

Notable Quotable

“There are good days and there are bad days, and this is one of them.”

~ Lawrence Welk, born March 11, 1903



March Horoscopes and Birthdays

In astrology, those born between March 1–20 are Pisces. These Fish are spiritual types who feel comfortable in their introspective natures. As passionate, romantic, creative dreamers, they are charitable helpers who “go with the flow.” Those born between March 21–31 are Rams of Aries. As the first sign of the zodiac, Arians charge out of the gate with energy, confidence, power, and zeal. As pioneers, Arians are

unafraid of the unknown. For these eternal optimists, no odds are ever considered insurmountable.

- Denny Froberg---March 11**
- Edna Mae Steele---March 14**
- George Markin---March 17**
- Louise Huntley---March 21**
- Ann Gerlach---March 22**
- Linda Gonzi---March 28**

A Broadway Classic Turns 70 *(cont. from pg. 1)*

Suffrage activism was gaining momentum, fashion was beginning to loosen from restrictive styles, and the traditional class structure faced increasing scrutiny. While *My Fair Lady* presents these shifts with wit and charm, its backdrop hints at the larger societal forces shaping the characters’ world.

The anniversary arrives just ahead of World Theatre Day on

March 27, a reminder of how live performance continues to bridge generations. Few shows have matched the musical’s staying power. *My Fair Lady* still invites audiences to reflect on identity, opportunity, and the ways people reinvent themselves. For a production rooted in another century, its voice remains remarkably current—and still worth hearing.

Stitched Across the World

Quilters all around the world will be piecing together fabric into wonderful creations on March 21, Worldwide Quilting Day.

During its heyday in the American mid-19th century, quilting was a utilitarian craft. According to Emporia State University’s Center for Great Plains Studies, westward homesteaders, inheritors of many great European quilting traditions, fashioned blankets, door and window covers, and play mats for children

out of whatever scraps of fabric they could find. Quilters learned to arrange fabric to make wonderful works of art. And because blankets were always needed as a means of protection against the elements, quilting never went out of style.

A number of quilting bees will no doubt be held on March 21, so be ready to cut your favorite patterns—Irish Chain, Log Cabin, Bear’s Paw, or Tree of Paradise.

Sierra Place Newsletter

March 2026

Celebrating March

Executive Director
Patrick Ward

Business Office Manager
Jennifer Ireland

Wellness Director
MaryAnne Means

Community Relations Director
Chemane Fine

Dining Director
Cody Strain

Life Enrichment Director
Kelly Goss

Plant Operations
Christian Vella

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Jenny Hill
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A Broadway Classic Turns 70

Seventy years ago, on March 15, 1956, *My Fair Lady* opened on Broadway and quickly became one of the most celebrated productions in musical theater history. Its premiere at the Mark Hellinger Theatre marked the beginning of a record-setting run that helped define a golden era for the American stage.

Set in 1912 London, the story follows Eliza Doolittle’s transformation from a struggling flower seller into someone confident enough to challenge the expectations placed on her. Although the original production reflected mid-20th-century attitudes, many modern viewers

see Eliza’s arc as a useful lens on empowerment—an idea that aligns neatly with March’s Women’s History Month. Her pushback against Professor Higgins feels more relevant now than ever.

The musical also offers a snapshot of a changing era. London in 1912 balanced Edwardian elegance with social tension. *(cont. on pg. 4)*



A Legacy of Laughs

Men may think they’re funnier, but women often have the last laugh. March 31, *She’s Funny That Way* Day, celebrates comedians past and present. Carole Lombard charmed audiences even while taking a pie in the face, and Barbara Stanwyck shone in glamorous, dramatic, and comedic roles alike. Lucille Ball, the Queen of Comedy, famously claimed, “I am not funny,” yet millions disagreed.

These women changed the business, too. They pushed for better roles, wrote their own material, and shaped shows. From Phyllis Diller and Joan Rivers to Whoopi Goldberg, Tina Fey, Kristen Wiig, Amy Poehler, and Wanda Sykes, bold women comedians continue to entertain—and inspire—reminding us that real comedic power comes from having the freedom to tell your own story.

Courtesy Counts



Remembering names is often perceived as a basic courtesy because it shows attention and respect.

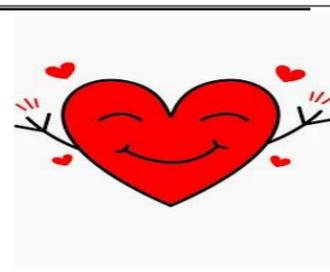
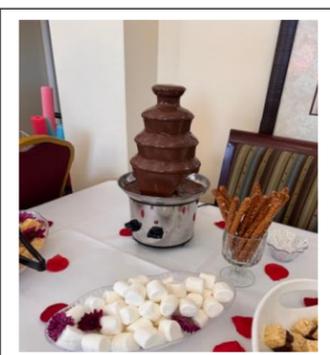
Many lament that common courtesy is not so common anymore. If someone you know is acting less than civil, March 21, Common Courtesy Day, is the perfect opportunity to tactfully share a few tips and reminders on how to treat others with respect.

Some point to technology as a major culprit in the decline of courtesy, especially as we've grown more tethered to our screens. Others see a broader cultural shift: When people feel rushed, stressed, or isolated, empathy tends to shrink. Researchers note that young adults report feeling more pressure and less connection than in previous generations. Etiquette experts also observe that norms have loosened over time, sometimes in ways that make everyday interactions feel less considerate.

Across the globe, parents and teachers are trying to balance freedom with guidance. When expectations around behavior become too vague, kids can miss out on learning how their actions affect others. The result can be the same everywhere: a little more self-focus, a little less awareness. Renewed interest in teaching social skills and emotional literacy suggests that people are recognizing the need to rebuild those habits.

If we don't practice empathy every day, we may have to rely on others to pass laws of courtesy for us. Restaurants declare "No Cell Phone Zones." Sports stadiums regulate fan conduct. Simple acts such as holding doors open, returning phone calls, and treating cashiers with respect—these daily reminders to consider others' feelings lay a foundation for building empathy.

Valentine's Party



Valentine's Day is a beautiful reminder to celebrate with family and friends and appreciating the people who make life brighter.

Thank you, Sierra Place, for being my chosen family.

Happy Valentine's Day

Last Call for Landlines

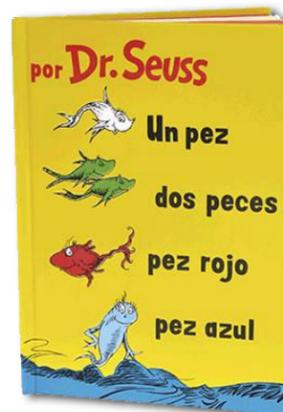


Landlines aren't hack-prone in the same way as cell phones, making them surprisingly secure.

After a long lifetime, more than 100 years, America's telephone infrastructure is showing its age. Disappearing, too, are the engineers and technicians who maintain traditional landline service, according to professor of telecommunications Rob Frieden. Not so fast, say those who celebrate Landline Telephone Day on March 10. Consumer Reports still recommends keeping a landline: sound quality is often

better, and because numbers are directly linked to a home address, emergency calls from landlines remain highly reliable. When power goes out, some landlines continue to work thanks to backup batteries, though these are becoming less common. Telephone companies, however, are shifting to digital networks that are cheaper to maintain. So enjoy landlines while you can—before they disappear.

Blast the Birthday Horn



Dr. Seuss invented hundreds of nonsense words.

On March 2, don't just wish Dr. Seuss a happy birthday. Do as they do in Dr. Seuss' fictional land of Katroo and let loose a "big blast on the big Birthday Horn!"

Theodor Seuss Geisel, known around the world as Dr. Seuss, was never a doctor of anything. He called himself "doctor" because his father wanted him to study medicine. Thankfully, he pursued children's literature and in 1937 wrote his first book, *And to Think That I Saw It on Mulberry Street*, debuting the pen name Dr. Seuss. The idea for the book struck Geisel while on an ocean voyage. The rhythm of the ship's engines inspired him to write the lines:

And that is a story that no one can beat.

And to think that I saw it on Mulberry Street.

Dr. Seuss went on to write over 60 children's books (including some under the name Theo LeSieg), selling over 600 million copies in over 20 different languages.

What makes Dr. Seuss' books so enduring? Children's literature expert Ann Neely believes it is the books' readability. "Children can read Dr. Seuss books many, many times without tiring of the rhythms, the plot, or the art." Furthermore, Seuss' moral lessons appeal to young and old alike. Truly, Dr. Seuss' children's books may be more valuable to adults than his odd adult work, a humorous and slightly scandalous take on the legend of Lady Godiva, chock full of illustrations of the seven nudist Godiva sisters. That book, perhaps understandably, was Seuss' only major flop.