

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Indie Music Day 1 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Service at the Theater 10:00 Color by Numbers Group Art (B) 1:00 Bible Study w/ Word of Life Ministry 2:30 A Game of Gin with the Bobs (B) 3:00 500 Piece Jigsaw Puzzles (B) 5:00 Prime Video's Mystery Movie: (B) (TR) Blink Twice	Dr. Seuss Day 2 9:00 Walking Club with HS Staff (FE) 9:30 Coffee and News at the Bistro 10:00 Stretch & Cardio with Rebecca (LR) 1:00 BINGO at the Activity Room 2:00 Large Word Find Puzzles (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Rummikub at the Bistro 5:00 Prime Video's Game Show: (B) (TR) 007: Road to a Million	World Wildlife Day 3 9:30 Coffee and News at the Bistro 10:00 Breathing Exercises with Raven (LR) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting with Chef (DR) 2:00 Left Center Right Dice Game (B) 2:00 Flower Arrangements with Carol (B) 3:00 Shopping at Smith's 5:00 Prime Video Travel Series: (B) (TR) TRAVEL MAN : ZURICH	Marching Music Day 4 9:30 Coffee and News at the Bistro 10:00 Seated Yoga with Raven (LR) 10:30 Jeopardy Trivia for Beginners (B) 1:00 BINGO at the Activity Room 2:30 A Game of Gin with The Bobs (B) 3:00 Wine Down Wednesday at the Bistro *Serving Wine, Cheese and Crackers* 5:00 Based on a True Story Movie: (B) (TR) THIRTEEN LIVES	Nametag Day 5 9:30 Coffee and News at the Bistro 10:00 Strength Training with Rebecca (LR) 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 2:00 Left Center Right Dice Game (B) 3:00 Fruit Smoothies at the Bistro 3:00 Ice Box Baking with Uncle Bob (CK) 4:00 NBA Regular Season Game (B) (TR) LAKERS vs NUGGETS	Happy Birthday Sharon! 6 9:30 Coffee and News at the Bistro 10:00 Dance Exercises with Carol (LR) 10:30 Spot the Difference Puzzles (B) 11:00 Foodie Run at Archi's Thai Bistro 1:30 Easy Knitting Ideas & Projects (LR) 2:00 500 Piece Puzzles with Uncle Bob (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Shopping at Walmart 5:00 Resident's Choice Movie (B) (TR)	National Cereal Day 7 9:30 Coffee and News at the Bistro 10:00 Balance Exercises with Rebecca (LR) 10:30 Bible Stories with Carol (B) 1:00 Chocolate Bingo at the Activity Room 2:00 World Exploration on YouTube (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Happy Hour with Michael Sara (LR) 5:00 Classic Movie of the Week: (B) (TR) The Little Foxes (1941)	
Daylight Saving Time Begins 8 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Service at the Theater 10:00 Color by Numbers Group Art (B) 1:00 Bible Study w/ Word of Life Ministry 1:00 500 Piece Jigsaw Puzzles (B) 3:30 Watch SUPERBOWL 60 at the Bistro 5:00 Prime Video's Mystery Movie: (B) (TR) Knives Out	Barbie Day 9 9:00 Walking Club with HS Staff (FE) 9:30 Coffee and News at the Bistro 10:00 Stretch & Cardio with Rebecca (LR) 1:00 BINGO at the Activity Room 2:00 Large Word Find Puzzles (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Rummikub at the Bistro 5:00 Prime Video's Game Show: (B) (TR) 007: Road to a Million	Land Line Telephone Day 10 9:30 Coffee and News at the Bistro 10:00 Breathing Exercises with Raven (LR) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting with Chef (DR) 2:00 Left Center Right Dice Game (B) 2:00 Flower Arrangements with Carol (B) 3:00 Shopping at Smith's 5:00 Prime Video Travel Series: (B) (TR) TRAVEL MAN : DUBLIN	Dream 2026 Day 11 9:30 Coffee and News Discussions (TR) 10:00 Seated Yoga with Raven (LR) 10:00 Resident Council Meeting and Food for Thought with Chef (AR) 1:00 BINGO at the Activity Room 2:30 A Game of Gin with The Bobs (B) 3:00 Spaghetti Dinner Social (CK) 5:00 Based on a True Story Movie: (B) (TR) On a Wing and a Prayer	Alfred Hitchcock Day 12 9:30 Coffee and News at the Bistro 10:00 Strength Training with Rebecca (LR) 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 2:00 Left Center Right Dice Game (B) 3:00 Color by Numbers Paint & Sip (AR) 3:00 Table Hockey with Dolores (B) 4:00 NBA Regular Season Game (B) 5:00 Alfred Hitchcock Movie (TR)	K-9 Veterans Day 13 9:30 Coffee and News at the Bistro 10:00 Casino Run to Durango Casino 10:30 Spot the Difference Puzzles (B) 2:00 500 Piece Puzzles with Uncle Bob (B) 2:30 Easy Knitting Ideas & Projects (LR) 2:30 A Game of Gin with the Bobs (B) 3:00 Shopping at Albertson's 5:00 Resident's Choice Movie (B) (TR)	Potato Chip Day 14 9:30 Coffee and News at the Bistro 10:00 Balance Exercises with Rebecca (LR) 10:30 Bible Stories with Carol (B) 1:00 Bingo Blitz at the Bistro 2:30 World Exploration on YouTube (TR) 2:30 A Game of Gin with the Bobs (B) 3:00 Simple Nail Care with Carol (B) 5:00 Classic Movie of the Week: (B) (TR) The Seven Year Itch (1955)	
Academy Awards 15 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Service at the Theater 10:00 Color by Numbers Group Art (B) 1:00 Bible Study w/ Word of Life Ministry 2:30 A Game of Gin with the Bobs (B) 3:00 500 Piece Jigsaw Puzzles (B) 4:00 2026 Academy Awards Night (B) (TR) *Serving Popcorn & Pop*	Welllderly Day 16 9:00 Walking Club with HS Staff (FE) 9:30 Coffee and News at the Bistro 10:00 Stretch & Cardio with Rebecca (LR) 1:00 BINGO at the Activity Room 2:00 Large Word Find Puzzles (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Rummikub at the Bistro 5:00 Prime Video's Game Show: (B) (TR) 007: Road to a Million	Saint Patrick's Day 17 9:30 Coffee and News at the Bistro 10:00 Breathing Exercises with Raven (LR) 10:30 Learn About Irish Slangs (B) 1:00 Weekly Menu Meeting with Chef (DR) 2:00 Left Center Right Dice Game (B) 3:00 Saint Patty's Lucky Celebration (B) * with Music by Tony B.* 5:00 Prime Video Travel Series: (B) (TR) The Luck of the Irish (B) (TR)	National Sloppy Joe Day 18 7:00 Monthly Signature Breakfast (DR) 9:30 Coffee and News at the Bistro 10:00 Seated Yoga with Raven (LR) 1:00 Lucky Bingo Social with Christina from Enhabit Health (B) 2:30 A Game of Gin with The Bobs (B) 3:00 Shopping at Smith's 5:00 Based on a True Story Movie: (B) (TR) Sound of Freedom	Certified Nurses Day 19 9:30 Coffee and News at the Bistro 10:00 Strength Training with Rebecca (LR) 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 2:00 Left Center Right Dice Game (B) 2:00 Fruit Smoothies at the Bistro 3:00 Ice Box Baking with Uncle Bob (CK) 4:00 NBA Regular Season (B) (TR) BUCKS vs HAWKS	First Day of Spring 20 9:30 Coffee and News at the Bistro 10:00 Dance Exercises with Carol (LR) 10:30 Spot the Difference Puzzles (B) 11:00 Foodie Run at Sean Patrick's Pub 1:30 Easy Knitting Ideas & Projects (LR) 2:00 500 Piece Puzzles with Uncle Bob (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Shopping at Walmart 5:00 Resident's Choice Movie (B) (TR)	French Language Day 21 9:30 Coffee and News at the Bistro 10:00 Balance Exercises with Rebecca (LR) 10:30 Learn Basic French with Giselle (B) 11:00 Chocolate Bingo at the Activity Room 2:00 World Exploration on YouTube (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Birthday Bash with Donna Lynne (B) 5:00 Classic Movie of the Week: (B) (TR) My Foolish Heart (1950)	
World Daffodil Day 22 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Service at the Theater 10:00 Color by Numbers Group Art (B) 1:00 Bible Study w/ Word of Life Ministry 2:30 A Game of Gin with the Bobs (B) 3:00 500 Piece Jigsaw Puzzles (B) 5:00 Prime Video's Mystery Movie: (B) (TR) Memento	National Puppy Day 23 9:00 Walking Club with HS Staff (FE) 9:30 Coffee and News at the Bistro 10:00 Stretch & Cardio with Rebecca (LR) 1:00 BINGO at the Activity Room 2:00 Large Word Find Puzzles (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Rummikub at the Bistro 5:00 Prime Video's Game Show: (B) (TR) 007: Road to a Million	Raisinets Day 24 9:30 Coffee and News at the Bistro 10:00 Breathing Exercises with Raven (LR) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting with Chef (DR) 2:00 Left Center Right Dice Game (B) 2:00 Flower Arrangements with Carol (B) 3:00 Shopping at Smith's 5:00 Prime Video Travel Series: (B) (TR) TRAVEL MAN : MILAN	Happy Birthday Dolores C! 25 9:30 Coffee and News at the Bistro 10:00 Seated Yoga with Raven (LR) 10:30 Jeopardy Trivia for Beginners (B) 1:00 BINGO at the Activity Room 2:30 A Game of Gin with The Bobs (B) 3:00 Donut Social with Danielle from Covenant Health (B) 5:00 Based on a True Story Movie: (B) (TR) The Boy in the Woods	World Maths Day 26 9:30 Coffee and News at the Bistro 10:00 Strength Training with Rebecca (LR) 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 2:00 Left Center Right Dice Game (B) 3:30 Color by Numbers Paint & Sip (AR) 3:00 Table Hockey with Dolores (B) 4:00 NBA Regular Season (B) (TR) SPURS vs BUCKS	World Cheese Day 27 9:30 Coffee and News at the Bistro 10:00 Dance Exercises with Carol (LR) 10:30 Spot the Difference Puzzles (B) 11:00 Foodie Run at the Rustic House 1:30 Easy Knitting Ideas & Projects (LR) 2:00 500 Piece Puzzles with Uncle Bob (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Shopping at Albertson's 5:00 Resident's Choice Movie (B) (TR)	Happy Birthday Dolores S & Bobbie! 28 9:30 Coffee and News at the Bistro 10:00 Balance Exercises with Rebecca (LR) 10:30 Bible Stories with Carol (B) 1:00 Bingo Blitz at the Bistro 2:00 World Exploration on YouTube (TR) 2:30 A Game of Gin with the Bobs (B) 3:00 Simple Nail Care with Carol (B) 5:00 Classic Movie of the Week: (B) (TR) Go for Broke (1951)	
Palm Sunday 29 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Service at the Theater 10:00 Color by Numbers Group Art (B) 1:00 Bible Study w/ Word of Life Ministry 2:30 A Game of Gin with the Bobs (B) 3:00 500 Piece Jigsaw Puzzles (B) 5:00 Prime Video's Mystery Movie: (B) (TR) Tyler Perry's DUPLICITY	Virtual Vacation Day 30 9:00 Walking Club with HS Staff (FE) 9:30 Coffee and News at the Bistro 10:00 Stretch & Cardio with Rebecca (LR) 1:00 BINGO at the Activity Room 2:00 Large Word Find Puzzles (B) 2:30 A Game of Gin with the Bobs (B) 3:00 Rummikub at the Bistro 5:00 Prime Video's Game Show: (B) (TR) 007: Road to a Million	Doctor's Day 31 9:30 Coffee and News at the Bistro 10:00 Breathing Exercises with Raven (LR) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting with Chef (DR) 2:00 Left Center Right Dice Game (B) 2:00 Flower Arrangements with Carol (B) 3:00 Shopping at Smith's 5:00 Prime Video Travel Series: (B) (TR) TRAVEL MAN : VIENNA					L = Lobby TR = Theater Room CK = Country Kitchen AR = Activity Room BP = Back Patio CR = Conference Room LR = Living Room FR = Front Entrance

March 2026 Heritage Springs Assisted Living Events
 Activities are subject to change based on the interests and requests of our residents.