

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9AM-10AM Online Church 1 10:45AM Daily Chronicle (AR) 1:30PM Movie Matinee: "Crazy, Stupid, Love" 4:00PM Self-Paced Walk & Roll 6:00PM Movie Night (FR) *All Sunday activities are resident-led	10:45AM Daily Chronicle (AR) 2 11:00AM Shut the Box (AR) 2:30PM Garbage (DR) 4:00PM Self-Paced Walk & Roll 6:00PM Monday Movie (FR) *All Monday activities are resident-led Purim Begins	10:30AM Wellness Checks (DR) 3 10:45AM Daily Chronicles (AR) 2:30PM Read Along Book Club: "Little Women" 6:00PM Movie Night (FR) *Independent Activities are available in the activity room*	Medical Transportation Day 4 10:00AM Bible Study (DR) 10:45AM Daily Chronicles (AR) 11:00 AM Cardio w/ Catherine 2:30PM Staff Pick Card Game 6:00PM Movie Night (FR) *Independent Activities are available in the activity room*	Medical Transportation Day 5 10:45AM Daily Chronicle (AR) 1:30PM Food Committee Meeting 2:00PM Vocal Performance by Rachel Varayne & Tom (DR) 4:00PM Range of Motion & Circulation (AR) 6:00PM Movie Night (FR)	10:00AM Inclusive Worship (DR) 10:00AM Fred Meyer & Starbucks (FL) 10:45AM Daily Chronicles (AR) 11:00 AM Gentle Yoga w/ Catherine (AR) 2:30PM Dominoes (DR) 4:00PM Nail Glam (AR) 6:00PM Movie Night (FR)	10:45AM Daily Chronicle (AR) 7 2:30PM Shut the Box (DR) 4:00PM Guided Movement (AR) 6:00PM Saturday Night Movie *Independent Activities are available in the activity room*
9AM-10AM Online Church 8 10:45AM Daily Chronicle (AR) 1:30PM Movie Matinee: "The Mirror Has Two Faces" 6:00PM Sunday Night Movie *All Sunday activities are resident-led Daylight Saving Time Begins	10:45AM Daily Chronicle (AR) 9 11:00AM Shut the Box (AR) 2:30PM Dominoes (AR) 4:00PM Self-Paced Walk & Roll 6:00PM Monday Movie (FR) *All Monday activities are resident-led	10:45AM Daily Chronicles (AR) 10 2:30PM Read Along Book Club: "Little Women" 4:00PM Low-Impact Movement Session (AR) 6:00PM Staff Pick Movie (FR) *Independent Activities are available in the activity room*	Medical Transportation Day 11 10:00AM Bible Study (DR) 10:45AM Daily Chronicles (AR) 11:00 AM Cardio w/ Catherine 2:30PM Wheel of Fortune (DR) 6:00PM After Dinner Movie FR *Independent Activities are available in the activity room*	Medical Transportation Day 12 10:45AM Daily Chronicles (AR) 2:30PM Shut the Box (AR) 4:00PM Seated Stretch & Move 6:00PM Netflix Movie Night (FR) *Independent Activities are available in the activity room*	10:00AM Inclusive Worship (DR) 10:45AM Daily Chronicles (AR) 10:00AM Michael's Craft Store (FL) 11:00 AM Gentle Yoga w/ Catherine (AR) 2:30PM Vocal Performance by Heidi Davis (DR) 4:00PM Nail Glam (AR) 6:00PM Movie Night (FR)	10:30AM Daily Chronicle (AR) 14 2:30PM Wheel of Fortune 4:00PM Soft Stretch & Breathe 6:00PM Saturday Night Movie *Independent Activities are available in the activity room*
9AM-10AM Online Church 15 10:45AM Daily Chronicle (AR) 1:30PM Movie Matinee: "Red Notice" 4:00PM Self-Paced Walk & Roll 6:00PM Movie Night (FR) *All Sunday activities are resident-led	10:45AM Daily Chronicle (AR) 16 11:00AM Shut the Box (AR) 2:30PM Garbage (DR) 4:00PM Self-Paced Walk & Roll 6:00PM Monday Movie (FR) *All Monday activities are resident-led	10:45AM Daily Chronicles (AR) 17 2:30PM Read Along Book Club: "Little Women" (AR) 4:00PM Flex & Stretch Group 6:00PM Netflix Movie Night (FR) *Independent Activities are available in the activity room St. Patrick's Day	Medical Transportation Day 18 10:00AM Bible Study (DR) 10:45AM Daily Chronicles (AR) 11:00 AM Cardio w/ Catherine 2:30PM Garbage Card Game 6:00PM Monday Movie (FR) *Independent Activities are available in the activity room	Medical Transportation Day 19 10:45AM Daily Chronicles (AR) 2:30PM Shut the Box (AR) 4:00PM Calm Body Movement 6:00PM Movie Night (FR) *Independent Activities are available in the activity room	10:00AM Inclusive Worship (DR) 10:45AM Daily Chronicles (AR) 11:00AM Dairy Queen (FL) 11:00 AM Gentle Yoga w/ Catherine (AR) 2:30PM Wheel of Fortune (AR) 4:00PM Nail Glam (AR) 6:00PM Movie Night (FR) Spring Begins	10:45AM Daily Chronicle (AR) 21 2:30PM Catch Phrase (AR) 4:00PM Mindful Movement (AR) 6:00PM Saturday Night Movie *Independent Activities are available in the activity room*
9AM-10AM Online Church 22 10:45AM Daily Chronicle (AR) 1:30PM Movie Matinee: "Man on Fire" (FR) 4:00PM Self-Paced Walk & Roll 6:00PM Color Me Calm (AR) *All Sunday activities are resident-led	10:45AM Daily Chronicle (AR) 23 11:00AM Shut the Box (AR) 2:30PM Uno Card Game (AR) 4:00PM Self-Paced Walk & Roll 6:00PM Monday Movie (FR) *All Monday activities are resident-led	10:45AM Daily Chronicles (AR) 24 2:30PM March Birthday Celebration w/ Vocal Performance by: Barbara Cecil (DR) 3:30PM Joint Mobility Group 6:00PM Movie Night (FR) *Independent Activities are available in the activity room*	Medical Transportation Day 25 10:00AM Bible Study (DR) 10:45AM Daily Chronicles (AR) 11:00 AM Cardio w/ Catherine 2:30PM Shut the Box (DR) 6:00PM Movie Night (FR) *Independent Activities are available in the activity room	Medical Transportation Day 26 10:45AM Daily Chronicle (AR) 2:30PM Garbage Card Game 4:00PM Low-Impact Movement 6:00PM Movie Night *Independent Activities are available in the activity room*	10:00AM Inclusive Worship (DR) 10:00AM Winco (FL) 10:45AM Daily Chronicles (AR) 11:00 AM Gentle Yoga w/ Catherine (AR) 2:30PM Shut the Box (DR) 4:00PM Nail Glam (AR) 6:00PM Movie Night (FR)	10:45AM Daily Chronicle (AR) 28 2:30PM Dominoes (AR) 4:00PM Easy Chair Movement 6:00PM Saturday Night Movie *Independent Activities are available in the activity room*
9AM-10AM Online Church 29 10:45AM Daily Chronicle (AR) 1:30PM Movie Matinee: "Ford v. Ferrari" (FR) 4:00PM Self-Paced Walk & Roll 6:00PM Color Me Calm (AR) *All Sunday activities are resident-led Palm Sunday	10:45AM Daily Chronicle (AR) 30 11:00AM Shut the Box (AR) 2:30PM Garbage (DR) 4:00PM Self-Paced Walk & Roll 6:00PM Monday Movie (FR) *All Monday activities are resident-led	10:45AM Daily Chronicles (AR) 31 2:30PM Read Along Book Club: "Little Women" (AR) 4:00PM Flex & Stretch Group 6:00PM Netflix Movie Night (FR) *Independent Activities are available in the activity room	 <h1 style="font-size: 4em; margin: 0;">March 2026</h1>			

All Activities are Subject to change. See Daily Activity Board for Updates.

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