

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2026



Sierra Del Sol Senior Living

<p>9:00 Chair Chi w/ Maryanna 1 10:00 Sunday Morning Scenic Bus Ride 10:30 Virtual Church Service 1:00 Matinee Movie: White Fang 1:30 February Trivia 3:00 Resident Activity Planning Meeting 6:00 Friendship Movie Night: E.T <small>Tu B'Shevat Begins</small></p>	<p>9:00 Walkers Club w/ Maryanna 2 9:30 Communion with Deacon Dennis 9:30 Rummikub 10:00 Rosary Group 10:30 Daily Chronicles Tea, Cocoa & Coffee in the Bistro 1:30 Paper Heart Wreaths 3:00 Yoga w/ Myrlene from Steel Feathers 3:30 Prize Ticket Store 6:00 Travel Series w/ Rick Steves: Poland <small>Groundhog Day</small></p>	<p>9:00 Low Impact Cardio 3 9:30 Bible Study 10:30 Prize Ticket Bingo 1:30 UofA Museum of Art * Free Admission 3:00 Wii Bowling 5:00 Dominos 6:00 The Crown S1 E10</p>	<p>9:00 Joyce's Joyful Jewelry Sale 4 9:30 What's Cooking with Maryanna: Colorful Winter Salad 11:00 Yoga w/ Myrlene from Steel Feathers 1:30 Flower Arranging 1:30 Pet Therapy Visit w/ Lilith the Cat 3:00 Littlest Big Band 5:00 Puzzles in the Living Room 6:00 Classic Movie: The Love Bug</p>	<p>8:30 Shopping at Fry's 5 9:00 Rummikub 9:30 Morning Stretch 10:30 Minute to Win It Olympic Games 1:00 Wii Bowling 1:30 Blackjack 3:00 Social: Maryanna's Special Hot Cocoa w/ Stroop Waffles 6:00 Comedy Movie: The Devil Wears Prada 6:30 Resident Ran Game Night</p>	<p>9:00 Low Impact Cardio w/ Rosanda 6 9:30 Farkle 10:30 Prize Bingo 12:00 2026 Milan Cortina Winter Olympics Open Ceremony 1:30 Sing Along w/ MaryAnne 3:00 Resistance Training w/ Myrlene From Steel Feathers 5:00 Mindful Meditations on YouTube 6:00 Tough Guy Movie: Percy Jackson & The Olympians</p>	<p>9:00 Walkers Club w/ Rosanda 7 9:30 Bunco 11:00 Drumming for Fitness 1:30 Afternoon Stretch w/ Katie 2:00 Valentine Day Cards 3:00 Group Book Club: Chocolate Chip Cookie Murder 6:00 Saturday Night Movie: Mary Poppins Returns</p>
<p>9:00 Chair Chi w/ Maryanna 8 10:00 Travelogue: Singapore 10:30 Virtual Church Service 1:00 Matinee Movie: Remember the Titans 2:00 Church Service w/ Faith Community Church 3:00 Super Bowl Party Seattle Seahawks vs N.E Patriots 4:30 Super Bowl 6:00 Friendship Movie Night: Free Willy</p>	<p>9:00 Walkers Club w/ Maryanna 9 9:30 Communion with Deacon Dennis 9:30 Rummikub 10:00 Rosary Group 10:00 Food Meeting w/ Chef Arine 10:30 Health Talk w/ Marianne from Bayada 1:30 Beading Hearts 3:00 Yoga w/ Myrlene from Steel Feathers 6:00 Travel Series w/ Rick Steves: Iceland</p>	<p>8:30 Cogburn Ostrich Ranch \$12 and Picnic 10 9:00 Low Impact Cardio 10:00 Wii Bowling 10:30 Concert in the Theater: Kenny, Dolly & Willie: Something Inside So Strong 11:00 Color Your Mind 1:30 Prize Ticket Bingo 3:00 Bible Study 5:00 Dominos 6:00 The Crown S2 E1</p>	<p>9:30 What's Cooking with Maryanna: Sweet Strawberry Cocoa Whip 11 11:00 Yoga w/ Myrlene from Steel Feathers 11:00 Veterans Group w/ Scotty 1:30 Pima County Library Book Mobile 1:30 Pet Therapy Visit w/ Lilith the Cat 1:30 Flower Arranging 2:30 Sing Along w/ Linda Updike 5:00 Puzzles in the Living Room 6:00 Classic Movie: White Fang</p>	<p>8:30 Shopping at Dollar Store 12 9:00 Rummikub 9:30 Morning Stretch 10:30 New Resident Meet & Greet 1:00 Wii Bowling 2:00 Tie-Dye T-Shirts w/ Philip 3:00 Social: Fruit with Chocolate Fondue 6:00 Comedy Movie: O Brother Where Art Thou? 6:30 Resident Ran Game Night</p>	<p>9:00 Low Impact Cardio w/ Rosanda 13 9:30 Farkle 10:30 Prize Bingo 1:30 Friday the 13th Good Luck, Bad Luck. Are You Superstitious? 3:00 Resistance Training w/ Myrlene From Steel Feathers 5:00 Mindful Meditations on YouTube 6:00 Tough Guy Movie: Avatar</p>	<p>9:00 Walkers Club w/ Rosanda 14 9:30 Bunco 11:00 Balloon Noodle Ball 1:30 Afternoon Stretch w/ Katie 2:00 Cream Filled Chocolate Day, Can You Guess The Chocolate? 3:00 Special Valentine's Performance by Adkins and Anderson 6:00 Saturday Night Movie: The Proposal <small>Valentine's Day</small></p>
<p>9:00 Chair Chi w/ Maryanna 15 10:00 Sunday Morning Scenic Bus Ride 10:30 Virtual Church Service 1:00 Matinee Movie: George of the Jungle 1:30 Movie Mania & Guess the Movie by the Song 3:00 Love Our Pets! Making Homemade Pet Treats 6:00 Friendship Movie Night: Now and Then</p>	<p>9:00 Walkers Club w/ Maryanna 16 9:30 Rummikub 10:00 Rosary Group 10:30 Tea, Cocoa and Coffee in the Bistro 1:30 Fairy Lanterns 3:30 Prize Ticket Store 3:00 Yoga w/ Myrlene from Steel Feathers 6:00 Travel Series w/ Rick Steves: London <small>Presidents' Day (U.S.)</small></p>	<p>9:00 Low Impact Cardio 17 9:30 Wii Bowling 10:30 Mardi Gras Bingo 11:00 Group Word Search 1:30 Bible Study 3:00 Concert in the Theater: John Williams & Steven Spielberg Orchestra 3:30 Dinner at Great Village Chinese Restaurant <small>Ramadan Begins</small> 5:00 Dominos <small>Mardi Gras</small> 6:00 Chinese New Year of the Horse</p>	<p>9:30 Ash Wednesday with Deacon Dennis 18 9:30 What's Cooking with Maryanna: Bacon Ranch Quesadillas 11:00 Yoga w/ Myrlene from Steel Feathers 1:30 Flower Arranging 1:30 Pet Therapy Visit w/ Lilith the Cat 2:00 Town Hall Meeting 2:30 Wild Bill, the Singing Guitar Man 5:00 Puzzles in the Living Room 6:00 Classic Movie: The Parent Trap</p>	<p>8:30 Shopping at Walmart 19 9:00 Rummikub 9:30 Morning Stretch 10:30 Donuts w/ Veronica from Scan 1:00 Wii Bowling 1:30 Blackjack 3:00 Social: Wine & Cheese Don't Forget to Bring Your Favorite Wine Glass! 6:00 Comedy Movie: 50 First Dates 6:30 Resident Ran Game Night</p>	<p>9:00 Low Impact Cardio w/ Rosanda 20 9:30 Farkle 10:30 Prize Bingo 1:30 Stained Glass Hearts w/ Katie 3:00 Resistance Training w/ Myrlene From Steel Feathers 5:00 Mindful Meditations on YouTube 6:00 Tough Guy Movie: Operation Mince meat</p>	<p>9:00 Walkers Club w/ Rosanda 21 9:30 Bunco 11:00 Drumming for Fitness 1:30 Afternoon Stretch w/ Katie 2:00 Celebrating Hershey Chocolate & Fun Facts 3:00 Group Book Club: Chocolate Chip Cookie Murder 6:00 Saturday Night Movie: Angels in the Outfield</p>
<p>9:00 Chair Chi w/ Maryanna 22 10:30 Virtual Church Service 1:00 Movie Matinee: Inspector Gadget 2:00 Church Service w/ Faith Community Church 3:00 Right Brain vs Left Brain, Which Side Do You Use? 6:00 Friendship Movie Night: Marley & Me</p>	<p>9:00 Walkers Club w/ Maryanna 23 9:30 Communion with Deacon Dennis 9:30 Rummikub 10:00 Rosary Group 10:30 Grief is not a Thief Health Talk 1:30 Balloon Volleyball 2:00 Cooking Demo w/ Mershon 3:00 Yoga w/ Myrlene from Steel Feathers 6:00 Travel Series w/ Rick Steves: The Best of Southern Spain</p>	<p>9:00 Low Impact Cardio 24 9:30 Injoy Thrift Store 10:00 Wii Bowling 10:30 Prize Ticket Bingo 11:00 Group Word Mining 1:30 Bible Study 2:00 Rise and Sign: "Love" 3:00 Men's Social Club w/ Beer & Snacks 5:00 Dominos 6:00 The Crown S2 E3</p>	<p>9:30 What's Cooking with Maryanna: Black and White Cookies 25 11:00 Yoga w/ Myrlene from Steel Feathers 1:30 Flower Arranging 1:30 Pet Therapy Visit w/ Lilith the Cat 3:00 Manny Herrera, Classic Crooner 5:00 Puzzles in the Living Room 6:00 Classic Movie: Treasure Island</p>	<p>9:00 Rummikub 26 9:00 Tucson Rodeo Parade w/ Coffee & Donuts 9:30 Morning Stretch 10:30 Yahtzee! 1:00 Wii Bowling 1:30 Come and Join us on a Virtual Trip to Italy w/ Aegis! 3:00 Social: Western Root Beer Floats, Don't Forget Your Cowboys Hats! 6:00 Comedy Movie: Summer Camp</p>	<p>9:00 Low Impact Cardio w/ Rosanda 27 9:30 Farkle 10:30 Prize Bingo 1:30 Family Feud 3:00 Resistance Training w/ Myrlene From Steel Feathers 5:00 Mindful Meditations on YouTube 6:00 Tough Guy Movie: Pirates of the Caribbean The Cures of the Black Pearl</p>	<p>9:00 Walkers Club w/ Rosanda 28 9:30 Bunco 11:00 Balloon Noodle Ball 1:30 Afternoon Stretch w/ Katie 2:00 Appreciate a Friend: Little Acts of Kindness 3:00 Wine & Trivia Happy Hour 6:00 Saturday Night Movie: Night at the Museum</p>

Schedule is Subject to change. For the most updated information please see Activity Daily. Sierra Del Sol Senior Living 8151 E Speedway Tucson AZ 85710