

**March 2026**

**February**

## **Employee of the Month**

Congratulations to Stephanie, for being our employee of the month for February. Stephanie has been with us for one and one half years. Thank you for the great care, you give our residents. From all of us at Cascades of Stayton.



## **Resident of the Month**



Celebrating Ike as our Resident of the Month. His friendly words and bright smile lift the spirits of everyone around him. Thank you, Ike, from all of us at Cascades of Stayton.

## **Busy Needles**

Do you crochet, knit, sew or do needle point. Would you like to get with others to share your projects, fellowship and fun. Busy Needles is a place to do this. Check the calendar for the meeting times.



## **Cascades of Stayton Easter Egg Hunt**

Cascades of Stayton Easter Egg Hunt is set for March 28 at 10am, rain or shine. We'll have four age groups: 0-2, 3-5, 6-8, and 9+. Each group includes one golden egg worth a fun prize. Don't miss a visit from the Easter Bunny!

## **New Activities**

New to our calendar are two fun additions. Spin the Globe lets us pick a spot in the world, learn about it through armchair travel, and try food from that place.



## **Chef's Chat**

Chef's chat will be held the first Thursday of the month at 3pm with Belinda the Dining Service Director. Everyone is encouraged to join. This meeting will be held in the dining room.

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# ***MORE ABOUT US***

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## **March Birthday's**

Happy Birthday to you, Happy Birthday to you, Happy Birthday Dear.....



Jerry S. March 8th  
Patti B. March 9th  
Claudia D. March 18th  
Marshia D. March 19th  
Ike C. March 25th  
Richard J. March 29th



Happy Birthday to you!

## **New Activities**

Explore history together, craft a community scrapbook of memories, and create your own personal pages. We're also adding gentle stretching sessions for simple, low-impact activity. Wii games will also be lead by the Life Enrichment Team. Wii games are great that anyone can do.

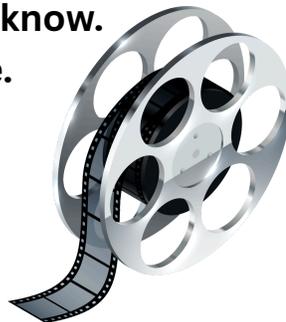
## **New Shopping Days**

Starting in February, our shopping days will be on Friday afternoons.

Please make sure you sign up at the Front Desk, just ask for the Activity Book. At the beginning of each month the bus trip sign-up sheets will be in the book. If the list is already full, please add your name to the waiting list. New this month we will be going to Winco Foods in Salem,

Have a movie suggestion for the Saturday movie? Please let the Front Desk know.

All suggestions are welcome.



## **Garden Club**

One the calendar is garden club meeting. Let us get a jump start on planning the garden.

Spring is just around the corner.

## **OUR STAFF**

Alma Quesada- Executive Director  
Piper Freres- Business Office Manager  
George Curtis-Planet Operations Director  
Scott Skinner- RN  
Stephanie Barrett-Wellness Director  
Belinda Vanzandt-Dining Service Director  
Kara Childress-Life Enrichment Director

