Chocolate Mint Day 9:30 Coffee and News at the Bistro 10:00 Strength Training with Rebecca (LR) 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 2:00 Left Center Right Dice Game (B) 3:00 Bingo Social with Christina from Enhabit Health (B) 3:00 Shopping at Walmart 5:00 NBA: PISTONS vs KNICKS (B) 5:00 The Doris Day Collection (TR)	19 Love Your Pet Day 9:30 Coffee and News at the Bistro 10:00 Dance Exercises with Carol (LR) 10:30 Spot the Difference Puzzles (B) 11:00 Foodie Run to Black Bear Diner 1:30 Basket Weaving with Carol (AR) 2:00 500 Piece Puzzles with Bob (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Shopping at Dollar Tree 5:00 Resident's Choice Movie (B) (TR)	20 National Red Sock Day 9:30 Coffee and News at the Bistro 10:00 Balance Exercises with Rebecca (LR) 10:30 Exploring the Story of Jacob (B) 11:00 Chocolate Bingo at the Activity Room 2:00 World Exploration on YouTube (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Birthday Bash with Donna Lynne (B) 5:00 Weekend Concert Series: (B) (TR) BILLY JOEL: Live at Shea Stadium
National Wildlife Day 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Service at the Theater 10:00 Color by Numbers Group Art (B) 1:00 Bible Study w/ Word of Life Ministry 2:30 A Game of Gin with the Bobs (B) 3:00 500 Piece Jigsaw Puzzles (B) 5:00 Netflix's Mystery Series: RIZZOLI & ISLES (B) (TR)	22 National Dance Day 9:00 Walking Club with HS Staff (FE) 9:30 Coffee and News at the Bistro 10:00 Gentle Range of Motion Exercises (LR) 1:00 BINGO at the Activity Room 2:00 Large Word Find Puzzles (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Flower Arrangements with Eva (B) 5:00 Netflix's Game Show Monday: THE BEAST GAMES (B) (TR)	23 National Tortilla Chip Day 9:30 Coffee and News at the Bistro 10:00 Stretch & Cardio with Rebecca (LR) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting with Chef (DR) 2:00 Left Center Right Dice Game (B) 2:30 LIFEDER Travels on YouTube (B) (TR) 3:00 Shopping at Walmart 5:00 YouTube Travel Series: (B) (TR) Cruising the Mediteranean	24 Happy Birthday Jerry! 9:30 Coffee and News at the Bistro 10:00 Seated Stretch Exercises at the Bistro 10:30 Jeopardy Trivia for Beginners (B) 1:00 BINGO at the Activity Room 2:00 Left Center Right Dice Game (B) 2:30 Sweetheart Social with Danielle from Covenant Health (B) 3:00 Shopping at Walmart 5:00 Romantic Movie of the Week: (B) (TR) MERV	25 National Chili Day 9:30 Coffee and News at the Bistro 10:00 Strength Training with Rebecca (LR) 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 2:00 Left Center Right Dice Game (B) 3:00 Sweetheart Social with Danielle from Covenant Health (B) 4:00 NBA Regular Season (B) 5:00 The Doris Day Collection (TR)	26 Journey Day 9:30 Coffee and News at the Bistro 10:00 Dance Exercises with Carol (LR) 10:30 Spot the Difference Puzzles (B) 11:00 Foodie Run to SK Seafood Restaurant 1:30 Easy Knitting Ideas & Patterns (LR) 2:00 500 Piece Puzzles with Bob (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Shopping at Albertson's 5:00 Resident's Choice Movie (B) (TR)	27 Happy Birthday Mary Jo! 9:30 Coffee and News at the Bistro 10:00 Balance Exercises with Rebecca (LR) 10:30 Exploring the Story of Joseph (B) 1:00 Bingo Blitz at the Bistro 2:00 World Exploration on YouTube (TR) 2:30 A Game of Gin with the Bobs (B) 3:00 Simple Nail Care with Carol (B) 5:00 Weekend Concert Series: (B) (TR) TINA TURNER: Live Concert 2009



L = Lobby
TR = Theater Room
CK = Country Kitchen
AR = Activity Room
BP = Back Patio
CR = Conference Room
LR = Living Room
FR = Front Entrance



February 2026 Heritage Springs Assisted Living Events

Activities are subject to change based on the interests and requests of our residents.