



## March Birthdays

Mary Ellen D.

Bill F.

Joy F.

MJ T.

John F.

Estella P.

Kathleen J.

Robert S.

Patti C.

Ann T.

*Residents Spread the Word About the Lifestyle You Love!*



**GOOD FRIENDS MAKE  
GOOD NEIGHBORS**  
Tuesday, March 17  
11:30 a.m.  
St. Patrick's Day-Themed  
Lunch to Be Served

Do you know someone who would benefit from the active, engaging lifestyle we enjoy at Mountain Glen? Invite them to our St. Patrick's Day event and learn why good friends make great neighbors! You know our care services and community atmosphere best, so we'd love for you to share your experience with others.

When you refer a friend who is not already in our system to our community, everyone wins! If your friend makes the move to Mountain Glen, you'll receive \$4,000 off your rent once your friend has lived here 90 days. Come learn more about the exciting benefits of our referral program and help our community grow!



RSVP to Deborah or Robin  
by Friday, March 13.  
360-424-7900  
deborahc@cascaDELIVING.com  
robins@cascaDELIVING.com



**Join us for a  
health fair  
focused on  
health and  
wellness!**

**MOUNTAIN GLEN RETIREMENT & ASSISTED LIVING**  
 **HEALTH & WELLNESS EXPO**  
**THURSDAY, MARCH 19, 2026**  
 10 A.M. – 12 P.M. 



# March Into The New Season

March 2026

## Leadership Team

**Executive Director**  
*Kimberly Johnson*

**Associate Executive Director**  
*Molly Clark*

**Wellness Director**  
*Sandi Doyle*

**Resident Care Director**  
*Andi Morrill*

**Business Office Manager**  
*Yamaris Alaniz*

**Community Relation Directors**  
*Deborah Carr & Robin Stanek*

**Dining Service Director**  
*Joshua Young*

**Plant Operations Director**  
*Bruce Bishop*

**Life Enrichment Director**  
*Unyque Savare*

**EverFit Director**  
*Jana DiGuilio*

**Environmental Service Director**  
*Sally Luna*

**Mountain Glen Retirement Living & Assisted Living Community | 1810 E. Division St Mount Vernon WA, 98274 | 360.424.7900**



**Attention Mountain Glen Residents this month from the 1<sup>st</sup>-17<sup>th</sup> keep an eye out for a lucky pot of gold. Every Tuesday, Thursday and Saturday we will be hiding 1 lucky pot of gold in the community. Have fun Exploring the community for a little lucky treat!!**



## New Things Coming in March



**Come Join us Thursday, March 5<sup>th</sup> in the Bistro for Polla's Java Social**



**Tech Help w/ Unyque will be Every Tuesday & Thursday @2:30pm, it will be by sign up; signup sheets will be in the binder at the front desk. If any question reach out in the activities department**

# February's Captured Memories

## A Broadway Classic Turns 70



Seventy years ago, on March 15, 1956, *My Fair Lady* opened on Broadway and quickly became one of the most celebrated productions in musical theater history. Its premiere at the Mark Hellinger Theatre marked the beginning of a record-setting run that helped define a golden era for the American stage.

Set in 1912 London, the story follows Eliza Doolittle's transformation from a struggling flower seller into someone confident enough to challenge the expectations placed on her. Although the original production reflected mid-20th-century attitudes, many modern viewers see Eliza's arc as a useful lens on empowerment—an idea that aligns neatly with March's Women's History Month. Her pushback against Professor Higgins feels more relevant now than ever.

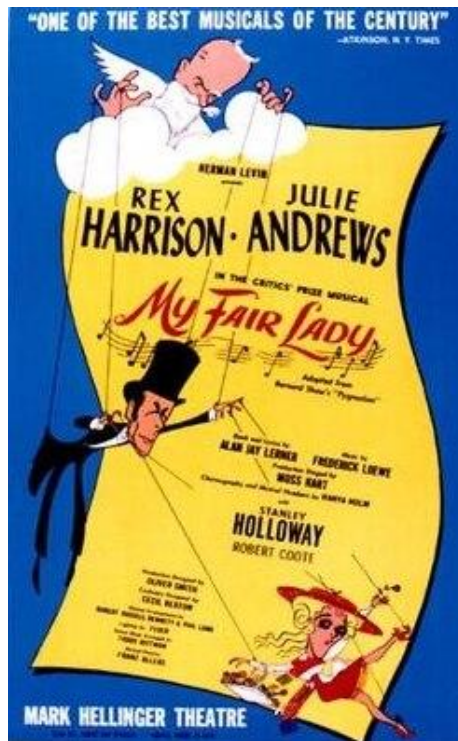
The musical also offers a snapshot of a changing era. London in 1912 balanced Edwardian elegance with social tension. Suffrage activism was gaining momentum, fashion was beginning to loosen from restrictive styles, and the traditional class structure faced increasing scrutiny. While *My Fair Lady* presents these shifts with wit and charm, its backdrop hints at the larger societal forces shaping the characters' world.

The anniversary arrives just ahead of World Theatre Day on March 27, a reminder of how live performance continues to bridge generations. Few shows have matched the musical's staying power. *My Fair Lady* still invites audiences to reflect on identity, opportunity, and the ways people reinvent themselves. For a production rooted in another century, its voice remains remarkably current—and still worth hearing.

### Characters and original Broadway cast

The original cast of the Broadway stage production

- Eliza Doolittle, a young Cockney flower seller – Julie Andrews
- Henry Higgins, a professor of phonetics – Rex Harrison
- Alfred P. Doolittle, Eliza's father, a dustman – Stanley Holloway
- Colonel Hugh Pickering, Henry Higgins's friend – Robert Coote
- Mrs. Higgins, Henry's socialite mother – Cathleen Nesbitt
- Freddy Eynsford-Hill, a young socialite and Eliza's suitor – John Michael King
- Mrs. Pearce, Higgins's housekeeper – Philippa Bevans
- Zoltan Karpathy, Henry Higgins's former student and rival – Christopher Hewett



Original Broadway Poster by [Al Hirschfeld](#)



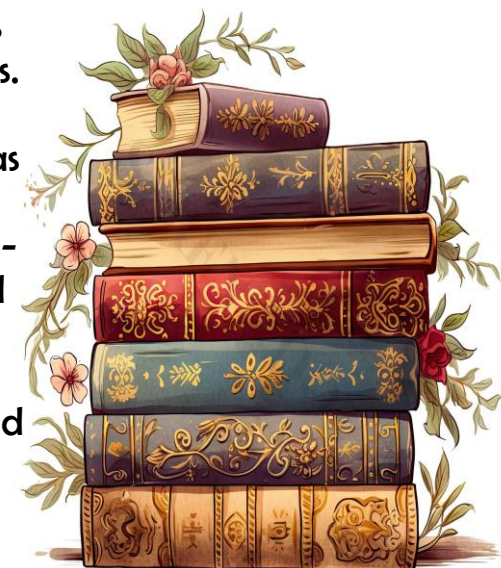
## Bookworm Corner

Monthly message from our special librarian Gayle

Just to let you know that the Christmas Story books are downstairs, there's actually 2 full shelves of books. Also, many Western Books downstairs and upstairs. There is Longmire Series. This is the same Longmire as the Netflix Series.

For our Veterans we have many books that are non-fiction on many arm forces stories. You can also find these books on both floors.

If anybody has any type of input on these subjects, please let me know; I'm open to learn how you would like me to categorize the military books.



Happy Reading, Gayle