

Sunday

Monday

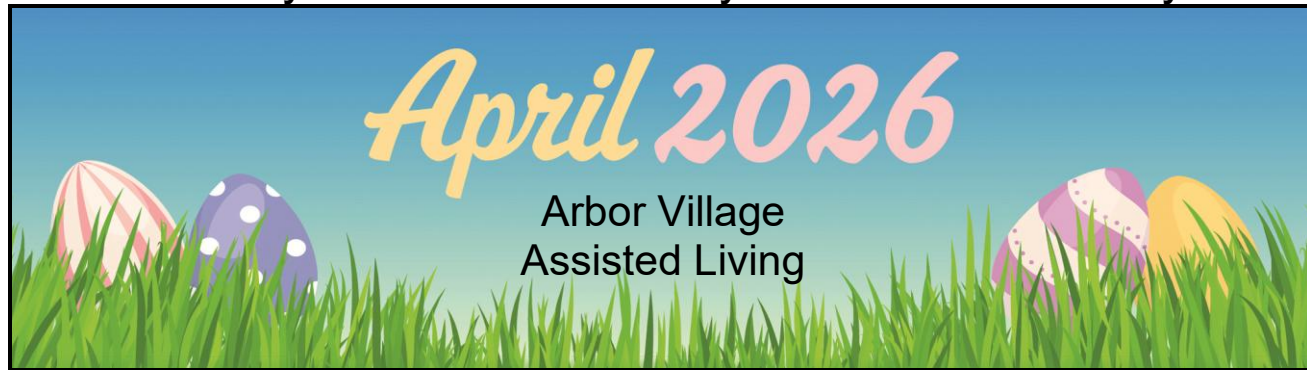
Tuesday

Wednesday

Thursday

Friday

Saturday



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|--|---|--|--|---|---|--|
| <p>9:30 Virtual Worship<br/>10:00 Morning News<br/>10:30 Seated Stretches<br/>11:00 Deep Breathing Exercise<br/>1:30 Listen to 50's Music<br/>3:00 Zen Coloring<br/>6:00 Puzzle – <b>RL</b></p> <p><small>Easter Sunday</small></p>                            | <p>10:00 Dollar Store – <b>O</b><br/>10:00 Morning News<br/>10:30 Exercise with Marshal<br/>11:00 Seated Yoga<br/>12:45 Caramel Popcorn &amp; Watch <i>Matilda</i><br/>3:00 Bingo with Brendan<br/>6:00 Card Games – <b>RL</b></p>  | <p><b>World Health Day</b><br/>10:00 Morning News<br/>10:30 Zumba with Claudia<br/>11:00 Meditation<br/>1:00 Bible Study – <b>IL</b><br/>1:30 Health Day Baking with Kaera<br/>3:30 Zen Mandala Coloring<br/>6:00 Evening News</p> | <p><b>April Fool's Day</b><br/>10:00 Morning News<br/>10:30 Seated Yoga<br/>11:00 Meditation<br/>12:45 Watch <i>The White House Effect</i><br/>3:00 Bingo with Brendan<br/>4:30 Special Family Dinner</p> <p><small>All Fools' Day<br/>Passover Begins</small></p>           | <p>10:00 Morning News<br/>10:30 Zumba with Claudia<br/>11:00 Seated Stretching<br/>1:00 Bible Study – <b>IL</b><br/>1:30 Town Hall with Maddy &amp; Amber<br/>3:00 Music with Melissa &amp; Larry – <b>DR</b><br/>6:00 Puzzle – <b>RL</b></p>                               | <p>10:00 Fred Meyer – <b>O</b><br/>10:00 Brain Games<br/>10:30 Movement &amp; Slow Tempo Stretching<br/>1:00 Afternoon Tea &amp; Chit-Chat<br/>1:30 Spring Craft with Jamie<br/>6:00 Evening News</p>   | <p>9:15 Table Games<br/>10:00 Morning News<br/>10:30 Seated Thai Chi<br/>11:00 Deep Breathing Exercise<br/>1:00 Balloon Bop &amp; Cornhole<br/>2:00 Scrabble<br/>3:30 Bingo with Brendan<br/>6:00 Evening News</p>         |
| <p>9:30 Virtual Worship<br/>10:00 Morning News<br/>10:30 Seated Stretches<br/>11:00 Deep Breathing Exercise<br/>1:30 Listen to 50's Music<br/>3:00 Zen Coloring<br/>6:00 Puzzle – <b>RL</b></p> <p><small>Easter Sunday</small></p>                            | <p>10:00 Dollar Store – <b>O</b><br/>10:00 Morning News<br/>10:30 Exercise with Marshal<br/>11:00 Seated Yoga<br/>12:45 Caramel Popcorn &amp; Watch <i>Matilda</i><br/>3:00 Bingo with Brendan<br/>6:00 Card Games – <b>RL</b></p>  | <p><b>World Health Day</b><br/>10:00 Morning News<br/>10:30 Zumba with Claudia<br/>11:00 Meditation<br/>1:00 Bible Study – <b>IL</b><br/>1:30 Health Day Baking with Kaera<br/>3:30 Zen Mandala Coloring<br/>6:00 Evening News</p> | <p>10:00 Morning News<br/>10:45 Balloon Bop<br/>11:15 Deep Breathing Exercise<br/>12:45 Popcorn &amp; Watch <i>Harry &amp; The Hendersons</i><br/>3:00 Bingo with Brendan<br/>6:00 Puzzle – <b>RL</b></p>  | <p>10:00 Morning News<br/>10:30 Zumba with Claudia<br/>11:00 Deep Breathing Exercise<br/>1:00 Bible Study – <b>IL</b><br/>1:30 Cook's Corner with Kaera<br/>2:30 Creativity &amp; Relaxation Hour – <b>RL</b></p>   | <p>10:00 Fred Meyer – <b>O</b><br/>10:00 Coffee &amp; Chat<br/>10:30 Seated Stretches<br/>11:00 Meditation<br/>1:00 Daily Chronicle Discussion<br/>2:00 Cabaret – <b>DR</b><br/>3:00 Relaxation Hour – <b>RL</b><br/>6:00 Evening News</p>                                | <p><b>World Parkinson's Day</b><br/>9:15 Table Games<br/>10:00 Coffee &amp; Chat<br/>10:30 Seated Thai Chi<br/>11:00 Deep Breathing Exercise<br/>1:00 Scrabble<br/>3:30 Bingo with Brendan<br/>6:00 Evening News</p>       |
| <p>9:30 Virtual Worship<br/>10:00 Coffee &amp; Chat – <b>RL</b><br/>10:30 Seated Movement<br/>11:00 Deep Breathing Exercise<br/>1:30 Listen to 60's Music<br/>2:00 Relaxation Hour – <b>RL</b><br/>3:00 Watch <i>You've Got Mail</i><br/>6:00 Evening News</p> | <p><b>Plant Appreciation Day</b><br/>10:00 Walmart – <b>O</b><br/>10:00 Morning News<br/>10:30 Exercise with Marshal<br/>11:00 Meditation<br/>12:45 Watch <i>the Incredible Wildlife of Hidden Forests</i><br/>3:00 Bingo with Brendan<br/>6:00 Table Games – <b>RL</b></p> | <p>10:00 Morning News<br/>10:30 Zumba with Claudia<br/>11:00 Deep Breathing Exercise<br/>1:00 Bible Study – <b>IL</b><br/>1:30 Daily Chronicle Chat<br/>2:30 Popcorn &amp; Watch <i>Youth Vs. Gov</i><br/>6:00 Evening News</p>    | <p>10:00 Morning News<br/>10:00 Hymn &amp; Devotion with Kent Covenant<br/>10:30 Seated Stretches – <b>DR</b><br/>11:00 Seated Yoga – <b>DR</b><br/>12:45 Popcorn &amp; Watch <i>Print the Legend</i><br/>3:00 Bingo with Brendan<br/>6:00 Card Games – <b>RL</b></p>        | <p><b>Stress Awareness Day</b><br/>10:00 Coffee &amp; Chat – <b>RL</b><br/>10:30 Zumba with Claudia<br/>11:00 Meditation<br/>1:00 Bible Study – <b>IL</b><br/>1:30 Balloon Bop &amp; Cornhole<br/>3:00 Music with Melissa &amp; Larry – <b>DR</b><br/>6:00 Evening News</p> | <p>10:00 Fred Meyer – <b>O</b><br/>10:00 Morning News<br/>10:30 Seated Stretching<br/>11:00 Zen Deep Breathing Exercise<br/>1:00 Watch <i>The Best of Enemies</i><br/>3:30 Relaxation Hour<br/>6:00 Puzzle – <b>RL</b></p>  | <p>9:15 Table Games<br/>10:00 Coffee &amp; Chat<br/>10:30 Seated Thai Chi<br/>11:00 Deep Breathing Exercise<br/>1:00 Balloon Bop &amp; Cornhole<br/>2:00 Scrabble<br/>3:30 Bingo with Brendan<br/>6:00 Evening News</p>    |
| <p>9:30 Virtual Worship<br/>10:00 Coffee &amp; Chat – <b>RL</b><br/>10:30 Slow Tempo Movement<br/>11:00 Deep Breathing Exercise<br/>1:30 Listen to 70's Music<br/>3:00 Watch <i>Ray</i><br/>6:00 Evening News</p>  | <p>10:00 Value Village – <b>O</b><br/>10:00 Morning News<br/>10:30 Exercise with Marshal<br/>11:00 Zen Meditation &amp; Deep Breathing Exercise<br/>12:45 Watch <i>Unbroken</i><br/>3:00 Bingo with Brendan<br/>6:00 Evening News</p>                                       | <p>10:00 Morning News<br/>10:30 Zumba with Claudia<br/>11:00 Deep Breathing Exercise<br/>1:00 Bible Study – <b>IL</b><br/>1:30 Balloon Bop<br/>2:30 Spring Painting<br/>3:30 Relaxation Hour<br/>4:30 Diner Night – <b>DR</b></p>  | <p>10:00 Morning News<br/>10:45 Balloon Bop<br/>11:15 Meditation<br/>1:00 Earth Day Trivia<br/>2:00 Let's Talk: <i>Spring Gardening</i><br/>3:00 Bingo with Brendan<br/>6:00 Card Games – <b>RL</b></p> <p><small>Earth Day<br/>Administrative Professionals Day</small></p> | <p>10:30 Support Discussion Group – <b>IL</b><br/>10:30 Zumba with Claudia<br/>1:00 Bible Study – <b>IL</b><br/>1:30 Watch <i>Jazz Fest: A New Orleans Story</i><br/>3:00 Dementia Education at the Lodge – <b>MC</b><br/>6:00 Puzzle – <b>RL</b></p>                       | <p>10:00 Fred Meyer – <b>O</b><br/>10:00 Morning News<br/>10:30 Seated Yoga<br/>11:00 Meditation<br/>1:00 Popcorn &amp; Watch <i>Strangers in the Park</i><br/>3:30 Balloon Bop &amp; Cornhole<br/>5:00 Pizza Movie Night – <b>DR</b></p> <p><small>Arbor Day</small></p> | <p>9:15 Table Games – <b>RL</b><br/>10:00 Coffee &amp; Chat<br/>10:30 Seated Thai Chi<br/>11:00 Deep Breathing Exercise<br/>1:00 Scrabble<br/>2:00 Spring Watercolor<br/>3:30 Bingo with Brendan<br/>6:00 Evening News</p> |
| <p>9:30 Coffee &amp; Chat – <b>RL</b><br/>10:00 Morning News<br/>10:30 Seated &amp; Standing Stretches<br/>11:00 Meditation<br/>1:00 Listen to 40's Music<br/>2:30 Worship with the Schaffers<br/>6:00 Card Games – <b>RL</b></p>                              | <p>10:00 Costco – <b>O</b><br/>10:00 Morning News<br/>10:30 Exercise with Marshal<br/>11:00 Seated Movement &amp; Stretches<br/>12:45 Watch <i>Human: The World Within Episode 1 &amp; 2</i><br/>3:00 Bingo with Brendan<br/>6:00 Evening News</p>                          | <p>10:00 Morning News<br/>10:30 Zumba with Claudia<br/>11:00 Seated Stretches &amp; Movement<br/>1:00 Bible Study – <b>IL</b><br/>1:30 Jokes with Brendan<br/>2:30 April Birthday Social Hour<br/>6:00 Puzzle – <b>RL</b></p>      | <p>10:00 Coffee &amp; Chat – <b>RL</b><br/>10:30 Exercise Video<br/>11:00 Zen Meditation &amp; Deep Breathing Exercise<br/>12:45 Popcorn &amp; Watch <i>Soul on Fire</i><br/>3:00 Bingo with Brendan<br/>6:00 Evening News</p>   | <p>10:00 Morning News<br/>10:30 Seated Yoga<br/>11:00 Meditation<br/>1:00 Bible Study – <b>IL</b><br/>2:00 Balloon Bop<br/>3:00 Creativity &amp; Relaxation Hour<br/>6:00 Evening News</p>  | <p><b>April Birthdays</b><br/>7<sup>th</sup> – Linda D.<br/>12<sup>th</sup> – Max S.<br/>16<sup>th</sup> – Lois N.<br/>16<sup>th</sup> – Bill P.</p>  | <p><b>Activity Key</b><br/><b>DR</b> – Dining Room<br/><b>IL</b> – Independent Living<br/><b>O</b> – Outing<br/><b>RL</b> – Resident Led<br/><b>MC</b> – Memory Care</p>   |