

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



JANUARY 2026

<p><i>Welcome 2026!</i> 1</p> <p>9:30 Freshly baked Cookies 10:00 137th Rose Parade Tv 10:30 Chair Exercises w/Erick 12:30 'Dancing w/the Stars' <u>1:30 Technology help w/Erick</u> 2:30 Popcorn & Coke Social 3:00 Virtual Bingo games MP 5:00 Netflix movie night MP</p> <p><i>New Year's Day</i></p>	<p><i>Celebrate Penguins Day</i> 2</p> <p>9:30 Morning Discussion PR 10:30 Exercises w/Margaret 12:30 'Penguin Town' Doc. MP 1:00 Billiard Players Club BR 1:30 Crochet/Quilting Group 2:00 Dominoes Players Club 3:00 Jeopardy Trivia Games 5:00 Netflix movie Night MP</p>	<p><i>Alaska Day</i> 3</p> <p>9:30 Freshly baked cookies B 10:00 Morning Discussion PR 10:30 Chair Fitness w/Deya 12:30 TV Travel: 'Alaska' MP 1:30 Manicures w/Deya MP 1:30 Billiards Players Club BR 3:00 WRCM Music Concert MP 5:00 Netflix movie Night MP</p>
<p><i>Trivia Day!</i> 4</p> <p>9:30 Sunday TV Church MP 10:45 Holy Communion MP 12:30 'Explained' Tv Doc MP 1:00 Afternoon Exercise Video <u>1:30 Flower Arrangement B</u> 2:00 Jeopardy trivia Games 3:00 Regency Karaoke Hour! 5:00 Netflix movie Night MP</p>	<p><i>National Bird day</i> 5</p> <p>9:30 Random Trivia games 10:30 New Year Photoshoot! 12:30 'Dancing w/Birds' Doc. 1:00 Billiard Players Club BR 1:30 Chair Yoga Video MP <u>2:00 Cocktails w/Di Adam B</u> 3:00 RG Bingo games! MP 5:00 Netflix movie Night MP</p>	<p><i>Celebrate New Mexico Day</i> 6</p> <p>9:30 Morning discussion MP 10:30 Steel Feather Fitness 12:30 TV Travel: New Mexico 1:30 'Endless Words' game MP 2:30 Popcorn & Coke Social <u>3:00 Happy Hour Cocktails w/singer, Mike Finn MP</u> 5:00 Netflix Movie Night MP</p>
<p><i>Golden Globes Awards</i> 11</p> <p>9:30 Sunday TV Church MP 10:45 Holy Communion MP 12:30 'Explained' Tv Doc MP 1:00 Afternoon Exercise Video <u>1:30 Flower Arrangement B</u> 2:00 Jeopardy trivia Games 3:00 Sunday Bingo Games! 5:00 Golden Globes Awards</p>	<p><i>Enjoy some Tea Day</i> 12</p> <p>9:30 Random Trivia games 10:30 <u>Chair Fitness w/Deya</u> 12:30 'Dancing w/ The Stars' 1:00 Billiard Players Club BR <u>1:30 Color Creations: Flowers</u> 2:00 Tea Social Sampler! B <u>3:00 Bocce ball games MP</u> 5:00 Netflix movie Night MP</p>	<p><i>Korean-American Day</i> 13</p> <p>9:30 Morning discussion MP 10:30 Steel Feather Fitness <u>12:30 Tv Travel: 'Korea' MP</u> 1:00 Billiard Players Club BR 1:30 'Guided Meditation' MP 2:00 Blackjack Card Games <u>3:00 RG Bingo Games! MP</u> 5:00 Netflix movie Night MP</p>
<p><i>World Religion Day</i> 18</p> <p>9:30 Sunday TV Church MP 10:45 Holy Communion MP 12:30 'Pangolin' Tv Doc MP 1:00 Afternoon Exercise Video <u>1:30 Flower Arrangement B</u> 2:00 Jeopardy trivia Games 3:00 Regency Karaoke Hour! 5:00 Netflix movie Night MP</p>	<p><i>MLK Day!</i> 19</p> <p>9:30 MLK Day Parade! MP <u>10:30 Chair Fitness w/Deya</u> 12:30 'MLK' Documentary MP 1:00 Billiard Players Club BR <u>1:30 Color Creations Group</u> 2:00 Popcorn & Coke Social <u>3:00 RG Bingo games MP</u> 5:00 Netflix movie Night MP</p> <p><i>Martin Luther King Jr. Day</i></p>	<p><i>Share a Joke Day</i> 20</p> <p>9:30 Morning discussion MP 10:30 Steel Feather Fitness <u>12:30 Tv Travel: 'Korea' MP</u> 1:00 Billiard Players Club BR 1:30 'Guided Meditation' MP 2:00 UNO card Games MP <u>3:00 Regency Karaoke Hour!</u> 5:00 Netflix movie Night MP</p>
<p><i>Share a smile day!</i> 25</p> <p>9:30 Sunday TV Church MP 10:45 Holy Communion MP 12:30 'Explained' Tv Doc MP 1:00 Afternoon Exercise Video <u>1:30 Flower Arrangement B</u> 2:00 Jeopardy trivia Games 3:00 Sunday Bingo Games! 5:00 Golden Globes Awards</p>	<p><i>Activity Professionals Day</i> 26</p> <p>9:30 Random Trivia games 10:30 <u>Chair Fitness w/Deya</u> 12:30 'Dancing w/ The Stars' 1:00 Billiard Players Club BR 1:30 Color Creations Group <u>3:00 Bingo games & Prizes w/ Cynthia-SCAN MP</u> 5:00 Netflix movie Night MP</p> <p><i>Australia Day (Observed)</i></p>	<p><i>National Geographic day</i> 27</p> <p>10:00 <u>Wheelchair & Walker Tune-Up Clinic by AgingCare</u> 10:30 Steel Feather Fitness 12:30 TV Travel: 'Spain' MP 1:30 'Guided Meditation' MP 2:00 Popcorn & Coke Social <u>3:00 Activity Planning Meeting</u> 5:00 Netflix movie Night MP</p>
<p><i>Old Rock Day</i> 7</p> <p>9:30 'Endless Words' w/Deya 10:00 Shopping: Target MP 10:30 Exercises w/Deya MP 11:30 Piano tunes w/Fern! MP 1:30 Book Club w/Debbie LY 2:00 Rock Painting Craft AR 3:00 Wine & Jazz Wednesday 5:00 Netflix Movie Night MP</p>	<p><i>Elvis Presley Day!</i> 8</p> <p>9:30 Coffee & Bingo Games! 10:30 Chair Exercises w/Deya 11:00 Lunch: Sizzler Rest. MP 12:30 'Elvis Presley' Doc. MP 1:30 Technology help w/Erick 2:00 Bible Study w/Brad PR <u>2:30 Relaxation Day by Vega Hospice (Massage & facials)</u> 5:00 Netflix movie night MP</p>	<p><i>Dress up your pet day!</i> 14</p> <p>9:30 'Endless Words' w/Deya 10:00 Shop: Ross/Marshall's 10:30 Exercises w/Deya MP 12:30 'Mind of a Dog' Doc. MP 1:30 Billiard Players Club BR 2:00 Watercolor Painting MP 3:00 Wine & Jazz Wednesday 5:00 Netflix Movie Night MP</p>
<p><i>Regency Birthday Party!</i> 21</p> <p>10:00 Shopping: Target MP 10:30 Exercises w/Deya MP 11:30 Piano tunes w/Fern! MP 1:30 Book Club w/Debbie LY 2:00 Dominoes Players Club 3:00 'January' Birthday party w/singer, Randy Taylor MP 5:00 Netflix Movie Night MP</p>	<p><i>Work on a Puzzle Day</i> 28</p> <p>9:30 'Endless Words' w/Deya 10:00 Shopping: Dollar tree MP 10:30 Exercises w/Deya MP 12:30 'Guided Meditation' Doc. 1:30 Billiard Players Club BR 2:00 Watercolor Painting MP 3:00 Wine & Jazz Wednesday 3:00 Dementia Health Talk (1)</p>	<p><i>Salvation Army Day!</i> 15</p> <p>9:30 Coffee & Bingo Games! 10:30 Chair Exercises w/Deya 11:00 Lunch: Applebee's O 12:00 Salvation Army Donation 12:30 'Pawn Stars' Tv show 2:00 Bible Study w/Brad PR 3:00 Bocce Ball Games M P 5:00 Netflix movie night MP</p>
<p><i>For the love of Words Day!</i> 9</p> <p>9:30 'Endless Words' game 10:30 Exercises w/Margaret 12:30 'Explained' Doc. MP 1:00 Billiard Players Club BR 1:30 Crochet/Quilting Group 2:00 Dominoes Players Club <u>3:00 Ladies Jewelry making</u> 5:00 Netflix movie Night MP</p>	<p><i>Give a compliment day</i> 16</p> <p>9:30 'Endless Words' game PR 10:30 Exercises w/Margaret 12:30 Tv travel: 'Jamaica' MP 1:00 Billiard Players Club BR 1:30 Crochet/Quilting Group 2:00 Dominoes Players Club <u>3:00 Watercolor Painting MP</u> 5:00 Netflix movie Night MP</p>	<p><i>Sundance Film Festival Day</i> 22</p> <p>9:30 Coffee & Bingo games! 10:00 Soboba Casino Trip! O 10:30 Chair Exercises w/Deya 1:30 Technology help w/Erick 2:00 Bible Study w/Brad PR <u>2:30 Root Beer floats & talk by College Health: 'Fresh start'</u> 5:00 Netflix movie night MP</p>
<p><i>Elvis Presley Day!</i> 8</p> <p>9:30 Coffee & Bingo Games! 10:30 Chair Exercises w/Deya 11:00 Lunch: Sizzler Rest. MP 12:30 'Elvis Presley' Doc. MP 1:30 Technology help w/Erick 2:00 Bible Study w/Brad PR <u>2:30 Relaxation Day by Vega Hospice (Massage & facials)</u> 5:00 Netflix movie night MP</p>	<p><i>Houseplant Appreciation</i> 10</p> <p>9:30 Freshly baked cookies B 10:30 <u>Chair Fitness w/Deya</u> 12:30 'TV Travel: Switzerland' 1:00 Color Creations Group 2:00 Manicures w/Deya MP 2:30 Movie & Popcorn! MP 'Dante's Peak' (1997) 5:00 Card Players Group MP</p>	<p><i>National Tulip Day</i> 17</p> <p>9:30 Freshly baked cookies B 10:30 <u>Chair Fitness w/Deya</u> 12:30 'TV Travel: Switzerland' 1:00 Color Creations Group 2:00 Manicures w/Deya MP 2:30 Movie & Popcorn! MP 'Nyad' (2023) 5:00 Card Players Group MP</p>
<p><i>National Handwriting Day</i> 23</p> <p>10:00 Planes of Fame Museum 10:30 Exercises w/Margaret 12:30 Tv travel: 'France' MP 1:00 Billiard Players Club BR 1:30 Crochet/Quilting Group 2:00 Dominoes Players Club <u>3:00 Ladies Jewelry making</u> 5:00 Netflix movie Night MP</p>	<p><i>Pizza & Beer Day</i> 29</p> <p>9:30 Coffee & Bingo games! 10:30 Chair Exercises w/Deya 11:00 Lunch: IN-N-Out Burger 12:30 'Our Planet' Nature Doc. 2:00 Bible Study w/Brad PR <u>3:00 Pizza & Beer Social Classic Rock by Dj Adam MP</u> 5:00 Netflix movie night MP</p>	<p><i>Stand-up Comedy Day</i> 24</p> <p>10:00 Sweets Sale by Ayleen 10:30 <u>Chair Fitness w/Deya</u> 12:30 Stand-up Comedy TV 1:00 Color Creations Group 2:00 Manicures w/Deya MP 2:30 Movie & Popcorn! MP 'Forrest Gump' (1994) 5:00 Card Players Group MP</p>
<p><i>Favorite Sports Team Day</i> 30</p> <p>9:30 'Endless Words' game PR 10:30 Exercises w/Margaret 12:30 Tv travel: 'France' MP 1:00 Billiard Players Club BR <u>1:30 Resident Council Meeting</u> 2:00 Dominoes Players Club <u>3:00 Watercolor Painting MP</u> 5:00 Netflix movie Night MP</p>	<p><i>Hot Chocolate Day</i> 31</p> <p>9:30 Freshly baked cookies B 10:30 <u>Chair Fitness w/Deya</u> 12:30 Stand-up Comedy TV 1:00 Color Creations Group 2:00 Manicures w/Deya MP 2:30 Movie & Popcorn! MP 'The Founder' (2016) 5:00 Card Players Group MP</p>	