

Sunday

Monday

# Tuesday

# Wednesday

Thursday

Friday

## Saturday

# January 2026

## Assisted Living Activities Calendar

Self-Lead Activities Day 9:30 Coffee & News in the Bistro 9:00 Worship Service (YouTube) 10:05 Video Exercise 1:30 Documentary "Simone Biles" 6:15 Evening Movie	<b>4</b> 10:05 Steel Feathers Exercise 10:35 Daily Chronicle Discussion 10:45 Banana Grams 1:00 Guide to Meditation 1:30 BINGO 3:00 Last One Standing 4:00 Happy ½ Hour 6:15 Evening Movie	5 9:45 Coffee & Chat in the Bistro 10:05 Morning Movement 10:35 Daily Chronicle Discussion 10:45 Dominos 1:30 Bocce Ball 2:30 Afternoon Refresh 3:00 Who Am I? Trivia 4:00 Art Club 6:15 Popcorn & Movie	6 10:05 Steel Feathers Exercise 10:35 Daily Chronicle Discussion 10:45 Mystery Word <b>12:30 Regency Market</b> 1:30 BINGO 2:00 Coffee & Brain Games 3:00 Uno Card Game 4:00 Wine Down Wednesday 6:15 Evening Movie	7 10:05 Morning Movement 10:35 Daily Chronicle Discussion 10:45 Color Relaxation <b>11:30 Lunch @Stockpot Broiler</b> 1:30 Bean Bag Toss 2:30 Afternoon Refresh 3:00 The Price is Right 4:00 Wine Down Wednesday 6:15 Popcorn & Movie	8 9:45 Coffee & Chat in the Bistro 10:05 Steel Feathers Exercise 10:35 Daily Chronicle Discussion 10:45 Word Games 1:30 BINGO 3:00 Nerf Challenge 4:00 Happy ½ Hour 6:15 Evening Movie	9 10:05 Morning Movement 10:35 Daily Chronicle Discussion 10:45 In the Kitchen 1:30 Coffee & Brain Games 2:00 Bocce Ball 3:00 Let's Get Crafting 6:15 Popcorn & Movie
Self-Lead Activities Day 9:30 Coffee & News in the Bistro 9:00 Worship Service (YouTube) 10:05 Video Exercise 1:30 Docuseries "Made in a Day" 6:15 Evening Movie	<b>11</b> 10:05 Steel Feathers Exercise <b>10:45 Classic Music w/ Terry</b> 10:35 Daily Chronicle Discussion 1:00 Guide to Meditation 1:30 BINGO 3:00 Uno Card Game 4:00 Happy ½ Hour 6:15 Evening Movie	12 9:45 Coffee & Chat in the Bistro 10:05 Morning Movement 10:35 Daily Chronicle Discussion 10:45 Lucky Dog Card Game 1:30 Bocce Ball 2:30 Afternoon Refresh 3:00 What Am I? Trivia 4:00 Art Club 6:15 Popcorn & Movie	13 10:05 Steel Feathers Exercise 10:35 Daily Chronicle Discussion 10:45 Mystery Word 1:30 BINGO 2:00 Coffee & Brain Games 3:00 Last One Standing 4:00 Wine Down Wednesday 6:15 Evening Movie	14 10:05 Morning Movement 10:35 Daily Chronicle Discussion 10:45 Quartet Card Game 1:30 Bean Bag Toss 2:00 Jeopardy Trivia <b>3:00 Music We Remember</b> 6:15 Popcorn & Movie	15 9:45 Coffee & Chat in the Bistro 10:05 Steel Feathers Exercise 10:35 Daily Chronicle Discussion 10:45 Word Games <b>11:30 Lunch @La Hacienda Real</b> 1:30 BINGO 3:00 Nerf Challenge 4:00 Happy ½ Hour 6:15 Evening Movie	16 10:05 Sit & Be Fit 10:35 Daily Chronicle Discussion 10:45 Readers Theater 1:30 Coffee & Brain Games 2:00 Bocce Ball 3:00 Let's Get Crafting 6:15 Popcorn & Movie
Self-Lead Activities Day 9:30 Coffee & News in the Bistro 9:00 Worship Service (YouTube) 10:05 Video Exercise 1:30 Documentary "STAN LEE" 6:15 Evening Movie	<b>18</b> 10:05 Steel Feathers Exercise 10:35 Daily Chronicle Discussion 10:45 Word Games <b>1:00 Chefs Chat &amp; Town Hall</b> 2:00 BINGO 3:30 Documentary "Remembering MLK Jr." 6:15 Evening Movie	19 9:45 Coffee & Chat in the Bistro 10:05 Morning Movement 10:35 Daily Chronicle Discussion 10:45 Dominos 1:30 Bocce Ball 2:30 Afternoon Refresh 3:00 Last One Standing 4:00 Art Club 6:15 Popcorn & Movie	20 10:05 Steel Feathers Exercise 10:35 Daily Chronicle Discussion 10:45 Mystery Word <b>12:30 Regency Market</b> 1:30 BINGO 2:00 Coffee & Brain Games 3:00 Uno Card Game 4:00 Wine Down Wednesday 6:15 Evening Movie	21 Hand Pampering Day 10:05 Morning Movement 10:35 Daily Chronicle Discussion 10:45 Color Relaxation 1:30 Bean Bag Toss 2:30 Afternoon Refresh <b>2:30 Support Group</b> 3:00 The Price is Right 6:15 Popcorn & Movie	22 9:45 Coffee & Chat in the Bistro 10:05 Steel Feathers Exercise 10:35 Daily Chronicle Discussion 10:45 Word Games <b>11:30 Brunch @Elmers</b> 1:30 BINGO <b>3:00 Live Music by Barbra Cecile</b> 6:15 Evening Movie	23 10:05 Morning Movement 10:35 Daily Chronicle Discussion 10:45 In the Kitchen 1:30 Coffee & Brain Games 2:00 Bocce Ball 3:00 Let's Get Crafting 6:15 Popcorn & Movie
Self-Lead Activities Day 9:30 Coffee & News in the Bistro 9:00 Worship Service (YouTube) 10:05 Video Exercise 1:30 Docuseries "Super Structures" 6:15 Evening Movie	<b>25</b> 10:05 Steel Feathers Exercise 10:45 Banana Grams 1:00 Guide to Meditation 1:30 BINGO 3:00 Uno Card Game 4:00 Happy ½ Hour 6:15 Evening Movie	26 9:45 Coffee & Chat in the Bistro 10:05 Morning Movement 10:35 Daily Chronicle Discussion 10:45 Lucky Dog Card Game 1:30 Bocce Ball <b>3:00 Move&amp;Groove w/ the Angels</b> 6:15 Popcorn & Movie	27 10:05 Steel Feathers Exercise 10:35 Daily Chronicle Discussion 10:45 Mystery Word 1:30 BINGO 2:00 Coffee & Brain Games 3:00 Last One Standing 4:00 Wine Down Wednesday 6:15 Evening Movie	28 10:05 Morning Movement 10:35 Daily Chronicle Discussion 10:45 Quartet Card Game 1:30 Bean Bag Toss <b>2:30 Traveling Historian Presents History of Films made in Oregon</b> 3:30 Banana Grams 6:15 Popcorn & Movie	29 9:45 Coffee & Chat in the Bistro 10:05 Steel Feathers Exercise 10:35 Daily Chronicle Discussion 10:45 Word Games <b>11:30 Lunch @Red Robins</b> 1:30 BINGO 3:00 Nerf Challenge 4:00 Happy ½ Hour 6:15 Evening Movie	30 10:05 Sit & Be Fit 10:35 Daily Chronicle Discussion 10:45 Readers Theater 1:30 Coffee & Brain Games 2:00 Bocce Ball 3:00 Let's Get Crafting 6:15 Popcorn & Movie
		Australia Day (Observed)				