



900 W. Alpine Way  
Shelton, WA 98584

Phone: (360) 426-2600  
Fax: (360) 427-3299

[www.AlpineWayLiving.com](http://www.AlpineWayLiving.com)



[www.facebook.com/alpinewayliving](http://www.facebook.com/alpinewayliving)

### March Resident Birthdays

- 3/5 Tim T.
- 3/14 Jim A.
- 3/15 Joanne S.
- 3/18 Chris K.
- 3/20 Jay B.
- 3/23 Donna P.
- 3/25 Eileen J.
- 3/28 Margaret K.
- 3/29 Gail R.
- 3/30 Jan H.
- 3/31 Ina C.

### March Staff Birthdays

- 3/12 Meskie N.
- 3/13 Jennifer W.
- 3/19 Margaret N.
- 3/20 Maria P.
- 3/21 Isabella N.
- 3/24 John K.
- 3/29 Erica A.

## Alpine Way

# March 2026

Alpine Way | 900 W. Alpine Way, Shelton WA, 98584 | 360-426-2600 |



### Meet Our Team!

#### Executive Director

*Trudy Hunter*

[TrudyH@Cascadeliving.com](mailto:TrudyH@Cascadeliving.com)

#### Wellness Director

*Laura Stevens*

[LauraS@cascadeliving.com](mailto:LauraS@cascadeliving.com)

#### Assistant Wellness Director

*Savannah Thomas*

[SavannahT@Cascadeliving.com](mailto:SavannahT@Cascadeliving.com)

#### Marketing Director

*Cyndy Armitage*

[CyndyA@cascadeliving.com](mailto:CyndyA@cascadeliving.com)

#### Business Office Manager

*Maria Poulos*

[MariaP@cascadeliving.com](mailto:MariaP@cascadeliving.com)

#### Life Enrichment Director

*Kimberly Butcher*

[KimberlyB@cascadeliving.com](mailto:KimberlyB@cascadeliving.com)

#### Environmental Director

*Travis Wagner*

[TravisW@cascadeliving.com](mailto:TravisW@cascadeliving.com)

#### Plant Operations Director

*Rod Davis*

[RodD@cascadeliving.com](mailto:RodD@cascadeliving.com)

#### Dining Services Director

*Donna Jorgenson*

[DonnaJ@cascadeliving.com](mailto:DonnaJ@cascadeliving.com)

### **A Broadway Classic Turns 70**

Seventy years ago, on March 15, 1956, *My Fair Lady* opened on Broadway and quickly became one of the most celebrated productions in musical theater history. Its premiere at the Mark Hellinger Theatre marked the beginning of a record-setting run that helped define a golden era for the American stage.

Set in 1912 London, the story follows Eliza Doolittle's transformation from a struggling flower seller into someone confident enough to challenge the expectations placed on her. Although the original production reflected mid-20th-century attitudes, many modern viewers see Eliza's arc as a useful lens on empowerment—an idea that aligns neatly with March's Women's History Month. Her pushback against Professor Higgins feels more relevant now than ever.

The musical also offers a snapshot of a changing era. London in 1912 balanced Edwardian elegance with social tension. Suffrage activism was gaining momentum, fashion was beginning to loosen from restrictive styles, and the traditional class structure faced increasing scrutiny. While *My Fair Lady* presents these shifts with wit and charm, its backdrop hints at the larger societal forces shaping the characters' world.

Over the decades, the show's score has played a major role in its longevity. Songs like "I Could Have Danced All Night" and "Wouldn't It Be Lovely" became standards, recorded by a wide range of performers and woven into popular culture. The familiarity of the music keeps the show accessible, even for those who haven't seen a full production in years.

The anniversary arrives just ahead of World Theatre Day on March 27, a reminder of how live performance continues to bridge generations. Few shows have matched the musical's staying power; its songs and characters have been reinvented through revivals, films, and countless stagings across the globe. *My Fair Lady* still invites audiences to reflect on identity, opportunity, and the ways people reinvent themselves. For a production rooted in another century, its voice remains remarkably current—and still worth hearing.



# Good Friends Make Good Neighbors Program

From our elegantly appointed interior and beautifully maintained grounds to the exceptional healthcare programs and services provided by our professional staff, residents who introduce Cascade Living Group's Living Well philosophy to their friends or family members could receive credit(s) applied toward their rent.

### How It Works

When a resident or family member refers a new potential resident\* to a Cascade Living Group community and that person moves in for at least 90 days, the referring resident will receive a \$2,500 credit applied to their base rent.

*\*In order to qualify as a new potential resident, the person being referred must not already be on our contact list. To make a referral and to ensure you receive proper credit for making the introduction, please provide your name and the name of your friend or family member to our Executive Director or Director of Sales and Marketing prior to the inquiry or tour.*



For more information, please call  
**360-426-2600**  
900 W. Alpine Way | Shelton, WA 98584  
[www.CascadeLiving.com/AlpineWay](http://www.CascadeLiving.com/AlpineWay)

RETIREMENT LIVING | ASSISTED LIVING | MEMORY CARE



**More Information**  
 CR = Cedar Room  
 DW = Dogwood Room  
 MR = Meeting Room

Activities in blue have a sign up sheet @ front desk

\*Zumba Gold is provided by Steel Feather\*

Activity Meeting - Where residents can bring activity ideas or requests.

Tech Talk - Where residents can bring technology related questions for help.

Resident Council - Where residents can bring feedback about departments within the building.

**Calling all Card Players!**

Do you know how to play cribbage, pinochle or bridge? Would you like to join other residents to play card games?

We are looking for more players for our card groups.

If you're interested please join us on Wednesdays at 1pm in the DW to see if we can get some new players.

**YOU'RE INVITED**

**Shel-Town Strummers**

**Tuesday March 17th**  
**1:30 pm**  
**Cedar Room**

They are bringing a 20 person ukulele group to perform!

**COMING SOON**

**LIP SYNC BATTLE**

**APRIL FOOL'S DAY**

Stay tuned for more information