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Alpine Way

April 2026

Alpine Way | 900 W. Alpine Way, Shelton WA, 98584 | 360-426-2600 |



Roll into Spring

April 3 marks World Marbles Day, a lighthearted celebration of one of the world's oldest and most satisfying games. Long before screens and controllers, a small pouch of marbles and a patch of dirt were enough to fill an afternoon.

Marbles have been played in some form for thousands of years. Archaeologists have uncovered stone and clay marbles at ancient sites, and by the 1800s, glass marbles—often handmade—became popular in Europe and the United States. Each one had its own personality: cat's-eyes, swirls, shooters, and cloudy "alley agates." Some were meant for play, while others were carefully traded or saved as prized collectibles.

The game itself was simple but never dull. Players crouched low, flicking a shooter marble with a practiced thumb, aiming to knock opponents' marbles out of a circle or hole. It required strategy, steady hands, and just enough daring to risk losing your best marble on a bold shot. Skill mattered, but luck always had a say, which kept things exciting.

World Marbles Day is a good excuse to revisit that sense of play. Even if you never played by official rules, you might remember the feel of cool glass in your palm or the clink marbles made when they collided. Today, marbles are still collected for their craftsmanship, with modern artists creating intricate designs that are as much art as toy.

The word *marble* even rolls into the kitchen. Think of marbled rye bread, marbled pound cake, or a perfectly marbled steak—proof that swirling patterns are just as appealing on the plate as they are in a game.

As spring arrives and days grow longer, World Marbles Day offers a reminder that fun doesn't have to be complicated. Sometimes it's as simple as a small glass sphere, good aim, and the pleasure of watching something roll exactly where you hoped it would.

Meet Our Team!

Executive Director

Trudy Hunter

TrudyH@Cascadeliving.com

Wellness Director

Laura Stevens

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Assistant Wellness Director

Savannah Thomas

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Life Enrichment Director

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Environmental Director

Travis Wagner

TravisW@cascadeliving.com

Plant Operations Director

Rod Davis

RodD@cascadeliving.com

Dining Services Director

Donna Jorgenson

DonnaJ@cascadeliving.com

April Resident Birthdays

4/1 Nicolin C.

4/4 Don C.

4/4 Patrick K.

4/5 Faye M.

4/7 Carolyn H.

4/7 Ed L.

4/13 Ginny S.

4/14 Marilyn C.

4/21 Nancy J.

4/24 Lynn W.

4/26 Pete H.

April Staff Birthdays

4/2 Patty T.

4/6 Lily R.

4/7 Christine K.

4/8 Chandra N.

4/11 Tomas H.

4/12 Brooke S.

4/12 Carla Y.

4/18 Allison M.

ALPINE WAY PRESENTS

April 1st **2:30pm**



April Fools

Lip Sync Battle

April 1st @ 2:30pm
in
Cedar Dining Room




SHOW & TELL

CRAFTS & TREASURES

DO YOU HAVE A CRAFT OR TREASURE THAT YOU WOULD LIKE TO SHARE WITH OTHER RESIDENTS?
WE WANT TO SEE IT AND HEAR THE STORY BEHIND THE OBJECT

APRIL 14 1:30PM
Cedar Dining Room

TOWNHALL MEETING

THURSDAY April 23rd
@10:30AM
in Cedar Dining Hall



Please join us for our Townhall Meeting. Our management team will be present to make upcoming announcements.



EASTER SUNDAY COMMUNION

April 5th @ 2PM
In the Meeting Room

We will be having Church Communion the first Sunday of every month




Join us for

LET'S YARN!

An activity for knitters and/or crocheters who are looking for a social group while yarning

Wednesday
April 8th at 1pm
April 29th at 1pm
in the Lobby

PODIATRIST

Tues April 7th @ 1pm
In the Salon in ALU

Independent Residents:
Please bring your insurance card with you. Podiatrist does NOT accept Kaiser insurance unless you have a Doctor referral.



Nature Photography CHALLENGE

APRIL 1ST - APRIL 30TH

In honor of Spring and Earth Day we are holding a Nature Photography Challenge!

As the rhododendrons & cherry blossoms bloom it is an excellent opportunity to "capture" some of the beauty around us. Once photos are submitted, we will display them in the building.

In order to participate:
The photo needs to be nature themed.
It can be copied or emailed to our Life Enrichment Department.

Need to schedule transportation to a medical appointment?

If you need to schedule transportation to a medical appointment, please see our Wellness Office or our front desk.

