

Cascades of Bremerton
3201 Pine Road NE
Bremerton, Washington
98310

Postage
Information

March/April 2026

Cascades of Bremerton

Ashley Gardens The Cottage The Willows
Memory Care Assisted Living Independent Living



March Birthdays

Linelle B.
Melissa A.
Barbara B.
Tammy C.
Lois F.
Carl G.
Bob K.
Toby M.
Mac M.
Jacqui O.
Gary P.

Ron V.
Thomas K.
Margaret S
Ginger V.

April Birthdays

Kim C.
Sharon C.
Bill F.
Edythe M.
Dave M.
Esther P.
Bill R.
Bob U.
Joe B.
Arlee A.
Jack G.
Angel M



Mariah Davis
Executive Director
mariahd@cascadeliving.com

Associate Executive Director
Kelsey Gallegos
Kelseyg@cascadeliving.com

Wellness Director
Yulonda Travis
Yulondat@cascadeliving.com

Resident Care Coordinator
Dee Wilhite-Mitchell
deewm@cascadeliving.com

Environmental Services Director
Josie Jackson
josiej@cascadeliving.com

Business Office Manager
Stacey Atkins
staceya@cascadeliving.com

Director of Sales & Marketing
Lisa Marshall
lisam@cascadeliving.com

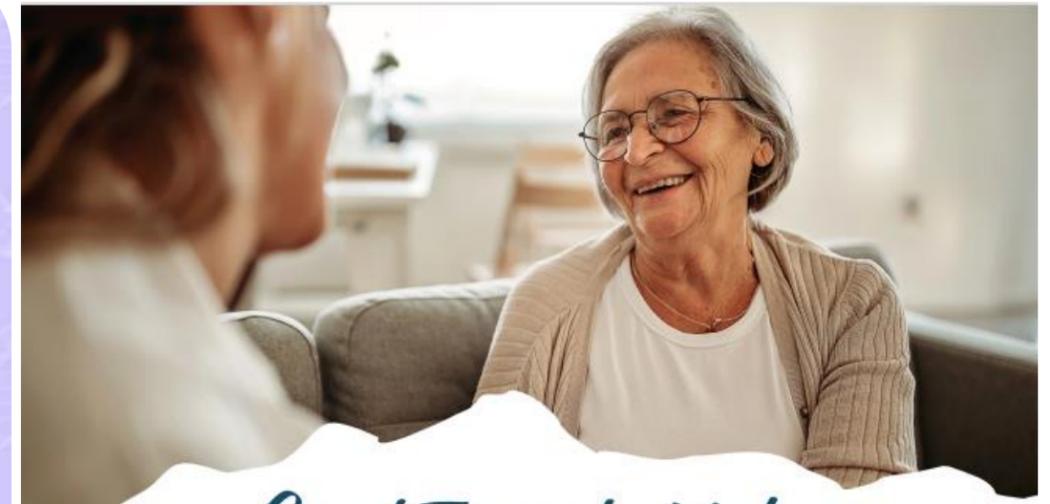
Community Relations Director
Elizabeth Melia
ElizabethMe@cascadeliving.com

Fitness & Life Enrichment
Director: Willows
Colleen Clotfelter
colleenc@cascadeliving.com

Life Enrichment Director
The Cottage
Janet Presley
janetp@cascadeliving.com

Life Enrichment Director
Ashley Gardens
Wendy Rothwell
wendyr@cascadeliving.com

Dining Services Director
Gulsidel Velazquez Ayala
gulsidelv@cascadeliving.com



Good Friends Make Good Neighbors Program

From our elegantly appointed interior and beautifully maintained grounds to the exceptional healthcare programs and services provided by our professional staff, residents who introduce Cascade Living Group's Living Well philosophy to their friends or family members could receive credit(s) applied toward their rent.

How It Works

When a resident or family member refers a new potential resident* to a Cascade Living Group community and that person moves in for at least 90 days, the referring resident will receive a \$4,000 credit applied to their base rent.

**In order to qualify as a new potential resident, the person being referred must not already be on our contact list. To make a referral and to ensure you receive proper credit for making the introduction, please provide your name and the name of your friend or family member to our Executive Director or Director of Sales and Marketing prior to the inquiry or tour.*



Continuing Care Retirement Campus
The Difference Between Living and Living Well

For more information, please call

360-479-8522

3231 Pine Road NE | Bremerton, WA 98310

www.CascadesOfBremerton.com



Easter

ADULT EASTER EGG HUNT

FOR THE WILLOWS RESIDENTS

April 5th

YOU HAVE ALL DAY TO FIND ONE EGG!

NO NEED TO GET UP EARLY!

The Easter bunny will be hiding eggs on Easter morning.

Each resident may find only one egg. There will be a number in it which represents a prize. On Sunday or the following Monday, please turn your egg into Katie, Colleen or Deb and you will receive your prize!

Easter Brunch

If you would like to bring guests, please RSVP no later than Saturday, March 28.

Please RSVP to your Concierge or Wendy.

Ashley Gardens & The Cottage:

Easter meal will be at 12:00, April 5th

Willows: We will have a delicious buffet on April 5th, Easter day! The buffet will run from 11:30 to 4:00



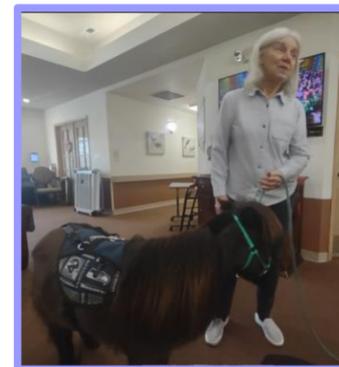
Resident SPOTLIGHT



Ghost Writer

Thank you, Sharon, for putting our Residents' lives in print. We truly appreciate you!

Sharon Elwell loves helping people write their stories. "Our grandchildren have no idea what a .45 rpm or a card catalog might be. We can help them understand the world we grew up in."



Therapy Pets at Ashley Gardens

Save the Date

For Mother's Day we will be having a Fashion show, May 7th at 2:00 in the Dining Room at the Willows. Looking for Resident models. Contact Colleen, Wendy or Janet if you are interested in being a fashionista!



Garden Boxes at the Willows

It is almost time to get out in the garden! If you would like to have a garden box at the Willows, please contact Colleen in the life Enrichment Department. Exciting, news!!! We bought new boxes, so we hope to put them out this Spring!



Tech Support at the Willows

Laura from Digital Helpmates will be providing 3 free clinics once a month starting in March. There is a sign-up sheet in the book on the third floor. For more details contact Colleen or Katie.

Lunch Outing with Cottage & Ashley Gardens:

March 12th. Pick up at 10:30 & 11:00, respectively.

St. Patrick's Day Parties, March 17th

"May your troubles be less, and your blessings be more, and nothing but happiness come through your door"

~Dorien Kelly

Friendly Reminders!

Please call down your takeout or delivery orders before 11:00 and 4:00. That way we can get your food before the rush.

Please do not leave free items in the laundry rooms. If you would like to donate items, go on our goodwill runs which we provide once a month. If you have not turned in your New Residency Agreement form, please turn them in at the concierge desk. Thank you!



Please Pick up after your dogs. We are seeing more and more dog owners not picking up their dog's waste on our grounds. If you are unable to do so, you may have our staff do it for you at a cost. It is important to keep all our Residents happy here at the Willows. If you are unable to care for your pet properly, you may need to find someone who can. We would really like all our dog owners to respect our community and that would include picking up after them.

Thank you for your cooperation!



Please have your walkers empty before you enter the bus! We need to be able to fold them up once they are in the bus. Thank you so much for your cooperation!