

The Village

FEBRUARY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Virtual Worship 10:30 Exercise Video 11:00 Slow Tempo Stretching 1:00 Listen to Music 2:30 Zen Mandala Coloring 4:00 Scrabble - IL 6:00 Card Games - RL	2 <i>Groundhog Day</i> 10:00 Dollar Store - O 10:30 Exercise with Marshal 11:00 Slow Tempo Stretching 1:00 Listen to Music 2:30 Zen Mandala Coloring 4:00 Scrabble - IL 6:00 Evening News	3 <i>Feed the Birds Day</i> 10:00 Brain Games 10:30 Zumba with Claudia 11:00 Meditation 1:00 Bible Study - IL 1:00 Groundhog Day Coloring 1:30 Valentine craft with Jamie 1:30 Guitar Gil - DR 3:00 Brendan's Bingo 6:00 Table Games - RL	4 10:00 Brain Games 10:30 Exercise Video 11:00 Slow Tempo Yoga 12:45 Watch <i>Free Solo</i> 3:00 Brendan's Bingo 4:30 Special Family Dinner - DR 6:00 Puzzle - RL	5 <i>Monarch Day</i> 10:00 Brain Games 10:30 Zumba with Claudia 1:00 Bible Study - IL 1:00 Cooks Corner with Kaera 2:00 Butterfly Craft 3:00 Melissa & Larry Live Music - DR 6:00 Puzzle - RL	6 10:00 Fred Meyer - O 10:00 Brain Games 10:30 Seated Stretches 11:00 Deep Breathing Exercise 1:00 Black History Month Trivia 1:30 Popcorn & Watch <i>Hidden Figures</i> 6:00 Olympics - DR	7 9:15 Table Games - DR 10:15 Brain Games 10:30 Seated Thai Chi 11:00 Meditation 2:00 Yahtzee 3:30 Brendan's Bingo 4:00 Scrabble - IL 6:00 Olympics - DR
8 <i>Superbowl Sunday</i> 9:30 Virtual Worship 10:30 Exercise Video 11:00 Seated Stretches 1:00 Mandala Coloring 3:30 Watch the Superbowl - DR 5:45 Scrabble - IL 6:00 Card Games - RL	9 10:00 Walmart - O 10:30 Exercise with Marshal 11:00 Seated Yoga 12:45 Watch <i>Stamped from the Beginning</i> 3:00 Brendan's Bingo 6:00 Olympics - DR	10 10:00 Brain Games 10:30 Zumba with Claudia 11:00 Meditation 1:00 Bible Study - IL 1:30 Valentine craft with Amber 6:00 Olympics - DR	11 10:00 Brain Games 10:45 Exercise with Christy 11:15 Deep Breathing Exercise 1:30 Valentine's Baking with Kaera 3:00 Brendan's Bingo 6:00 Evening News	12 10:00 Brain Games 10:30 Zumba with Claudia 11:00 Seated Stretches 11:00 Bible Study - IL 1:30 Popcorn & Movie 3:30 Independent Craft Time 6:00 Evening News	13 10:00 Fred Meyer - O 10:00 Brain Games 10:30 Exercise Video 11:00 Seated Yoga 1:00 Daily Chronicle & Discussion 2:00 Cabaret - DR 3:30 Creativity Hour 6:00 Olympics - DR	14 <i>Valentine's Day</i> 9:15 Table Games - DR 10:30 Seated Thai Chi 11:00 Meditation 1:00 Valentine's Day Coloring 1:30 Scrabble - IL 2:00 Watercoloring 3:30 Brendan's Bingo 6:00 Olympics - DR

5th - Leonard A.

3rd - Florence M.

Happy Birthday!

7th - Donna W.

8th - Cathy W.

25th - Pat C.

Please refer to Daily Schedules for any schedule/activity changes!

24121 116th Ave SE, Kent, WA 98030
All activities and events are subject to change based on resident interests, requests and weather.

FEBRUARY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 9:30 Virtual Worship 10:30 Exercise Video 11:00 Seated Yoga 1:00 Listen to Music 2:00 Creativity Hour 3:30 Card Games - RL 6:00 Evening News	16 President's Day 10:00 Costco - O 10:30 Exercise with Marshal 11:30 Deep Breathing Exercise 12:45 Watch <i>First President of the United States</i> 3:00 Brendan's Bingo 6:00 Olympics - DR	17 Mardi Gras 10:00 Brain Games 10:30 Zumba with Claudia 11:00 Meditation 1:00 Bible Study - IL 12:45 Watch <i>A King Like Me</i> 2:30 Bookmark Craft 6:00 Olympics - DR	18 Pluto Day 10:00 Hymn & Devotion 10:30 Exercise - DR 11:00 Seated Stretches 1:00 Brain Games 1:30 Pluto Trivia 3:00 Brendan's Bingo 4:30 Diner Night - DR 6:00 Evening News	19 10:00 Brain Games 10:30 Zumba with Claudia 11:00 Meditation 1:00 Bible Study - IL 1:30 Creativity Hour 3:00 Community Hoedown ft. Melissa & Larry - DR 6:00 Olympics - DR	20 10:00 Fred Meyer - O 10:00 Brain Games 10:30 Exercise Video 11:00 Seated Stretches 1:00 Daily Chronicle & Discuss 1:30 Scrabble - IL 3:30 Brendan's Bingo 6:00 Olympics - DR	21 9:15 Table Games - DR 10:30 Exercise Video 11:00 Seated Stretches 1:00 Daily Chronicle & Discuss 1:30 Scrabble - IL 3:30 Brendan's Bingo 6:00 Olympics - DR
22 9:30 Virtual Worship 10:30 Exercise Video 11:00 Meditation 1:00 Listen to Music 1:30 Scrabble - IL 2:30 Worship with the Schaffers 6:00 Evening News	23 10:00 Value Village - O 10:30 Exercise with Marshal 11:00 Deep Breathing Exercise 12:45 Watch <i>Butterfly in the Sky</i> 3:00 Brendan's Bingo 6:00 Puzzle - RL	24 10:00 Brain Games 10:30 Zumba with Claudia 11:00 Meditation 1:00 Bible Study - IL 1:00 Music of the 1960's Trivia 2:30 Sunflower Craft 6:00 Puzzle - RL	25 10:00 Brain Games 10:45 Exercise with Christy 11:15 Deep Breathing Exercise 12:45 Watch <i>Mentality</i> 3:00 Brendan's Bingo 6:00 Evening News	26 10:30 Chronic Illness & Grief Support Group 10:30 Zumba with Claudia - DR 1:00 Bible Study - IL 1:00 Brain Games 1:30 Popcorn & Watch <i>Ford vs Ferrari</i> 3:00 Dementia Education at the Lodge - MC 6:00 Table Games - RL	27 10:00 Fred Meyer - O 10:00 Brain Games 10:30 Seated Exercise 11:00 Meditation 1:00 Daily Chronicle & Hot Chocolate 2:00 BINGO store - DR 5:00 Pizza & Movie Night	28 9:15 Table Games - DR 10:15 Brain Games 10:30 Seated Thai Chi 11:00 Seated Stretches 1:30 Scrabble 2:00 Watercolor 3:30 Brendan's Bingo 6:00 Puzzle - RL
Activity Key Unless otherwise noted, activities will be held in the Activity Room. IL - The Inn Building DR - Dining Room AR - Activity Room MC - Memory Care O - Outing RL - Resident Led Activity	*Please refer to Daily Schedules for any schedule/activity changes!*		Exercise We hold Exercise class every day @ 10:30am Sun-Sat. Monday's, Tuesday's & Thursday's are led by exercise instructors Marshal & Claudia from Everfit Fitness. Every 2 nd & 4 th Wednesday Christy, a physical therapist, runs exercise @ 10:45am.		Activity Key Unless otherwise noted, activities will be held in the Activity Room. IL - The Inn Building DR - Dining Room AR - Activity Room MC - Memory Care O - Outing RL - Resident Led Activity	

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