

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Freedom Day 1 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Service at the Theater 10:00 Color by Numbers Group Art (B) 1:00 Bible Study w/ Word of Life Ministry 2:30 A Game of Gin with the Bobs (B) 3:00 500 Piece Jigsaw Puzzles (B) 5:00 Netflix's Mystery Series: RIZZOLI & ISLES (B) (TR)	Groundhog Day 2 9:00 Walking Club with HS Staff (FE) 9:30 Coffee and News at the Bistro 10:00 Gentle Range of Motion Exercises (LR) 1:00 BINGO at the Activity Room 2:00 Large Word Find Puzzles (B) 2:30 Groundhog Day Movie (TR) 3:00 Flower Arrangements with Eva (B) 5:00 Netflix's Game Show Monday: THE BEAST GAMES (B) (TR)	Wear Orange Day 3 9:30 Coffee and News at the Bistro 10:00 Stretch & Cardio with Rebecca (LR) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting with Chef (DR) 2:00 Left Center Right Dice Game (B) 2:00 LIFEDER Travels on YouTube (B) (TR) 3:00 Shopping at Smith's 5:00 YouTube Travel Series: (B) (TR) Cruising the Mediteranean	Quacker Day 4 9:30 Coffee and News at the Bistro 10:00 Seated Stretch Exercises at the Bistro 10:30 Jeopardy Trivia for Beginners (B) 1:00 BINGO at the Activity Room 2:30 A Game of Gin with The Bobs (B) 3:00 Wine Down Wednesday at the Bistro *Serving Wine, Cheese and Crackers* 5:00 Romantic Movie of the Week: (B) (TR) A Cinderella Story	World Nutella Day 5 9:30 Coffee and News at the Bistro 10:00 Strength Training with Rebecca (LR) 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 2:00 Left Center Right Dice Game (B) 2:00 Fruit Smoothies with Eva (B) 3:30 Nutella Recipes with Uncle Bob (B) 4:00 NBA: BULLS vs RAPTORS (B) 5:00 The Doris Day Collection (TR)	Wear Red Day 6 9:30 Coffee and News at the Bistro 10:00 Dance Exercises with Carol (LR) 10:30 Spot the Difference Puzzles (B) 11:00 Foodie Run to Lindo Michoacan 1:30 Basket Weaving with Carol (AR) 2:00 500 Piece Puzzles with Bob (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Shopping at Dollar Tree 5:00 Resident's Choice Movie (B) (TR)	Barber Day 7 9:30 Coffee and News at the Bistro 10:00 Balance Exercises with Rebecca (LR) 10:30 Bible Story Exploration w/ Carol (B) 1:00 Chocolate Bingo at the Activity Room 2:00 World Exploration on YouTube (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Happy Hour with Michael Sara (LR) 5:00 Weekend Concert Series: (B) (TR) PHIL COLLINS LIVE TOUR
SUPERBOWL 60 8 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Service at the Theater 10:00 Color by Numbers Group Art (B) 1:00 Bible Study w/ Word of Life Ministry 1:00 500 Piece Jigsaw Puzzles (B) 3:30 Watch SUPERBOWL 60 at the Bistro 5:00 Netflix's Mystery Series: 5:00 RIZZOLI & ISLES (B) (TR)	National Inventors Day 9 9:00 Walking Club with HS Staff (FE) 9:30 Coffee and News at the Bistro 10:00 Gentle Range of Motion Exercises (LR) 1:00 BINGO at the Activity Room 2:00 Large Word Find Puzzles (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Flower Arrangements with Eva (B) 5:00 Netflix's Game Show Monday: THE BEAST GAMES (B) (TR)	Umbrella Day 10 9:30 Coffee and News at the Bistro 10:00 Stretch & Cardio with Rebecca (LR) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting with Chef (DR) 2:00 Left Center Right Dice Game (B) 2:00 LIFEDER Travels on YouTube (B) (TR) 3:00 Shopping at Walmart 5:00 YouTube Travel Series: (B) (TR) Cruising the Mediteranean	National Pizza Day 11 9:30 Coffee and News Discussions (TR) 10:00 Resident Council Meeting and Food for Thought with Chef (AR) 1:00 BINGO at the Activity Room 2:30 A Game of Gin with The Bobs (B) 3:00 Pizza Making Social at the Bistro 5:00 Romantic Movie of the Week: (B) (TR) Tyler Perry's Finding Joy	Happy Birthday Randy! 12 9:30 Coffee and News at the Bistro 10:00 Strength Training with Rebecca (LR) 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 2:00 Left Center Right Dice Game (B) 3:30 Paint & Sip with Eva (AR) 4:00 NBA Regular Season (B) BUCKS vs THUNDER 5:00 The Doris Day Collection (TR)	Self-Love Day 13 9:30 Coffee and News at the Bistro 10:00 Casino Run to Red Rock Casino 10:30 Spot the Difference Puzzles (B) 2:00 500 Piece Puzzles with Bob (B) 2:30 Easy Knitting Ideas & Patterns (LR) 2:30 A Game of Gin with the Bobs (B) 3:00 Shopping at Albertson's 5:00 Resident's Choice Movie (B) (TR)	Valentine's Day 14 9:30 Coffee and News at the Bistro 10:00 Balance Exercises with Rebecca (LR) 10:30 Bible Story Exploration w/ Carol (B) 1:00 Valentine Bingo at the Bistro 2:00 World Exploration on YouTube (TR) 2:30 A Game of Gin with the Bobs (B) 4:00 Valentines Candlelight Dinner (DR) 5:00 Weekend Concert Series: (B) (TR) JOURNEY: Live in Houston
Daytona 500 15 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Service at the Theater 10:00 Color by Numbers Group Art (B) 1:00 Bible Study w/ Word of Life Ministry 2:30 A Game of Gin with the Bobs (B) 3:00 500 Piece Jigsaw Puzzles (B) 5:00 Netflix's Mystery Series: 5:00 RIZZOLI & ISLES (B) (TR)	Presidents Day 16 9:00 Walking Club with HS Staff (FE) 9:30 Coffee and News at the Bistro 10:00 Gentle Range of Motion Exercises (LR) 1:00 BINGO at the Activity Room 2:00 Large Word Find Puzzles (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Flower Arrangements with Eva (B) 5:00 Netflix's Game Show Monday: THE BEAST GAMES (B) (TR)	Mardi Gras 17 9:30 Coffee and News at the Bistro 10:00 Stretch & Cardio with Rebecca (LR) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting with Chef (DR) 2:00 Left Center Right Dice Game (B) 2:00 LIFEDER Travels on YouTube (B) (TR) 3:00 Shopping at Smith's 5:00 Mardi Gras Masquerade Wind Down (B) *Serving Wine & Charcuterie*	Ash Wednesday 18 7:00 Monthly Signature Breakfast (DR) 9:30 Coffee and News at the Bistro 10:00 Seated Stretch Exercises at the Bistro 1:00 BINGO at the Activity Room 2:30 A Game of Gin with The Bobs (B) 3:00 Bingo Social with Christina from Enhabit Health (B) 5:00 Romantic Movie of the Week: (B) (TR) The Map that Leads to You	Chocolate Mint Day 19 9:30 Coffee and News at the Bistro 10:00 Strength Training with Rebecca (LR) 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 2:00 Left Center Right Dice Game (B) 2:00 Fruit Smoothies with Eva (B) 3:30 Simple Baking with Uncle Bob (B) 4:00 NBA: PISTONS vs KNICKS (B) 5:00 The Doris Day Collection (TR)	Love Your Pet Day 20 9:30 Coffee and News at the Bistro 10:00 Dance Exercises with Carol (LR) 10:30 Spot the Difference Puzzles (B) 11:00 Foodie Run to Black Bear Diner 1:30 Basket Weaving with Carol (AR) 2:00 500 Piece Puzzles with Bob (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Shopping at Dollar Tree 5:00 Resident's Choice Movie (B) (TR)	National Red Sock Day 21 9:30 Coffee and News at the Bistro 10:00 Balance Exercises with Rebecca (LR) 10:30 Exploring the Story of Jacob (B) 11:00 Chocolate Bingo at the Activity Room 2:00 World Exploration on YouTube (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Birthday Bash with Donna Lynne (B) 5:00 Weekend Concert Series: (B) (TR) BILLY JOEL: Live at Shea Stadium
National Wildlife Day 22 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Service at the Theater 10:00 Color by Numbers Group Art (B) 1:00 Bible Study w/ Word of Life Ministry 2:30 A Game of Gin with the Bobs (B) 3:00 500 Piece Jigsaw Puzzles (B) 5:00 Netflix's Mystery Series: 5:00 RIZZOLI & ISLES (B) (TR)	National Dance Day 23 9:00 Walking Club with HS Staff (FE) 9:30 Coffee and News at the Bistro 10:00 Gentle Range of Motion Exercises (LR) 1:00 BINGO at the Activity Room 2:00 Large Word Find Puzzles (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Flower Arrangements with Eva (B) 5:00 Netflix's Game Show Monday: THE BEAST GAMES (B) (TR)	National Tortilla Chip Day 24 9:30 Coffee and News at the Bistro 10:00 Stretch & Cardio with Rebecca (LR) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting with Chef (DR) 2:00 Left Center Right Dice Game (B) 2:00 LIFEDER Travels on YouTube (B) (TR) 3:00 Shopping at Walmart 5:00 YouTube Travel Series: (B) (TR) Cruising the Mediteranean	Happy Birthday Jerry! 25 9:30 Coffee and News at the Bistro 10:00 Seated Stretch Exercises at the Bistro 10:30 Jeopardy Trivia for Beginners (B) 1:00 BINGO at the Activity Room 2:30 A Game of Gin with The Bobs (B) 3:00 Sweetheart Social with Danielle from Covenant Health (B) 5:00 Romantic Movie of the Week: (B) (TR) MERV	National Chili Day 26 9:30 Coffee and News at the Bistro 10:00 Strength Training with Rebecca (LR) 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 2:00 Left Center Right Dice Game (B) 3:30 Paint & Sip with Eva (AR) 4:00 NBA Regular Season (B) ROCKETS vs MAGIC 5:00 The Doris Day Collection (TR)	Journey Day 27 9:30 Coffee and News at the Bistro 10:00 Dance Exercises with Carol (LR) 10:30 Spot the Difference Puzzles (B) 11:00 Foodie Run to SK Seafood Restaurant 1:30 Easy Knitting Ideas & Patterns (LR) 2:00 500 Piece Puzzles with Bob (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Shopping at Albertson's 5:00 Resident's Choice Movie (B) (TR)	Happy Birthday Mary Jo! 28 9:30 Coffee and News at the Bistro 10:00 Balance Exercises with Rebecca (LR) 10:30 Exploring the Story of Joseph (B) 1:00 Bingo Blitz at the Bistro 2:00 World Exploration on YouTube (TR) 2:30 A Game of Gin with the Bobs (B) 3:00 Simple Nail Care with Carol (B) 5:00 Weekend Concert Series: (B) (TR) TINA TURNER: Live Concert 2009



L = Lobby
TR = Theater Room
CK = Country Kitchen
AR = Activity Room
BP = Back Patio
CR = Conference Room
LR = Living Room
FR = Front Entrance



February 2026 Heritage Springs Assisted Living Events

Activities are subject to change based on the interests and requests of our residents.