

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 February 2026 Mountain Glen Retirement Living & Assisted Living Community 1810 E Division St Mount Vernon, WA 98274 (360) 424-7900						
9:00- Light & Lively (AR) 1 10:00- TV Church Service (TR) 1:00- Sunday Matiness (TR) 1:00- Card Games (B) 1:30- Bring Your Own Crafts (AR) 3:00-Flyswatter Volleyball (AR) Tu B'Shevat Begins	9:00- Light & Lively (AR) 2 9:30-Bus Grocery Store (Haggen's) 10:00- Senior Life Champions (AR) 1:00-Flower Letters w/Trudy (TR) 1:00- Bunco (B) 2:00-Flyswatter Volleyball (AR) 3:30-Music & Movement (LV) 5:00-Movie (TR) Groundhog Day	9:00-Light & Lively (AR) 3 10:00-Bible Study w/Andy (TR) 1:00-BINGO (AR) 1:00-Card Games (B) 2:00- Juice Bar w/Jana (B) 2:30-Cards & Boardgames (AR) 2:30-Bring Your Own Crafts (AR) 2:30- Tech Help w/Unyque (AR) 3:30-Music & Movement (LV) 5:00-Movie (TR)	9:00-Light & Lively (AR) 4 10:00- Dining Room Services Meeting w/Josh (ILDR) 10:00-Bible Study w/Judy (LV) 10:00-Manicures (AR) 12:30-Sherry's Designs (L) 1:00-Pinochle (B) 2:00-Meet & Greet New Residents (LV) 3:00-Documentary (TR) 5:00-Movie (TR)	9:00-Light & Lively (AR) 5 10:00-VA Coffee Hour (AR) 1:00-BINGO (AR) 2:30-Bring Your Own Crafts (AR) 3:30-Music & Movement (LV) 5:00-Movie (TR)	9:00-Light & Lively (AR) 6 10:00-Flyswatter Volleyball (AR) 10:30-Bus Lunch (Bob's Burgers) 2:00-Happy Hour (AR) 2:30-Marcia Kester (LV) 5:00-Movie (TR)	9:00-Light & Lively (AR) 7 9:30-Coffee & News (LV) 10:00-Residents Only Meeting (AR) 1:00-BINGO (AR) 2:00-Movie (TR) 3:00-Trivia (AR)
9:00- Light & Lively (AR) 8 10:00- TV Church Service (TR) 1:00- Sunday Matiness (TR) 1:00- Card Games (B) 1:30- Bring Your Own Crafts (AR) 1:30-Taste & Tell w/Polla (AR) 3:00-Flyswatter Volleyball (AR)	9:00- Light & Lively (AR) 9 9:30-Bus Grocery Store (Safeway) 10:00- Senior Life Champions (AR) 10:00-Book Club (L2) 1:00-Flower Letters w/Trudy (TR) 1:00- Bunco (B) 2:00-Flyswatter Volleyball (AR) 3:30-Music & Movement (LV) 5:00-Movie (TR)	9:00-Light & Lively (AR) 10 9:30- Mt Vernon Library (L) 10:00-Bible Study w/Andy (TR) 1:00-BINGO (AR) 1:00-Card Games (B) 2:00- Juice Bar w/Jana (B) 2:30-Valentine's Craft (AR) 3:00-Sing Along (LV) 3:30-Music & Movement (AR) 5:00-Movie (TR)	9:00-Light & Lively (AR) 11 10:00-Bible Study w/Judy (LV) 10:00-Manicures (AR) 12:30-Sherry's Designs (L) 1:00-Pinochle (B) 2:00-Sweet Sensations (LV) 2:00-Mary Whiton (LV) 3:00-Documentary (TR) 5:00-Movie (TR)	9:00-Light & Lively (AR) 12 10:00-A.L & I.L Town Hall Meeting (LV) 10:00-VA Coffee Hour (AR) 1:00-BINGO (AR) 2:30-Card Craft w/Phyllis (AR) 3:30-Music & Movement (LV) 3:30-Free Hearing Aid Cleaning (AR) 5:00-Movie (TR)	9:00-Light & Lively (AR) 13 10:00-Flyswatter Volleyball (AR) 10:30-Bus Outing (Skagit Casino) 1:30-3:00 Karaoke w/Jana (TR) 2:00-Happy Hour (AR) 2:30-Harmony NW Chores (LV) 5:00-Movie (TR)	9:00-Light & Lively (AR) 14 9:30-Coffee & News (LV) 10:00-Marcia Fort "Eden Calming Stress Class" (AR) 1:00-BINGO (AR) 2:00-Movie (TR) 3:00-Trivia (AR)  Valentine's Day
9:00- Light & Lively (AR) 15 10:00- TV Church Service (TR) 1:00- Sunday Matiness (TR) 1:00- Card Games (B) 1:30- Bring Your Own Crafts (AR) 3:00-Flyswatter Volleyball (AR)	9:00- Light & Lively (AR) 16 9:30-Bus Grocery Store (Walmart) 10:00- Senior Life Champions (AR) 1:00-Flower Letters w/Trudy (TR) 1:00- Bunco (B) 2:00-Flyswatter Volleyball (AR) 3:30-Music & Movement (LV) 5:00-Movie (TR) Presidents' Day (U.S.)	9:00-Light & Lively (AR) 17 10:00-Bible Study w/Andy (TR) 1:00-BINGO (AR) 1:00-Card Games (B) 2:00- Juice Bar w/Jana (B) 2:30-Cards & Boardgames (AR) 2:30-Bring Your Own Crafts (AR) 2:30- Tech Help w/Unyque (AR) 3:30-Music & Movement (LV) 5:00-Movie (TR) Chinese New Year (Year of the Horse)	9:00-Light & Lively (AR) 18 10:00-Bible Study w/Judy (LV) 10:00-Manicures (AR) 12:30-Sherry's Designs (L) 1:00-Pinochle (B) 2:00-Sweet Sensations (LV) 2:00-Stan Wing (LV) 3:00-Documentary (TR) 5:00-Movie (TR)	9:00-Light & Lively (AR) 19 10:00-VA Coffee Hour (AR) 1:00-BINGO (AR) 2:30-Bring Your Own Crafts (AR) 3:30-Music & Movement (LV) 5:00-Movie (TR)	9:00-Light & Lively (AR) 20 10:00-Flyswatter Volleyball (AR) 10:30-Bus Lunch (Moreno's) 2:00-Happy Hour (AR) 2:30-David Lee Howard (LV) 5:00-Movie (TR)	9:00-Light & Lively (AR) 21 9:30-Coffee & News (LV) 10:00-Board Games (AR) 1:00-BINGO (AR) 2:00-Movie (TR) 3:00-Trivia (AR)
9:00- Light & Lively (AR) 22 10:00- TV Church Service (TR) 1:00- Sunday Matiness (TR) 1:00- Card Games (B) 1:30- Bring Your Own Crafts (AR) 1:30-Taste & Tell w/Polla (AR) 3:00-Flyswatter Volleyball (AR)	9:00- Light & Lively (AR) 23 9:30-Bus Grocery Store (Fred Myers) 10:00- Senior Life Champions (AR) 10:00-Book Club (L2) 1:00-Flower Letters w/Trudy (TR) 1:00- Bunco (B) 2:00-Flyswatter Volleyball (AR) 3:30-Music & Movement (LV) 5:00-Movie (TR)	9:00-Light & Lively (AR) 24 10:00-Bible Study w/Andy (TR) 1:00-BINGO (AR) 1:00-Card Games (B) 2:00- Juice Bar w/Jana (B) 2:30-Cards & Boardgames (AR) 2:30-Bring Your Own Crafts (AR) 2:30- Tech Help w/Unyque (AR) 3:30-Music & Movement (LV) 5:00-Movie (TR)	8:00-Ladies Breakfast (AR) 25 9:00-Light & Lively (AR) 10:00-Bible Study w/Judy (LV) 10:00-Manicures (AR) 12:30-Sherry's Designs (L) 1:00-Pinochle (B) 2:00-Birthday Bash (LV) 2:00-Esquires (LV) 3:00-Documentary (TR) 5:00-Movie (TR)	9:00-Light & Lively (AR) 26 9:00-VA Breakfast (AR) 1:00-BINGO (AR) 2:30-Bring Your Own Crafts (AR) 3:30-Music & Movement (LV) 5:00-Movie (TR)	9:00-Light & Lively (AR) 27 10:00-Flyswatter Volleyball (AR) 10:30-Bus Lunch (Four Seasons Buffet) 2:00-Happy Hour (AR) 2:30-David Lee Howard (LV) 5:00-Movie (TR)	9:00-Light & Lively (AR) 28 9:30-Coffee & News (LV) 10:00-Board Games (AR) 1:00-BINGO (AR) 2:00-Movie (TR) 3:00-Trivia (AR)

(AR)- Activity Room (L)-Lobby (LV)-Living Room (B)-Bistro (TR)-Theater Room (ILDR)- Independent Dining Room (ALDR)-Assisted Living Dining Room (L2)- 2nd Floor Library

