

The Village

FEBRUARY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Virtual Worship 10:30 Exercise Video 11:00 Slow Tempo Stretching 1:00 Listen to Music 2:30 Zen Mandala Coloring 4:00 Scrabble - IL 6:00 Card Games - RL	2 <u>Groundhog Day</u> 10:00 Dollar Store - O 10:30 Exercise with Marshal 11:00 Slow Tempo Stretching 1:00 Groundhog Day Coloring 1:30 Guitar Gil - DR 3:00 Brendan's Bingo 6:00 Evening News	3 <u>Feed the Birds Day</u> 10:00 Brain Games 10:30 Zumba with Claudia 11:00 Meditation 1:00 Bible Study - IL 1:30 Valentine craft with Jamie 3:00 Town Hall with Maddy & Amber 6:00 Table Games - RL	4 10:00 Brain Games 10:30 Exercise Video 11:00 Slow Tempo Yoga 12:45 Watch <i>Free Solo</i> 3:00 Brendan's Bingo 4:30 Special Family Dinner - DR 6:00 Puzzle - RL	5 <u>Monarch Day</u> 10:00 Brain Games 10:30 Zumba with Claudia 1:00 Bible Study - IL 1:00 Cooks Corner with Kaera 2:00 Butterfly Craft 3:00 Melissa & Larry Live Music - DR 6:00 Puzzle - RL	6 10:00 Fred Meyer - O 10:00 Brain Games 10:30 Seated Stretches 11:00 Deep Breathing Exercise 1:00 Black History Month Trivia 1:30 Popcorn & Watch <i>Hidden Figures</i> 6:00 Olympics - DR	7 9:15 Table Games - DR 10:15 Brain Games 10:30 Seated Thai Chi 11:00 Meditation 2:00 Yahtzee 3:30 Brendan's Bingo 4:00 Scrabble - IL 6:00 Olympics - DR
8 <u>Superbowl Sunday</u> 9:30 Virtual Worship 10:30 Exercise Video 11:00 Seated Stretches 1:00 Mandala Coloring 3:30 Watch the Superbowl- DR 5:45 Scrabble - IL 6:00 Card Games - RL	9 10:00 Walmart - O 10:30 Exercise with Marshal 11:00 Seated Yoga 12:45 Watch <i>Stamped from the Beginning</i> 3:00 Brendan's Bingo 6:00 Olympics - DR	10 10:00 Brain Games 10:30 Zumba with Claudia 11:00 Meditation 1:00 Bible Study - IL 1:30 Valentine craft with Amber 6:00 Olympics - DR	11 10:00 Brain Games 10:45 Exercise with Christy 11:15 Deep Breathing Exercise 1:30 Valentine's Baking with Kaera 3:00 Brendan's Bingo 6:00 Evening News	12 10:00 Brain Games 10:30 Zumba with Claudia 11:00 Seated Stretches 11:00 Bible Study - IL 1:30 Popcorn & Movie 3:30 Independent Craft Time 6:00 Evening News	13 10:00 Fred Meyer - O 10:00 Brain Games 10:30 Exercise Video 11:00 Seated Yoga 1:00 Daily Chronicle & Discussion 2:00 Cabaret - DR 3:30 Creativity Hour 6:00 Olympics - DR	14 <u>Valentine's Day</u> 9:15 Table Games - DR 10:30 Seated Thai Chi 11:00 Meditation 1:00 Valentine's Day Coloring 1:30 Scrabble - IL 2:00 Watercoloring 3:30 Brendan's Bingo 6:00 Olympics - DR
<div> <div>3rd - Florence M.</div> <div>5th - Leonard A.</div> <div>7th - Donna W.</div> <div>8th - Cathy W.</div> <div>25th - Pat C.</div> </div>						

Happy Birthday!

Please refer to Daily Schedules for any schedule/activity changes!

24121 116th Ave SE, Kent, WA 98030
All activities and events are subject to change based on resident interests, requests and weather.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 9:30 Virtual Worship 10:30 Exercise Video 11:00 Seated Yoga 1:00 Listen to Music 2:00 Creativity Hour 3:30 Card Games - RL 6:00 Evening News	16 <i>President's Day</i> 10:00 Costco - O 10:30 Exercise with Marshal 11:30 Deep Breathing Exercise 12:45 Watch <i>First President of the United States</i> 3:00 Brendan's Bingo 6:00 Olympics - DR	17 <i>Mardi Gras</i> 10:00 Brain Games 10:30 Zumba with Claudia 11:00 Meditation 1:00 Bible Study - IL 12:45 Watch <i>A King Like Me</i> 2:30 Bookmark Craft 6:00 Olympics - DR	18 <i>Pluto Day</i> 10:00 Hymn & Devotion 10:30 Exercise - DR 11:00 Seated Stretches 1:00 Brain Games 1:30 Pluto Trivia 3:00 Brendan's Bingo 4:30 Diner Night - DR 6:00 Evening News	19 10:00 Brain Games 10:30 Zumba with Claudia 11:00 Meditation 1:00 Bible Study - IL 1:30 Creativity Hour 3:00 Community Hoedown ft. Melissa & Larry - DR 6:00 Olympics - DR	20 10:00 Fred Meyer - O 10:00 Brain Games 10:30 Exercise Video 11:00 Seated Yoga 1:30 Jokes with Brendan 2:00 February Resident Social 6:00 Olympics - DR	21 9:15 Table Games - DR 10:30 Exercise Video 11:00 Seated Stretches 1:00 Daily Chronicle & Discuss 1:30 Scrabble - IL 3:30 Brendan's Bingo 6:00 Olympics - DR
22 9:30 Virtual Worship 10:30 Exercise Video 11:00 Meditation 1:00 Listen to Music 1:30 Scrabble - IL 2:30 Worship with the Schaffers 6:00 Evening News	23 10:00 Value Village - O 10:30 Exercise with Marshal 11:00 Deep Breathing Exercise 12:45 Watch <i>Butterfly in the Sky</i> 3:00 Brendan's Bingo 6:00 Puzzle - RL	24 10:00 Brain Games 10:30 Zumba with Claudia 11:00 Meditation 1:00 Bible Study - IL 1:00 Music of the 1960's Trivia 2:30 Sunflower Craft 6:00 Puzzle - RL	25 10:00 Brain Games 10:45 Exercise with Christy 11:15 Deep Breathing Exercise 12:45 Watch <i>Mentality</i> 3:00 Brendan's Bingo 6:00 Evening News	26 10:30 Chronic Illness & Grief Support Group 10:30 Zumba with Claudia - DR 1:00 Bible Study - IL 1:00 Brain Games 1:30 Popcorn & Watch <i>Ford vs Ferrari</i> 3:00 Dementia Education at the Lodge - MC 6:00 Table Games - RL	27 10:00 Fred Meyer - O 10:00 Brain Games 10:30 Seated Exercise 11:00 Meditation 1:00 Daily Chronicle & Hot Chocolate 2:00 BINGO store - DR 5:00 Pizza & Movie Night	28 9:15 Table Games - DR 10:15 Brain Games 10:30 Seated Thai Chi 11:00 Seated Stretches 1:30 Scrabble 2:00 Watercolor 3:30 Brendan's Bingo 6:00 Puzzle - RL
Activity Key Unless otherwise noted, activities will be held in the Activity Room. IL – The Inn Building DR – Dining Room AR - Activity Room MC - Memory Care O - Outing RL - Resident Led Activity		*Please refer to Daily Schedules for any schedule/activity changes!*		<u>Exercise</u> We hold Exercise class every day @ 10:30am Sun-Sat. Monday's, Tuesday's & Thursday's are led by exercise instructors Marshal & Claudia from Everfit Fitness. Every 2 nd & 4 th Wednesday Christy, a physical therapist, runs exercise @ 10:45am.		Activity Key Unless otherwise noted, activities will be held in the Activity Room. IL – The Inn Building DR – Dining Room AR - Activity Room MC - Memory Care O - Outing RL - Resident Led Activity

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