

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|--|--|--|
| 1 Tech Support/Please Sign up at the Bistro. 10:00 Cribbage GL 1:00 Painting PR 2:00 Mexican Train L 6:00 Movie TH | 2 9:30 Body Joint Exercise FC 10:00 Coffee Social GL 10:00 Cribbage B 10:45 Tai Chi FC 11:00 Yoga Stretch FC 1:00 Beanbag Baseball TH 2:00 Balance Class FC 2:00 Phase 10 GL <u>2:30 Name that Tune DR</u> 6:15 Movie TH <small>Put Begins</small> | 3 9:30 Body Joint Exercise FC 10:00 Cribbage B 11:00 Everfit FC 1:00 Wheaton Way Shopping 1:00 Rummikube GL 1:00 Wii Golf TH 3:00 Blackjack GL 6:00 Mexican Train L | 4 9:30 Body Joint Exercise FC 10:00 Cribbage B 10:45 Tai Chi FC 11:00 Yoga Stretch FC <u>11:15 Therapy Dogs /Lobby</u> 1:00 Nimble Needles FL 1:00 Spinner Dominoes GL <u>2:00 Chef Talk DR</u> <u>2:45 Happy Hour/Monty DR</u> 6:15 Movie TH | 5 9:30 Body Joint Exercise FC 10:00 Catholic Visits L 10:00 Cribbage/Board games 10:00 Goodwill run 11:00 Everfit FC 1:00 Create a Coaster PR 3:00 Game Time GL 6:15 Movie TH | 6 9:30 Body Joint Exercise FC <u>10:00 American Sign language TH</u> 10:30 Hymn Sing along L 1:00 Bingo GL 1:00 Wii Golf TH 2:00 Wii Bowling TH 3:00 Social Hour GL 6:00 Phase 10 L 6:15 Movie TH | 7 9:30 Body Joint Exercise FC 10:00 Cribbage B 11:00 Adult Coloring GL 12:30 Baking PR 1:00 Wii Bowling TH 2:00 Phase 10 GL 6:15 Movie TH 6:15 Pinochle L |
| 8 Tech Support/Please Sign up at the Bistro. 10:00 Cribbage GL 1:00 Painting PR 2:00 Spinner Dominoes L 6:00 Movie TH <small>Daylight Saving Time Begins</small> | 9 9:30 Body Joint Exercise FC 10:00 Coffee Social GL 10:00 Cribbage B 10:45 Tai Chi FC 11:00 Yoga Stretch FC 1:00 Beanbag Baseball TH 2:00 Balance Class FC 2:00 Phase 10 GL 6:15 Movie TH | 10 9:30 Body Joint Exercise FC 10:00 Cribbage B 10:00 Donuts with Jeff GL 11:00 Everfit FC 1:00 Wheaton Way Shopping 1:00 Rummikube GL 1:00 Wii Golf TH 3:00 Poker GL 6:00 Mexican Train L | 11 9:30 Body Joint Exercise FC 10:45 Tai Chi FC 11:00 Yoga Stretch FC <u>11:15 Therapy Dogs /Lobby</u> 1:00 Nimble Needles FL 1:00 Spinner Dominoes GL 1:00 2:45 Happy Hour Charlie Brown DR 6:15 Movie TH | 12 9:30 Body Joint Exercise FC 10:00 Catholic Visits L 10:00 Cribbage/Board games 11:00 Everfit FC 11:30 Lunch at Silvercity <u>2:00 Activity Meeting TH</u> 3:00 Game Time GL 6:15 Movie TH | 13 9:30 Body Joint Exercise FC <u>10:00 American Sign language TH</u> 10:30 Hymn Sing along L 1:00 Bingo GL 1:00 Wii Golf TH 2:00 Wii Bowling TH 3:00 Social Hour GL 6:00 Phase 10 L 6:15 Movie TH | 14 9:30 Body Joint Exercise FC 10:00 Cribbage GL 11:00 Adult Coloring GL 1:00 Crafts PR 1:00 Wii Bowling TH 2:00 Phase 10 GL 6:15 Movie TH 6:00 Pinochle L |
| 15 Tech Support/Please Sign up at the Bistro. 10:00 Cribbage GL 1:00 Painting PR 2:00 Mexican Train L 6:00 Movie TH | 16 Footcare TH/ 9:30 Body Joint Exercise FC 10:00 Tech Clinic L 10:00 Cribbage B 10:45 Tai Chi FC 11:00 Yoga Stretch FC 1:00 Beanbag Baseball TH 2:00 Balance Class FC 2:00 Phase 10 GL 6:15 Movie TH | 17 9:30 Body Joint Exercise FC 10:00 Cribbage B 11:00 Everfit FC 1:00 Wheaton Way Shopping 1:00 Rummikube GL 1:00 Wii Golf TH 3:00 St. Paddy's Day Social B 6:00 Mexican Train L <small>St. Patrick's Day</small> | 18 9:30 Body Joint Exercise FC 10:00 Cribbage B 10:45 Tai Chi FC 11:00 Yoga Stretch FC <u>11:15 Therapy Dogs /Lobby</u> 1:00 Nimble Needles FL 1:00 Spinner Dominoes GL <u>2:00 Town Hall DR</u> <u>2:45 Happy Hour/Joey DR</u> 6:15 Movie TH | 19 9:30 Body Joint Exercise FC 9:30 Breakfast Bowling Ally 10:00 Catholic Visits L 10:00 Cribbage/Board games 11:00 Everfit FC 1:00 Casino 1:00 Crafts PR 3:00 Game Time GL 6:15 Movie TH | 20 9:30 Body Joint Exercise FC <u>10:00 American Sign language TH</u> 10:30 Hymn Sing along L 1:00 Bingo GL 1:00 Wii Golf TH 2:00 Wii Bowling TH 3:00 Social Hour GL 6:00 Phase 10 L 6:15 Movie TH <small>Spring Begins</small> | 21 9:30 Body Joint Exercise FC 10:00 Cribbage Tournament B 11:00 Adult Coloring GL 12:30 Baking PR 1:00 Wii Bowling TH 2:00 Phase 10 GL 6:15 Movie TH 6:15 Pinochle L |
| 22 Tech Support/Please Sign up at the Bistro. 10:00 Cribbage GL 1:00 Painting PR 2:00 Spinner Dominoes L 6:00 Movie TH | 23 9:30 Body Joint Exercise FC 10:00 Coffee Social GL 10:00 Cribbage B 10:45 Tai Chi FC 11:00 Yoga Stretch FC 1:00 Beanbag Baseball TH 2:00 Balance Class FC 2:00 Phase 10 GL 6:15 Movie TH | 24 9:30 Body Joint Exercise FC 10:00 Cribbage B 11:00 Everfit FC 1:00 Wheaton Way Shopping 1:00 Rummikube GL 1:00 Wii Golf TH 3:00 Farkle GL 6:00 Mexican Train | 25 9:30 Body Joint Exercise FC <u>10:00 Eyeglass Clinic B</u> 10:45 Tai Chi FC 11:00 Yoga Stretch FC <u>11:15 Therapy Dogs /Lobby</u> 1:00 Nimble Needles FL 1:00 Spinner Dominoes GL <u>2:45 Happy Hour/Marty DR</u> 6:15 Movie TH | 26 9:30 Body Joint Exercise FC 10:00 Catholic Visits L 10:00 Cribbage/Board games 11:00 Everfit FC 11:30 Lunch at Kingswok 2:00 Scenic Drive 3:00 Game Time GL 6:15 Movie TH | 27 9:30 Body Joint Exercise FC <u>10:00 American Sign language TH</u> 10:30 Hymn Sing along L 1:00 Bingo GL 1:00 Wii Golf TH 2:00 Wii Bowling TH 3:00 Social Hour GL 6:00 Phase 10 L 6:15 Movie TH | 28 9:30 Body Joint Exercise FC 10:00 Cribbage GL 11:00 Adult Coloring GL 1:00 Crafts PR 1:00 Wii Bowling TH 2:00 Phase 10 GL 6:15 Movie TH 6:00 Pinochle L |
| 29 Tech Support/Please Sign up at the Bistro. 10:00 Cribbage GL 1:00 Painting PR 2:00 Mexican Train L 6:00 Movie TH <small>Palm Sunday</small> | 30 9:30 Body Joint Exercise FC 10:00 Coffee Social GL 10:00 Cribbage B 10:45 Tai Chi FC 11:00 Yoga Stretch FC <u>11:30 Ambassador Lunch DR</u> 1:00 Beanbag Baseball TH 2:00 Balance Class FC <u>3:00 Birthday Party DR</u> 6:15 Movie TH | 31 9:30 Body Joint Exercise FC 10:00 Cribbage B 11:00 Everfit FC 1:00 Wheaton Way Shopping 1:00 Wii Golf TH 1:00 Rummikube GL 3:00 Wheel Of fortune TH 6:00 Mexican Train L |  <h1>March 2020</h1> <p>Cascades of Bremerton 360-479-8522 The Willows /Independent Living 3201 Pine Road Bremerton, Wa 98370</p> | | | |

FC=Fitness Center • B=Bistro • TH=Town Hall • PR=Project Room • GL=Game Lounge • SL=Sports Lounge • FL=Fireside Lounge L=Library DR=Dining Room